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## Sensory/Fidget Quilt

### --Supplies--

**Teachers: Terri Judd and Marie Salerno**

### Supplies:

Sewing machine in working order (with power cord, foot pedal, presser foot, bobbins, and [needles](#))

Basic sewing/quilting skills

Scissors, pins, and clips

Thread to match your sashing

Hand needle

Rotary cutter and mat

¼" foot (optional)

Tube turner if you have one

25 EACH - 5" squares of washable fabric (high contrast is good)

20 EACH - 5" squares of batting

1 piece of any fabric 25" x 25" for the backing

6 strips of 2 ½" x 21" solid dark fabric for the sashing

The fun part (bring extras to play with and/or share with other students):

Big buttons with a shank

Ribbons all colors and textures

Rick rack

6" zippers or bigger

Lace

Old keys

Plastic curtain rings

Minky/Cuddle

Small bells

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visit [www.facebook.com/quiltingmayhem](http://www.facebook.com/quiltingmayhem)

Velcro—both parts

Velvet

Corduroy

Questions? Contact Terri Judd at [terr.judd@gmail.com](mailto:terr.judd@gmail.com).

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