

Fabulous 5

48" x 58" Finished size varies depending on cutting options

Choose from a variety of options using the 10" strips. After you cut each strip into assorted sizes you will follow the sewing directions in the Sew and Flip method. If you need additional tips or layout ideas, view all of our options at www.shannonfabrics.com.

Supply List

5 strips 10" x 58" for the quilt top
(subcut strips into assorted strip sizes according to desired layout)
4 strips 1 3/4" x 58" for binding
54" x 58" for backing
54" x 58" for batting
Spray adhesive
Flower head pins
Basic sewing supplies as needed

Basic Technique and Sewing Method

This quilt is sewn with the Sew and Flip Method. Each strip is sewn onto the foundation of the quilt, sewing through the strip, batting, and backing all in one step. Use a 1/2" seam allowance. WOF = Width of Fabric.

1. Lay the backing on a flat surface, with wrong side up. Place the batting centered exactly on top of the backing. Spray fusible adhesive to hold batting to backing fabric.
2. Smooth out all wrinkles. Fold in half keeping the 58/60" wide horizontally. Mark the center of the backing and batting piece.
3. Lay the desired middle strip of your quilt top centered on the marked line. Use spray adhesive to secure in place.
4. Choose your next strip and place with right sides together lining up seams. Using a 1/2" seam allowance, stitch strip in place. You will be sewing through the strip you pinned, the middle strip, and the batting and backing.
5. Smooth the strip, spray to hold in place and repeat this process to the other side of the center strip.
6. Continue to sew strips, alternating from the center strip. Repeat the process of pinning new strips after you have fused the sewn strip down. Continue until all strips are sewn. Baste all edges down before adding binding, to keep strips flat and even. Trim all edges to even up.
7. Bind with 1 3/4" strips sewn together. "Binding with Cuddle@" tips on back.

For more information on using Sew and Flip method and Binding with Cuddle@, visit www.shannonfabrics.com

