



### Beginning Sewing Checklist

#### **Project Preparation**

- Comes to class prepared and ready to learn
- Chooses proper pattern for current skill level
- Understands how to read pattern envelope/information
- Chooses proper size based on body measurements
- Makes a project plan
- Chooses appropriate seam finishes
- Procures all supplies and notions before starting project
- Understands importance of making a test project (a.k.a muslin/toile/mock-up)
- Prepares pattern properly
- Prewashes/preshrinks fabric the same way you plan to care for your finished project
- Reads through pattern before starting
- Practices proper cutting and labeling/marketing of pattern and fabric
- Takes notes directly onto pattern instructions
- Follows pattern instructions in order

#### **Basic Sewing**

- Understands, marks and maintains intended seam allowance
- Understands basic stitches and how to adjust machine accordingly
- Understands stitch length and width and how to adjust machine accordingly
- Understands basic troubleshooting (i.e. when to change machine needle, rethreading machine, reinserting bobbin, adjusting tension, adjusting pressure foot pressure, etc.)
- Winds bobbin properly
- Threads machine properly
- Proper use of pins, clips and/or hand basting stitches
- Begins and ends seams with clean backstitches
- Uses proper pressing techniques
- Willing and able to fix sewing mistakes

## **Skill Building**

- Repeats each project at least once to practice specific skills learned with each pattern
- Confidence builds with practice
- Perseveres through setbacks
- Pairs appropriate fabric with each pattern
- Compiles and expands textile knowledge
- Compiles and expands pattern construction knowledge

## **How To Level Up to Intermediate Sewing**

- Mastery of at least 90% of Project Preparation, Basic Sewing and Skill Building categories (combined)
- Finishes 12-15 different patterns, building on previously learned skills and difficulty with each pattern
- Works on projects independently and outside of class
- Submit 3 of your best completed projects to be evaluated by instructor
- Instructor approval to move into Intermediate Sewing Class

Instructor Signature\_\_\_\_\_

## **Suggested Beginner Projects**

Cloth napkin set  
Simple tote bag  
Elastic waist gathered skirt (no closures)  
Top with grown-on sleeve  
Pajama/Lounge Pants  
Sleeveless Dress (simple shift style)  
Apron/Bib  
Scrunchie/Headband  
Pillow Case  
Drawstring Bag  
Organizer Roll  
Mug Rug/Placemat  
Table Runner