



.....

## Onesie Applique Tutorial

.....

Applique any shape with this easy tutorial.



These are just some tips and tricks for success, enjoy!

.....

## Fabric & Supplies Needed:

- ✔ Fabric Scraps or Fat Quarters
- ✔ ½ Yard Iron-on double sided adhesive  
We recommend: Heat & Bond Lite (Purple)
- ✔ Onesie (all Appliques are sized for a 12-18 month Onesie)



Cut out your applique pattern and use it as a size gauge for your fabric and iron on adhesive.

Cut your fabric, giving yourself at least 1 inch around your pattern.

Cut your iron-on adhesive slightly smaller than your fabric.

With the tacky side of the adhesive facing the wrong side of the fabric, iron the adhesive to your fabric. The iron should be ironing over the paper side of the adhesive. Iron with no steam & medium heat.

Using the patterns, trace your applique pattern onto the paper backing. Cut out your applique. Peel off the paper backing and you're all set! You have an iron on applique!

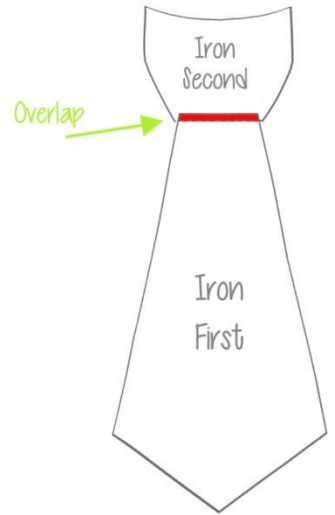
Notes: When you are tracing your applique pattern, remember that you are working on the back side of the applique. Letters and Numbers should be in the reverse so they face the right way on the front of the shirt. Also, if you want to change the direction of an applique flip it over and trace it backwards.





Fold the onesie in half to find the center of the shirt. Use the fold as a guideline for your applique. Position your applique pieces and iron to the onesie.

Tie Tip: Line the tie up at the top of the collar but overlap the top of the tie over the bottom of the tie. Take the top off and iron the bottom section first. Once its secure, re-align the top of the tie and iron.



Zigzag stitch around the applique. For best results, use a thread color that coordinates with the onesie.



Sewing Tip: Don't Back Stitch!  
Leave long thread tails at the beginning and the end of your sewing line. Stitch around the edges of your applique. If you leave long tails, you can use a needle to pull the thread through to the back. Tie a knot & clip your threads. This will give your applique a more finished look.



For the Elephant - Line up the body right under the armpit as close to the side seam as possible. Iron the body first, and then sew around the body. After you've sewn the body, iron on the ear and water/heart bubble appliques and sew.

Tip: Sewing around the small applique pieces can be tricky. Go slow and with the needle in the down position, turn your onesie after every stitch if necessary.

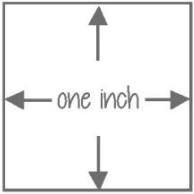
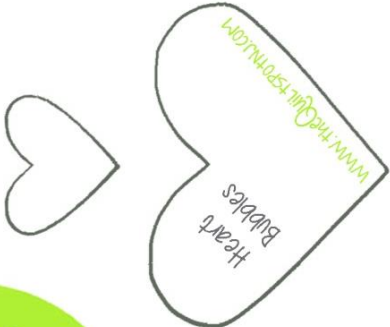
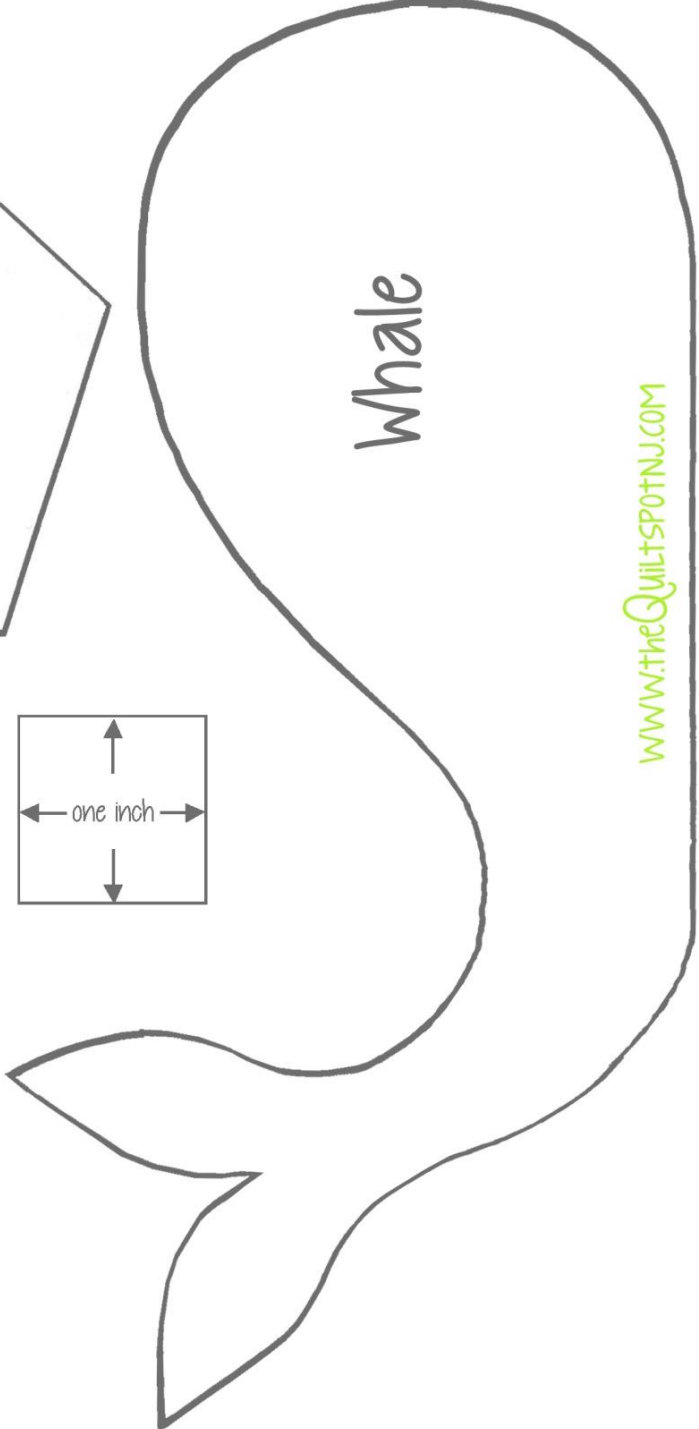
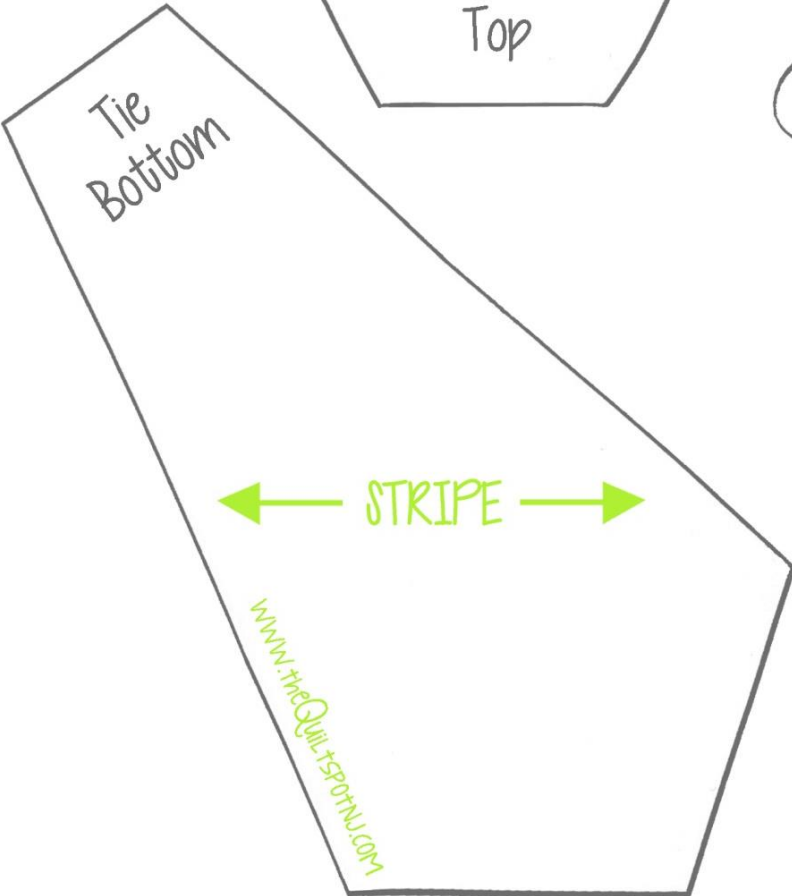


Here are our patterns but you can use this same technique to iron on any shape.

*Happy Sewing!!!*

For fun fabrics and more project ideas, be sure to check us out on the web:

 [www.theQuiltSpotNJ.com](http://www.theQuiltSpotNJ.com)



Elephant  
Body

\*Iron Body First

[www.theQuiltSpotNJ.com](http://www.theQuiltSpotNJ.com)

Elephant  
Ear

[www.theQuiltSpotNJ.com](http://www.theQuiltSpotNJ.com)

The  
Big  
"One"

[www.theQuiltSpotNJ.com](http://www.theQuiltSpotNJ.com)

the  
Quilt  
Spot

