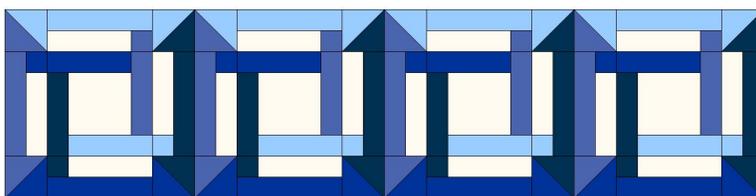
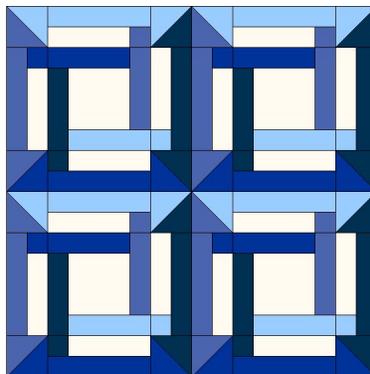


## Follow The Arrows

A Pattern Designed By Cheryl Vought  
For Creekside Fabrics, Quilts, and Yarns  
For the Quilter's Trek 2020



For the purposes of piecing this design, Each different color has been assigned a number and each different size piece a letter.

For the Colors: #1- Darkest Color  
#2- Medium Dark  
#3- Medium Light  
#4- Lightest Color  
#5- Background

For the Pieces: A- 1 ½" x 4 ½" Rectangle  
B- 1 ½" x 1 ½" Square  
C- 3" x 3" Square  
D- 1 ½" x 5 ½" Rectangle  
E- 3 ½" x 3 ½" Square

So that piece 1A would be a 1 ½" X 4 ½" Rectangle in your darkest color

### **Fabric Requirements:**

For Colors # 1-4: 1- 3" Strip

For Color 5: 1- 6" Strip

### **Cutting Instructions-**

From EACH of the **Color #1-4** 3" Strips, cut 2- 3" Squares. Cut the remainder of the strip in half to make 2- 1 ½" Strips. From these Strips cut 4- 1 ½" Squares; 4- 1 ½" x 4 ½" Rectangles and 4- 1 ½" X 5 ½" Rectangles.

From the Color #5 6" Strip- Cut one 3 ½" x WOF Strip and one 1 ½" by WOF Strip. Cut 4- 3 ½" Squares from the 3 ½" Strip. Then trim the remaining piece down to 2- 1 ½" strips. From these strips and the 1 ½" X WOF Strip, cut 16- 1 ½" X 4 ½" Rectangles.

For Each Set of 4- 9" Blocks you will need the following pieces:

**From Colors #1-4:**

4- 3" Squares- A  
4- 1 ½" Squares- B  
4- 1 ½" x 4 ½" Rectangles- C  
4- 1 ½" x 5 ½" Rectangles- D

**From Color #5- Background:**

4- 3 ½" Squares- E  
16- 1 ½" x 4 ½" Rectangles- D

**To Create the HSTs-** Pair together the 3" A Squares as follows: 2- #1A with 2- #3A

2- #3A with 2- #2A

2- #2A with 2- #4A

2- #4A with 2- #1A

Draw a line diagonal across the back of one square from each pairing, Sew ¼" away on both sides of your drawn line. Cut along the drawn line, and iron fabric towards the darker fabric, or open. Trim the HST to 2 ½" Squares. You should end up with four from each color combination, 1 for each of the 4 9" Squares.

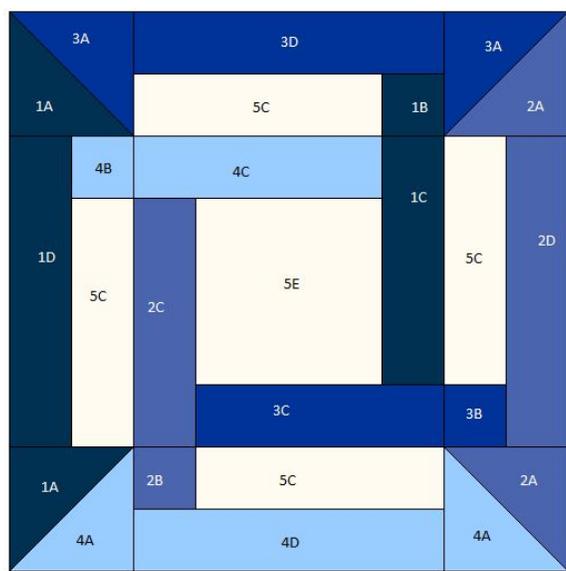
**To Create The Center Square-** You will use partial seam construction to build the center square. For each of the center squares you will need the 3 ½" E background squares, and 1 of each color 1 ½" x 4 ½" C rectangles. Be sure to add the colored rectangles in the correct order each time. We will always start with #1 on the right and work clockwise with the following numbers #1 on right, #3 on bottom, #2 on left, #4 on top.

Place your E square right side up. Line up the #1C rectangle, right sides together with the bottom right corner of your E square. (The top of your #1A rectangle will hang over the top edge of the E square. That is the way it should be). Starting about mid-way down the right side of the E square, sew from there to the bottom edge, backspacing a few stitches at the beginning. Iron towards the #1C rectangle. Now, sew the #3C rectangle to the bottom of the E square, and the #2C rectangle to the left side of the E square. Before sewing the #4C rectangle to the top, fold the part of the #1C rectangle that extends beyond the E square out of the way. Sew your #4C rectangle to the top of the E square. Straighten out your #1C rectangle, and it should now be in line with the top of your #4C rectangle. Sew from the top of the block to the area where you began sewing the partial seam, being sure to backstitch a few stitches at the end. Repeat to make 4 blocks.

**To Create the side rectangle blocks-** you will need the 4- 1 ½" B squares from each of the four colors, the 4- 1 ½" x 5 ½" D rectangles from each of the four colors, and the 16- 1 ½" x 4 ½" D Rectangles from your #5 Background fabric.

Sew each of the 16- #5D background rectangles to one of the 16- 1 ½" B colored squares. They will now be 1 ½" X 5 ½" long. Lay all of these units, right side up, **WITH THE 1 ½" COLORED SQUARE AT THE BOTTOM**, keeping the four of each color together. (Each of these units will be paired with a 1 ½" x 5 ½" D rectangle of a specific color, and sewn together to create a new unit.) For the rectangles with the #1- 1 ½" B squares at the bottom, lay the #3- 1 ½" x 5 ½" D rectangles on top, right sides together, and sew them together. Iron seams towards the D rectangle, or open. . For those with the #3- 1 ½" B squares at the bottom, sew them to the #2- 1 ½" x 5 ½" D rectangles. For Those with the #2- 1 ½" squares at the bottom, sew them to the #1- 1 ½" x 5 ½" D rectangles. And for those with the # 4- 1 ½" square at the bottom, sew them to the #1- 1 ½" x 5 ½" D rectangles.

**To Assemble the blocks:**



Assemble the Top and Bottom rows according to the diagram, paying close attention to the placement of all the fabrics. Iron seams towards the HST Blocks. Assemble the Center Row as per the diagram, paying close attention to the placement of all fabrics. Iron seams towards the center block. Sew the rows together to form your block, following fabric placement on the diagram. Make four blocks to complete your 9" X 36" row or 18" X 18" Block.