

"Sweet Confections"

Finally, NON-FAT TREATS to enjoy!!! Make these delicious, realistic-looking donut, cupcake, and cookie pincushions from wool or polyester felt. Use as pincushions or fun decorations. Place them on a vintage cakes stand or special plate for an eye-catching centerpiece. They make great gifts too! The only problem with these sweet little pincushions is I keep trying to eat them!

PLEASE READ ALL INSTRUCTIONS FIRST!

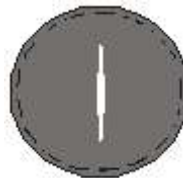
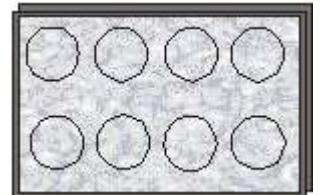
- ✓ Transfer all markings with a water-soluble marker or a light pencil.
- ✓ A see-thru plastic presser foot is recommended. It's easier to see where you're going while stitching.
- ✓ All sewn pieces are layered, traced and sewn on the line – no seam allowances are included, so be sure to leave enough space between pieces (about ¼" - ½") when tracing shapes if you're making more than one item.
- ✓ Look for any notes in *italics* throughout instructions for hints, tips and cautions.
- ✓ DO NOT use hot glue for these projects!! Pins and needles will not penetrate the hot glue once dry.
- ✓ All these projects are made using felt. To cut felt smoothly, use long scissor strokes and guide the felt piece with your free hand into the scissors instead of making short choppy strokes.
- ✓ Use a washable, quick-setting permanent fabric glue. We have tried both "Fabri-Tac" by Beacon Adhesives and "Fabric Glue" by Helmar, and both are excellent for these projects.
- ✓ If you're using a polyester felt - be CAREFUL! Use a lower iron setting, or your felt can melt and distort.
- ✓ We tried all types of felt for these projects - wool, wool blends and polyester - and all of them worked quite well. However, be careful with the polyesters, as they can melt and distort; also, they are not as dense (thick) as a wool or wool blend felt. National Non-Wovens makes a very nice wool/rayon blend with lots of color choices, all from renewable sources. We also used Kunin Rainbow Ecospun Felt - polyester made from recycled post-consumer plastic bottles. Who knew recycled material could look so cute!

SANDWICH COOKIE(S) PINCUSHION/HOLDER

- ! Two 9" x 12" piece of dark brown felt
- ! One 9" x 12" piece of white felt.
- ! Hotfix Pearl Studs (4mm).
- ! One 9" x 12" piece of Pellon® fusible fleece.
- ! Thread to match.
- ! Washable permanent fabric glue.

Instructions:

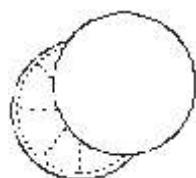
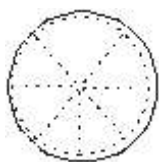
1. Cut one 9" x 12" piece of the Pellon® fusible fleece and fuse to one side of the dark brown felt (use a lower heat setting on your iron if using polyester felt) following manufacturer's instructions.
2. Layer the fused felt, fleece side out, on top of the remaining dark brown felt piece. Trace at least 2 (or as many as possible - we were able to trace 8 shapes) "Cookie Top" outline pieces leaving a scant ¼" allowance between shapes. Each finished Sandwich Cookie Pincushion requires 2 stitched "Cookie Tops." Tracing around the template on the Pellon side will make it easier to see the stitch lines while stitching.
3. Stitch around the "Cookie Top" on the traced line(s) and cut out, leaving a scant ⅞" seam allowance. Cut a small slit in the center back side of each "Cookie Top", being careful to cut through one layer only; it is best to cut through the unfused side. Turn right side out. You can top-stitch around the outer edges if desired. Set aside for later. No need to stitch slits closed, just position the slit side down on top of the glued center pieces in the next step.



SANDWICH COOKIE(S) PINCUSHION/HOLDER

(CONTINUED)

4. For each Sandwich Cookie Pincushion you plan on making, cut four "Cookie Center" pieces from the white felt. Glue all four pieces together by applying glue across and around one cut "Center", align another "Center" piece on top and press together. Repeat the glue-and - layer step with remaining pieces. Allow to dry.



Try setting a heavy book on top to ensure uniform contact while drying.

5. Center and glue a finished "Cookie Top" to the top (and

another one to the bottom) of the dried "Center" stack (slit side of "Cookie Top" towards the "Center" stack); allow to dry. Once again, try using the book on top.



6. When dried, arrange "Hotfix Pearls" as noted on the pattern and fix them in place following manufacturer's instructions. Or (if you're unable to find "HotFix Pearls") try gluing beads in place, or thread a large-eyed needle with six strands of white embroidery floss; knot the end. Stitch through top locations to opposite side as noted on the pattern, then make a French Knot and cut floss close to knot;



repeat for all locations. Arrange glass/pearl-headed pins through the center portion of the cookie. This is a great pincushion/holder to travel with, especially if you don't need a large quality of pins



- plus it's cute!



DONUT PINCUSHIONS

! Two 9" x 12" pieces of felt - one in a base color like tan/brown & one in a frosting color like pink, chocolate brown, maple tan, white, etc.

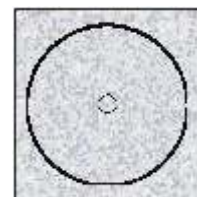
! Fiberfill (stuffing).

! One 6" square of Steam-A-Seam2® fusible webbing.

! Thread to match to felts.

Instructions:

1. Fold the 9" x 12" piece of base color felt in half and trace around the "Donut" template (include the center area too).



2. Stitch on the outer traced line only as noted on the pattern. Cut out, leaving a scant 1/2" seam allowance.

3. Carefully cut out the center area on both pieces. Turn right side out, through the center hole(s).



4. With a double strand of matching thread, make just a few blanket-stitches or whip-stitches to start sewing the center opening edges together - this will help keep the edges aligned during the stuffing process.



5. Stuff fiberfill through the opening and arrange stuffing around the inside of the donut shape. Hold the center opening edges together and continue to stitch the opening closed; add more stuffing if needed - stuff evenly and firmly.

6. Fuse the 6" square piece of Steam-A-Seam2® to the frosting color felt, following manufacturer's instructions (use a low heat setting on your iron if you're using polyester felt).

7. On the papered side of the fused webbing, trace around the "Frosting" template and cut out; be sure to cut out the center too. Remove the paper-backing and arrange on top of the stuffed and stitched donut. The nice thing about Steam-A-Seam2® webbing is that it is a little sticky once the paper is removed; the sticky exposed side allows the "Frosting" to be repositioned as necessary.

DONUT PINCUSHIONS (CONTINUED)

Once happy with the "Frosting" placement, fuse in place, following manufacturer's instructions. If you have a Mini Quilt/Applique Iron, this is a great application - the small applique iron will allow you to make really good contact, especially in/around the center hole area. NOTE: The frosting piece can be hand-stitched in place; the Steam-A-Seam2® is not necessary if you want to hand-stitch the frosting in place. Arrange cut frosting piece as desired and pin in place; then (using a matching thread) make tiny little whip-stitches first around the hole area, then the outer edges.

8. Add glass/pearl-headed pins or beads as "sprinkles" and enjoy!
We had fun making these in Halloween colors, using all the black glass-headed pins as sprinkle.

CUPCAKE PINCUSHIONS

! Two 4½" x 12" pieces (inside swirl colors - frosting color or chocolate brown) of felt.

! One 9" x 12" piece (printed or cupcake wrapper color) of felt.

! Two 3" squares of felt, one in green (for leaves) and one in a flower color.

! Decorative ribbon, lace trims or rick-rack.

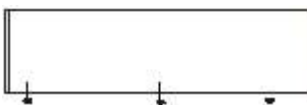
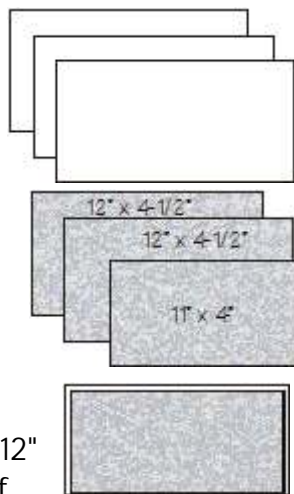
! ½" Pom-Pom.

! Pellon® fusible fleece.

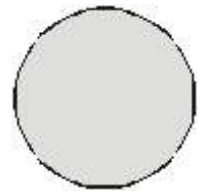
Instructions:

1. Cut two 4½" x 12" pieces and one 4" x 11" piece of Pellon® fusible fleece.

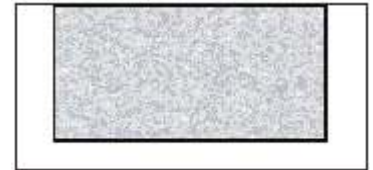
2. Center and fuse one 4½" x 12" piece of Pellon® to the back of each of the inside swirl color felts, following manufacturer's instructions (use low heat if using polyester felt). I like to use a blast of steam on the Pellon side after I have fused it to the felt - the steam will plump up the fleece. While still damp, fold the fused 4½" x 12" pieces in half lengthwise to measure 2¼" x 12" and secure the bottoms open edges with straight pins.



3. From the 9" x 12" piece of printed cupcake wrapper color felt, cut one 4½" x 12" section. Cut one piece for the cupcake bottom using the "Cookie Top" template, set aside for later.



4. Center and align top edge of the 4" x 11" Pellon® fusible fleece to the cut 4½" x 12" cupcake's wrapper felt as



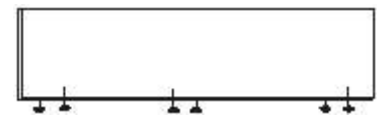
shown, with ½" seam allowances on both sides and along the long bottom edge. Fuse in place following manufacturer's instructions (use low heat if using polyester felt).

Fold both side edges to the inside (Pellon side), then fold lengthwise



mating edges of the Pellon piece so you have a ½" (seam allowance) free edge of felt below the folded edges/Pellon; secure the folded piece with straight pins. Set aside.

5. Layer one of your prepared "inside swirl color" felt

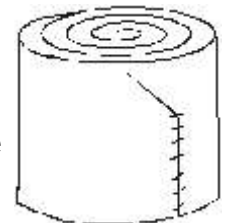


rectangles on top of the other, lining up the folded edges. Start rolling



together like a cinnamon roll; continue to roll to the end of the felt, trim excess felt if necessary. Secure with pins on the side and

remove bottom pins. With a needle and thread, hand-stitch through all thicknesses. Fold the upper corners under as shown and stitch in place, hiding your stitches or glue in place. Remove your pins.

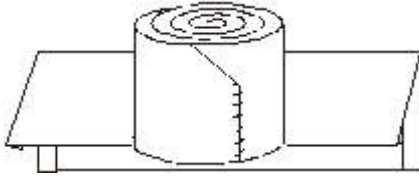


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Pins and needles will not penetrate the hot glue once dry.

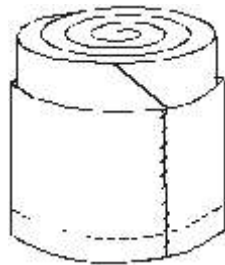
CUPCAKE PINCUSHIONS (CONTINUED)

6. Measure the cupcake wrapper piece by wrapping it around the

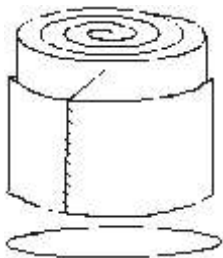


center roll. If necessary, adjust the size to fit the center roll - you'll want the folded side edges to mate together. Fold one of the side seam allowances under if necessary to fit, and trim any excess beyond ¼" to reduce bulk.

7. Wrap the cupcake wrapper around the center roll with the ½" seam allowance below the bottom edges of the center roll. Secure with pins. With a needle and thread, hand-stitch together through all thicknesses. Remove any securing pins.



8. Apply fabric glue to the inside of the wrapper's ½" bottom seam allowance, then fold up, making



contact with the bottom of the center roll; allow to dry. Apply glue around the bottom of the center roll (including the folded seam allowance), invert the cupcake and place it on top of the cut bottom piece of felt. Gently roll around to insure

good contact. Trim around the bottom piece of felt if necessary to fit.

CUPCAKE EMBELLISHMENTS:

1. Cut two leaves from the 3" square of green felt using the "Leaf" template. Cut one flower from the 3" square of the flower-colored felt using the "Flower" template. Make cuts on the lines as noted on the "Flower" template.
2. On the center top of the center roll, add a dollop of glue, arrange the cut leaves as desired and press into the glue with any pointed tool like a stiletto, pencil, ripper, etc. Add more glue if necessary, center either a single pom-pom and press into the glue

or

(if using a flower) center a cut flower on top of the leaves and press leaves and flower into the glue. Put another dollop of glue in the center of the flower and add a single pom-pom. Allow to dry.

3. Embellish the cupcake wrapper with decorative ribbon, lace or rick-rack. Arrange as desired and glue in place. Allow to dry.
4. Add glass/pearl-headed pins as "sprinkles" and

Enjoy!

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