



Month #4

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Lynda Howell

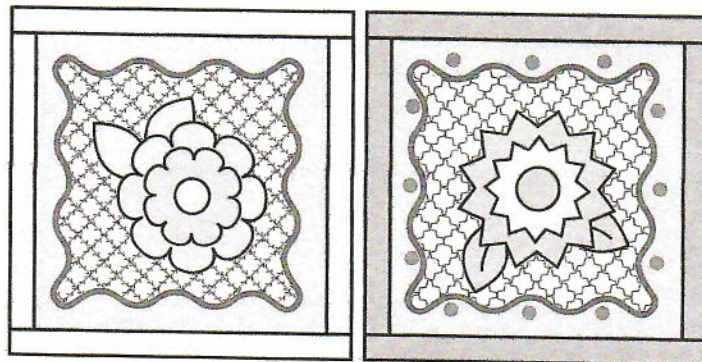
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Featured Feet: Free Motion and Regular Couching Button Foot





CLASS LESSON:

1. Quilting with a guide foot attachment.
2. Fusible applique.
3. **COUCHING.**
4. **BUTTON FOOT.**
5. Yo-Yo maker.



PREQUILT BACKGROUNDS:

1. Mark the 14" square background blocks with an air soluble marker with a line on the diagonal going both directions.
2. Stitch one of the blocks with, 
Block #2 - 
OPTION: use a stitch you desire, change the width and length.
3. After stitching the first line, stitch the second drawn line. Place the guide attachment on the appropriate foot, measure 1" from needle, lock the guide in place.
4. Place the guide on the previously sewn line, stitch again, 1" from first line. Repeat sewing to create a cross hatching grid. Trim block to 12½" square.

APPLIQUE:

Refer to MONTH #1 for information on preparing the fabric for applique using the **OPEN-TOE** foot.

ACCENT FRAME: make the template on page 2.

1. Cut a 13" square of fabric; spray starch.
2. Fold into quarters - lightly press.
3. Using a square ruler, cut a 6¼" square using the folds as a guide.
4. Keeping the fabric folded, lay the template on top matching the fold of the template with the folds of the fabric. Trace the curved edge with an air soluble marker.
5. Pin to hold in place. Cut out on the drawn line.

6. Open the square, lay the accent fabric on top of the trimmed background. Pin to hold in place.
7. Blanket stitch the curved edge with a small stitch. This helps to hold the fabric in place when doing the couching.

FREE MOTION COUCHING:

1. Attach the free motion couching foot or regular couching foot. Refer to instructions that come with the foot.
2. Use either yarn (used on the quilt) or a cord. Leave a tail when starting. Trim **AFTER** stitching.
3. Set the machine for a straight stitch for the free motion or the regular couching foot to a zigzag stitch to go over the cord. Sew the trim around the curved edge; match thread to yarn **OR** use nylon so it won't show. Cover the blanket stitch when sewing.
4. Overlap the ends; cut off excess.

OPTION CENTERS:

Large YO-YO maker - refer to manufacturer's instructions.

Center fringe: 1 ¼" square. Remove threads leaving ¼" in the center.

Insert the center into the yo-yo then zigzag (feed dogs down) both pieces to the flower through middle of the yo-yo.

Stitcher's Garden

BLOCK #2:

1. Refer to block #1 for instructions on attaching the accent fabric to the prequilted block and couching the yarn.
2. Applique the flower and leaves.
Optional center - Large YO YO maker.

BORDERS:

Cut then sew to the block:

2 - 1½" x 12½" strips

2 - 1½" x 14½" strips

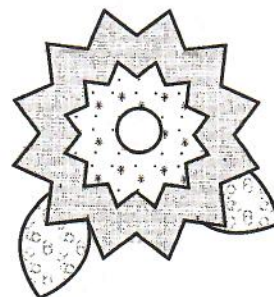
Repeat the above for block #2.



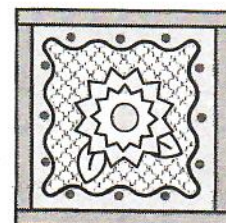
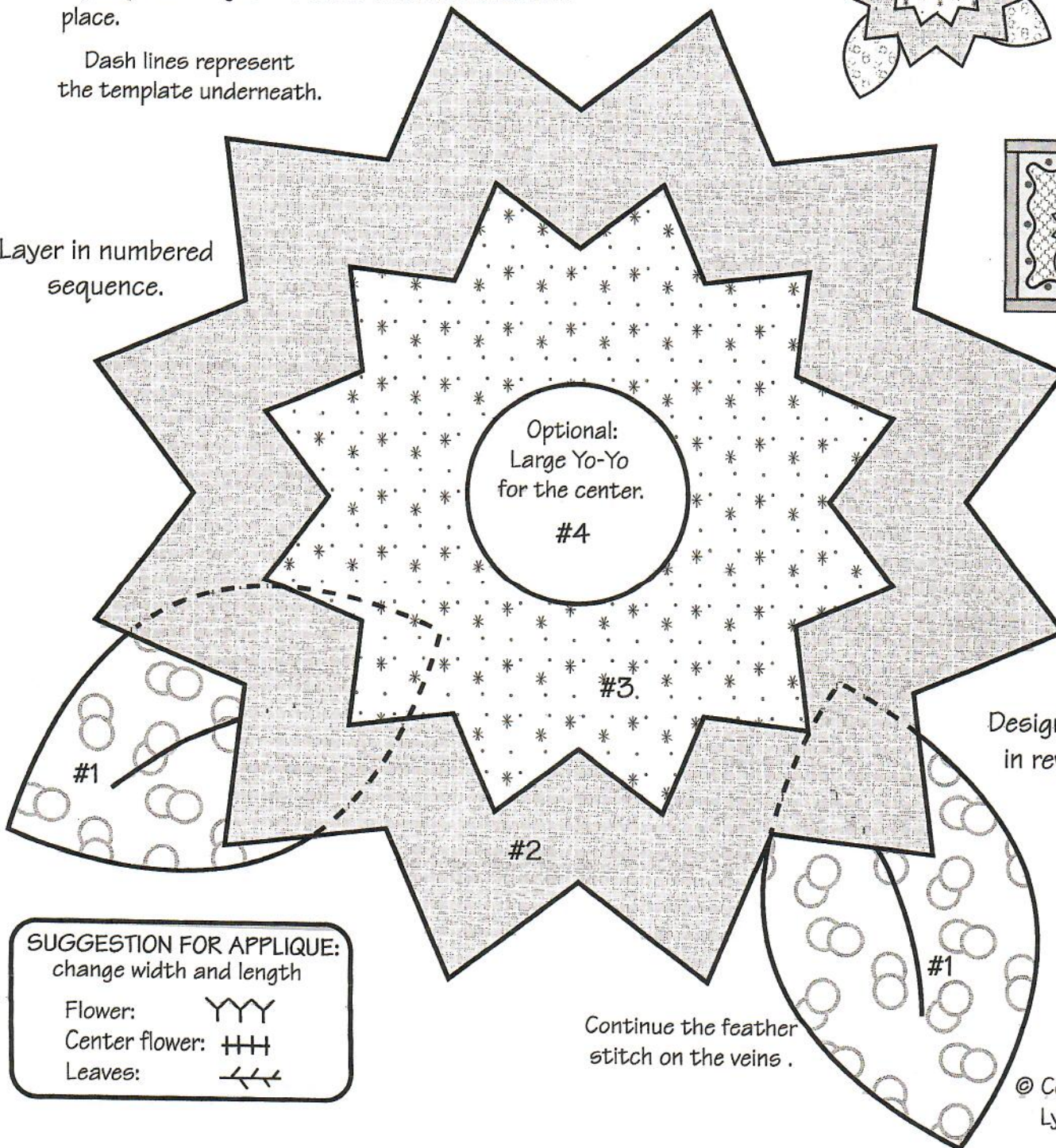
BUTTON FOOT

Place the foot on the machine. Lower feed dogs.
Attach 12 buttons where indicated on drawing,
Zig-zag stitching 3 - 4 times to anchor button in place.

Dash lines represent the template underneath.



Layer in numbered sequence.



Design given in reverse

Optional:
Large Yo-Yo
for the center.
#4

#3

#2

#1

#1

Continue the feather stitch on the veins.

SUGGESTION FOR APPLIQUE:
change width and length

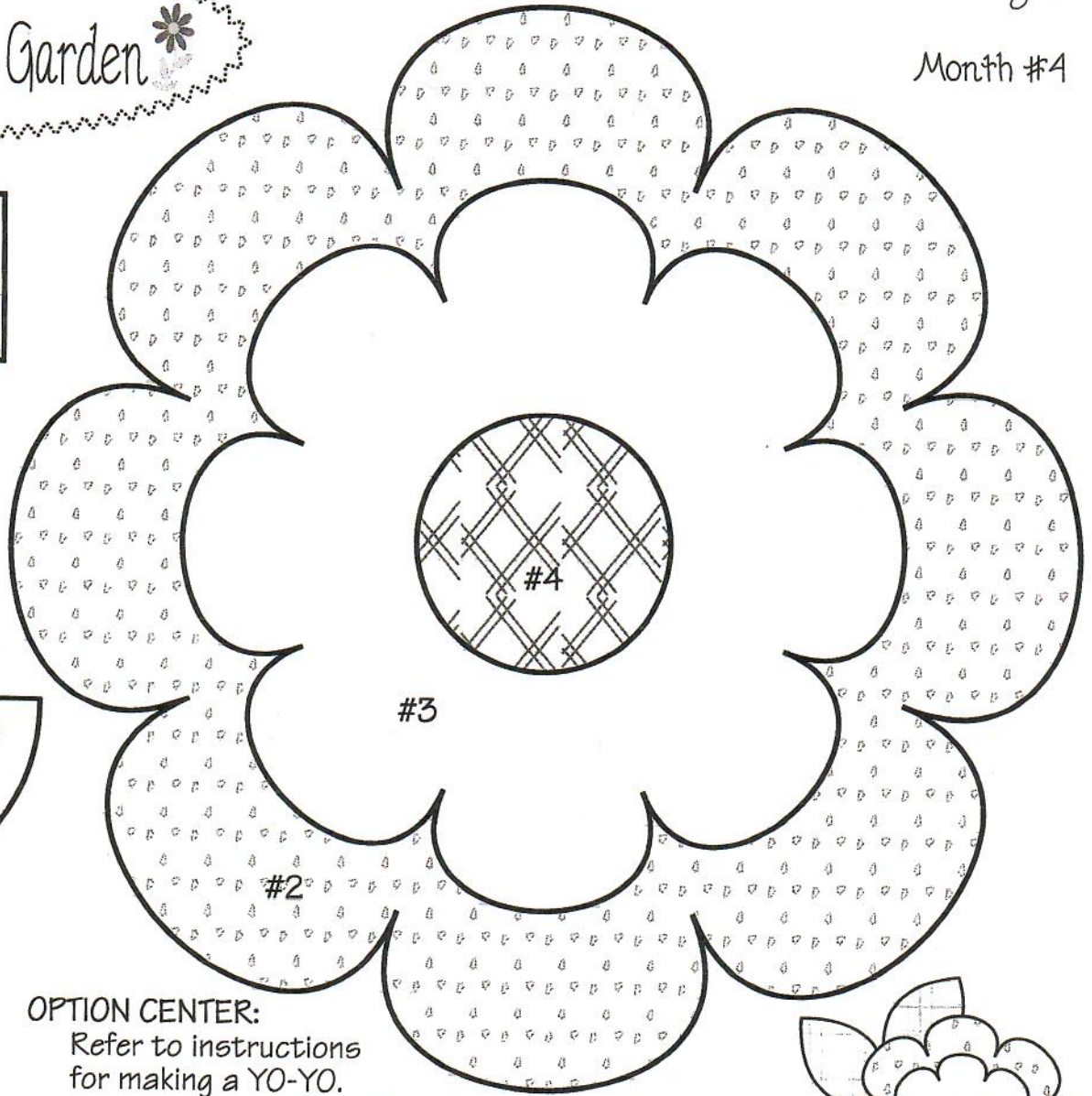
- Flower:
- Center flower:
- Leaves:

Stitcher's Garden

Free Motion
or regular
couching foot

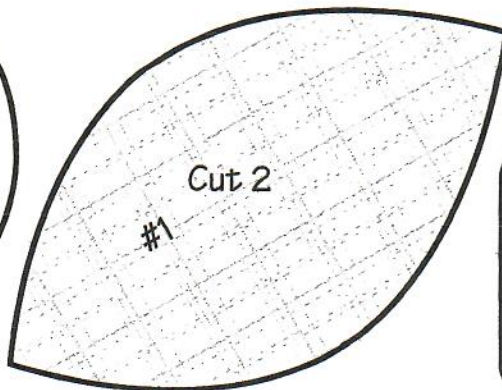
Layer in numbered
sequence.

Applique design
given in reverse



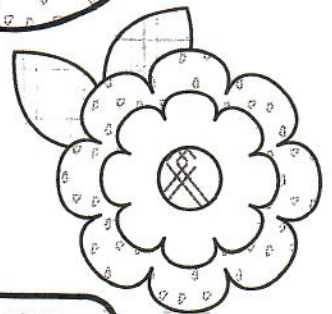
Place on folds

OPTION CENTER:
Refer to instructions
for making a YO-YO.



SUGGESTION FOR APPLIQUE:
change width and length

Flower: YYY
Center flower: TTT
Leaves: <<<



1/4 of the design

ACCENT FABRIC
TEMPLATE

Place on folds