

Cloth Carousel 150
Parker Street, Ste. B
Vacaville, CA 95688
707-327-0734

Beginning Quilting

Instructor: Karen Van Hoosear

Session 1: Students will learn the basics of quilt making: rotary cutting and safety, sewing an accurate $\frac{1}{4}$ " seam, and reading pattern instructions. Students will also construct the Rail Fence block and the Log Cabin block. Homework will be to cut fabric for the four remaining blocks.

Session 2: Students will learn to make 9-patch blocks, half square triangles (HSTs), quarter square triangles (QSTs) and flying geese. Students will construct four more blocks: the Jacob's Ladder block (9-Patch with HSTs), the Friendship Star with 4-patch corners block, the Ohio Star block (QSTs) and the Sawtooth Star with a Log Cabin Center block (flying geese). Homework will be to finish constructing your blocks.

Session 3: Students will learn how to square up their blocks, add sashing with cornerstones and add borders. Students will prepare their quilt backing, and assemble the quilt by sandwiching the back, batting and completed top. Students will then pin baste their quilt. Students will explore quilting techniques on sample "quilt sandwiches" provided by the instructor, and practice applying binding to the quilted samples.

Quilt size: ~38" x 52"

Supply List:

Please purchase your fabric before the first class session.

Fabric: must be 100% cotton, 42-45" wide.

- **Fabric A:** Focus Fabric (print in picture) 1 $\frac{1}{2}$ yards
- **Fabric B:** Background (yellow in picture) $\frac{3}{4}$ yard
- **Fabric C:** (blue in picture) 1 yard
- **Fabric D:** (red in picture) $\frac{3}{4}$ yard
- **Binding** (may wish to purchase extra focus fabric) $\frac{1}{2}$ yard
- **Backing** (may be purchased later) 1 $\frac{3}{4}$ yards
- **Batting** (may be purchased later) 1 $\frac{1}{4}$ yards

Fabric selection tips:

- First choose a "focus" fabric
- Then choose 2 "accent" fabrics
- Then choose a "background" fabric
- Binding, backing and batting can be chosen later

NOTE: YELLOW HIGHLIGHTED FABRIC AND SUPPLIES ARE NEEDED FOR THE FIRST CLASS SESSION



Note your fabric selection below:

Glue a piece of each fabric in the box below for reference:

Fabric A	Fabric B	Fabric C	Fabric D

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Sewing machine in good working order with the instruction book and with a 1/4" quilting pressure foot (don't forget the power cord and foot pedal)

• **1/4" quilting pressure foot** is required to successfully sew an accurate 1/4" seam

• **Walking (or even-feed) foot** is needed for quilting in Session 3

• **Needles** (80/12 universal is recommended for piecing)

• **Bobbins** (wind 4-5 bobbins before class with your "neutral" thread)

Quilting supplies (available at the Cloth Carousel):

• **Thread**, neutral color is best i.e. beige, gray.

• **Acrylic rulers** for rotary cutting

- 6" x 12" or 6 1/2" x 12 1/2" is required
- 12 1/2" x 12 1/2" is required for squaring up your blocks
- 6" x 24" or 6 1/2" x 24" is recommended
- Also, something to keep the rulers from slipping, i.e. sandpaper dots, InvisiGRIP

• **Self-healing rotary cutting mat**, 18" x 24" is the recommended size

• **45mm rotary cutter with a new blade**, and extra blades

• **Quilting straight pins**, thin glass headed silk straight pins are recommended

• **Small scissors**, 4 –5" sharp pointed scissors for clipping thread and fabric tips

• **Seam ripper**

• **Fabric marker or pencil**

• **Sandwich "baggies"** to store your cut pieces of fabric

• **Quilting safety pins**, #1 or 2 curved or bent safety pins are need, NOT straight safety pins

• **Kwik Klip** is optional for closing the quilting safety pins

Irons and ironing boards will be available in the classroom for students to use.