

Masks for Brooks Rehab Hospital Workers

Just a quick note-each healthcare facility has needs for different kinds and numbers of masks. The Brooks Rehabilitation Hospital is requesting these specific masks and they need lots so, thanks for helping out!

As long as your fabric is clean and dry, no need to pre-wash. Quilter's Quality Cotton will not shrink enough to make a difference in the mask size. (We did pre-wash when using flannel!)



To make ONE mask you will need:

TWO pieces of good 100% quilting cotton 9" x 6 ½"

ONE piece of polypropylene 9" x 6 ½"

FOUR pieces of ribbon (bias tape, shoe laces, etc) at 18" (2 yards per mask). Please note that the masks will have to be tied so ribbon should not be too thick or heavy. 3/8" to ½" works well. If your ribbon is wider, fold in half when you sew it into the mask. It can be open outside the mask but by sewing it in half, you will have less of a chance of catching it as you sew around the mask.

- 1. Layer your polypropylene with your cotton fabric face up and pin (or clip) your ribbons ½" from top and bottom of fabric on both sides. Make sure your ribbons gather in the middle so they don't get caught in your seams.**



Now sew them all down. Anchor them well by backstitching a few times on each so they don't come out of the mask.



- 2. Layer your second piece of cotton RIGHT SIDE DOWN on top of the ribbon sandwich. Sew around the edge about $\frac{1}{4}$ " from the sides, making sure to leave about $2\frac{1}{2}$ " open on one side.**



- 3. Turn the mask so the pretty fabrics are right side out. You can use a pencil, chopstick or some other pointy object to get those corners square. Be gentle-you don't want holes in the corners! Give your mask a good press, turning in your open seams. Sew around the whole mask at this point about $\frac{1}{8}$ " from the edge. This will help it lay down nice and flat for pleats.**



4. Now let's make some pleats in your mask. Make sure your pleats (or tucks) are all going the same direction! These help make the mask form fit to many different size faces! You want **THREE** pleats in your mask. Just space them about the same distance apart and make sure they go across the mask in the same place. I used quilt clips in mine as pins were a little hard to hold all the fabric in place. Your mask will be about 2 ½" wide after the pleats are added.
5. Time to sew the pleats down. You will want to sew down the pleats on each side at least twice per side. You can certainly back up over those pleats as you go rather than do it twice. Go **SLOWLY** over those pleats! That's a lot of fabric and some machines will be happier with this job than others!



6. Admire your finished mask for just a minute or two and get started on the next! Good job!