

# August 2026 Solaris Club

## Sashiko Coaster

Saturday, August 8<sup>th</sup>

10:30 am – 12:30 pm

This month we will explore the Hand Look stitches in our machine to create a Sashiko coaster. We will work with the stitch options, tension adjustment, foot markings, and other machine features. Terri will provide a Sashiko design for a coaster.

### Supply List:

- Solaris machine in good working order w/ power cord, Regular Shank Adapter, Foot Control(optional)
- J foot, N+ foot
- Fat Quarter
  - 2 – 6” x 6” squares of fabric backed with Pellon SF101 ShapeFlex
  - Backing fabric if creating coasters
- Monofilament thread or Invisafil (100 wt.) to match fabric
- Bobbin with 50 or 60 wt. thread to contrast with fabric
- 80/12 Universal needle
- Rotary Cutter and Ruler (12-14” ruler is sufficient)
- Marking tool
- General sewing supplies (pins/clips, snips, tweezers, etc.)