



**Above and Beyond**  
*Creative Sewing*

**38 North Middletown Rd Nanuet, NY 10954**  
**845-623-4313 [www.creativesewingshops.com](http://www.creativesewingshops.com)**

### **T-Shirt Pillow Supply List**

sewing machine in good working order

(don't forget your foot pedal and power cord)

1/4" foot

open toe foot

regular sewing supplies (pins, scissors, etc.)

rotary cutter and mat (optional)

fabric scissors

T-shirt to cut up and turn into a pillow

Pellon fusible sheerweight stabilizer to back your t-shirt

fabric to match your t-shirt (at least 1 yard, 1 1/2 to 2 yards for larger pillows)

pillow form (18x18, 16x16, or whatever size the logo of your t-shirt plus fabric sewn around it will fit on).

piece of batting a few inches larger all around than the size of your pillow form

piecing thread

matching thread to your fabric around your t-shirt