

CLASS DESCRIPTION FOR SASHIKO 101

Malinda Shirley, Instructor
Location: Running Stitch Fabrics

MShirley e-mail: mathisgr8@comcast.net
(253) 350 – 2672 (Cell)

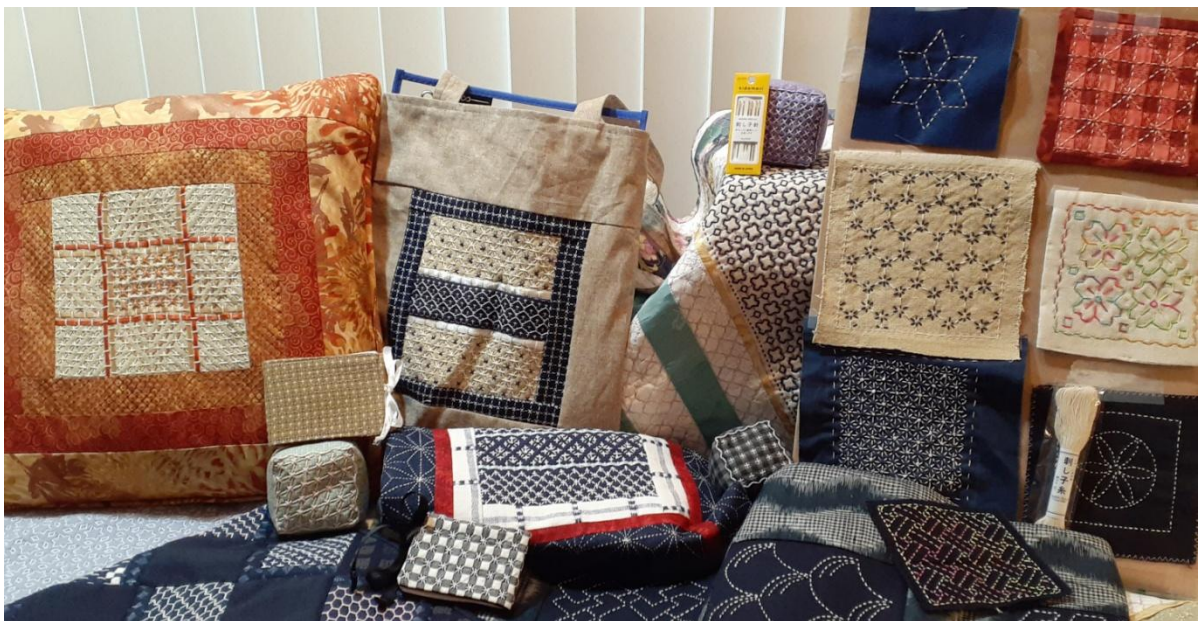
Come join the fun as you relax with **sashiko** (Japanese Embroidery). In this 4 hour class*, we will begin with discussing threads, needles, knots and fabrics used for sashiko. Each skill is taught through 4 special projects. Specifically we will work on designs that are stenciled, gridded, pre-stitched, and partially stitched. Thread weaving (kugurozashi) will be introduced while learning the techniques for stitching these projects. Apply your creative skills in new and exciting ways utilizing this 400 year old process.

Registration Fee: \$10 registration for room use. (This registration fee is paid when you sign up.)

Kit fee: \$20 payable on the day of class to the instructor for class materials.

Instruction fee: None

DISCOUNT: Running Stitch is offering a **15% discount on all class supplies on class day.**



*This is a 4-hour class [10 – 12 and 12:30 – 2:30] with a 30-minute lunch break (12-12:30). You may bring your lunch (a refrigerator is available) or pre-order it from Wild Wheat (253-856-8919) or another local restaurant.

You may park in the **last row** of the City Parking Lot near Running Stitch (which is not limited to 2-hours). This is near the fence, and the greatest street distance from the shop. Do not park in the first two rows closest to the shop as you may be ticketed and/or towed.

SASHKIO 101

[Hitomezashi Sashiko patterns: "one-stitch"]

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Welcome to **Sashiko 101**– the relaxing and creative Japanese Embroidery. Various tools, methods and tips will be discussed to enhance your understanding and build your skills with sashiko. This class will focus on ways to blend your handwork, quilting and artistic skills to enhance your methods of personal expression. In addition to information concerning threads, needles and fabrics, 4 projects will be used to teach different aspects of beginning sashiko designs. Since this type of stitching is time-involved, sashiko components will be introduced for you to finish at your leisure. Sashiko 101 PROJECTS include: a **Stenciled Block** (#0), a **Sashiko Pin Cushion** (#1), a **Needle Book** (#2), and a **Tote bag** (#3). May you find much **JOY** while you use your creativity to apply these skills to use age-old designs to enhance your quilting, home decor, clothing, artworks and friendships.

Sashiko 101 Supply List

(* indicates these supplies are available at Running Stitch Fabrics. Participants receive a 15% discount on all class supplies/materials the day of class.)

Please bring these items with you:

1) Pin Cushion*	5) 12" x 1" clear ruler * (or larger)	9) Hand-held Pencil sharpener
2) \$20 Kit Fee	6) Sack Lunch & Drink	10) 4 index cards (for thread)
3) Pencil	7) Small sewing scissors	11) White fine tip chalk pencil* (i.e., Bohin or Clover)
4) Eraser	8) Tote for Handouts & Projects	

If you have either of these items, please bring them with you.

1) Your favorite shades of perle cotton or sashiko thread	2) A favorite piece of fabric (6"x 6" or larger) to use in coordinating your color choices
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There is a **\$20 Kit Fee** payable to the teacher on the day of class. You will receive a folder with step-by-step colored instructions for introductory information and class projects plus individually packaged supplies. There will be an abundance of materials that will be given to you. Many of the materials will be used in class while others will be used to finish the projects at home.

These include:

1) Colored Instruction sheets in a folder	6) Interfaced Fabric Square (Project #1)
2) 6 Sashiko Needles (Long & Short)	7) Ground Walnuts (Project #1)
3) Natural (#2) Sashiko Thread	8) Kit for Needle Book (Project #2)
4) Navy (#11) Sashiko Thread	9) Prestitched Sashiko Strips (Project #3)
5) Linen Pre-stenciled design (Project #0)	10) Ribbon (Project #3)

Questions? Email me at: mathisgr8@comcast.net

(If you are unable to attend, please contact Alice at Running Stitch so those on the waiting list may attend.)