

## QUILT ALONG WEEK 2

This week's blocks are Flying Goose and a Heart. As usual, the seam allowance is  $\frac{1}{4}$ " and the finished size of the block is 6" – raw size  $6\frac{1}{2}$ "

### Flying goose:

Cut 2 rectangles  $6\frac{1}{2}$ " x  $3\frac{1}{2}$ " Color

Cut 4 squares  $3\frac{1}{2}$ " x  $3\frac{1}{2}$ " background

1. Draw a diagonal line on the back of the background fabric. Place it in the corner of the color rectangle.



The diagonal line should be pointing up and to the center.

2. Sew on the diagonal line, press open and trim the excess to  $\frac{1}{4}$ " seam allowance.



Repeat with the remaining background square.



3. Make a second flying goose with the remaining fabrics.



4. Now, sew the two flying geese together, placing one at the top. The block should measure  $6\frac{1}{2}$ " x  $6\frac{1}{2}$ ". These are small blocks. I suggest you make several.

### Heart:

#### Color:

Cut 4  $3\frac{1}{2}$ " x 2" rectangles of color

Cut 1 4" x 4" square


#### Background color:

Cut 4 2" X 2" squares of background.

Cut 1 4" x 4" square of background

1. Using a 3 ½" x 2" color rectangle and 2 2" x 2" background squares, make a flying goose block...Just as you did above.
2. Repeat #1 – you will have 2 flying geese.
3. Using the 4" x 4" square color and the 4" x 4" square background, make 2 HST (half square triangle) as follows: Draw a diagonal line on the back of the background square. Then draw a dotted line on either side of the first diagonal.  
Sew ¼" away from the diagonal on both sides (the dotted lines which you have drawn).  
Cut on the solid line, open, press and square up to 3 ½" x 3 ½" You will have 2 HSTs.



4. Assemble the heart.  The first row is the 2 flying geese.  
Row 2 are the 2 color rectangles.  
Row 3 are the Half square triangles.


Sew as follows: Sew the two flying geese together (right sides together), side by side. DO NOT cut the threads.

Without cutting the threads, chain piece the two rectangles together along the short edges. DO NOT cut the threads.

Without cutting the threads, chain piece the two half square triangles together. PAY ATTENTION to the orientation of the blocks.

5. You have not cut the threads between the rows so they are automatically basted together.



6.  If you look closely, you can see that the connecting threads are intact.

7. Sew the rows together. Press. The block should be  $6\frac{1}{2}$ " x  $6\frac{1}{2}$ ".

