

Summer Solstice

Instructor: Sandy Lieske, Certified Instructor



Supplies and Pre-Class Instructions:

- Sewing machine with ¼" foot and other accessories (cord, foot pedal, extension table, and knee lift)
- Size 70/10 Microtex Sharp sewing needles
- Summer Solstice 2018 pattern including the instructions and foundation papers. Note that there is an older pattern and that certainly works. The new pattern was re-designed to eliminate Y-seams. There is also a Summer Solstice Queen pattern.
- Fabric yardage is noted on the pattern or from Quiltster
- Aurifil thread to blend with your fabrics along with pre-wound bobbins
- Iron and pressing mat if you want to press at your sewing station (see note below)
- Rotary cutters with new blades (it is helpful to have 3 sizes available)
 - 60 mm for cutting fabric
 - 45 mm for cutting templates
 - 28 mm for trimming
- Medium sized cutting mat to do trimming at your sewing station
- A piece of template plastic (3"x12" works well though having a longer piece is sometimes needed)
- Quilter's Select or Creative Grid ruler for cutting fabric and templates (24"x6" or 6 1/2" works well)
- 12" Add-A-Quarter ruler
- Washout fabric glue stick (SewLine is a good one to use)
- UHU craft glue stick
- .55mm Flower Head or .5mm 1 7/8" Glass head pins (long shanks)
- Purple Thang
- Thread scissors (Havel's or Kai work well)
- Black Sharpie
- Seam ripper
- Gallon size zip lock type bags
- Jumbo paper clips

To eliminate waiting for an iron in the classroom, we suggest that students bring a travel iron and a wool pressing mat (at least 17" x 17"). We recommend the Mighty Steam Iron by Dritz, Steamfast Travel Steam Iron, or the Oliso Mini Project Iron. All of these are in stock at The Quilt Crossing.

Pre-Class Instructions:

Please read the instructions completely through at least one time before class. This will help to ensure you understand the cutting information noted below. It is strongly encouraged that you have the papers, templates, and fabrics for the entire project cut out, placed in bags, and ready to use in class.

Check the Quiltworx website for pattern corrections before you begin the project. Corrections can be found at this link: <http://www.quiltworx.com/corrections/>

Quiltworx YouTube Videos: Judy Niemeyer has many videos on YouTube that cover a variety of topics. These can be a valuable resource to give you some additional background or refresh your memory after class on a topic. If you are new to Quiltworx patterns, a few videos you may find useful include:

- The Basics of Foundation Papers
- Tools for Paper Pieced Quilting with Judy Niemeyer
- Paperwork First: Prepare for Cutting a Quiltworx Project

Fabric Selection: These projects can be done with a variety of colorways. If you are following one of the colorways on the cover (or similar) then the yardage requirements are given in the pattern. If you are familiar with Quiltster, you could design your own quilt and it will provide the yardage needed for your project.

It is helpful to fill out the swatch tables in your pattern to help keep you organized. Swatch tables for each of the units and the border are included throughout the pattern. Clip a small piece of fabric for each color and glue or tape in place in the appropriate table.

If you want to design a Summer Solstice project using the swirl design, it is very helpful to use Quiltster. I can provide you with my Quiltster design as an example. I can also provide further information as needed.

The project is organized into 3 groups:

Group A: Diamond lone star units

Group B: New York Beauty units

Group C: Striped solstice border

Foundation Papers: Follow the cutting instructions of your pattern to cut the Foundation Papers and Template Layout Sheets for each bag and place in the appropriate bag. This will be done by unit. You will cut the pieces about an 1/8" around the perimeter of each piece. Don't cut apart the pieces any further unless you are familiar with Quiltworx patterns. Using your rotary cutter helps the process go more quickly. As you cut the papers place them into the appropriate bag.

Fabric Cutting Instructions: Follow the cutting instructions for each of the groups.

If you have used Quiltster to create your design, then you will be able to cut the required number of strips for each fabric based on the yardage chart provided in Quiltster. This makes the process go very quickly. Strips are cut width of fabric.

If you are familiar with cutting out your template layout sheets then go ahead. If you are unclear at all about cutting out the template layout pieces, just cut the fabric strips and we can complete the cutting process in class.

If you have any questions regarding the class preparation, please contact me directly at: 208-5703290