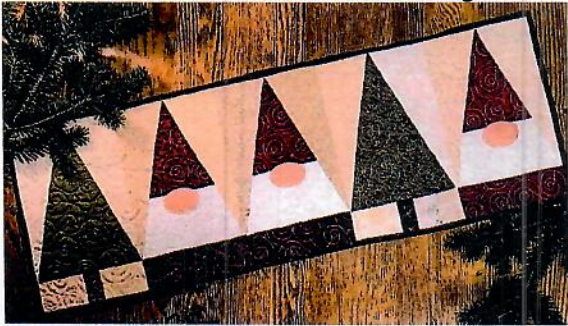


Balsam Gnomes Table Runner Quilt



Measuring 12" x 35", this cozy quilt is the perfect size to decorate a table. Or add a sleeve to the back of the quilt, and hang these cute gnomes up on a wall!!

Red Fabric: Navy & blue

gnome hats 9" x cof
navy 9" x 11"

The total fabric needed is about $\frac{3}{8}$ yard. However, to achieve the scrappy look of this quilt I suggest using a few different prints. Either raid your stash, or purchase a few new fat quarters.

White Fabric: beard 5" wof

You'll need a strip at least 5" wide, so just a little over $\frac{1}{8}$ yard.

Peach Fabric: nose 4" x 6"

The total fabric needed is less than $\frac{1}{8}$ yard. You'll need a strip at least 2" wide.

Green Fabric: lite teal 9" x cof

You'll need a total of about $\frac{1}{4}$ yard. Use a few different prints.

Brown Fabric (tree trunks and Binding Strip): brown

The total fabric needed is $\frac{1}{4}$ yard.

$\frac{1}{4}$ yd

9" x cof +2

Cream Fabric: light cream trees / darker cream gnome

The total fabric needed is about $\frac{3}{8}$ yard. However, to achieve the scrappy look of this quilt I suggest using a few different prints.

Backing Fabric: navy 16" x wof

You'll need about $\frac{1}{2}$ yard to form a 16" x 39" piece, use coordinating fabric.

Batting:

You'll need a piece of 16" x 39" thin cotton batting (like Warm & Natural) to make this quilt.

Fusible Web (like Wonder-Under):

You'll need a small 3" x 6" piece.

Directions for Rotary Cutting

For some of the pattern pieces you'll need to use a template. Click below to download the pattern templates.

The templates included in this pattern are large.

If the 1" square is measuring smaller than 1" this may be the case happening to you.

Red Fabric:

Cut 3 - 6 ½" x 8" rectangles *and* Cut 3 - 2 ½" x 7 ½" strips.

White Fabric:

Cut 3 - 4 ½" x 8" rectangles.

Sew 1 large red rectangle to 1 white rectangle along the 8" side to make an 8" x 10 ½" rectangle, press seam toward red. Repeat for all 3. Then cut 3 triangles from Template A, following layout directions on the bottom of the template.

**Peach Fabric:**

Cut 1 - 3" x 6" rectangle.

Fusible Web:

Cut 1 - 3" x 6" rectangle.

Iron fusible web to the back side of the peach rectangle, paper side facing up. When cooled, carefully peel off paper backing. Then use a scissors to cut 3 oval noses from Template D.

Brown Fabric:

Cut 2 - 1 ½" x 2 ½" strips.

Cream Fabric:

Cut 4 – 2 ½" x 3 ½" strips *and* Cut 5 triangles from Template B *and* Cut 5 triangles from Template C.

Green Fabric:

Cut 2 triangles from Template A.

Binding:

Cut either 3 – 2 ½" x 44" strips *or* Cut 6 – 2 ½" x 22" strips.

Sew strips together along 2 ½" end to form a long 2 ½" x 106" binding strip. Press seams open.

Press this strip in half lengthwise, right sides facing out, so the strip now measures 1 ¼" x 106".

Backing:

Cut a 16" x 39" rectangle.

Batting:

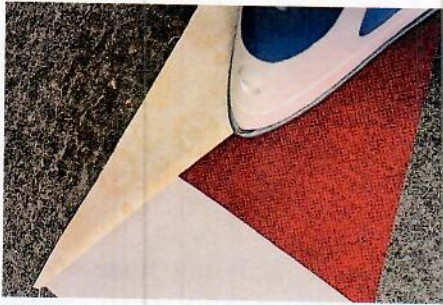
Cut a 16" x 39" rectangle.

Sew the Blocks for the Balsam Gnomes Quilt

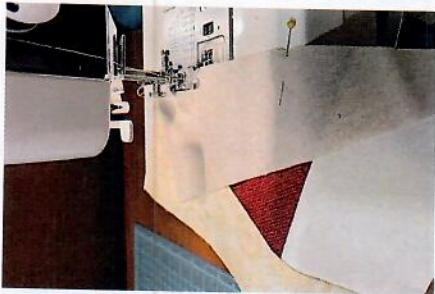
Follow the directions below for sewing the gnome blocks and the balsam blocks for the Balsam Gnome table runner quilt pattern.

**Gnome Block:**

Sew a cream triangle from Template B to the left side of the red/white gnome triangle. Press seam toward cream triangle.



Sew a cream triangle from Template C to the right side of the red/white gnome unit. Press seam toward cream triangle.

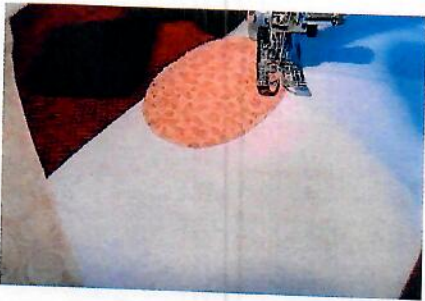


This unit should measure 7 ½" x 10 ½", carefully trim if needed.

Place the peach oval nose cut from Template D on the face of the gnome. I like the nose to be mostly on the white with a little sticking above onto the red.

Press to set nose in place via directions for the fusible web. Carefully stitch ⅛" or so around the edge of the nose, 2-3 times around. Use a wider length of stitch than normally

used. It's ok if the stitching overlaps and looks a little messy, that adds to the charm of this gnome block and makes each one unique! Who knew applique was so simple?!?!



Sew the red 2 ½" x 7 ½" red strip to the bottom of the gnome beard to represent the body.



Unfinished block should measure 7 ½" x 12 ½", trim if needed. Repeat for all 3 gnome blocks.

Balsam Block:

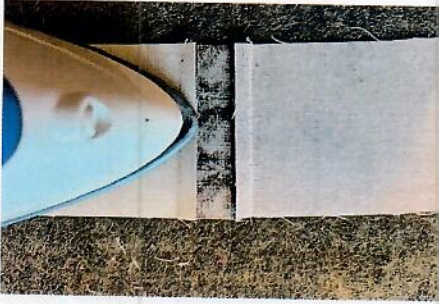
Sew a cream triangle from Template B to the left side of the green triangle. Press seam toward cream triangle.

Sew a cream triangle from Template C to the right side of the green triangle unit. Press seam toward cream triangle.

This unit should measure 7 ½" x 10 ½", carefully trim if needed.

Sew a 2 ½" x 3 ½" cream strip to each side of the 1 ½" x 2 ½" brown strip, sewing along the 2 ½" sides. Press seams toward brown center.





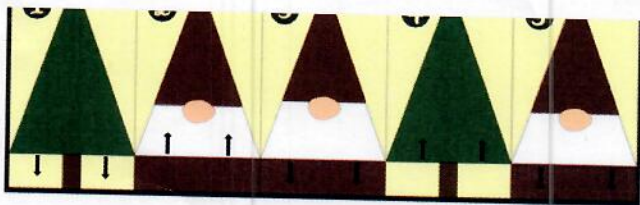
Sew this cream/brown unit to the bottom of the green triangle so the little tree has a trunk!



Unfinished block should measure 7 1/2" x 12 1/2", trim if needed. Repeat for both balsam blocks.

Pressing the Blocks

I wait to press the bottom row seams until I have each block sewn together. Be careful to just "press" and NOT "iron" the seams in a back-and-forth motion, or your quilt blocks will stretch out of shape.



Press the bottom row seam of blocks 1, 3, and 5 downward, see arrows on diagram above.

Press the bottom row seam of blocks 2 and 4 upward, see arrows on diagram above.

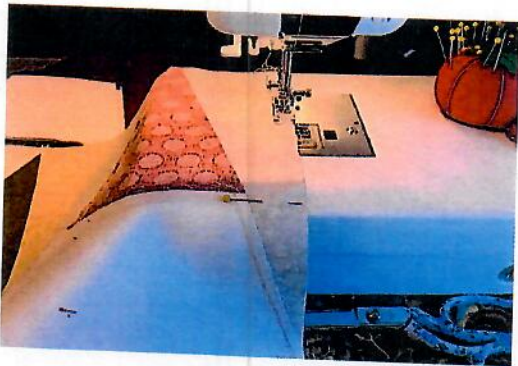


By using this rotating direction of pressed seams, you will have nicely nested seams and less bulk when you sew the blocks to each other.

This method of pressing distributes the bulk, which will make you happy when machine quilting your project! Bulky seams can lead to bumpy quilting patterns, broken thread, and overall unevenness of your quilt top.

Now that you have the blocks pressed, sew them together!

Pin blocks 1 and 2 together, right sides together. Make sure to line up the bottom row seams, and pin to hold them in place. Remove the pins as you come to them when you're stitching the $\frac{1}{4}$ " seam.



I like to press the seams of each set of blocks as I sew them together. The blocks all get pressed in one direction, either towards the left or towards the right. By pressing them all in one direction it will make for a uniform and smooth quilt top.

Repeat until you have all of the blocks sewn to each other and pressed.

Layering the Top, Batting, and Back, quilt and bind

Balsam Gnomes

by Lake Girl Quilts

Templates are actual size, seam allowances are included

1" square
Measure after
printing to confirm
correct size of
templates

Cut 3 red/white gnomes

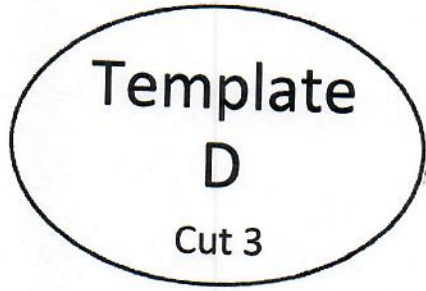
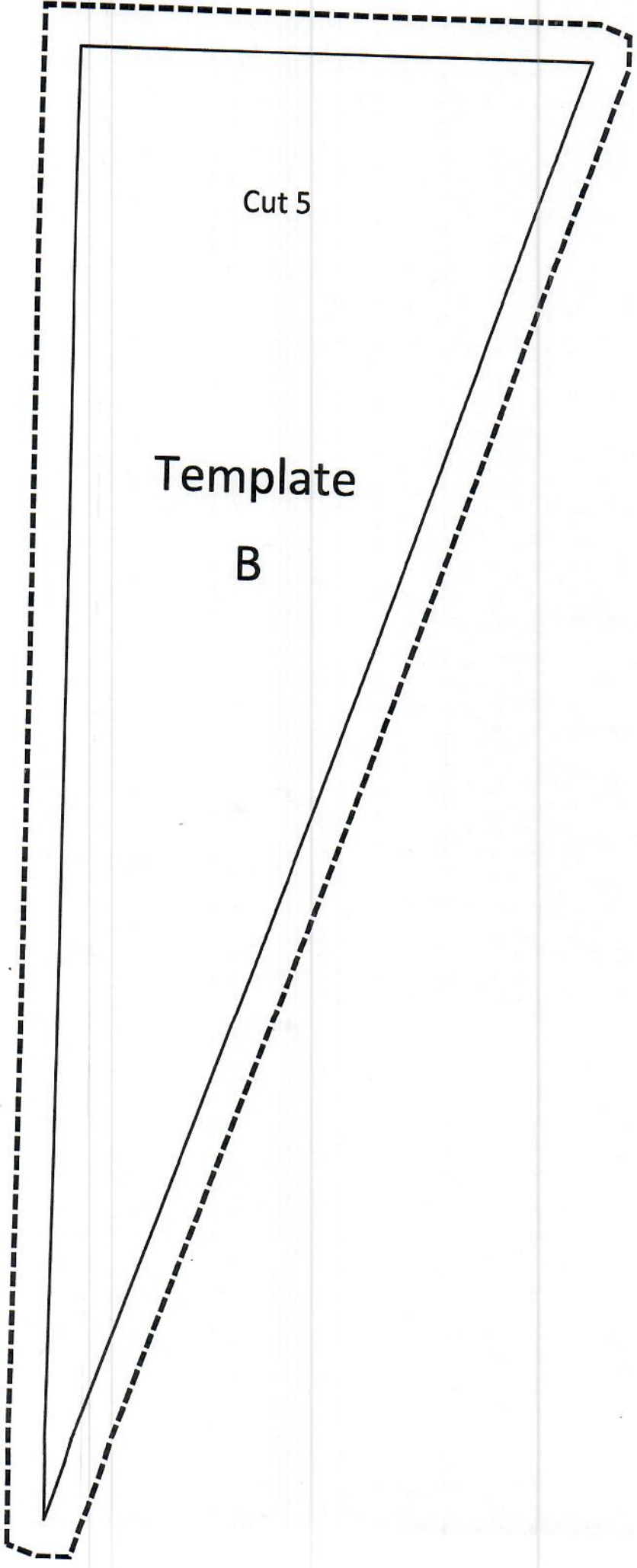
and

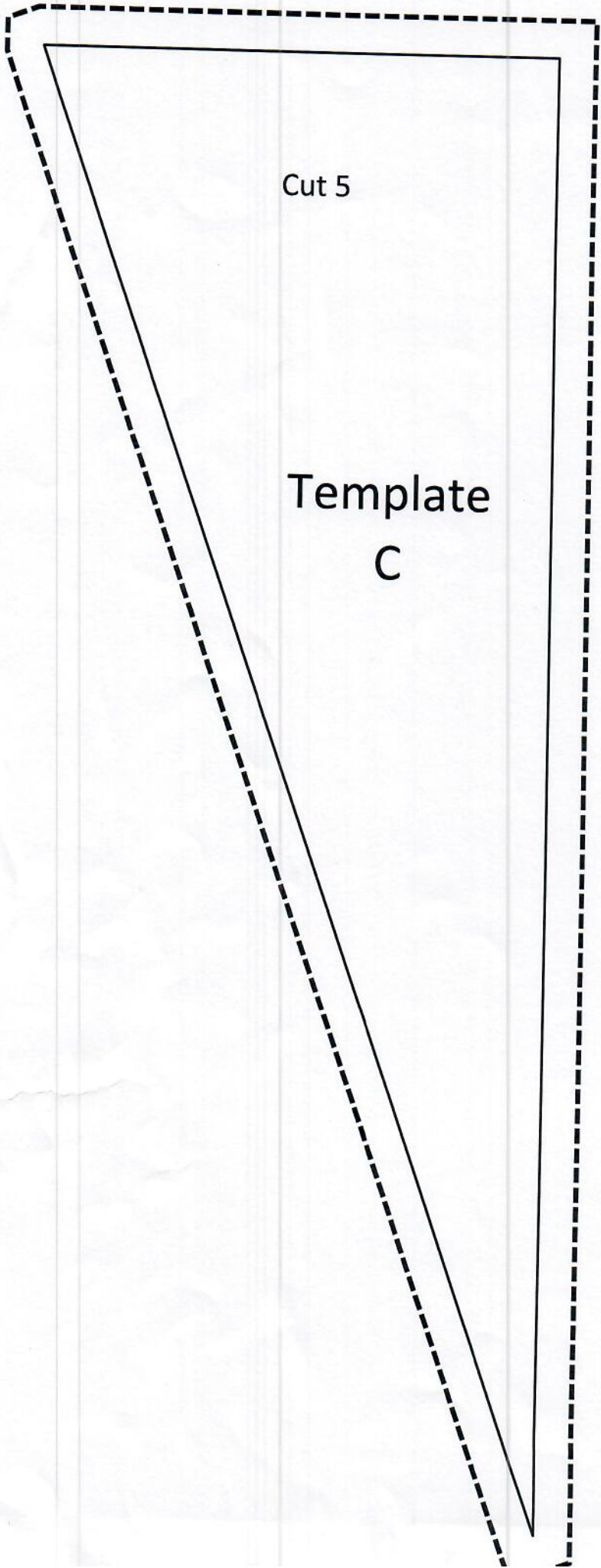
Cut 2 green trees

Template

A

Place this edge along white bottom of red/white rectangle





Cut 5

Template
C