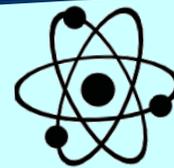


Atomic Fibers*

The Fiber Chronicles*



Modern fibers for the nostalgic

September 2015

Fall Is On The Way

Welcome to our official first Newsletter!

Football has started, weather is changing, kids are back in school and the Row by Row summer event is almost done. . . bring on the hoodies and bon fires!

We have lots of Fall and Halloween fabric, yarns, patterns and upcoming classes for you to enjoy at this time of year.

Keep in mind, we are not too far away from the holiday gifting giving season. Now is the perfect time to start or wrap up those Christmas projects!

We have a lot going on this September and October, from a full class schedule to several interactive events you don't want to miss. We have scheduled classes and events through December!

Remember our events and classes are also found online at our website: www.AtomicFibers.com and our Facebook page: www.facebook.com/AtomicFibers.

Things do get moved around and added, so always check our web sources for the most current and up to date information.

Yarn Block Challenge Winners!



Congratulations to Erin and Liz for tying at 22 votes each. They both will receive \$20 gift certificate for joining in the fun. These blocks will now be put together for an afghan for Project Linus this month.

Come in Wednesday, September 9th for Project Linus and see our 2 completed quilts from last Fabric Challenge.

We will host another Fabric Challenge starting next week.

New Rewards App

Do you enjoy using your cell phone for discounts at other stores? Well, now you can use an app to join our Punch Card Club.

Go to: <http://www.flok.com/members> and download the app onto your Android or iPhone. Create your account (be sure to put in your birthday, because we will have a birthday club as well) and then search for Atomic Fibers, by our zip code 37830.

The next time you come into the shop you will receive notifications of any current sales. Then when you make a purchase, we will digitally "punch" your club card. After 15 punches (purchases) you will receive \$15 off your next purchase!

Our birthday club will also start going through Flok's app starting in October.

This helps us save time and money which we will pass the savings on to you!



Notions of the Month for September

Yarn Notion:

All Stitch Markers 15%

Sewing Notion:

Best Press at 15%

September Classes & Events

Mon	Tue	Wed	Thu	Fri	Sat
	1 10:00 am Open Crochet Session	2	3 10:00 am Opening Knitting Session 12:30 pm Purless Knit Along 5:00 pm Magic Ball Evening	4 10:00 am Opening Sewing Session	5
7	8 10:00 am Open Crochet Session 6:00 pm Crochet Flower of the Month Club	9 10:00 am Project Linus Work Day	10 10:00 am Opening Knitting Session 12:30 pm Purless Knit Along	11 10:00 am Tools By Trial (Learn the Deb Tucker Tools)	12 10:00 am Modern 9 Patch Block of the Month with Kit
14 12:30 pm Learn to Knit With Emily	15 10:00 am Open Crochet Session	16 10:00 am Crochet Team Spirit Bag	17 10:00 am Opening Knitting Session 12:30 pm Purless Knit Along	18 10:00 am Opening Sewing Session	19 9:30 am Loom Club 12:30 pm The Caravan Tote
21 12:30 pm Learn to Knit With Emily	22 10:00 am Open Crochet Session 6:00 pm Beginner Crochet With Tammy	23 10:00 am Crochet Team Spirit Bag	24 10:00 am Opening Knitting Session 12:30 pm Purless Knit Along	25 10:00 am Braid Runner	26 1:00 pm Sampler Block of the Month
28	29 10:00 am Open Crochet Session 6:00 pm Beginner Crochet With Tammy	30	<p>All Class Information is on our website: www.AtomicFibers.com</p>		

Class Policies

- ◆ Payment in full due upon signing up for class to in order to ensure your spot.
- ◆ To help prevent classes from being cancelled for lack of attendance, please sign up early as a minimum number of students are required to hold a class.
- ◆ Classes will be held with 3 student minimum requirement. Some classes will have a maximum number of students.
- ◆ If a guest comes to class, they must pay the class fee-even if they don't participate in class.
- ◆ We do not require our customers to purchase supplies from Atomic Fibers. However, we do offer a 10% discount on all class supplies purchased at Atomic Fibers.
- ◆ Each student must have an authorized copy of the book or pattern (no photocopies,

please).

- ◆ Students need to bring the required basic sewing supplies as listed on the supply list.
- ◆ On the day of your class, Atomic Fibers offers a 10% discount on all products purchased.
- ◆ All classes have supply list, once you have reserved your spot you will receive a supply/prep work list via email. If you can't receive email you can come by the shop to pick it up.
- ◆ Within 5 days of the scheduled date, classroom will be confirmed and informed to students, along with supply lists and prep work.
- ◆ Most classes have prep work. It's imperative to complete prep work to get the most of your class when you arrive.
- ◆ Students may arrive 15 minutes early to class to set up. Classes will start on time, so please arrive early to set up and be ready to

start.

- ◆ Classes longer than 4 hours, students need to be prepared to bring their own drinks, snacks and bag lunches.

Refund Policy

- ◆ If Atomic Fibers must cancel a class (due to low attendance or weather) a refund or credit will be issued.
- ◆ Full refunds will be given only 7 days before scheduled class. Atomic Fibers offers a refund as a store credit.
- ◆ If Weather Policy is in effect, Atomic Fibers will try to reschedule class or refund/credit will be issued.
- ◆ No show, no refund. Atomic Fibers does not offer make up class for missed classes.

We want you to have the best experience in our classes, please come prepared to participate fully in class.

October Classes & Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 10:00 am Opening Knitting Session 6:00 pm Crochet Skull Scarf	2 10:00 am Opening Sewing Session	3 9:30 am Happy Halloween Block of the Month 12:30 pm Emmeline Apron
4 12:00 pm Mystery Quilt Sundays	5	6 10:00 am Crochet Felted Bag 1:00 pm Open Crochet Session	7 10:00 am The Beatie Bag Revised	8 10:00 am Opening Knitting Session 12:30 pm Gwen Scarf 6:00 pm Crochet Skull Scarf	9	10 10:00 am Modern 9 Patch Block of the Month with Kit 1:00 pm A Safe Place Wallet
11	12	13 10:00 am Crochet Felted Bag 1:00 pm Open Crochet Session 6:00 pm Crochet Flower of the Month Club	14 10:00 am Project Linus Work Day	15 10:00 am Opening Knitting Session	16 10:00 am Opening Sewing Session	17 9:30 am Rapid Fire Hunter Star
18	19	20 10:00 am Crochet Spa Set 1:00 pm Open Crochet Session	21 10:00 am Crochet Spa Set 2:00 pm Crochet Felted Bag	22 10:00 am Opening Knitting Session 12:30 pm Gwen Scarf 6:00 pm Color With Louise	23 10:00 am Science Fair Quilt	24 1:00 pm Sampler Block of the Month
25	26	27 10:00 am Open Crochet Session	28	29 10:00 am Opening Knitting Session	30 10:00 am Riviera Hangbag	31 12:30 pm Loom Club

Open Class Room Sessions

We offer our class room for free/open sessions throughout the month. Specific days for Crocheters, Knitters and Quilters/Sewers. The only requirement is for Open Sewing, please rsvp to ensure there is a spot for you.

Open Crochet Dates:



Sept, Tuesdays, 10am - 4pm:
1st, 8th, 15th, 22nd, 29th
Oct, Tuesdays, 1pm - 4pm
6th, 13th, 20th,
All day on 27th

Open Knitting Dates:



Sept, Thursdays, 10am - 12pm:
3rd, 10th, 17th, 24th
Oct, Thursdays, 10am-4pm
1st, 15th, 29th
Oct Thursdays, 10am-12:30pm
8th, 22nd

Open Sewing Dates:



Sept, Fridays, 10am - 4pm:
4th & 18th
Oct, Fridays, 1pm-4pm
2nd & 16th

Project Linus



Providing Security Through Blankets

Project Linus Workshop Day - This is our monthly Project Linus Workshop day. All items created during the day are made with the intention of donating to Project Linus of East TN. Donations are welcomed and we can find something for even the non-sewer, quilter, knitter or crocheter. Don't know what to do? Come and we will guide you to some choices. You can sew, knit or crochet! We ask you please rsvp. Second Wednesday of the month: Sept 9th, Oct 14th, No meeting in Nov, Dec 9th

Class/Event Descriptions - listed in alphabetical order

Braid Table Runner - Great seasonal runner to make and quick! You quilt as you go and by the end of the afternoon will have a completed table runner! Most students get their binding on before leaving class. Great project to use leftover 2 1/2" strips. You can even add more stripes to increase your length! **Skill Level:** Advance Beginner **Instructor:** Toni Carringer **Cost:** \$40

Friday, Sept 25th, 10am - 4pm



The Beatle Bag Revisited - The perfect bag with "zip-lock" page pockets, as well as regular pockets, for storing and transporting all your stuff. Be it sewing tools and accessories, scrapbook supplies, make up supplies, or chocolate for emergencies, this bag is a must have. Fat Quarter friendly. Bag measures about 20 x 11 inch when opened flat. Toni has made a few modifications to include closures for the inside pockets. There is some prep work before class. **Skill Level:** Advance Beginner **Requirements:**

Prep work before class
Instructor: Toni Carringer **Cost:** \$40



Wednesday, Oct 7th,
10am - 4pm

Color With Louise - As a professional floral designer, I heard a statement that impacted me greatly. "If you don't know how color works, you can't make a beautiful arrangement. If you know color, you can't make an ugly one". That statement is true - whether it applies to floral design, interior design, or selecting fabrics for a quilt, garment, bag, etc.

In this class, students will learn both the basic principles of the color wheel and how it applies to selecting fabric for a project. Color conveys mood, power, gender, season, and many other things. Knowing the colors you "relate to" and how to compliment them and use them to greatest advantage will be explored. We will also talk about using colors you don't relate to, for creativity create a pleasing harmony.

This is a really fun class, as well as being instructional. We will practice creating several color harmonies using the awesome collection of fabrics at Atomic Fabrics? Students will go home with several great color references and Color wheels will be available for purchase.

This class is perfect for all quilters, knitters and crocheters!

Skill Level: Beginner **Instructor:** Louise Ragle **Cost:** \$25 **Thursday, Oct 22nd, 6pm - 8pm**

The Caravan Tote - A useful and sturdy tote with lots of great organized storage. You'll be ready to go whenever life calls. Cute coordinating zippered pouch included! This bag is perfect for lovers of yarn, there are storage areas for your needles and yarn! Some prep work is required. **Skill Level:** Advance Beginner

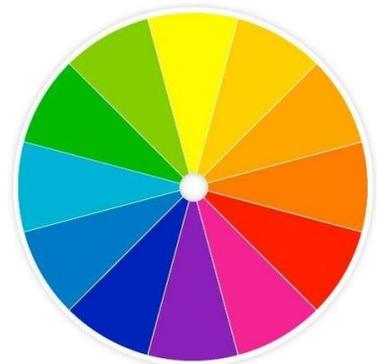


Instructor: Emily Doane **Cost:** \$30

Saturday, Sept 12th, 12:30pm- 4:00pm

Crochet Flower of the Month Club - Join Tammy

- monthly to learn advance granny square techniques.
- Flowers of the Month Granny Squares includes both written and charted instructions for 12 original granny squares representing a new flower for every month of the year. For those new to crocheting granny squares or those who just need a refresher, all the granny square basics are covered. Complete instructions are also provided for combining all the squares into a fabulous flowery blanket. **Class is paid for 3 months at a time, Cost:** \$50.
- Skill Level:** Advance Beginner **Instructor:** Tammy Young
- Meet monthly on the 2nd Tuesday from 6:00pm - 8:30pm. Sept 8th, Oct 13th.**



Crochet Felted Bag - This beautiful felt bag is perfect for projects or as a purse. Linda will walk you through designing and crocheting the outside, then teaching you the felting process. In the last class she will show you how to make and add flowers to your new bag. This is a great followup class for a newbie. All your mistakes are hidden in the felting!
Skill Level: Advance Beginner **Instructor:** Linda Millar **Cost:** \$40
 This is a 3-part class.



Tue, Oct 6th & 13th, 10am -1pm

Wed, Oct 21, 2pm to 2:30pm

Crochet Skull Scarf -

In time for Halloween or for your favorite pirate, create this simple and fun skull scarf! Tammy will walk you through the basics of making skulls the first week and in the second week how to attach them together. You need to know the basics, but this is a good follow on class for beginners. **Skill Level:** Advance Beginner **Instructor:** Tammy Young **Cost:** \$35



Thursdays, Oct 1st & 8th 6pm-8:30pm

Crochet Team Spirit Bag - Using leftover yarns or creating a functional seasonal team spirit bag, this is a great project for the beginner crocheter. Linda will teach you how to line your bag as well. You must know the basics of crocheting. Supply list is provided before class. **Skill Level:** Advance Beginner **Instructor:** Linda Millar **Cost:** \$30

Wednesdays, Set 16th & 23rd 10am-1pm



Crochet Spa Set - Over 2 classes you will learn to make a washcloth, a scrubbie, a wash mitt and a set of bath slippers. Using cotton yarn and simple construction processes, you can make a spa set for yourself or for gift giving. **Skill Level:** Advance Beginner **Instructor:** Linda Millar **Cost:** \$30 +supplies

There will be a \$2 kit fee.

Monday, Oct 20th & Tuesday, Oct 21st 10am - 1 pm



Emmeline Apron - Create this perfect retro-styled apron with Emily's help! Just in time for use during the holidays or gift giving. Quick and simple you will enjoy the simplicity of creating this adorable apron. The Emmeline Apron is the one you've been waiting for - modern, Stylish, and fun to sew. You'll never want to take it off! Best of all, Emmeline is completely reversible, so it's like two aprons in one. **Skill Level:** Advance Beginner **Instructor:** Emily Doane



Emmeline Apron Class
 with Emily D. @ Atomic Fibers!

Saturday, Oct 3rd, 12:30 - 3:30pm

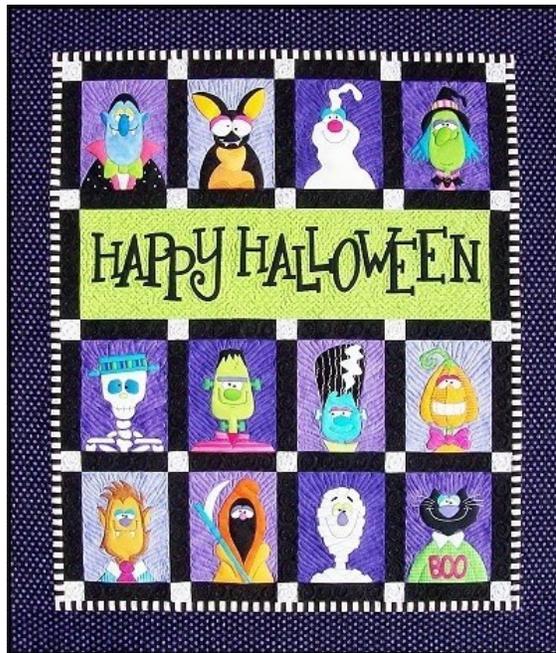
The Gwen Scarf - Worn as either a shawl or a scarf, the color changes of Liberty Wool stand out in this unique project knit entirely in Garter stitch. The edge motifs are knitted first then stitches are picked up along the top of each motif. The crescent shape is created by working short rows. Finished: Approx 8" tall (at center) and 63" long, blocked. Uses Liberty Wool by Classic Elite Yarns, 3 balls (we have a large selection to choose from). **Skill Level:** Advance Beginner **Instructor:** Emily Smartt **Cost:** \$40 (includes pattern)



Thursday, Oct 8th & 22nd, 11:30 - 2:30 pm

Happy Halloween Block of the Month Program

- Starting in October, come in every month to pick up your pre-cut/pre-fused appliqué kit for this bright and fun block of the month program. This class is for students who have committed to the 12 month program and will give some insight on how to do their blocks every month. We will meet for general instruction at the beginning of the program, again at the 6 months to encourage progress and again at 12 months to complete the quilt top together. **Sign up is \$35** (includes the cost of the pattern) and \$35/monthly for each fabric kit. **Skill Level:** Advance Beginner **Requirements:** Must sign up for Block of the month **Instructor:** Toni Carringer



Sign ups NOW, first class session **Saturday, Oct 3rd, 9:30am - 11:30am**

Learn To Knit - Emily Smartt will walk you through the ins and outs of several basic knitting stitches to make you feel confident in knitting your next project. You will learn 2 different dish clothes teaching you several forms of stitches. Emily will also guide you in the differences between yarns, weight and needles. This class is offered as a 2 part class. **Skill Level:** Beginner **Instructor:** Emily Smartt **Cost:** \$30 (kit included)



Mondays, 12:30-3:30 Sept 14th & 21st

Learn To Crochet With Tammy - Our first project for Beginning crochet is simple mugrug/coaster made out of cotton yarn. Perfect little project to learn on and use as future gifts. For this pattern you will learn a single crochet stitch and a double crochet in a shell pattern. Supplies is included in the class price (hook, pattern, yarn). **Skill Level:** Beginner **Supplies included** **Instructor:** Tammy Young **Cost:** \$30



Tuesdays, 6pm - 8:30pm, Sept 22nd & 29th

Loom Club - Teresa has offered to help folks learn to warp their table top looms! There will be limited space, so please rsvp early. If you do not have a loom and are curious, you may still come in and watch. The small fee is to cover Teresa's time. Supply list and prep list will be provided. **Skill Level:** Beginner **Instructor:** Teresa Brittain **Cost:** \$10

Saturdays, Sept 19th 9:30-12:30pm; Oct 31st 12:30 - 3:30pm



Magic Ball Evening - Let's play with our scraps! Bring in your yarn scraps and recreate yarn balls for new projects. We will discuss how to create the balls, scrappy patterns to use and hosting a Magic Ball Evening on a monthly basis. This evening is free and it will be a lot of fun! **Skill Level:** Everyone **Hostess:** Toni Carringer **Cost:** FREE!

Thu, Sep 3, 2015 at 5:00 pm to 8:00 pm



Mystery Quilt Sundays - It's another mystery quilt at Atomic Fibers! What's a mystery quilt? You pick out a 2 ½" strip pack (with at least 42 pieces) Toni will pick out and pre-cut your remaining needed fabrics to match. There is NO prep work before class! Then during the event we will sew like crazy, in steps slowly uncovering a mystery. These are fun classes and most people leave with a finished quilt top.

Come in within 4 days of class date to pick out your strip pack or to drop off your strip pack. You will pay for your strips before event; they are not included in price of event. Cost for the evening of intrigue is \$65 includes pattern, pre-cutting, the focus fabric, and fun! Seating is limited, sign up early. Finish size ~48" x 64" (can add borders).

Skill Level: Advance Beginner **Materials Included:** Pattern, fabric **Requirements:** 1 - 42 strip 2 1/2" **Instructor:** Toni Carringer **Cost:** \$65

Sunday, Oct 4th, 12pm - 5pm



Purless Knit Along - Amy will hold your hand working through this simple lace shawl, perfect for fall! This lovely shawl begins with a lace diamond and expands outwards to form a triangle. Short rows at the end add an asymmetrical border. Perfect for different weights of yarn! The shawl may be enlarged easily. This knit along is 4 weeks long and the pattern is included.

Skill Level: Advance Beginner

Instructor: Amy Godfrey **Cost:** \$ 50.00

Thursdays, 12:30pm to 2:30pm

Sep 3, Sep 10, Sep 17, Sep 24



Rapid Fire Hunter Star - Come and learn how to make the Hunter Star block using a special tool created by Deb Tucker (Studio 180 Designs). You will learn how to make this star without Y seams using strip piecing - with amazing results. We will make table runner to learn the technique. Then you can move on to something bigger using patterns and books from Deb Tucker - available at the shop. **Skill Level:** Advance Beginner **Instructor:** Anita Chaisty **Cost:** \$45.00

Saturday, Oct 17th, 9:30am - 3:30pm



The Riviera Bag - Create this Riviera Handbag Pattern by Pink Sand Beach Designs as a great new Fall accessory. This pattern is a Fat Quarter friendly purse with double handles, a secure top recessed zipper closure, and two large outside pockets. There are eight handy inside pockets to help keep you organized and instructions for an easy to sew no sag bag bottom! Finished size is 16 1/2"W at the top x 9 1/2"H x 4"D. **Skill Level:** Intermediate Sewer **Instructor:** Toni Carringer **Cost:** \$40



Friday, Oct 30th 10am - 4pm

Science Fair Quilt - Learn to make this gorgeous modern hexagon quilt pattern. Using the Hex N More Quilt Ruler by Jaybird Quilts (sold separately) Toni will guide you through piecing this hexagon style quilt with ease. You can choose from a variety of quilt sizes. Great project for jelly roll strips and working in solids for a more modern feel. There is some prep work for class. **Skill Level:** Intermediate **Quilter Instructor:** Toni Carringer **Cost:** \$40

Friday, Oct 23rd, 10am - 4pm



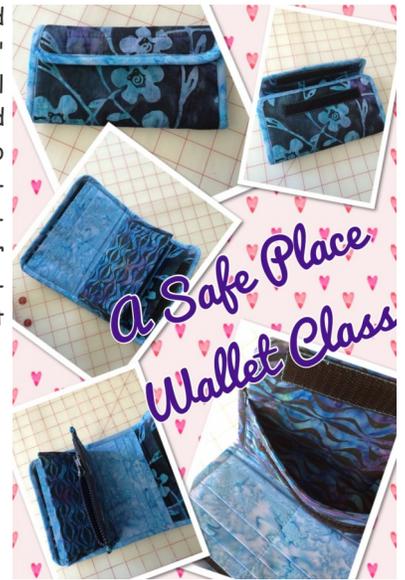
A Safe Place Wallet - This should have been named "the potato chip wallet" because you can't just make one! You will want one for each season or holiday - and it is the best gift ever! It is easy to make and has a place for everything, including places for 12 credit cards, a zipper pocket for change, a flap pocket for cards or receipts, a pocket for checkbook, and one for cash. Perfect for gift giving this holiday season!

Skill Level: Advance Beginner

Instructor: Louise Ragle

Cost: \$35

Saturday, Oct 10th, 1pm - 5pm



CHECK OUT NOVEMBER AND DECEMBER CLASSES/EVENTS ON OUR WEBSITE AND FACEBOOK:

WWW.ATOMICFIBERS.COM

WWW.FACEBOOK.COM/ATOMICFIBERS

Tools By Trial - Introducing a new teacher to Atomic Fibers, Anita Chaisty is a certified instructor for Studio 180 products! Come learn how to use 3 of Deb Tucker's Fundamental Tools (from Studio 180) - whether you already have the tools or are new to them, all beginners welcomed!

We will learn how to make the blocks that the tool were designed for plus some innovative ways to use the tools.

-TUCKER TRIMMER I - MAKES 1/2 SQUARE TRIANGLES, 1/4 SQUARE TRIANGLES (HOUR GLASS), AND COMBINATION TRIANGLES (SAILBOATS). PLUS SOME GREAT STARS.

-WING CLIPPER - FLYING GEESE IN 9 SIZES. PLUS MORE.

-V BLOCK - MAKES A "V" - THOSE HIGH PEAKED POINTS YOU SEE IN STARS.

PLUS LEARN HOW TO MAKE THE HI - LOW BLOCK FOR A NEW TYPE OF STAR.

Skill Level: Advance Beginner **Instructor:** Anita Chaisty **Cost:** \$35.00 **Friday, Sept 11th 10am-4pm**

