

# ***Beginning Free-Motion Quilting Part 1***

Taught by

*Gretchen Veteran*

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## **Supply List**

- The sewing machine you will be using at home – not your ‘travel or class’ machine
  - Machine needs to be able to lower the feed dogs or you can tape a playing card over the feed dogs
  - Machine manual
  - Free-motion or darning foot attachment. This comes with some machines, if not, contact a dealer to order this for your machine model. An ‘open-toe’ type attachment, preferably plastic, makes it easier to see what you are doing
  - Knee lift if available on your machine
  - Extension table for your machine, if available
- Supreme Slider or other brand of silicone sheet to place on your machine bed to help move the quilt
- Thread Stand. This holds the thread behind your machine to help with decorative threads that tend to twist. (I have a few to borrow.)
- Sewing Machine Needles: Either Quilting or Topstitch size 80/12 and 90/14
- Dozen clear sleeve protectors
- Dry-Erase marker, fine point
- Small bottle of Sewer’s Aide (Silicone)
- Size 1 curved quilting safety pins
- Kwik-Klip Safety Pin tool. Used to open and close safety pins used to hold quilt sandwich together.
- Machingers Gloves or other gloves for quilting
- 4-6 practice quilt sandwiches – see below for description

### **Pre-work before class**

- ❖ 4-6 practice quilt sandwiches
  - Choose a plain fabric for top and backing, so the stitching can be seen clearly
  - Choose a contrasting color of good-quality thread; Aurifil, Mettler are good
  - Cut the top, batting and backing approximately 12” x 12”.
  - Draw lines on the tops dividing them into approx. four 6”x6” sections.
  - Layer top, batting, and backing and safety pin the layers together and then sew a basting stitch along the lines you have drawn. Remove the pins.

If you have any questions feel free to contact your instructor, Gretchen Veteran

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