

# Stitcher's Garden

## Above & Beyond

3987 E. 120th Ave  
Thornton, CO 80241  
301-317-2004  
www.aboveandbeyondsewing.com

### Featured Feet:

1/4" foot  
Free Motion  
Candlewick

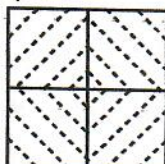
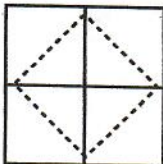
Month #5

### CLASS LESSON:

1. Piecing with the 1/4" foot with guide.
2. Couching.
3. Free Motion quilting.
4. Candlewick stitching or decorative.

### PIECED BACKGROUND:

1. Cut 2 -- 6 1/2" squares of two different colors. Total of 4 squares.
2. Sew together using the 1/4" FOOT or use the 1/4" foot with a guide.
3. Mark the first quilting lines 1/4" in from outside edge. Lay the marked block on top of a larger piece of batting. Quilt with a square within a square with lines 1" apart.



4. After quilting trim the block to 12 1/2". If the block itself shrunk from the quilting use the batting edge as a guide when piecing the quilt top together. Repeat steps 1 - 4 for the second block.

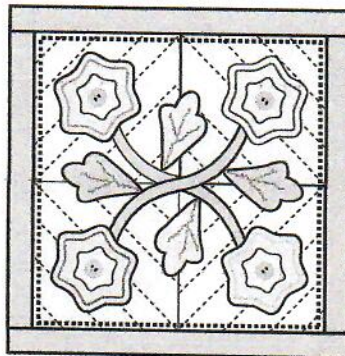
### BLOCK #1:

1. Fuse all pieces to the background.
2. Applique all pieces with any stitch desired.
3. Make a template of the flower shape indicated on the pattern.
4. Trace the template on each flower.
5. Couch with a contrasting Pearl Cotton #5 or DMC floss on the drawn line using nylon thread on the top.
6. Overlap the cording. Cut off excess.
7. **OPTION:** couch around piece #4.

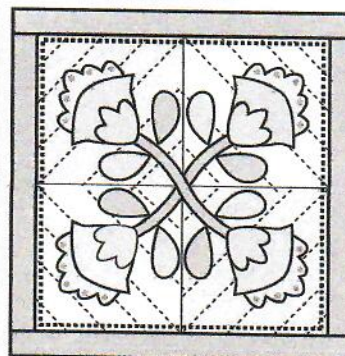
### FREE MOTION QUILTING:

1. Draw the veins on the leaves

BLOCK #1





BLOCK #2



2. Lower the feed dogs. Set the sewing machine with a narrow zigzag stitch.
3. Medium speed, go up the center of the spine branching off to one of the veins. Come back down the same vein. Go up to the next vein, come back. Continue up the center vein coming back down to the start.

### BLOCK #2: FLOWER PIECE #3

1. After appliqueing the pieces, find a motif that looks similar to the design. 
2. Set the machine for single repeat.
3. Mark dots with an air soluble marker where the design is to be sewn. Sew one motif on each dot. 

### BORDERS:

- Cut then sew to the block:
- 2 - 1 1/2" x 12 1/2" strips
  - 2 - 1 1/2" x 14 1/2" strips
- Repeat for second block.



candlewicking  
stitch

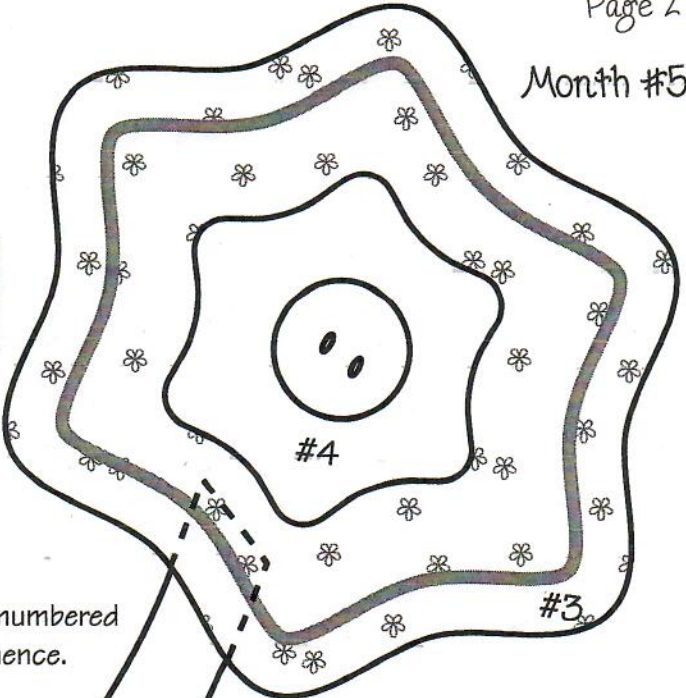
### CANDLEWICKING:

1. Attach the appropriate foot. Select candlewicking stitch. If this is not available then choose the stitch that was used on piece #3 changing the width and length.
2. Iron a piece of freezer paper to the back of the block.
3. Use the edge of the foot as a guide against the border. Stitch the design on both blocks in a contrasting color using polyester thread.
4. Remove paper.

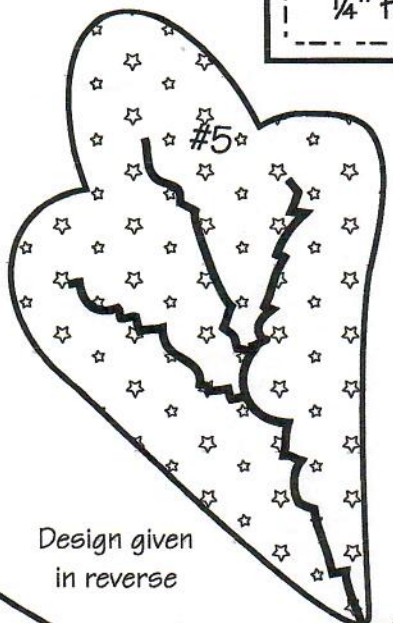
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# Stitcher's Garden

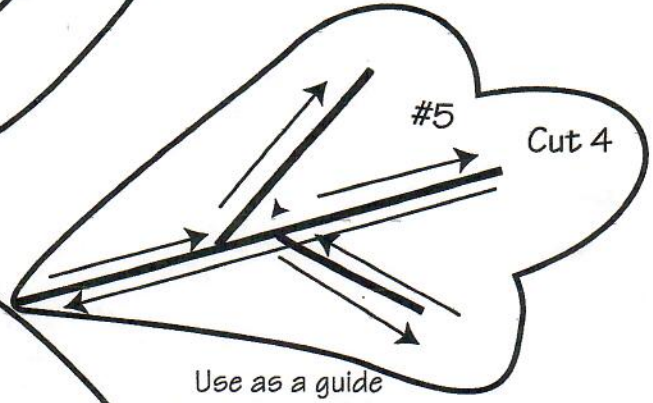
1/4" foot



Layer in numbered sequence.



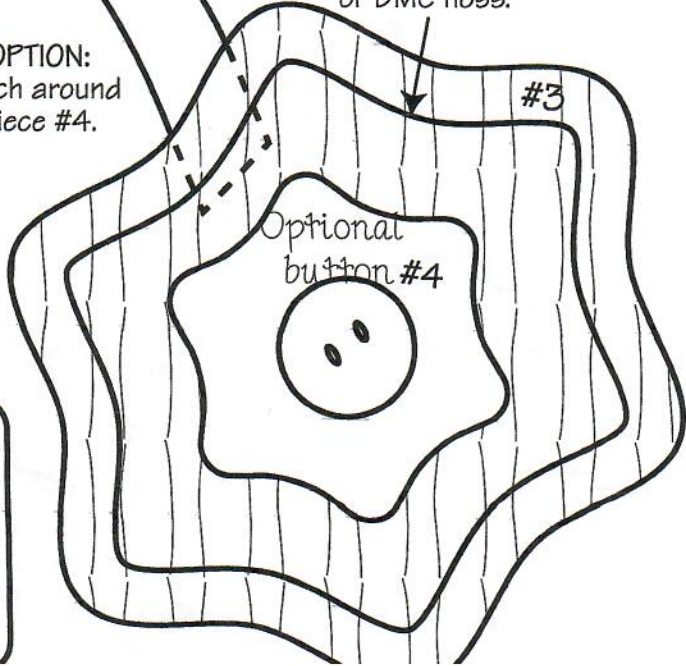
Design given in reverse







Use as a guide for stitching veins.

Make a template, trace on to fabric, couch over Pearl cotton #5 or DMC floss.

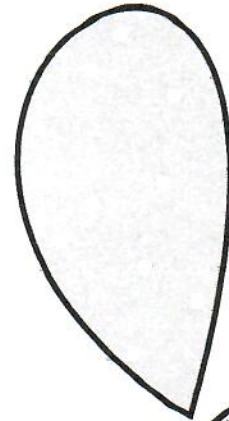
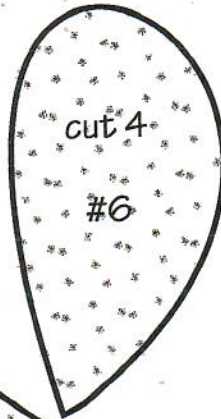
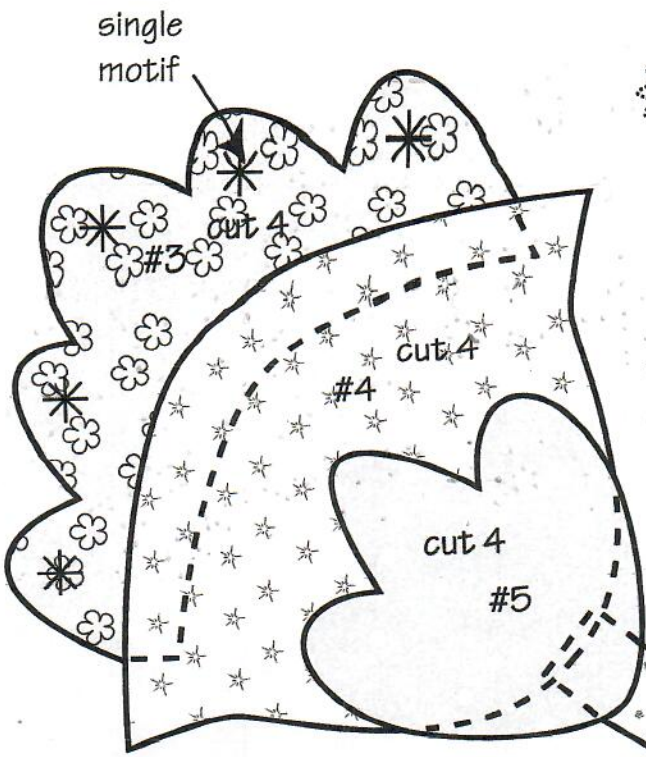
OPTION: couch around piece #4.



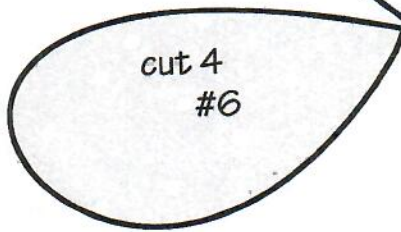
**SUGGESTION FOR APPLIQUE:**  
 change width and length  
 Leaves:   
 Stems:   
 Flowers:   
 Centers: 

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Month #5

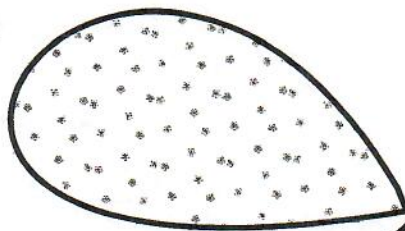


1/4" foot



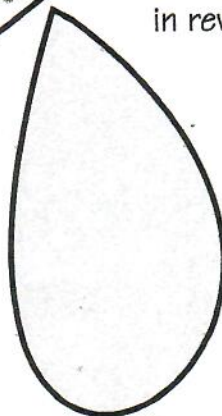
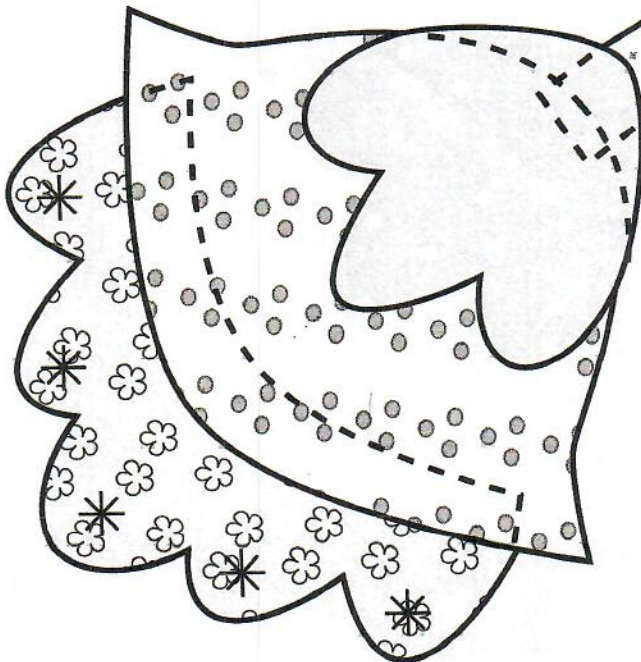
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Layer in numbered  
sequence.



#1

Design given  
in reverse



**SUGGESTION FOR APPLIQUE:**

change width and length

Stems:

Leaves:

Cups:

Flower:

Top: