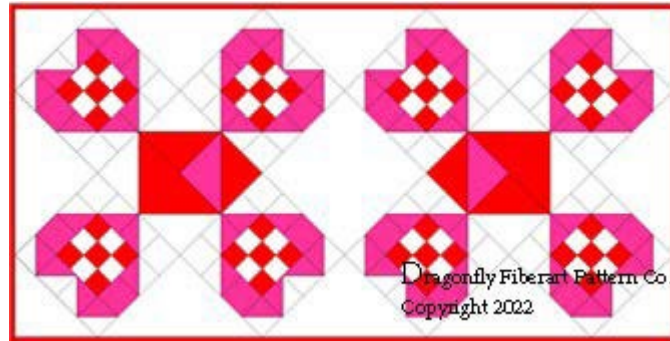


## SEND ALL MY LOVE TABLE RUNNER

Valentine's Day is not far away so I thought it would be fun to brighten our spaces with a fun runner full sending love and hugs!



The runner is 17" x 34" and has two simple blocks that are repeated. The blocks are 6" finished and consist of an easy nine patch made with strip sets and half square triangles. When put together, the components create a cute heart. Next, we will create the sweet little envelope block with flying geese and half square triangles with the applique heart.

First things first! Let's gather some fabric. I used pieces from my stash.

- 2/3 yard of light background (I used white on white print)
- 1 Fat Quarter for the nine patch in the heart (I used red dot)
- 1 Fat Quarter for the heart (I used pink doves)
- 1 Fat Quarter for the envelope body (I used red with doves)
- 2 small scraps 6 1/2" square or fat eighth for the envelope liner (I used pink floral)
- 1/4 yard binding
- 1/2 yard backing

### From the light **background** cut:

- (2) 1 1/2" x WOF -
- (2) 10" square\*
- (2) 5 1/4" square\*
- (1) 6 1/2" square\*
- (2) 2 1/2" x WOF
- (1) 2" x WOF
- (1) 4" x WOF

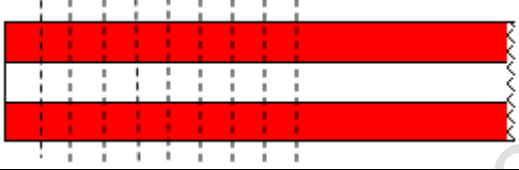

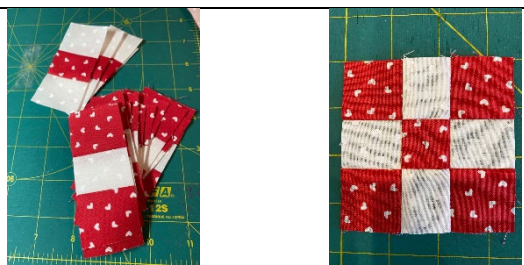
\*cut these pieces from the same strip

- For nine patches – cut strips in half (4 strips approx. 1 1/2" x 22)
- subcut twice on the diagonal for side setting triangles
- subcut once on the diagonal for corner triangles
- For center of runner
- subcut in 2 1/2" squares (32 for heart blocks half square triangles)
- subcut in 2" squares (16 for heart blocks)
- subcut (4) 3 1/2" squares (for envelope block flying geese) And
- (1) 4" square (for envelope block half square triangle)

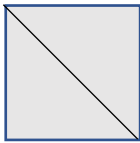
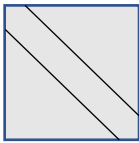
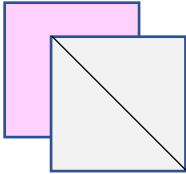
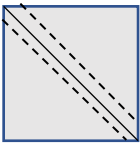

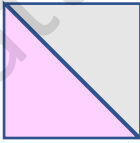


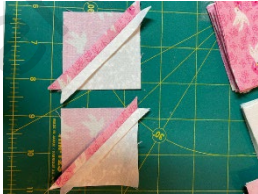
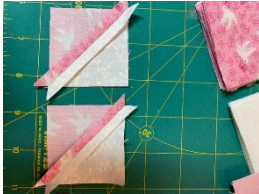





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## SEND ALL MY LOVE TABLE RUNNER

<p><u>From red dot fat quarter:</u></p> <p>(5) 1 ½" x 22 (approx.)</p> <p><u>From Pink heart block fabric:</u></p> <p>(32) 2 ½" squares (16) 2" squares</p> <p><u>From Red envelope fabric:</u></p> <p>(2) 3 ½ x 6 ½ rectangle (2) 4" squares</p> <p><u>From Pink envelope liner fabric:</u></p> <p>(1) 4" square</p>	<p>For nine patches</p> <p>For half square triangles</p> <p>For flying geese</p> <p>For half square triangles</p> <p>For half square triangles</p>
<p><b>HEART BLOCK: (Make 8)</b></p> <p>Sew together the 1 ½" white background strips and the red dot strips to make strip sets as per below for the heart block nine patches. Strip sets should measure 3 ½" tall</p>	
	
<p>Make 2 sets – Cut (16) 1 ½" units</p>	<p>Make 1 set – Cut (8) units 1 ½"</p>
<p>Sew the units together in sets of 3, alternating the colors to create the nine patch units. Make (8). Nine patch blocks should measure 3 ½" square unfinished.</p> <p>Set aside.</p>	

## SEND ALL MY LOVE TABLE RUNNER

<p><u><b>Make Half Square Triangles</b></u></p> <p><u><b>Step 1:</b></u> Draw a diagonal line corner to corner on the wrong side of (32) 2 ½" Background squares. Or even easier, if you have a Magic Wand, line this up on the diagonal and draw a line along each edge.</p>	  <p>Sew ¼" to each side OR Sew on the lines</p>
<p><u><b>Step 2:</b></u> Place the Background square on top of the (32) Pink Heart fabric 2 ½" squares right sides together. Be sure to line up the edges and pin.</p>	
<p><u><b>Step 3:</b></u> Sew a scant ¼" to either side of the single drawn line (or if using the magic wand, simply sew on the lines). Repeat for all units.</p> <p>Cut in half on the diagonal between the seams just made and press to the dark.</p> <p>Square each half square triangle (HST) to 2". (64) HST made.</p>	  
    	
<p>Layout your blocks pieces in rows. You will need the 2" background squares for this step as well as the nine patch units and the half square triangles. Stack all the pieces for the 8 blocks on top of each other in order. You will be able to sew the units together into sets this way.</p>	
	

## SEND ALL MY LOVE TABLE RUNNER

Starting on the top row, sew the half square triangles together. Press the seams open.

Sew the 2" pink heart fabric square to the top of a half square triangle. Do this for the right and left sides. Be sure to watch the direction of the half square triangle.

Sew the 2" background squares to the sides of the remaining half square triangles.

You should now have (8) sets of each in stacks, in order.

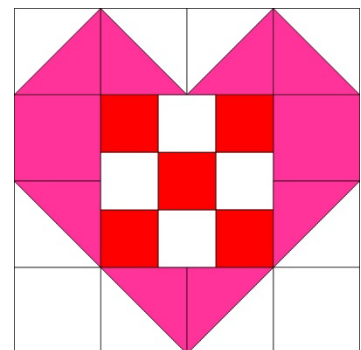


Starting at the top, sew the components into rows. Press the seams open.





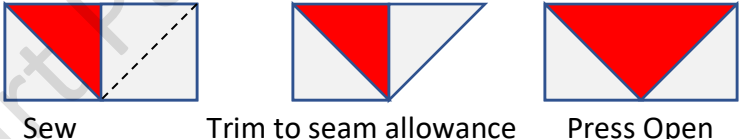
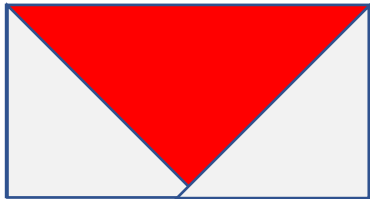
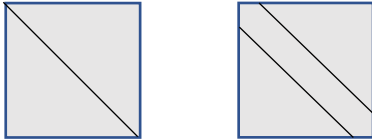
Sew the rows together, pressing the seams open. Square the block as needed to 6 1/2".

(8) Heart Blocks Made

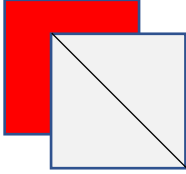
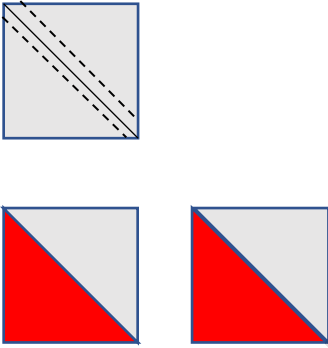
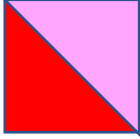
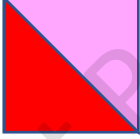
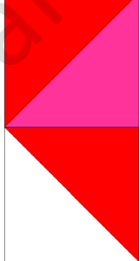
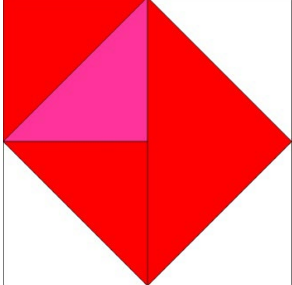




## SEND ALL MY LOVE TABLE RUNNER

ENVELOPE BLOCK	
Goose Rectangle Red Envelope Fabric	3 ½" x 6 ½" rectangle for <b>EACH</b> flying geese unit (Total of 2)
Sky Squares Background Fabric	3 ½" squares for <b>EACH</b> flying geese unit (Total of 4 or 2 pairs)
<u>Step 1:</u> Draw a diagonal line corner to corner on the wrong side of the Sky Squares.	
<u>Step 2:</u> Place a Sky Square right sides together on one corner of the Goose Rectangle, lining up the edges.  Sew on the drawn line. Trim ¼" away from the seam and press to the sky square.	 <div style="display: flex; justify-content: space-around; margin-top: 5px;"> <span>Sew</span> <span>Trim to seam allowance</span> <span>Press Open</span> </div>
<u>Step 3:</u> Repeat <u>Step 2</u> with the other sky square.	 <div style="display: flex; justify-content: space-around; margin-top: 5px;"> <span>Sew</span> <span>Trim to seam allowance</span> <span>Press Open</span> </div>
<u>Step 4:</u> Following your particular ruler instructions, trim your flying geese units to 3 ½" x 6 ½".  Following Steps 1 through 4, make (2) geese.	
<u>Make Half Square Triangles</u>	
<u>Step 1:</u> Draw a diagonal line corner to corner on the wrong side of (1) 4" Background squares. Or even easier, if you have a Magic Wand, line this up on the diagonal and draw a line along each edge.	 <div style="text-align: center; margin-top: 10px;">             Sew ¼" to each side   OR   Sew on the lines           </div>

## SEND ALL MY LOVE TABLE RUNNER

<p><u>Step 2:</u> Place the Background square on top of the (32) Pink Heart fabric 2 ½" squares right sides together. Be sure to line up the edges and pin.</p>	
<p><u>Step 3:</u> Sew a scant ¼" to either side of the single drawn line (or if using the magic wand, simply sew on the lines). Repeat for all units.</p> <p>Cut in half on the diagonal between the seams just made and press to the dark.</p> <p>Square each half square triangle (HST) to 3 ½". (2) HST made.</p>	
<p>REPEAT the above steps with the 4" Pink envelope liner fabric and a 4" red envelope square.</p>	
	
<p>Assemble The Envelope Block (Make 2):</p>	
<p>Sew the half square triangle units together, being careful to watch the direction of the units. Press the seam open.</p>	
<p>Sew the units above to the left side of the flying geese unit.</p>	

## SEND ALL MY LOVE TABLE RUNNER

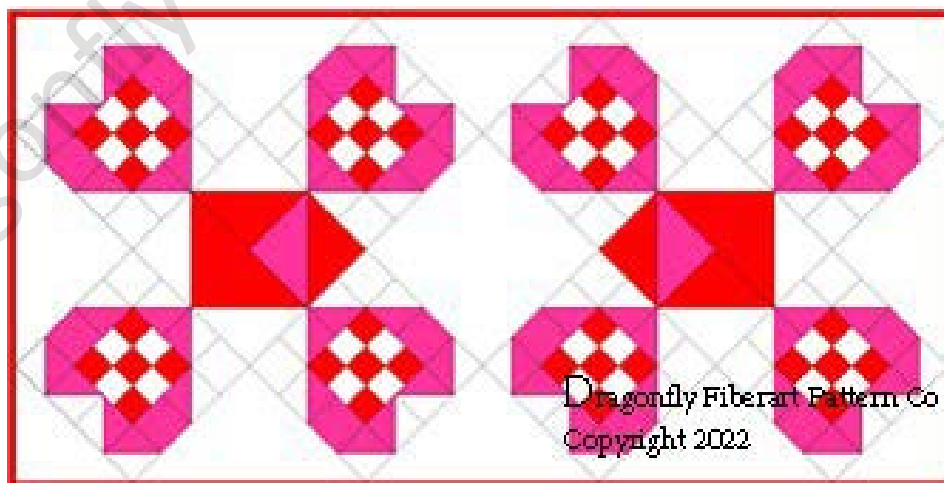
Now assemble your blocks per the diagram below. Note the direction of the heart blocks. You can do them like the layout diagram or like I have them in the photo. The blocks are set on point so you will be sewing the rows with the setting triangles at the ends. Add the corner triangles last. Layer the top, batting and backing and quilt as desired. Cut out two small white hearts and fuse to the envelope blocks.



From the binding fabric, cut 3 strips 2 1/4" x WOF. Join the strips with a mitered seam. Press in half and attach the binding to your quilt.

I am not the greatest free motion quilter (sigh) so I tend to quilt with straight lines. For this runner, I did stitch in the ditch around each block, around the 9 patch blocks and the details on the envelope block. I then traced some hearts into the setting side triangles and the open center block and then quilted them. I did a small zigzag stitch around each of the applique hearts on the envelope blocks which provided quilting at the same time.

I hope you had fun making this sweet runner! Be sure to check out my website for lots of fast and fabulous quilt patterns and Happy Valentine's Day! [www.DragonflyFiberart.com](http://www.DragonflyFiberart.com)



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