



FREE QUILT PATTERN  
SUNSHINE  
QUILT





# SUNSHINE QUILT

## SEWING PATTERN INCLUDES:

Instructions and templates to create your own Sunshine Quilt.

Featuring Soul Blossoms, a collection of fabrics designed

by Amy Butler for Rowan

Quilt designed by Amy Butler

Made by Ellen Maxwell

Pattern written by Susan Guzman

Questions on instructions? E-mail: [susan@suzguzdesigns.com](mailto:susan@suzguzdesigns.com)

Finished quilt size: 66 1/2" x 72 1/2"

Finished block size: 22" x 24"

## GENERAL NOTES:

~Please read through all instructions before beginning pattern.

~Preshrink fabric: Machine wash, warm water; tumble dry, low heat. TIP: Make small diagonal clip in corners of each fabric piece before washing to help prevent fraying and tangling.

~All seam allowances are 1/4" unless otherwise stated.

~This quilt pattern uses Foundation Paper Piecing method.

## FABRIC REQUIREMENTS

-1/2 yard each, Soul Blossoms (33 prints, total), for quilt top.

-Quilt backing yardage found separately on Page 2.

-Use scraps for binding. See Page 3 for complete instructions.

## BATTING / NOTIONS

-81" x 96" Cotton Classic® batting from Fairfield

-1 large spool of coordinating thread from Amy's Soul Blossom collection.

## TOOLS

-Scissors

-Craft knife

-Rotary cutter and mat

-Iron and ironing board

~24" quilting ruler

-Hand sewing needle

-Straight pins

-Large safety pins

-Transparent tape

-14 sheets of 8 1/2" x 11" printer paper for the instructions and one set of templates. Plus 180 sheets of paper for 18 copies of each template.

## Step 1: PREPARING BLOCK FOUNDATION PAPER PIECES

A. First, print out one set of the pattern instructions and templates. Please note, the template pieces from pages 1 & 2 are too large to print on a single sheet of 8 1/2" x 11" paper. Follow the instructions on template page 1 and tape them together. The remaining pages have a single template.

B. Print off 18 more copies of each template page 1 - 10.

C. Tape pages 1 and 2 together for each set of copies and cut them out. Then cut out all of the remaining templates.

## Step 2: FABRIC CUTTING INSTRUCTIONS

From each 1/2 yard print: Cut 4 strips, 3 1/2" x Width of Fabric (WOF) for 132 strips, total.

A. Using scissors or rotary cutter, begin with Pattern A, Templates 1-3, and cut WOF strips into pieces covering width of each section, including seam allowances and a little extra. Place these strips directly onto your template piece. **NOTE: An exact width is not necessary; there is enough fabric calculated to accommodate for this step. Use different fabric for each section to achieve a scrappy look.**

B. Keeping each template's fabric pieces in sewing order, cut enough fabric for 18 of Pattern A. Using same method, also cut 18 each: Pattern A(r), B, and C; set aside.

## Step 3: ASSEMBLING BLOCKS

**Note: All templates are numbered in order of fabric placement.**

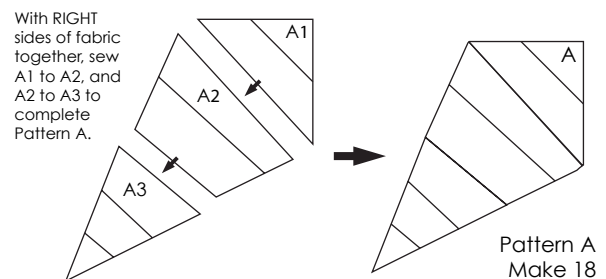
A. Begin with Pattern A, Template 1, and place the fabric piece on the back of your template with **WRONG** side of fabric to plain side of paper; completely cover Position 1 on the template, along with the seam allowances, and a little extra. Check to see that the patch covers all sides and seam allowances by holding it up to a light source, then pin the fabric in place.



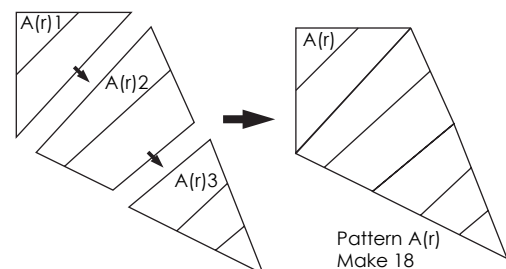
Sunshine Quilt Top

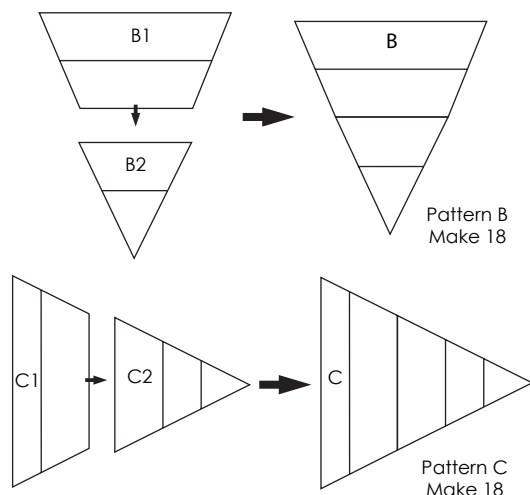
B. With back side of template still facing "up", lay *Position 2's* fabric piece on top of *Position 1* (**RIGHT** sides together), lining up with 1/4" edge of seam line as a guide. Center and pin. Flip unit over and sew along seam line on the template.

C. Lay unit on cutting mat with paper side up. Gently fold paper back onto itself along seam and finger press. While still folded, line up ruler and trim excess fabric to 1/4" seam allowance. Iron seam open and trim excess fabric from sides of Template 1, leaving 1/4" seam around outside of unit to complete. Use same technique to complete remaining Pattern A template pieces, then sew Templates 1-3 together to complete Pattern A section, as shown:



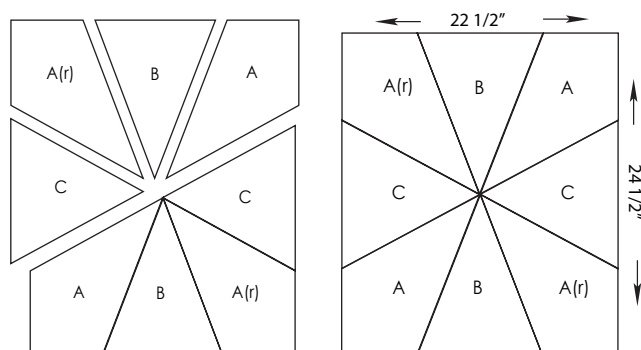
D. In same manner, construct Pattern A(r), B, and C. Sew together pattern templates to complete each section (as shown below and on Page 2):





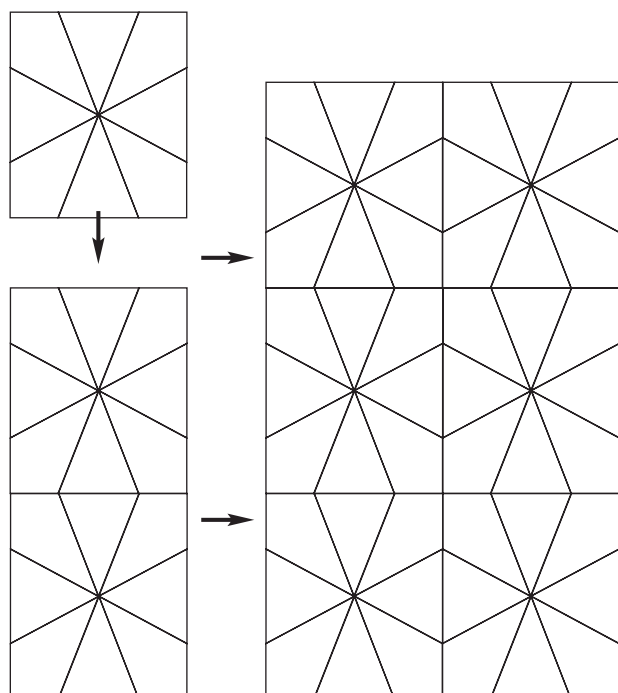
E. Referring to diagram below, sew each section together to complete one block. Make 9 blocks total.

### Construction Diagrams for Block



### Step 4: ASSEMBLE QUILT TOP

A. Lay out blocks on a flat, open surface in a pleasing manner. Sew 3 rows of 3 blocks each, to complete quilt top. Press seam allowances to one side.



B. Remove paper: Working from the **WRONG** side of quilt top, gently tear all paper from back of quilt top, being careful not to pull seams. TIP: Fold each seam and press well with finger tips, then tear each section along seam to discard paper backing.

Your Quilt Top is complete. Please set aside while you make the Quilt Back.



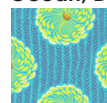
Quilt Back

### Step 5: QUILT BACK

Note: For each fabric, cut strips marked with asterisk (\*) first.

**Fabric A: AB63 - 7/8 yd**  
Ocean, Delhi Blooms

Cut WOF, 1 each:  
(A1) 14 1/2" x 18 1/2"  
(A2) 12 1/2" x 34 1/2"



**Fabric G: AB62 - 1/2 yd**  
Cyan, Buttercups

Cut WOF, 1 each:  
(G1) 8 1/2" x 22 1/2"  
(G2) 12 1/2" x 14 1/2"



**Fabric B: AB65 - 2/3 yd**  
Bright Pear, Peacock Feathers

Cut lengthwise,  
1 each:  
(B1) 8 1/2" x 18 1/2"  
(B2) 16 1/2" x 18 1/2"  
(B3) 10 1/2" x 12 1/2"



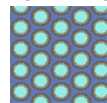
**Fabric H: AB56 - 3/4 yd**  
Chartreuse, Fuchsia Tree

Cut lengthwise,  
1 each:  
(H1) 12 1/2" x 22 1/2"  
(H2) 6 1/2" x 18 1/2"  
(H3) 16 1/2" x 24 1/2"



**Fabric C: AB61 - 3/4 yd**  
Periwinkle, Laurel Dots

Cut WOF, 1 strip:  
(C1) 10 1/2" x 22 1/2"  
Cut WOF, 2 strips:  
(C2-3) 6 1/2" x 22 1/2"



**Fabric I: AB60 - 2/3 yd**  
Deep Water, Temple Doors

Cut lengthwise,  
1 each:  
(I1) 10 1/2" x 18 1/2"  
(I2) 8 1/2" x 22 1/2"



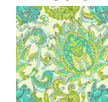
**Fabric D: AB59 - 7/8 yd**  
Azure, Twilight Peony

Cut lengthwise,  
1 each:  
(D1) 12 1/2" x 22 1/2"  
(D2) 14 1/2" x 22 1/2"



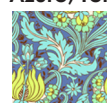
**Fabric J: AB67 - 3/4 yd**  
Limestone, Dancing Paisleys

Cut lengthwise,  
1 each:  
(J1) 8 1/2" x 18 1/2"  
(J2) 18 1/2" x 18 1/2"  
(J3) 8 1/2" x 22 1/2"



**Fabric E: AB64 - 3/4 yd**  
Azure, Temple Tulips

Cut lengthwise,  
2 strips:  
(E1-2) 12 1/2" x 22 1/2"



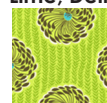
**Fabric K: AB58 - 2/3 yd**  
Hot Pink, Disco Flower

Cut WOF, 1 each:  
(K1) 12 1/2" x 22 1/2"  
(K2) 6 1/2" x 24 1/2"



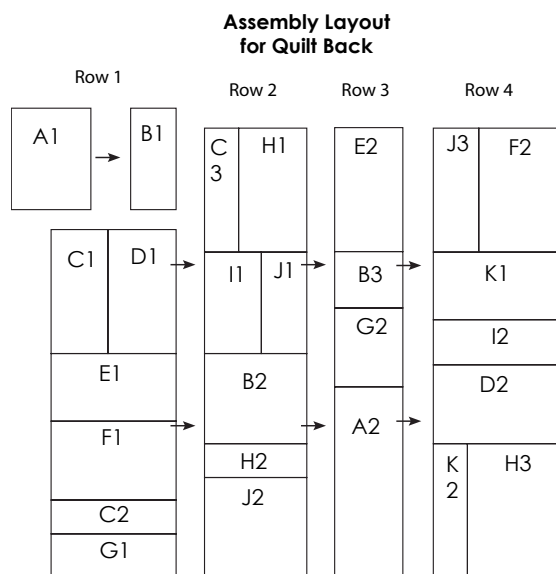
**Fabric F: AB63 - 1 yd**  
Lime, Delhi Blooms

Cut lengthwise,  
2 strips:  
(F1-2) 14 1/2" x 22 1/2"





Refer to **Assembly Layout for Quilt Back** for placement of fabric patches. Sew rows together to piece backing.



## Step 6. FINISHING YOUR QUILT

A. Place the Quilt Back on a flat, open surface with **WRONG** side up; smooth wrinkles.

B. Place batting on top of Quilt Back; smooth wrinkles.

C. Center Quilt Top on batting with **RIGHT** side up, creating a sandwich with quilt backing, batting, and top; smooth wrinkles.

D. Using large safety pins, carefully pin the 3 layers together about every 8", or hand baste the layers using long running stitches.

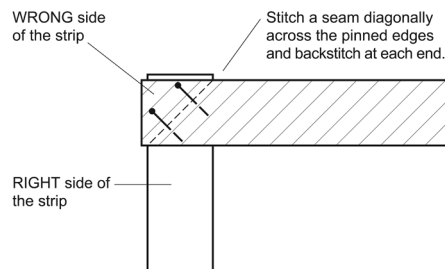
E. Begin quilting in center of your quilt and continue to outside edges.

F. Trim the Quilt Back and batting even with the Quilt Top.

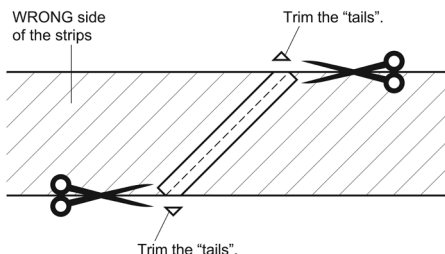
## Step 7. MAKE AND ATTACH THE BINDING

A. Cut any of the leftover strips you have from construction of blocks to 2 1/2" wide. Make enough strips to total 8 yards of binding.

B. Attach the strips into one long continuous piece by placing the first 2 strips perpendicular to each other with **RIGHT** sides together. Match the edges and pin them in place. Stitch a seam diagonally across the pinned edge and backstitch at each end.



C. Cut diagonally across the matched corners leaving a 1/4" on the outside of the stitching line to create a seam allowance. Press the seam open. Trim any fabric "tails" along the edges. Continue to attach the remaining strips to complete the binding.

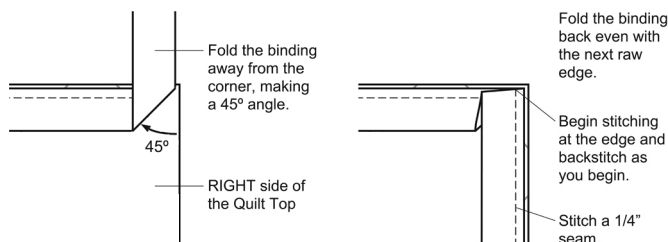


D. Then fold the binding in half lengthwise with **WRONG** sides together. Match the long edges and press a crease along the folded edge.

E. Place the **RIGHT** side of the Quilt Top facing up. Start at the center along one side edge, and match the raw edges of the binding and Quilt, stopping at the first corner. Pin them in place.

F. Leave the first 5" unstitched, then sew a 1/4" seam, stopping 1/4" from the first corner and backstitch at each end. Clip the threads and remove the quilt from your machine.

G. To form a neat mitered corner, fold the binding away from the corner forming a 45° angle. Then fold it back even with the next raw edge and pin it in place. Leave the folded edge of the binding even with the first edge that was sewn.



H. Begin stitching again at the edge of the Quilt, backstitching as you begin. Continue to pin and sew along the edge, stopping 1/4" from the next corner and backstitch again.

I. Repeat Steps 7F and 7G to miter the remaining corners and sew the rest of the binding in place. Stop stitching 10" from where you first began. Backstitch again.

J. Cut the binding so it overlaps the beginning edge by 6". Open the beginning edge and cut it at a 45° angle. Fold this edge 1/2" under toward the **WRONG** side of the binding and press.

K. Insert the end of the binding under the beginning folded edge. Adjust it so it lays flat within the other end tucked inside the fold. Pin and stitch the rest of the binding in place. Press the binding away from the Quilt Top.

L. Turn the Quilt over so the Back Panel is facing up. Flip the binding over the edge from the front to the back. Line up the folded edge of the Binding so it just covers the stitching line that attached it to the front. Adjust the mitered corners and pin them in place.

M. Hand stitch the binding in place or machine stitch close to the inner folded edge and backstitch at each end.

Nice job! Your Quilt is complete. You have made a beautiful keepsake.

Be sure to add a fabric label to the back of the Quilt, hand stitching it in place to document your name, address, date and any information you may want to include (perhaps a dedication or a name for the Quilt). Future generations will thank you for this.

**WESTMINSTER**  
FIBERS  
*Lifestyle Fabrics*

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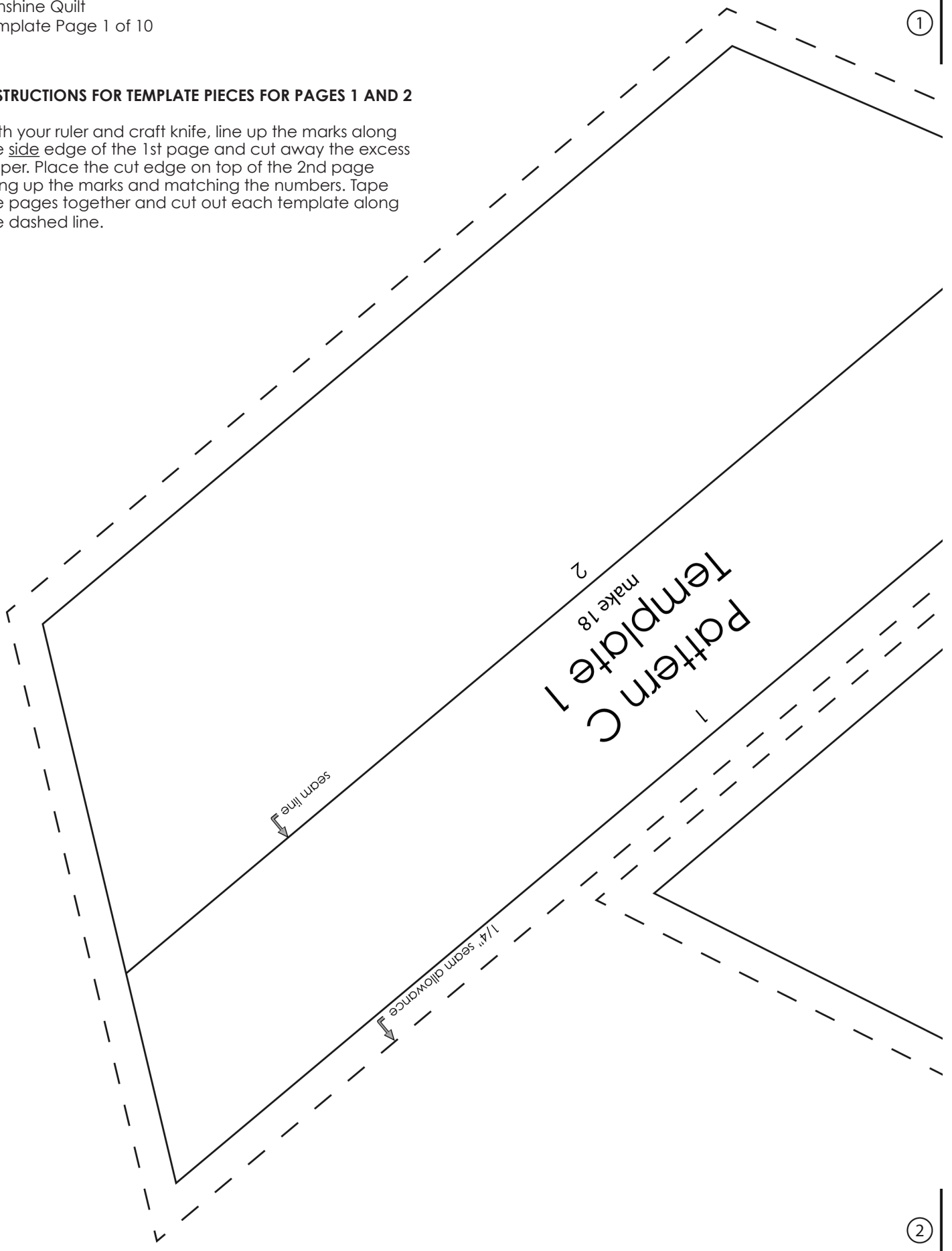
**R O W A N**  
FABRICS

*Soul Blossoms*  
amybutler

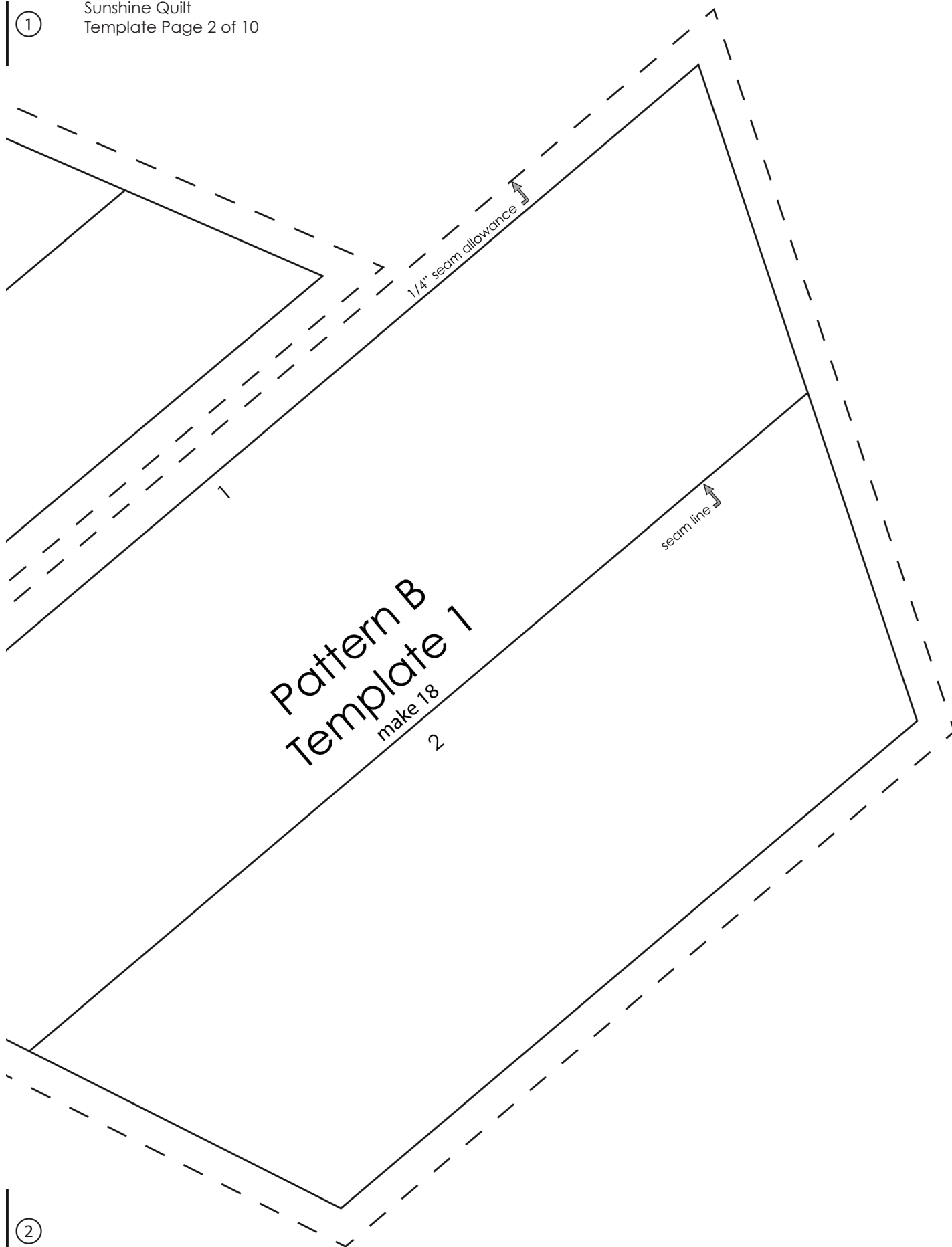
[amybutlerdesign.com](http://amybutlerdesign.com)

## INSTRUCTIONS FOR TEMPLATE PIECES FOR PAGES 1 AND 2

With your ruler and craft knife, line up the marks along the side edge of the 1st page and cut away the excess paper. Place the cut edge on top of the 2nd page lining up the marks and matching the numbers. Tape the pages together and cut out each template along the dashed line.

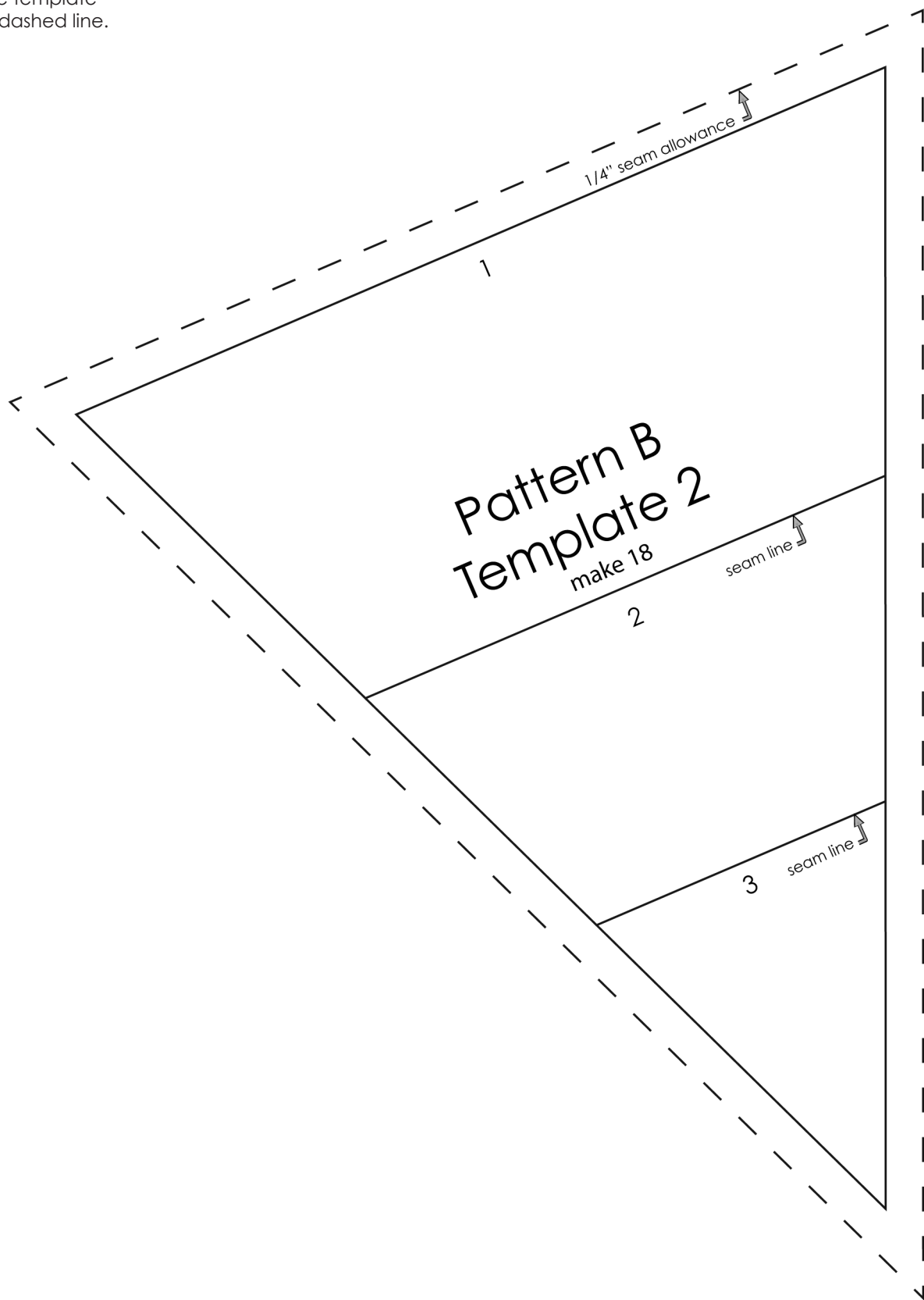


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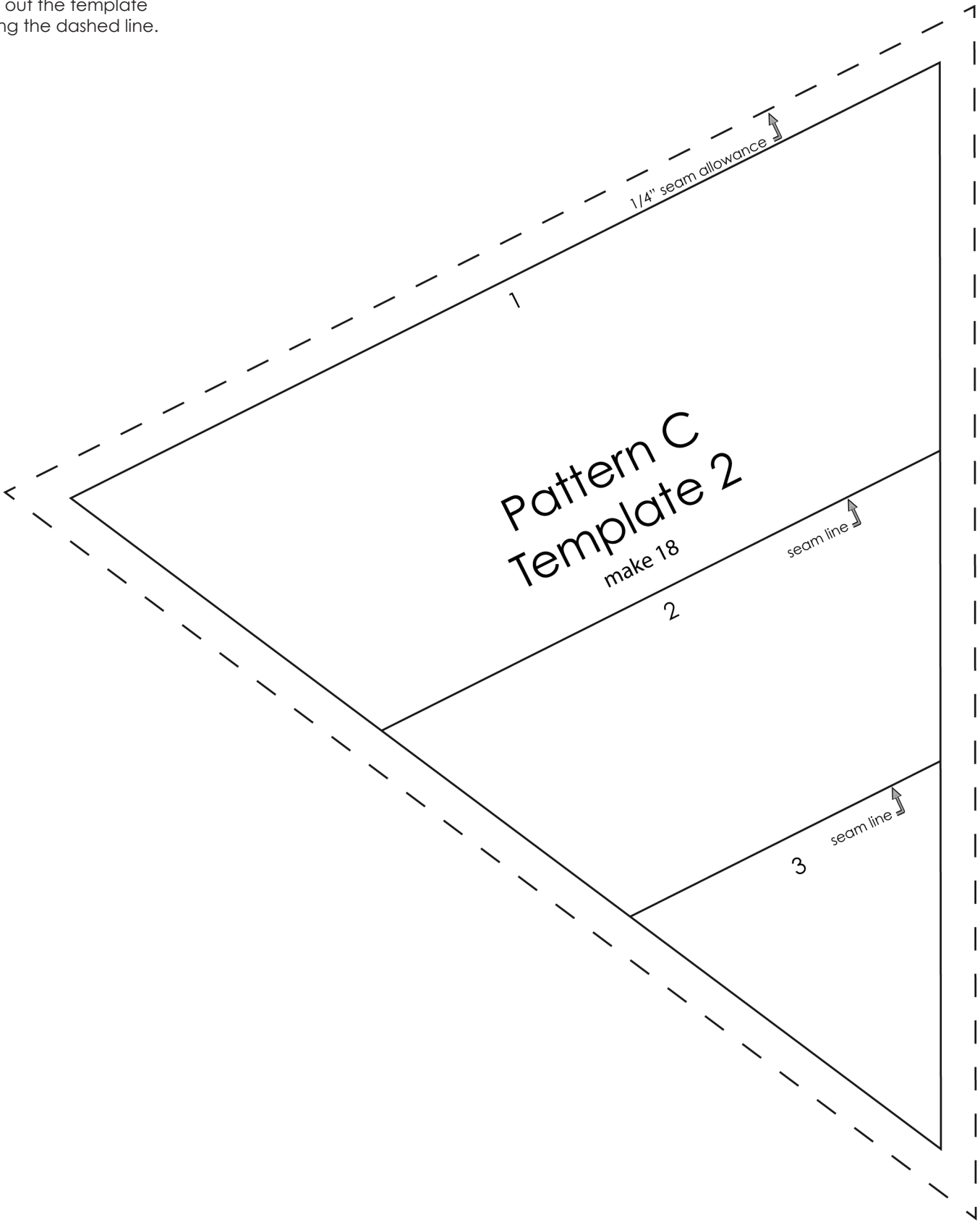


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Cut out the template  
along the dashed line.

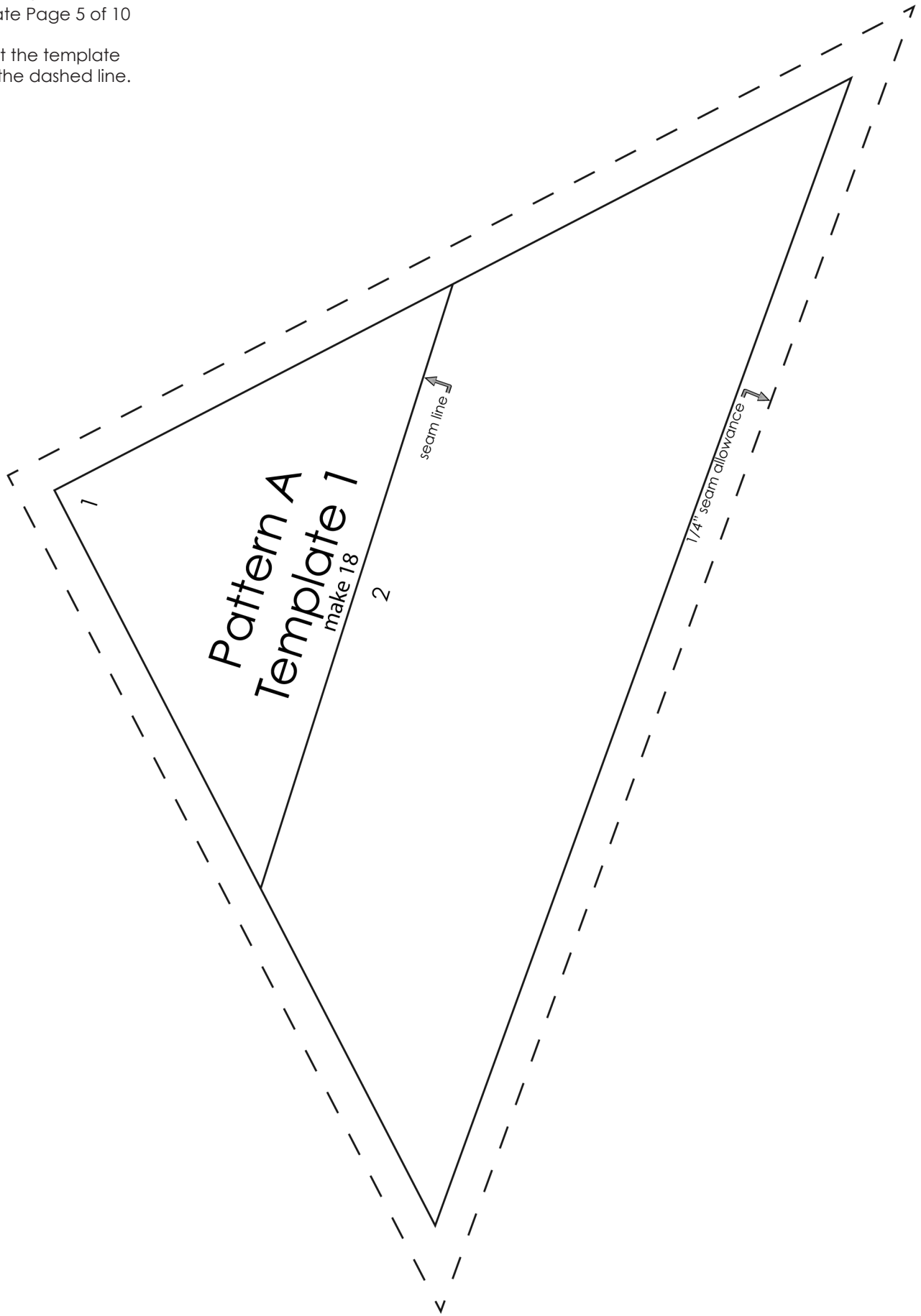


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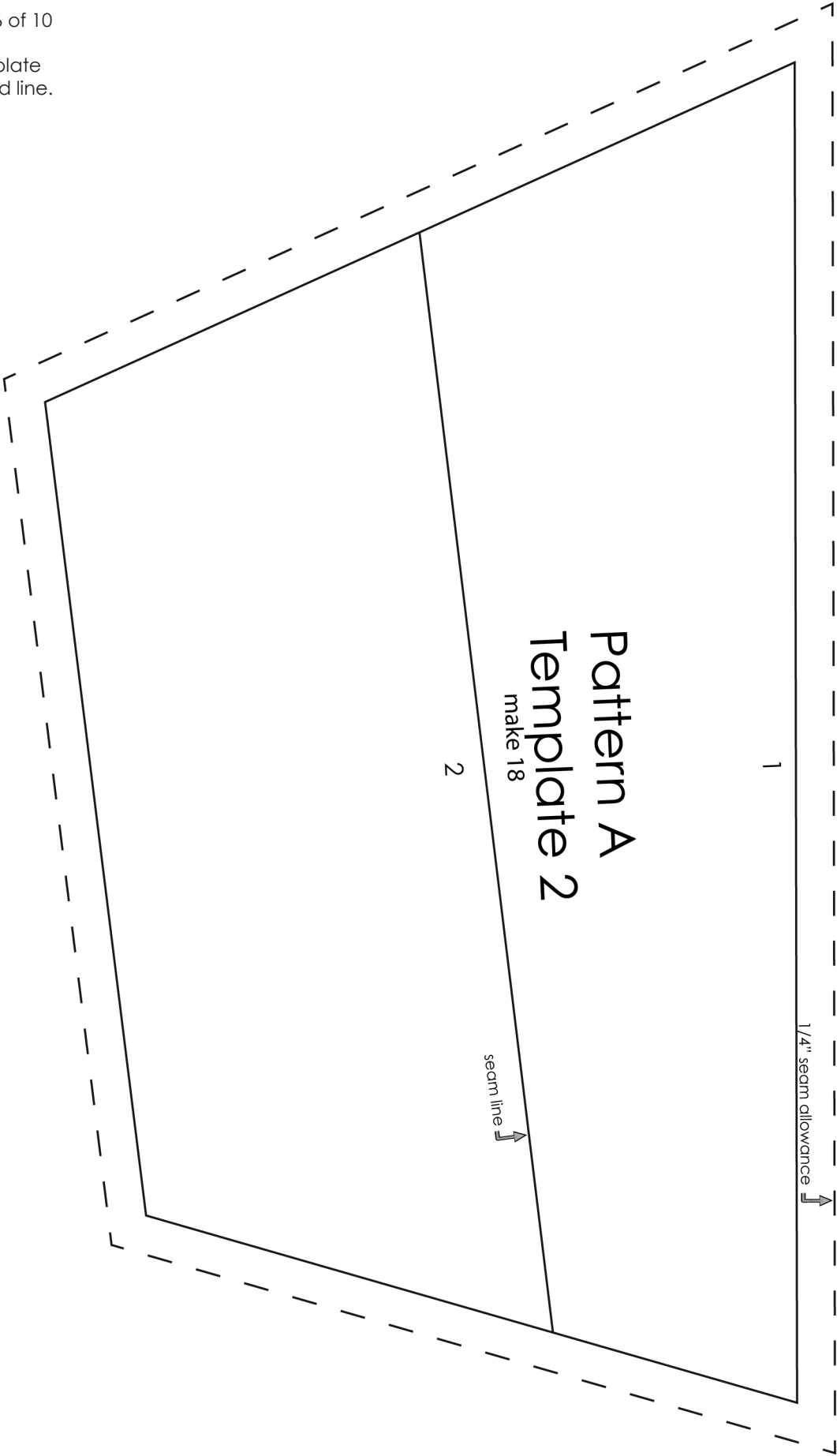




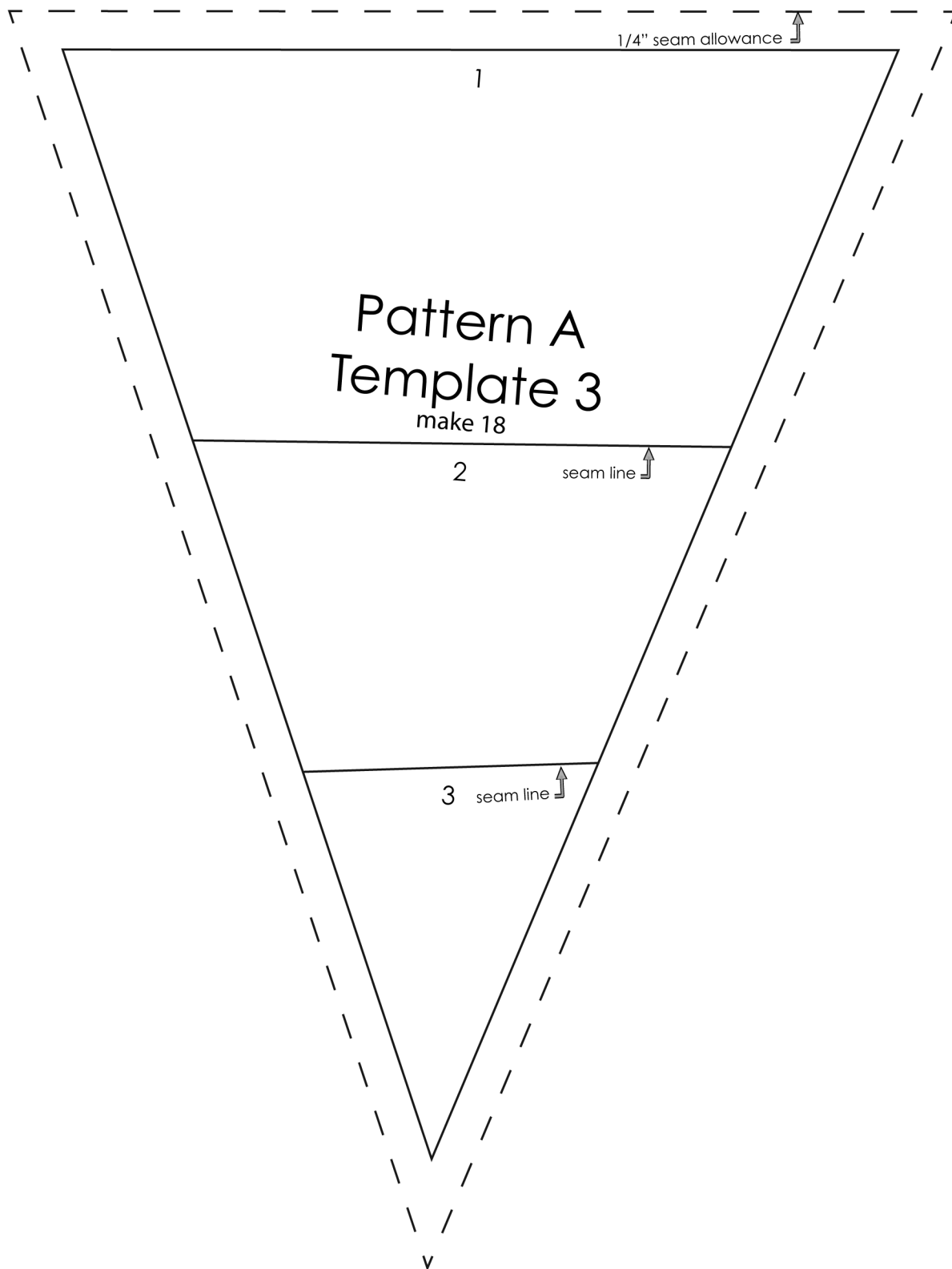
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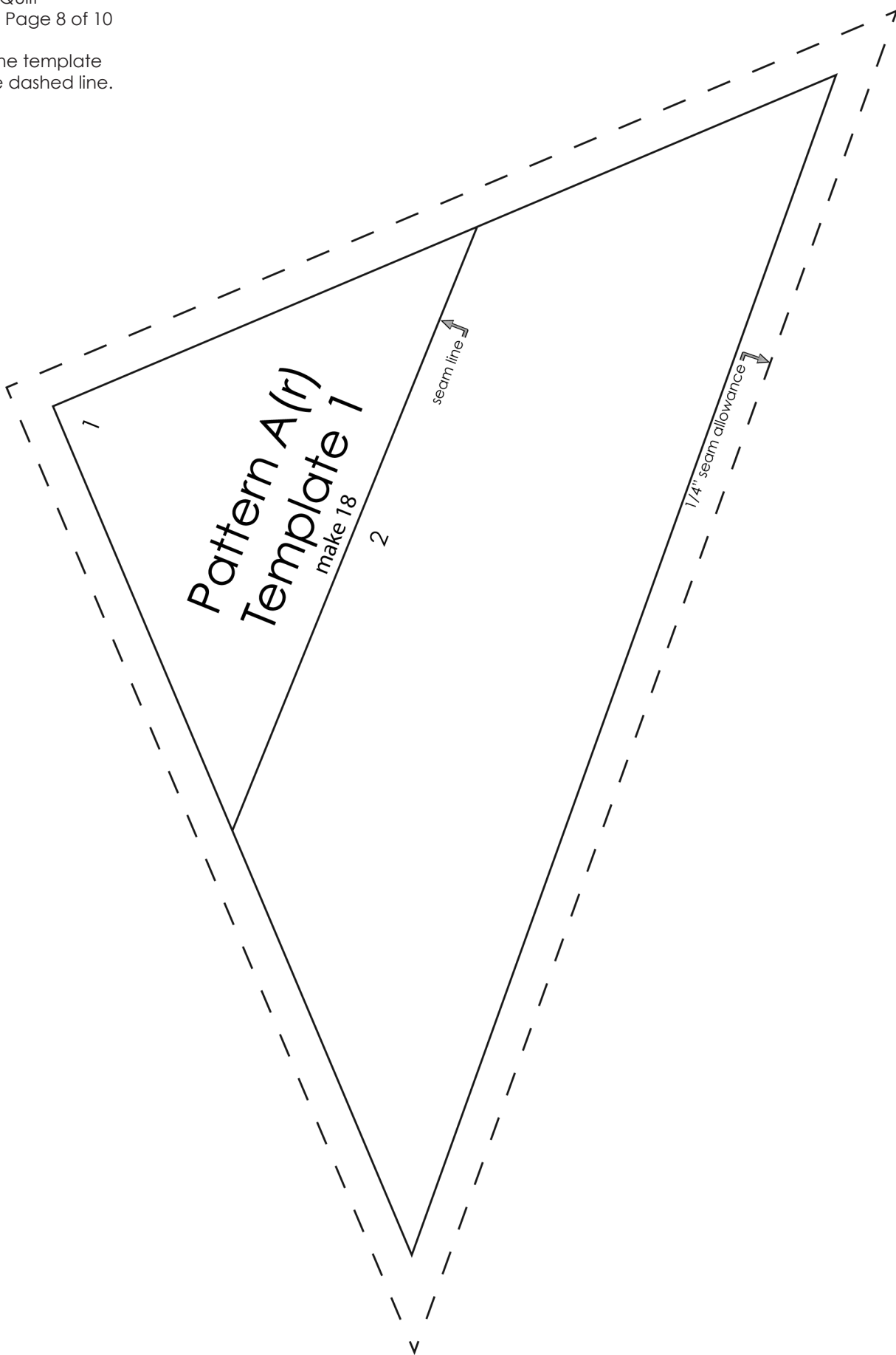


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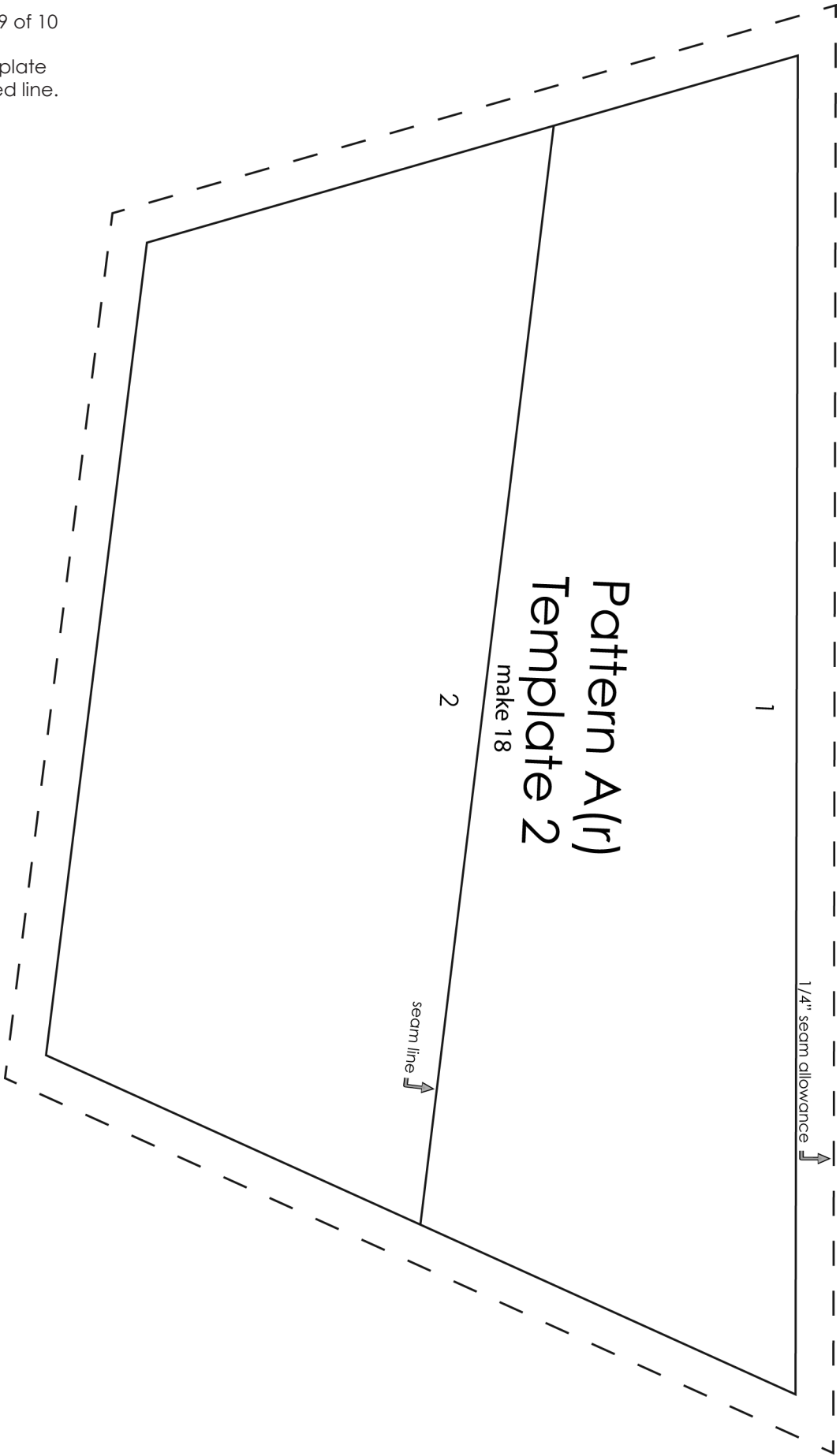




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