

## Toiletries

- Hanging Toiletry Bag
- 2 toothbrushes
- Short toothbrush covers "2"
- Solid Anti-Perspirant
- Chafing stick
- Sisters make up
- Travel Bottles (TSA Approved)
- Hanging Soap holder

## Homework Assignments

- 3-1-1 rule understanding
- 7 day Bottle test
- Shampoo soap "Try it"
- Start living out of Toiletry bag for 14 days

## Travel Gear

- Travel Alarm & Batteries "AA or AAA"
- Sewing kit
- Umbrella
- TSA locks
- Luggage Tags
- 1st aid kit
- Foot care supplies
- Plastic Hangers (Flat design most efficient)
- Clothing Marker
- Travel Temple case OR Baptism case
- Travel pillow (optional)

## Shoulder bag basics

- Waterproof Shoulder Bag
- Individual Scriptures
- Giveaway copies of Book of Mormon
- Pamphlets
- Pass along cards
- Marking device
- Note supplies
- Oil vial

## Homework Assignments

- Mom
  - Power of attorney
  - Wellness kit (1st aid kit)
- Dad
  - Consecrated oil
  - Line of Authority
  - Teach Sisters to tie a tie
- Sisters "CAUTION" on shoes!
- Feminine Hygiene Multi month test
- Ties signed
- Mark clothing (Think of mixed washings)
- Learn to tie a tie (Sisters)

## Clothing Concepts & Understanding

### **Elders: (Treat ALL clothing for bugs)**

- Washable Suits (118 DO NOT need!)
- Shirts (8-12)
- Pants (6-8)
- Ties
- Socks (1,3 or 4 season) 9-12 pairs
- Shoes fitted for Length-Width-Arch
  - 2 daily proselyting shoes
  - Service shoe
  - Tennis shoes
  - Shower shoe/Wet shoe
  - Sandal OR Boot
- Insoles (2 pairs)
- PJ's
- Gym Clothes
- Service Clothes (2 sets min)
- Garments (10-14)
- Belt
- Baptismal Clothing (Pant, Tie, Sock)

### **Sisters: (Treat ALL clothing for bugs)**

- Skirts (4-6)
- Tops (6-10)
- Dresses (Remember you may tire of look)
- Ties "YES" Ask us why
- Pants (229 can have them)
- Socks (1,3 or 4 season) ped, low & high
- Insoles (2 pairs)
- Shoes fitted for Length-Width-Arch
  - 2 daily proselyting shoes
  - Service shoe
  - Tennis shoes
  - Shower shoe/Wet shoe
  - Sandal OR Boot
- Slips / Biking shorts
- PJ's
- Gym Clothes
- Bike riding shorts
- Service Clothes (2 sets min)
- Garments (10-14)
- Belt
- Feminine Hygiene
- Dual Voltage Curling iron / Flat iron
- Dual Voltage Hair dryer

### **In Mission field:**

- Rain coat / Winter coat
- Boots / Sandals (depending on size)
- Gloves & Scarfs
- Sweaters

## Mission Specific

- Elders NO suits in 118 Missions
- Sisters Pants 229 Missions
- Russia- NO COATS, They have them
- Hammock, Mat, Cot or ? "Sleeping"
- Electrical Adapters
  - Dual Voltage appliances
  - Fan
  - Surge protector for tablets

## Organizing Bags usage (6-9)

- Journals
- Lettering writing supplies
- Music player and Speakers
- Shoe shine gear
- Pens, Pencils, Post it notes
- Camera Gear
- Electrical items and adapters
- 1st aid kits
- Any items that would be loose in your luggage

## Tips to Help

- Setting apart use 2 note takers
- Marking clothing
- Farewell signing of laundry bag & set with ½ cup of vinegar
- Elders- Give a blessing after setting apart to parents
- Set up Credit card for the country you are headed too
- Family search upload pictures & stories
- At MTC get up 5:30 or 6:00 (Think Shower Time)

## Distribution Center

- Baptismal/Temple clothing
- Scriptures English
- Scriptures New Language
- Garments that are TESTED! (12-14)

## Items to get in Mission field:

- Rain coat / Winter coat
- Boots / Sandals (depending on size)
- Gloves & Scarfs

## **OLD LUGGAGE •**

### Pre-Travel Luggage inspection Service

- Handles (Upright & Carry)
- Wheels, Bearings & Housings
- Zippers, Sliders & Tabs
- Interior straps, Dividers, Lining & Zippers
- Tears, Holes & Material failures
- Locks, Latches & Combinations
- Loose material, threads & Zippers
- TSA approved locks
- Frames, Base & Feet
- Shoulder Straps, Waist straps & "D" rings