

# Placemat Palooza Suggestions and Guidelines

## Size

There is no particular size requirement for the placemats. The Meals on Wheels' clients are delivered a meal in a small tray. A good size suggestion is 11 to 12 inches tall and 14 to 15 inches wide. It's not a problem if your placemat is a little bigger.

## Materials

**Filler**— The placemats need to be very thin and flat. (Someone with less than perfect vision might sit their glass on the edge of the placemat and we don't want it to tip over and spill.) Batting is just too bulky for this reason. We prefer to either use a simple piece of flannel inside, or skip putting anything inside. Just the front and back fabric is enough. We have some donated flannel to share if you need it!

**Front and back**—Good quality cotton quilting fabric is preferred.

## Design

Your choice! Some ideas are

Use up left over strips or squares

Add borders to an orphan block

Stitch and flip "quilt as you go"

Stitch front and back right sides together and turn through a small opening—no binding needed!

**When do they need to be turned in? No later than Saturday, December 4, please.**