

Quilt Along – Week 1

Over the next 6 weeks we will be giving you two quilt patterns per week. These will post on Thursday and will have a Facebook Live on each Thursday at 5:00 to show you techniques.

These patterns may be made with fabrics from your “stash” to make a scrap quilt or if you have sufficient yardage you may choose to use three or four colors plus the background. The background may be all one color, in which case I am using 2 yards of white. You may, on the other hand, use various background fabrics, but these should be in the same fabric family, such as all whites or all off-whites/cream.

We will be using blocks that most quilters are familiar with, but if you are a beginner, don't worry. We will show you how.

We will use 4-patch, 9-patch, half square triangles (HST), Flying geese blocks and quarter square triangles (QST). Each block will finish at 6" x6" – the cut size will be 6 ½" x 6 ½"



The first block will be the Friendship Star.

This is made with 4 Half Square Triangles, 4 background blocks 2 ½" x 2 ½", and a color square 2 ½" x 2 ½".

To make the Half Square Triangles (HST), cut a background square 3" x 3" and a color square 3" x 3".

Layer the squares right sides together, with the lighter square on top.

Draw a diagonal line corner to corner on the light square and then draw lines ½" on each side of the original



line. Sew on the dashed lines and cut on the solid line. This gives you 2 HSTs. Trim the HSTs to 2 ½" x 2 ½". You need 4 of these, so repeat.

Assemble the block as follows (note the exploded photo above):

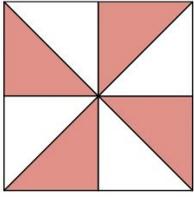
Row 1 – background square, HST, background triangle - pay attention to the orientation of the Half Square Triangle – follow the photo

Row 2 – HST, color 2 ½" x 2 ½" square, HST – follow the photo for orientation

Row 3 – repeat Row 1, but the HST points down instead of up.

Sew the three rows together, matching the seam lines.

Block #2 is the Pinwheel Block.



BLOCK ASSEMBLY DIAGRAM

This block is made of 4 half square triangles (HST).

Cut 1 square 4"x4" in background and one in color. Layer the background color right sides together with the color block. Draw a diagonal line from corner to corner. Then draw a line on either side of the first diagonal...1/4" from each side. (refer above)

Sew on the outside lines, cut on the middle line. Press and square to 3 1/2" x 3 1/2". This gives you 2 HSTs. Repeat with the remaining squares.

Row 1 : HST with the color side down and to the left. Sew the second HST to the first. This HST will have the color to the top and to the right. Refer to the picture.

Row 2: Sew a HST with the color bottom and to the right to the HST with the color to the top and facing left. Refer to the picture.

Sew Row 1 and Row 2 together. Press. Your blocks should measure 6 1/2" x 6 1/2".

Don't hesitate to make several of each of these blocks. The more blocks, the bigger your quilt.