



Sewing Confidence Checklist

Project Preparation

- Comes to class prepared and ready to learn
- Chooses proper pattern for current skill level
- Understands how to read pattern envelope/information
- Chooses proper size based on body measurements
- Makes a project plan
- Chooses appropriate seam finishes
- Procures all supplies and notions before starting project
- Understands importance of making a test project (a.k.a. muslin/toile/mock-up)
- Prepares pattern properly (i.e. tracing vs. cutting, transferring information, etc.)
- Prewashes/preshrinks fabric the same way you plan to care for your finished project
- Reads through pattern before starting
- Practices proper cutting and labeling/marking of pattern and fabric
- Takes notes directly onto pattern instructions
- Follows pattern instructions in order

Basic Sewing

- Understands, marks and maintains intended seam allowance
- Understands and uses pattern markings (i.e. notches, circles, squares, etc.)
- Understands basic stitches and how to adjust machine accordingly
- Understands stitch length and width and how to adjust machine accordingly
- Understands basic troubleshooting (i.e. when to change machine needle, rethreading machine, reinserting bobbin, adjusting tension, adjusting pressure foot pressure, etc.)
- Winds bobbin properly
- Threads machine properly
- Proper use of pins, clips and/or hand basting stitches
- Begins and ends seams with clean backstitches
- Uses proper pressing techniques
- Willing and able to fix sewing mistakes

Skill Building

- Repeats each project at least once to practice specific skills learned with each pattern
- Confidence builds with practice
- Perseveres through setbacks
- Pairs appropriate fabric with each pattern
- Compiles and expands textile knowledge
- Compiles and expands pattern construction knowledge

How To Level Up to Sewing Mastery class

- Mastery of at least 90% of Project Preparation, Basic Sewing and Skill Building categories (combined)
- Finishes 12-15 different patterns, building on previously learned skills and difficulty with each pattern
- Works on projects independently and outside of class
- Submit 5 of your best completed projects to be evaluated by instructor
- Instructor approval to move into Sewing Mastery Class

Instructor Signature _____

Suggested Beginner Projects

Cloth napkin set
Simple tote bag
Elastic waist gathered skirt (no closures)
Top or dress with grown-on sleeve
Pajama/Lounge Pants
Sleeveless Top or Dress (simple shift style)
Apron/Bib
Scrunchie/Headband
Pillow Case
Drawstring Bag
Organizer Roll
Mug Rug/Placemat
Table Runner