



Free Spirit 

Dawn Quilt

Featuring *Stillness in Nature* by
Denise Burkitt

The beautiful prints of *Stillness in Nature* by Denise Burkitt inspire memories of the colors of dawn across the Australian landscape.

Collection:	Stillness in Nature by Denise Burkitt
Technique:	Piecing, Mitered Borders, Quilting
Skill Level:	Advanced Beginner
Finished Size:	Finished Size: 64" x 79" (162.56cm x 200.66cm)
	Finished Block Size: 12" x 15" (30.48cm x 38.10cm)

All possible care has been taken to assure the accuracy of this pattern. We are not responsible for printing errors or the manner in which individual work varies. Please read the instructions carefully before starting this project. If kitting, it is recommended a sample is made to confirm accuracy.

Project designed by Kerri Thomson | Tech edited by Alison M. Schmidt

Fabric Requirements

DESIGN	COLOR	ITEM ID	YARDAGE
(A) Sunrise Shimmer	Multi	PWDB015.MULTI	2 ³ / ₄ yards (2.51m)
(B) In the Breeze	Citron	PWDB022.CITRON	7 ⁷ / ₈ yard (0.80m)
(C) Pollen in Flight	Berry	PWDB017.BERRY	7 ⁷ / ₈ yard (0.80m)
(D) All in Together	Moss	PWDB018.MOSS*	7 ⁷ / ₈ yard (0.80m)
(E) Wafting Leaves	Multi	PWDB020.MULTI	1 ¹ / ₃ yard (0.30m)
(F) Pollen in Flight	Citron	PWDB017.CITRON	1 ¹ / ₄ yard (0.23m)
(G) Vibrant Earth	Earth	PWDB023.EARTH	1 ¹ / ₄ yard (0.23m)
(H) Mirage	Moss	PWDB019.MOSS	3 ³ / ₄ yard (0.69m)

* includes binding

Backing (Purchased Separately)

44" (7.43m) wide

Floating Along	Multi	PWDB016.MULTI	5 yards (4.57m)
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OR

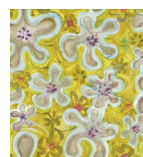
108" (2.51m) wide			2 ¹ / ₈ yards (1.94m)
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Additional Recommendations

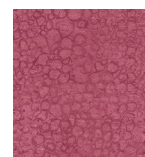
- 100% cotton thread in colors to match
- 72" x 87" (1.83m x 2.21m) batting



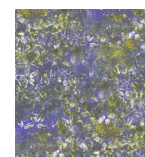
(A)



(B)



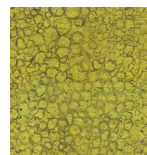
(C)



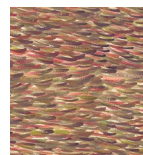
(D)



(E)



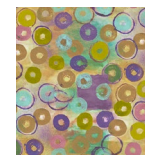
(F)



(G)



(H)



Backing
44"

Cutting

WOF = Width of Fabric; LOF = Length of Fabric.

Fabric A, cut:

- (1) $24\frac{1}{2}$ " x LOF; sub-cut
 - (1) $24\frac{1}{2}$ " x $30\frac{1}{2}$ " and (4) $24\frac{1}{2}$ " x $15\frac{1}{2}$ " rectangles
- (1) $12\frac{1}{2}$ " x LOF; sub-cut
 - (5) $12\frac{1}{2}$ " x $15\frac{1}{2}$ " rectangles

Fabric B, cut:

- (1) $15\frac{1}{2}$ " x WOF; sub-cut
 - (3) $6\frac{1}{2}$ " x $15\frac{1}{2}$ " and (1) $9\frac{1}{2}$ " x $12\frac{1}{2}$ " rectangles
- (1) $12\frac{1}{2}$ " x WOF; sub-cut
 - (4) $9\frac{1}{2}$ " x $12\frac{1}{2}$ " rectangles

Fabric C, cut:

- (7) $3\frac{1}{2}$ " x WOF; sub-cut
 - (70) $3\frac{1}{2}$ " squares

Fabric D, cut:

- (2) $3\frac{1}{2}$ " x WOF; sub-cut
 - (8) $3\frac{1}{2}$ " x $6\frac{1}{2}$ " rectangles
- (9) $2\frac{1}{2}$ " x WOF for binding

Fabric E, cut:

- (2) $3\frac{1}{2}$ " x WOF; sub-cut
 - (11) $3\frac{1}{2}$ " x $6\frac{1}{2}$ " rectangles

Fabrics F and G, cut from each:

- (2) $3\frac{1}{2}$ " x WOF; sub-cut
 - (8) $3\frac{1}{2}$ " x $6\frac{1}{2}$ " rectangles

Fabric H, cut:

- (9) $2\frac{1}{2}$ " x WOF (6.35cm x WOF) for border

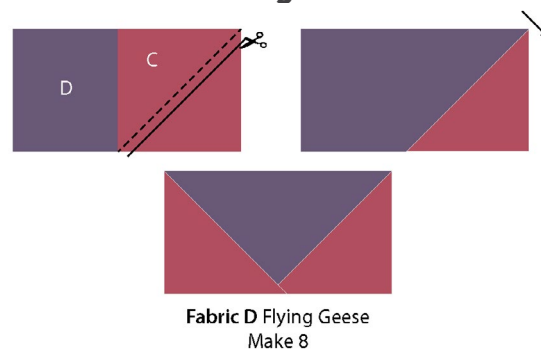
Instructions

All seam allowances are $\frac{1}{4}$ " and pieces are sewn right sides together.

Flying Geese

1. Draw a diagonal line from corner to corner on the wrong side of all the **Fabric C** squares.
2. Place (1) **Fabric C** square on the right-hand end of (1) **Fabric D** rectangle, right sides together, with the line oriented as shown and the outer edges aligned. Pin in place. Sew on the drawn line. Trim the seam allowance below the stitching to $\frac{1}{4}$ " and press the **Fabric C** square away from the **Fabric D** rectangle. Repeat to add a second **Fabric C** square to the opposite end of the **Fabric D** rectangle as shown. (**Fig. 1**) Repeat to make (8) **Fabric D** Flying Geese ($3\frac{1}{2}$ " x $6\frac{1}{2}$ ").

Fig. 1

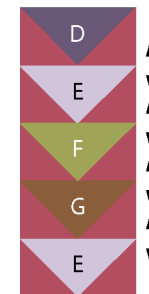


3. Repeat Step 2 using the **Fabric E**, **F**, and **G** rectangles to make (11) **Fabric E** Flying Geese, (8) **Fabric F** Flying Geese and (8) **Fabric G** Flying Geese.

Block 1

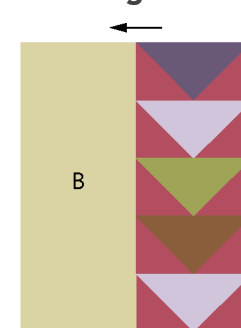
4. Sew together, in the order listed, (1) of each of the following Flying Geese into a column as shown: **Fabric D**, **E**, **F**, **G**, and **E**. (**Fig. 2**) Press the seam allowances open.

Fig. 2



5. Sew the Flying Geese column to the right-hand edge of (1) $6\frac{1}{2}$ " x $15\frac{1}{2}$ " **Fabric B** rectangle to complete (1) Block 1 ($12\frac{1}{2}$ " x $15\frac{1}{2}$ "). (**Fig. 3**) Press the seam allowances towards **Fabric B**.

Fig. 3



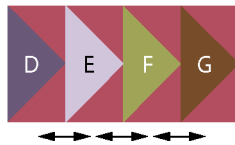
Block 1
Make 3

6. Repeat Steps 4 and 5 to make (3) Block 1.

Block 2

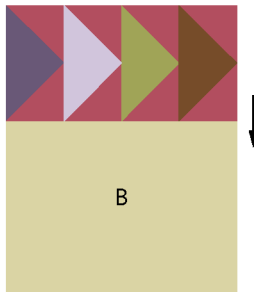
7. Sew together, in the order listed, (1) of each of the following Flying Geese into a row as shown: **Fabric D, E, F, and G.** (**Fig. 4**) Press the seam allowances open.

Fig. 4



8. Sew the Flying Geese row to the top edge of (1) $9\frac{1}{2}$ " x $12\frac{1}{2}$ " **Fabric B** rectangle to complete (1) Block 2 ($12\frac{1}{2}$ " x $15\frac{1}{2}$ "). (**Fig. 5**) Press the seam allowances towards **Fabric B**.

Fig. 5



Block 2
Make 5

9. Repeat Steps 7 and 8 to make (5) Block 2.

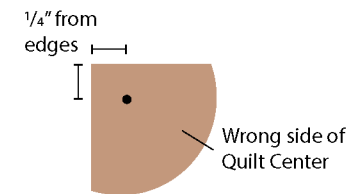
Quilt Top Assembly

Note: Follow the **Quilt Layout** diagram while assembling the quilt, rotating the blocks as needed for the correct orientation. Press seam allowances as directed by arrows.

10. Sew together (1) Block 1, (1) Block 2 and (2) $12\frac{1}{2}$ " x $15\frac{1}{2}$ " **Fabric A** rectangles into a Four Patch.
11. Sew (1) $12\frac{1}{2}$ " x $15\frac{1}{2}$ " **Fabric A** rectangle to the top of (1) Block 1 to make a Block Pair.
12. Sew together the Four Patch, $24\frac{1}{2}$ " x $30\frac{1}{2}$ " **Fabric A** rectangle, and Block Pair to complete Row 1 ($30\frac{1}{2}$ " x $60\frac{1}{2}$ ").
13. Sew together (2) Block 2, (1) $15\frac{1}{2}$ " x $24\frac{1}{2}$ " **Fabric A** rectangle, and (1) $12\frac{1}{2}$ " x $15\frac{1}{2}$ " **Fabric A** rectangle to complete Row 2 ($15\frac{1}{2}$ " x $60\frac{1}{2}$ ").
14. Sew (1) Block 2 between (2) $15\frac{1}{2}$ " x $24\frac{1}{2}$ " **Fabric A** rectangles to complete Row 3 ($15\frac{1}{2}$ " x $60\frac{1}{2}$ ").
15. Sew together (1) Block 1, (1) Block 2, and (1) each $15\frac{1}{2}$ " x $24\frac{1}{2}$ " and $12\frac{1}{2}$ " x $15\frac{1}{2}$ " **Fabric A** rectangles to complete Row 4 ($15\frac{1}{2}$ " x $60\frac{1}{2}$ ").
16. Sew the Rows together in numerical order to complete the Quilt Center ($60\frac{1}{2}$ " x $75\frac{1}{2}$ "). Press seam allowances to one side.
17. Sew (5) **Fabric H** strips together, end-to-end, into a long strip. Cut (2) $2\frac{1}{2}$ " x 85" Side Border strips.
18. Sew (4) **Fabric H** strips together, end-to-end, and cut (2) $2\frac{1}{2}$ " x 70" Top/Bottom Border strips.

19. On the wrong side of the Quilt Center, draw a dot in each corner $\frac{1}{4}$ " from the edges. (**Fig. 6**) Note: The seams of the Quilt Center are not shown to simplify the mitered corner diagrams.

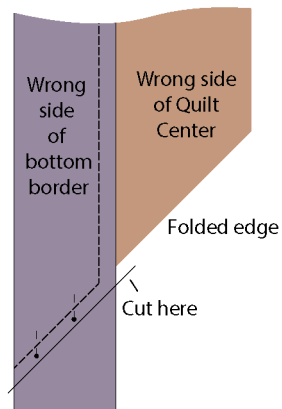
Fig. 6



20. Find the center of the left side of the Quilt Center by folding it in half and marking with a pin. Similarly find the center along the length of (1) Side Border strip.
21. With the Quilt Center on top, pin the Side Border strip to the left edge, matching the centers (the border will be longer than the quilt center on both ends). Sew along the pinned edge starting and stopping at the marked dots, backstitching at each end. Press the seam allowance towards the border.
22. Repeat Steps 20 and 21 to sew (1) Top/Bottom Border strip to the bottom edge of the Quilt Center. Press the seam allowance towards the Quilt Center.

- 23.** Fold the bottom of the Quilt Center to meet the left side to form a point at the bottom left corner. Lay flat and adjust the Quilt Center and left border so they lay flat and the seams nest, pin. Draw a line continuing the 45° fold from the corner of the quilt center across the border. Sew along the drawn line starting at the border/center seam. (**Fig. 7**) Open the quilt top and check to see the mitered corner lays flat, then trim the seam allowance to $\frac{1}{4}$ ". Press open.

Fig. 7



- 24.** Repeat Steps 20 - 23 to attach the remaining Side and Top/Bottom Border strips to the right and top of the Quilt Center to complete the Quilt Top ($64\frac{1}{2}$ " x $79\frac{1}{2}$ ").

Finishing

- 25.** Sew together the $2\frac{1}{2}$ " **Fabric D** binding strips end-to-end using diagonal seams. Press seams open. Press the binding strip in half wrong sides together.
- 26.** Layer backing (wrong side up), batting, and quilt top (right side up). Baste the layers together and quilt as desired. Trim excess batting and backing even with the top after quilting is completed.
- 27.** Leaving an 8" tail of binding, sew the binding to the top of the quilt through all layers matching all raw edges. Miter corners. Stop approximately 12" from where you started. Lay both loose ends of binding flat along quilt edge. Where the loose ends meet, fold them back on themselves and press to form a crease. Using this crease as your stitching line, sew the two open ends of the binding right sides together. Trim seam to $\frac{1}{4}$ " and press open. Finish sewing binding to quilt.
- 28.** Turn the binding to the back of quilt and hand-stitch in place.

Quilt Layout

