

ASG Houston Community Service Project

Lap Blankets for Hospice Patients

Patients use these blankets on their laps or around their shoulders.

Material:

Use soft, washable fabrics, such as flannel, cotton, knit, or fleece.

Use adult-appropriate prints, preferably in cheerful, happy colors.

Size:

Any size ranging from a 45" square (the width of the fabric made into a square) to a 30" by 36" rectangle (a yard of 60"-width fabric cut in half) is fine.

Piecing fabrics together (vs. having one continuous square or rectangle) is fine.

Construction:

Use two layers of fabric (quilted with or without batting) to be sure the blanket is warm.

If the fabric is warm/heavyweight, one layer of fabric is fine.

Corners may be rounded (use a large lid or plate as a template) or left square.

Finish the edges with bias tape, rolled hem (using your serger), double fold hem (for single-layer blankets: turn under $\frac{1}{4}$ ", stitch, turn under $\frac{1}{4}$ ", and stitch again), or another comparable method.

For fabrics that don't ravel (such as fleece), no finish is needed.

45" square--Width of fabric (45")

30" x36" rectangle--1 yard (36")--Width of fabric (60") cut in half

For the hospice patients, the size of the blanket is flexible. We recommend the sizes shown above, but any size that will cover a lap is fine.

Lap Blankets for Veterans

Veterans use these blankets on their laps or around their shoulders.

Material:

Use soft, washable fabrics, such as flannel, cotton, knit, or fleece.

Use adult-appropriate prints, preferably in cheerful, happy colors.

Size:

The finished size must be a 45" square.

Piecing fabrics together (vs. having one continuous square) is fine.

Construction:

Use two layers of fabric (quilted with or without batting) to be sure the blanket is warm.

If the fabric is warm/heavyweight, one layer of fabric is fine.

Corners may be rounded (use a large lid or plate as a template) or left square.

Finish the edges with bias tape, rolled hem (using your serger), double fold hem (for single-layer blankets: turn under ¼", stitch, turn under ¼", and stitch again), or another comparable method.

For fabrics that don't ravel (such as fleece), no finish is needed.

45" square (finished size)

For the veterans, the completed blanket must be a 45" square.

Receiving Blankets for Babies

These blankets go home with newborns when they leave the hospital.

Material:

Use soft, washable fabrics, such as flannel, cotton, knit, or fleece (please note that fleece may be too warm to use in hot climates).

Any juvenile print is fine.

Size:

Any size ranging from a 45" square (the width of the fabric made into a square) to a 30" by 36" rectangle (a yard of 60"-width fabric cut in half) is fine.

Piecing fabrics together (vs. having one continuous square) is fine.

Construction:

Use one layer of fabric in hot climates.

Use two layers of fabric (quilted with or without batting) in cold climates.

Corners may be rounded (use a large lid or plate as a template) or left square.

Finish the edges with bias tape, rolled hem (using your serger), double fold hem (for single-layer blankets: turn under $\frac{1}{4}$ ", stitch, turn under $\frac{1}{4}$ ", and stitch again), or another comparable method.

For fabrics that don't ravel (such as fleece), no finish is needed.

45" square--Width of fabric (45")

30" x36" rectangle--1 yard (36") Width of fabric (60") cut in half

For the babies, the size of the receiving blanket is flexible. We recommend the sizes shown above, but any size that will wrap around a newborn is fine.