

# CAST ON TO BIND OFF

## SUPPLY LIST

In this two-part workshop, you'll build your own "edge library" of cast-ons and bind-offs—so you can stop guessing and start choosing the right finish for every project. In Class 1, we'll cast on multiple mini swatches using several sweater-friendly methods (including ribbing-ready options). In Class 2, we'll bind off those same swatches with a variety of stretchy, polished, and professional finishes. You'll go home with labeled samples you can keep as your personal reference forever.

In class: 6 cast-ons + 6 bind-offs (hands-on practice)

Bonus (StitchConnect): video tutorials for optional homework swatches with (3 additional cast-ons + 4 additional bind-offs)

That's 9 cast-ons and 10 bind-offs total.

## MATERIALS NEEDED

### YARN:

Please bring **one main yarn** in either DK or worsted weight. Choose a smooth yarn in a light-to-medium solid or lightly tonal color so the edge details are easy to see. Please avoid variegated, speckled, fuzzy, dark, or highly textured yarns.

You will need one skein of main yarn: for DK weight, plan on approximately 250–300 yards; for worsted weight, plan on approximately 200–220 yards.

You will also need one contrasting yarn in the same weight as your main yarn (DK with DK or worsted with worsted). A mini skein or partial skein is perfect; plan on about 50–75 yards in a clearly contrasting color.

### NEEDLES:

Straight needles or circular needles are both fine; many students prefer a 24" circular for comfort and to keep swatches secure.

**\*Bring one needle size for your main yarn.**

- For DK weight yarn, choose US 6–7 (4.0–4.5 mm); if you knit loosely, choose US 6 (4.0 mm) so your fabric is firm enough to clearly see the cast-on and bind-off details.

- For worsted weight yarn, choose US 7–9 (4.5–5.5 mm); if you knit loosely, choose US 7 (4.5 mm).

### TOOLS + ACCESSORIES:

- Crochet Hook: For DK weight yarn, choose a 3.5–4.0 mm hook (approximately E–G). For worsted weight yarn, choose a 4.0–5.0 mm hook (approximately G–H).
- Tapestry needle (blunt tip)
- Scissors
- A measuring tape
- Bulb pins/bulb stitch markers- at least 12
- Pen and/or Pencil



## TEACHER

### NICOLE VIEIRA

My goal is to help people unlock their creative potential and share all I have learned on my creative journey.

I love to knit, quilt, and paint and recently started designing patterns. My other loves are chocolate, wine, jazz, and all things colorful like fabric, yarn, and paint.

Two of my favorite knitting projects are socks and sweaters, and I have been known to go for a walk and knit simultaneously.

I am a wife, mother, and grandmother to four grandbabies on the home front.

## CONTACT

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