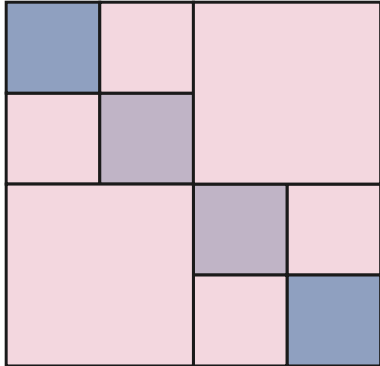


# March

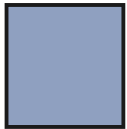
This month we will be making double four patch blocks. You can watch the video for this block here [Sarah's Star March](#).

You will need the dark purple, light purple and duchess (light pink/background) fabrics.

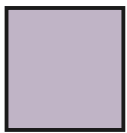


## Cutting Instructions

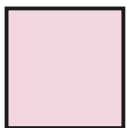
Dark purple: Cut 1 strip -  $1 \frac{5}{8}$ " x wof



Light purple: Cut 1 strip -  $1 \frac{5}{8}$ " x wof



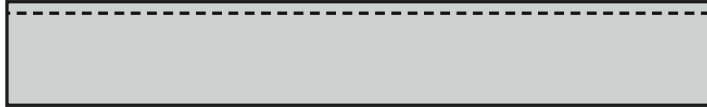
Light pink: Cut 2 strips -  $1 \frac{5}{8}$ " x wof  
Cut 1 strip -  $2 \frac{1}{2}$ " x wof  
Cut 2 strips -  $4 \frac{1}{2}$ " x wof



## Sewing Instructions

### Make 16 Double Four Patches

1. Sew one dark purple strip to one light pink strip, right sides together, using  $\frac{1}{4}$ " seam along the length of the strips. Set seam and press toward background fabric.



2. Repeat step #1 with one light purple strip and one light pink strip. Set seam and press toward background fabric.

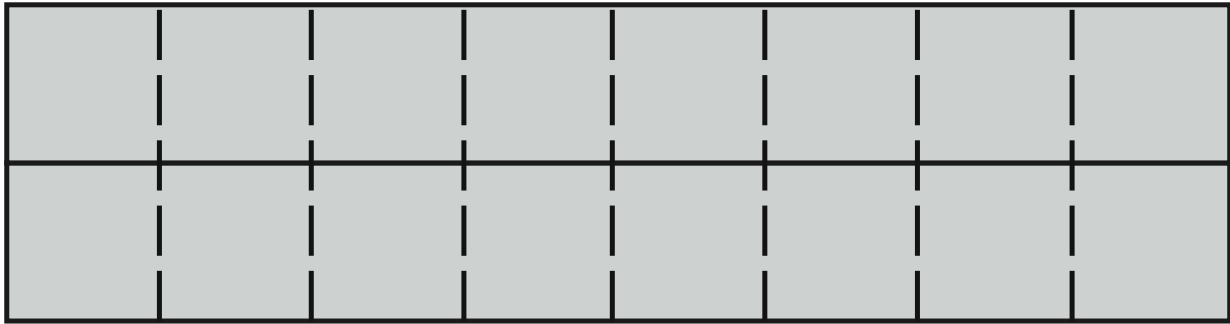


3. Place the pressed strips, right sides together. Orient the strips so the light pink is facing each of the purple strips. Lock the center seams of the strips together.

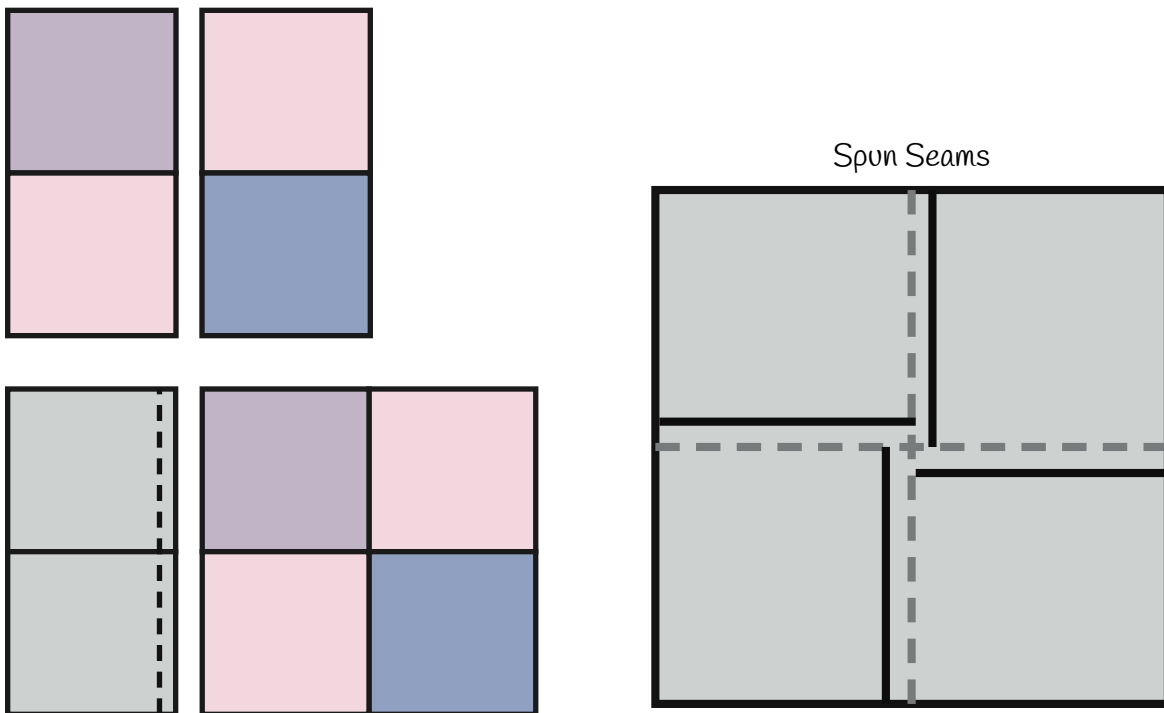
#### Technique

I spray a light mist (very light) of best press on the right side of my bottom strip, nest the strip seams and then press my strips together. This technique gently bonds the strips sets together to make cutting & sewing easier and more accurate.

4. Cut 16 - 1 5/8" segments for a total of 32.

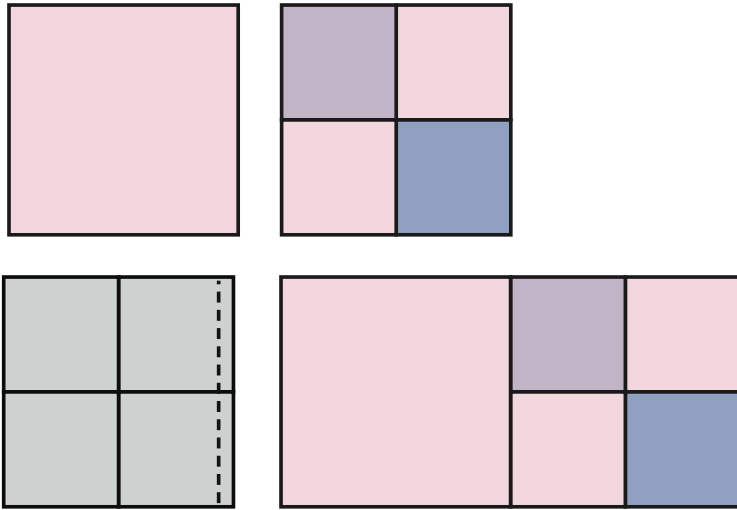


5. Using a 1/4" seam, sew each segment together producing 16 four patches. We are going to spin the seams of this block. Open the intersecting seams, set seam and press each end away from background fabric.

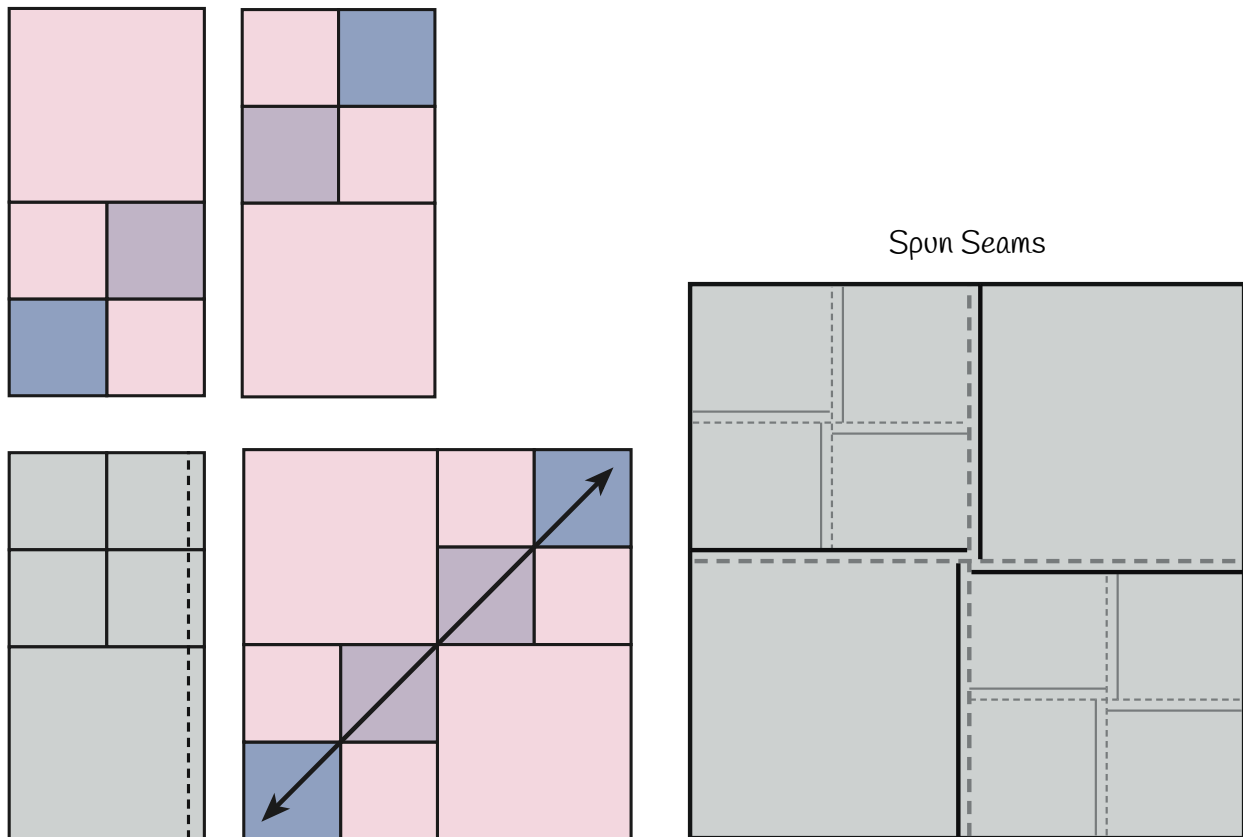


6. All blocks must be squared because they are oversized. Square to 2 1/2".

7. Sew the four patch blocks to the 2 ½” light pink squares to make half of our double four patch. Set seam and press toward background fabric.



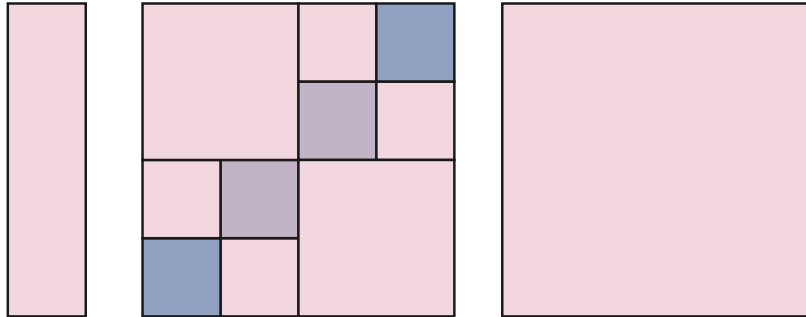
8. Orient the four patches so the light purple squares meet in the center of the block. Refer to the diagram below. Sew right sides together. Open the intersecting seams, set seam and press each end away from background fabric. Square the unit 4 ½”.



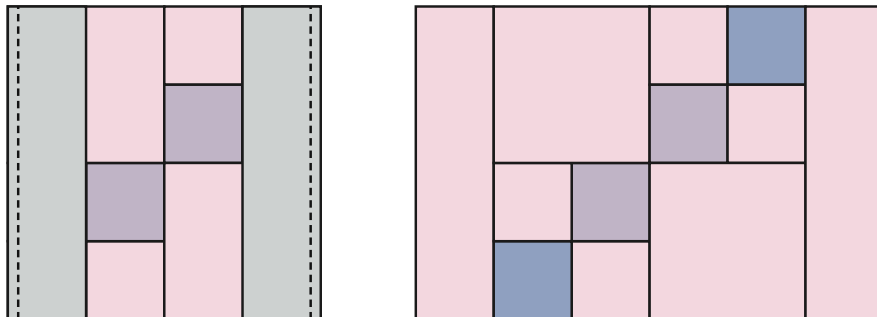
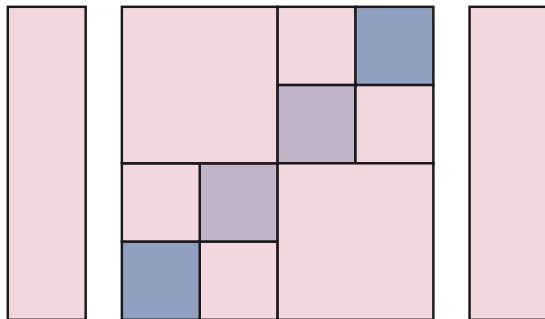
Adding the double four patches and light pink pieces -

Using:

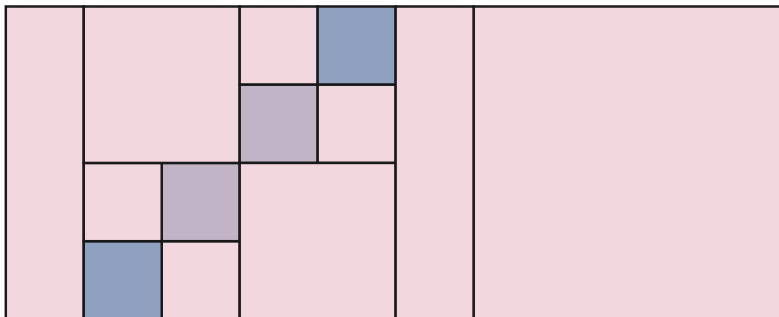
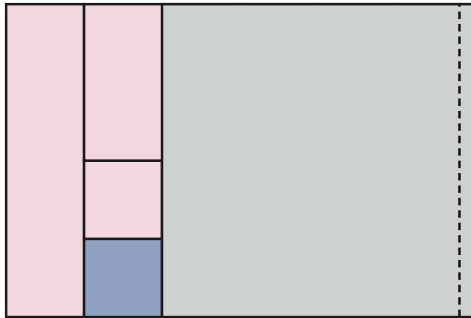
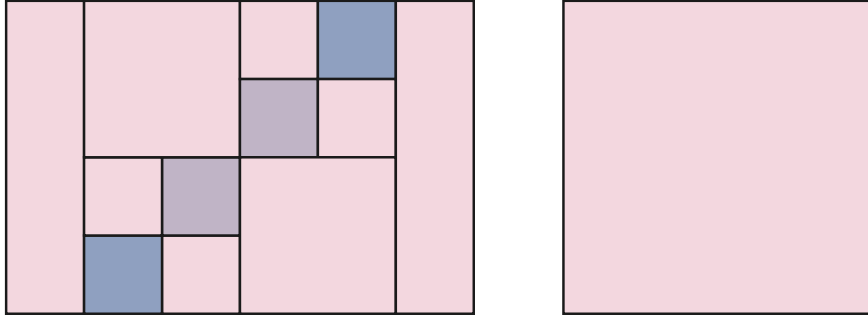
- four -  $1\frac{1}{4}$ " x  $4\frac{1}{2}$ " strips of light pink
- two - double four patch units (made in previous step)
- one -  $4\frac{1}{2}$ " square of light pink



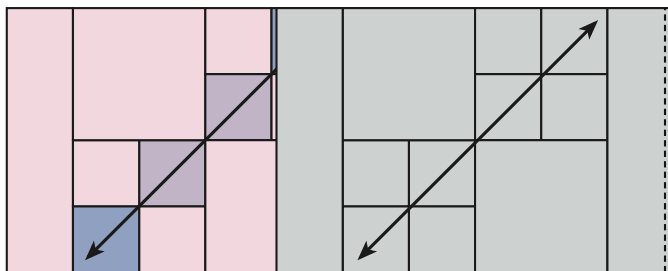
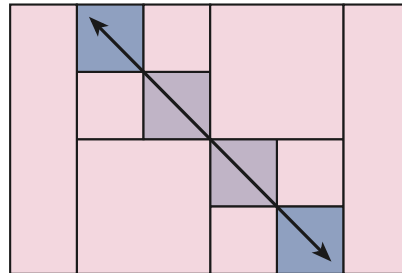
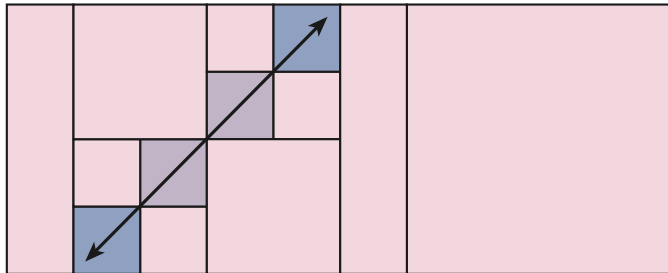
1. Sew a  $1\frac{1}{4}$ " strip to each side of the double four patch unit. Set seams and press toward strips.



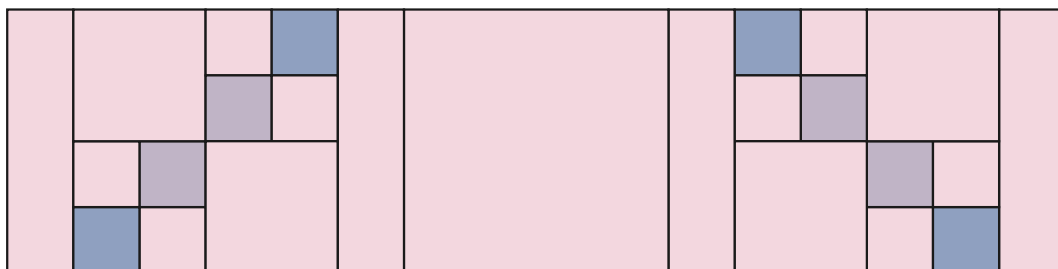
2. Sew a light pink  $4\frac{1}{2}$ " square to one end of your double four patch block. Set seam and press toward  $4\frac{1}{2}$ " square.



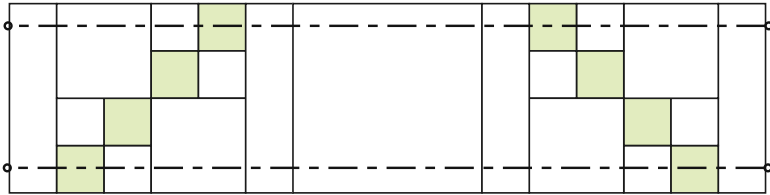
3. Sew a double four patch strip to one end of your light pink  $4\frac{1}{2}$ " square. Set and press seam toward  $4\frac{1}{2}$ " square.



4. This strip should measure  $15\frac{1}{2}$ ". Make 2. If you are having trouble making it measure  $15\frac{1}{2}$ " adjust the  $1\frac{1}{4}$ " strips.

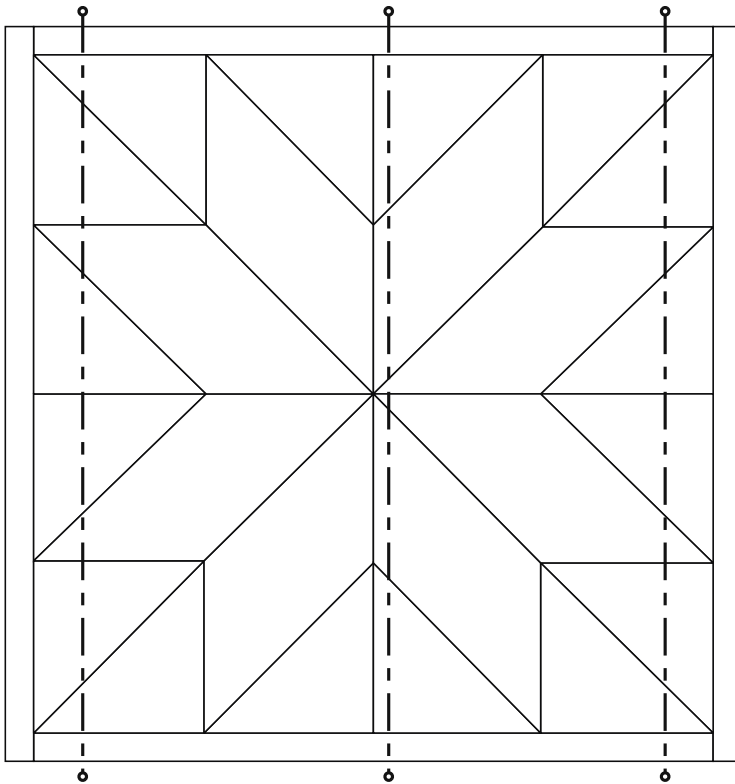


5. Measure the length of the double four patch strip and record.



Length \_\_\_\_\_

6. Measure the length of the center block, record. Make any necessary adjustments by adjusting the width of the light pink spacing strips.



Left \_\_\_\_\_

Center \_\_\_\_\_

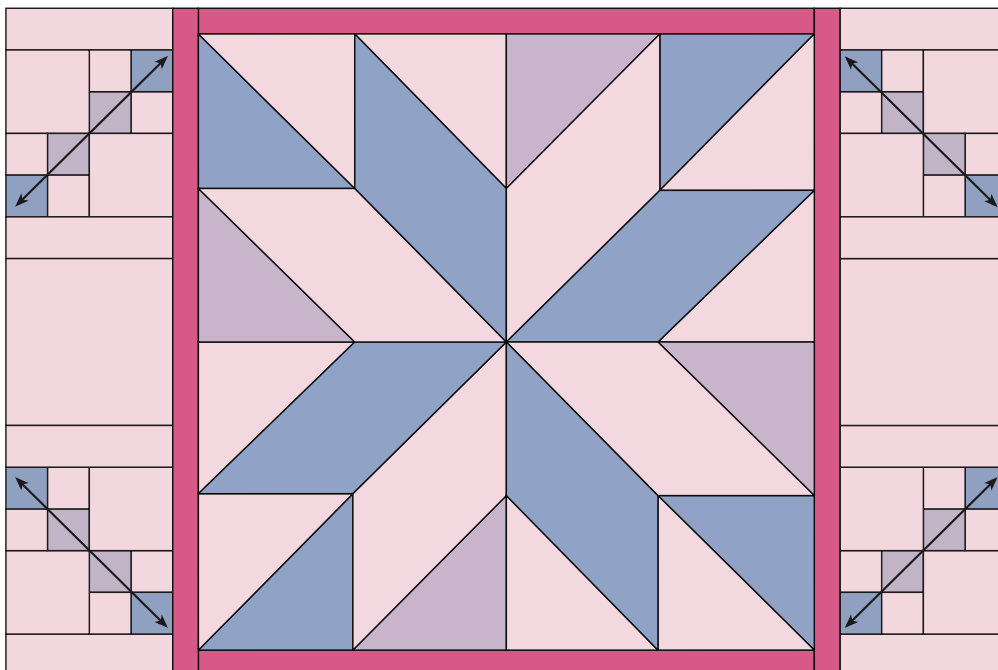
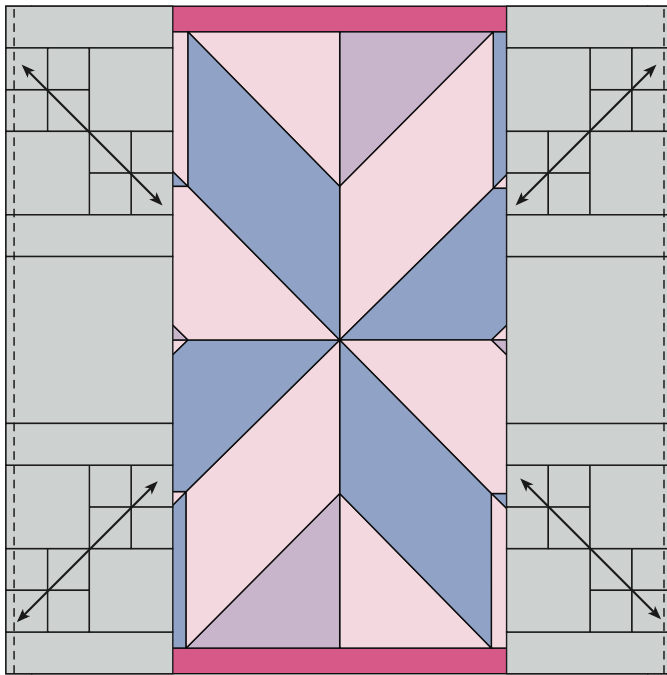
Right \_\_\_\_\_

Total \_\_\_\_\_

Average \_\_\_\_\_

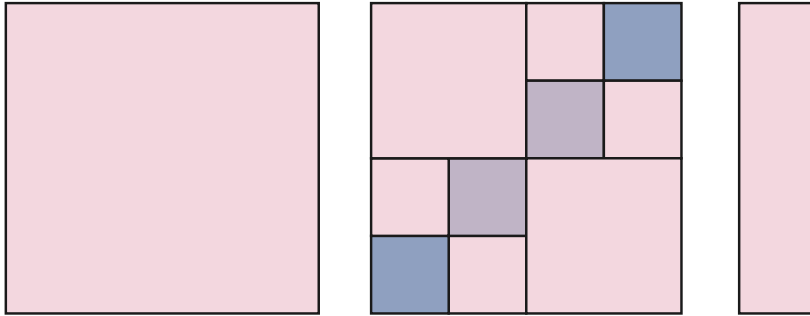


7. Be mindful of the orientation of the double four patch strips. Pin double four patch strip to center block at both ends. Find the center of the two pieces and pin together. Pin from center to outside edges, use as many pins as you like. Sew together using a  $\frac{1}{4}$ " seam. Set seam and press toward center block.
8. Repeat step #6 with second double four patch strip, sewing to the opposite side of the center block.

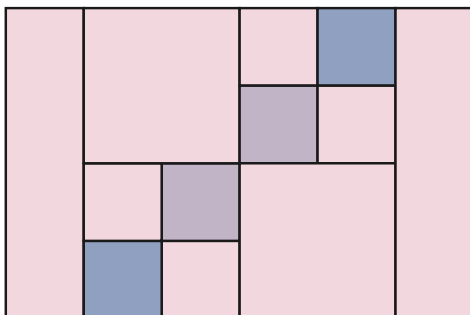
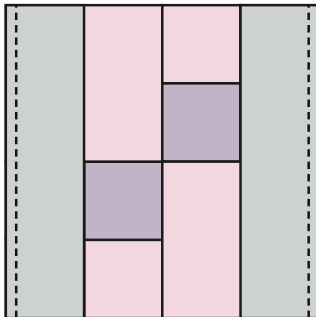
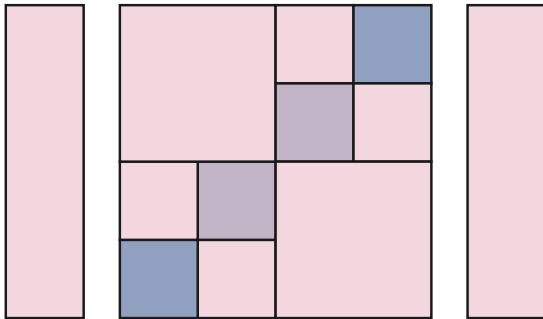


Using:

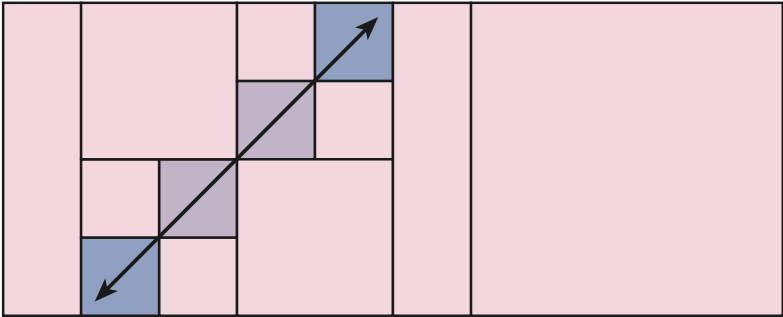
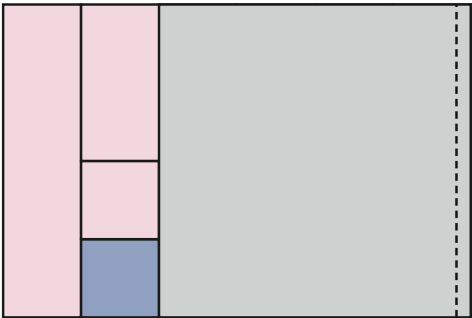
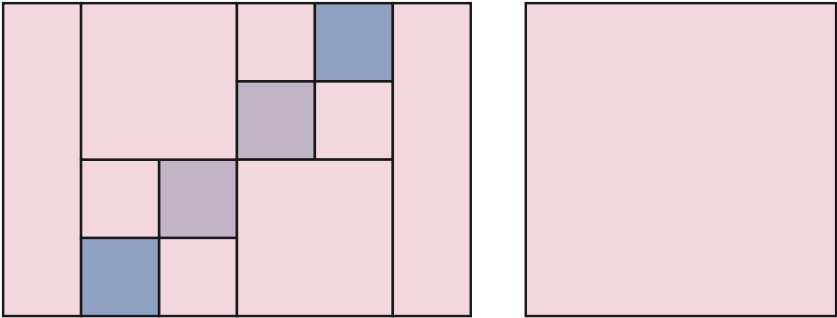
- three - 4 ½” light pink squares,
- two - double four patch units
- four - 1 ¼” strips.



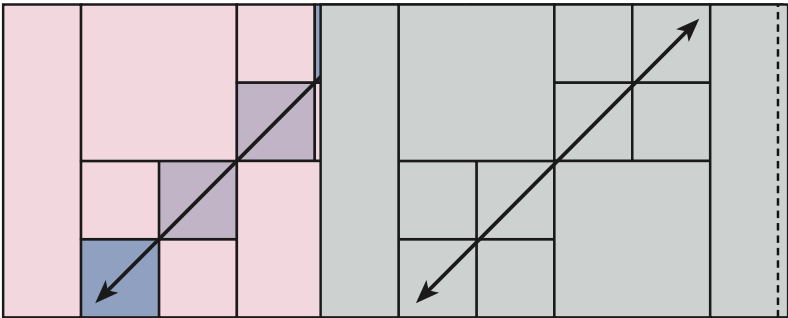
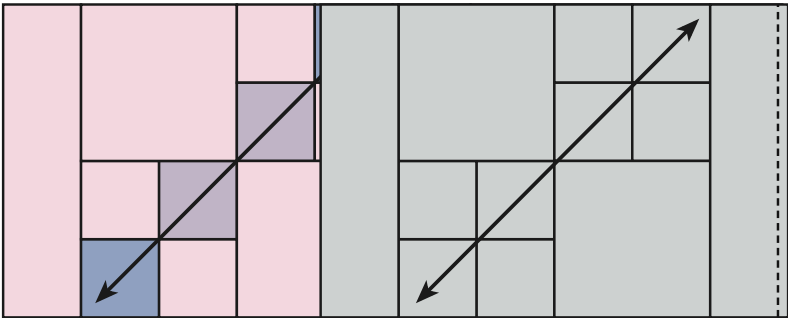
9. Sew a 1 ¼” strip to each side of the double four patch unit. Set seams and press toward strips.



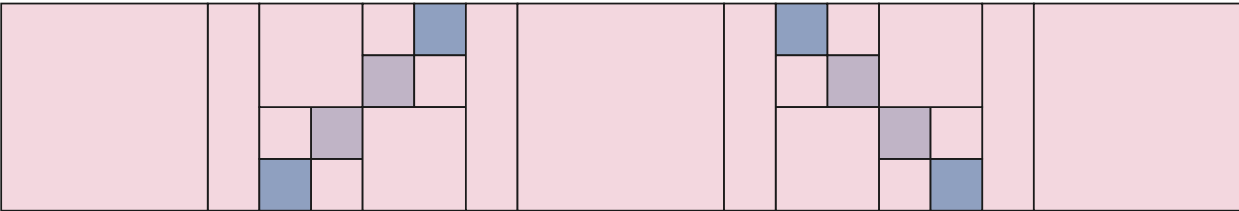
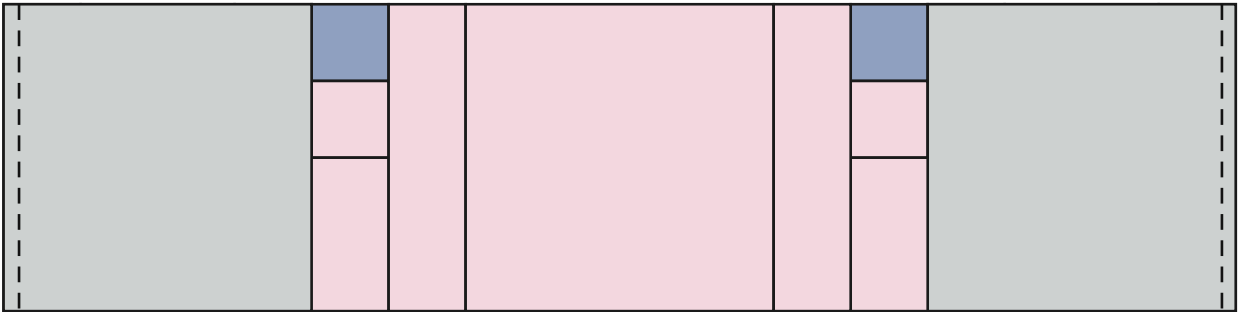
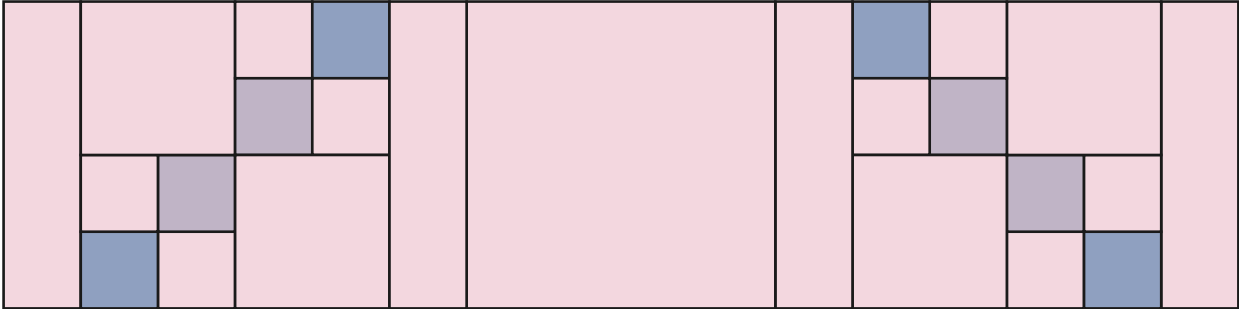
10. Sew a light pink 4 1/2" square to one end of your double four patch strip. Set seam and press toward 4 1/2" square.



11. Sew a double four patch strip to one end of your light pink 4 1/2" square. Set and press seam toward 4 1/2" square.

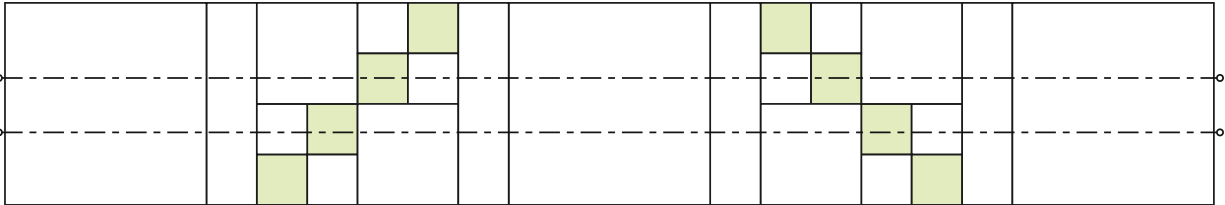


12. Sew a 4 1/2" light pink square to each end of this unit. Set seam and press toward light pink square. Make 2.

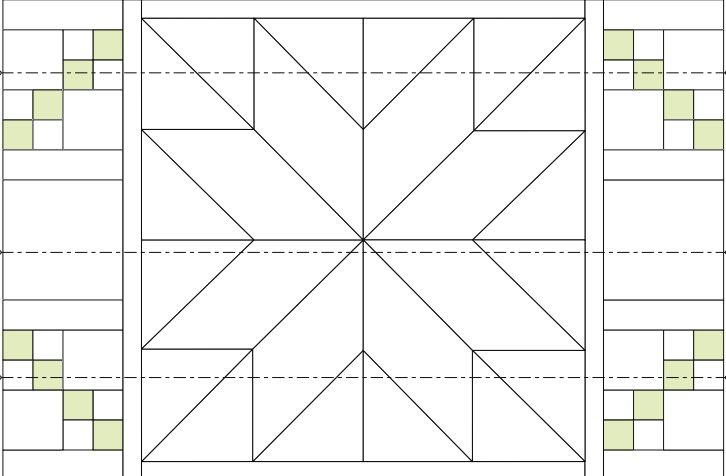


13. Measure the length of the double four patch strip and record.

Length \_\_\_\_\_



14. Measure and record the width of your quilt in three places: top, middle and bottom. Add the three measurements. Divide the sum by 3 to find the average length. The average is the measurement for our top and bottom borders.



Top \_\_\_\_\_

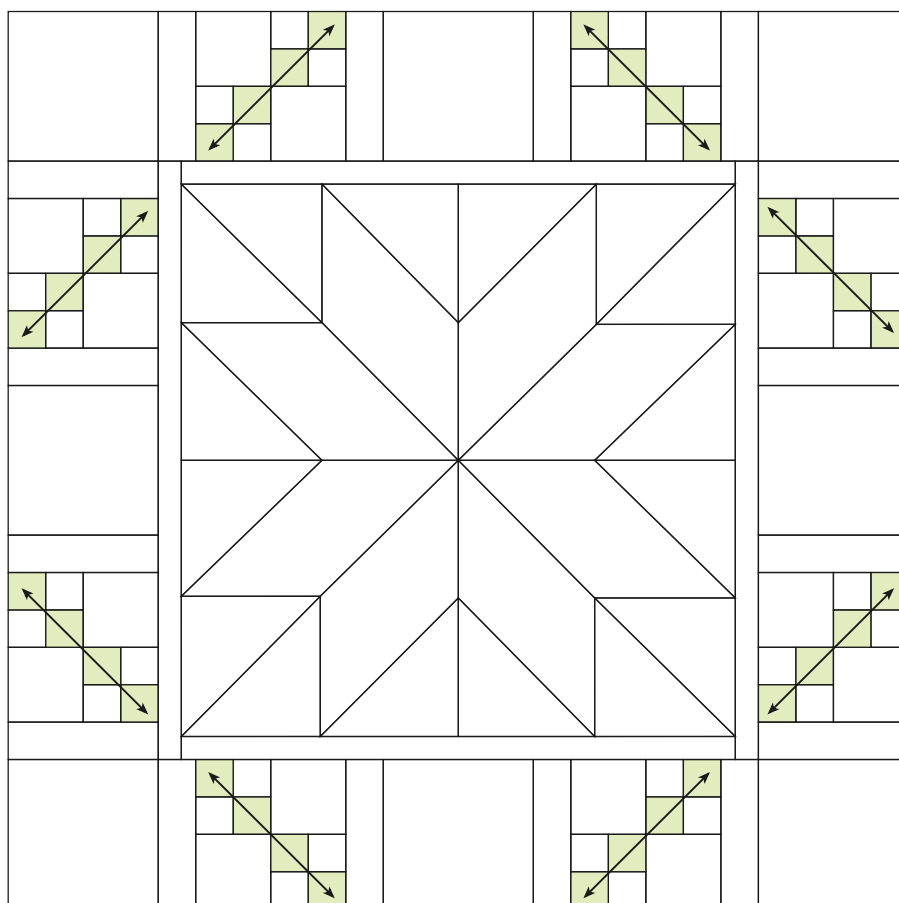
Middle \_\_\_\_\_

Bottom \_\_\_\_\_

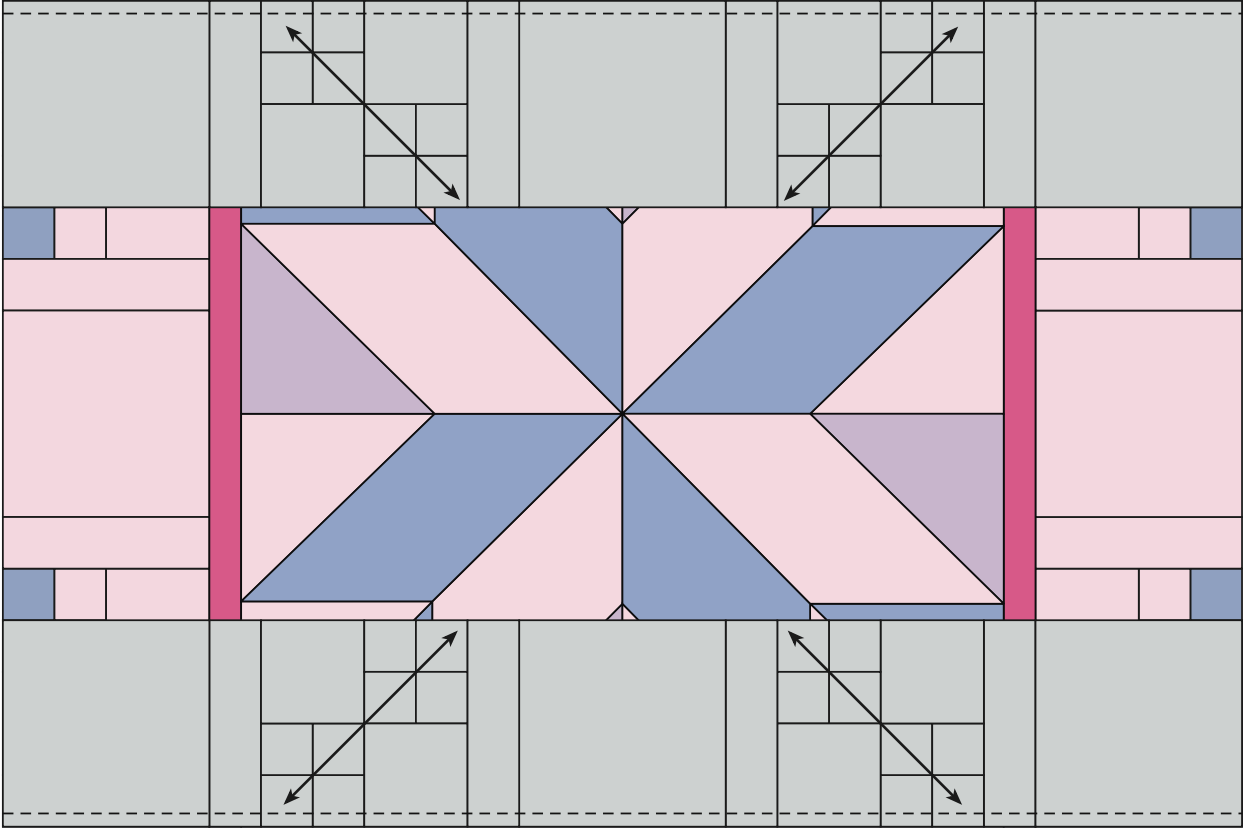
Total \_\_\_\_\_

Average \_\_\_\_\_

15. If you need to make adjustments to fit the measurement, adjust by adding or subtracting from the light pink strips. Note the orientation of the double four patch strips.



16. Pin double four patch strip to center block at both ends. Find the center of the two pieces and pin together. Pin from center to outside edges, use as many pins as you like. Sew together using a 1/4" seam. Set seam and press toward center block.



Your quilt is growing and measures  $23\frac{1}{2}$ " square.

