



Heartsong Hand Applique

Fridays, November 9, December 14, 2018, January 11, February 8,
March 8, and April 12, 2019 10:00-12:30pm

Instructor: Jan Vaine

Supplies to bring to class:

Fabrics:

Note: Use a pinking blade rotary cutter to cut the following pieces:

Background - 3/4 yard: Cut one 25" x 25" square

Border - 3/4 yard: Cut one 25" x 25" square

Stems - one fat quarter

Leaves - one fat quarter or a variety of (18) 2" x 2" squares

Cut (18) 2" x 2" squares from fat quarter

Place in ziplock bag marked "Leaves"

Calyxes - one fat quarter or (3) 2-1/2" x 2-1/2" squares

Cut (3) 2-1/2" x 2-1/2" squares.

Place in ziplock bag marked "Calyxes".

Birds - two fat quarters

Cut two 4" x 5" rectangles for bird bodies

Cut two 2" x 3" rectangles for bird wings

Place in ziplock bag marked "Birds"

Flowers & Hearts - three fat quarters

Cut one 4" x 6" for outer heart

Cut one 3" x 4" for inner heart

Cut two 3" x 3" for buds

Cut one 5" x 6" for large center flower

Cut one 4" x 4" for large middle flower

Place in ziplock bag marked "Flowers & Hearts"

Notions:

Loew Cornell transfer paper

Sewline Trio Pencil (includes black, white and tracer pens)

Small embroidery scissors

Extra fine flower head pins

1" x 6" ruler

One spool quilting thread in a color visible on appliqué fabrics (stems, leaves, calyxes, birds, flowers and hearts)

Aurifil 80 wt. thread in colors to match appliqué fabrics (stems, leaves, calyxes, birds, flowers and hearts)

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#10 Sharps needles

#10 Betweens needles

Needle threader

Double Stick tape

1 piece of 200 grit fine sandpaper

6½" x 6½" ruler or piece of plexiglass from hardware store or an 8" x 10" cutting board from the dollar store

Rotary cutter with an old blade

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