

# “Fill My Heart Pillow” By Wendy Williams

Beginner to intermediate skill level

**Disclosure – Additional threads required to complete pattern.** (Silk fibers are included in the kit, but additional threads required to complete the embroidery on the pillow top.)

Hand-embroider this heart pillow top to show how much you love and appreciate that special someone! But it is so beautiful you may keep it to accent your own home! 😊 Choose between two backgrounds to stitch on. In class we will go over where the pattern shows silk fibers are to be placed (included in kit) and where additional #8 pearl cotton threads are to be used (**not included in kit**). The focus of this class will be embroidering the pillow top using the silk fibers and your choice of pearl cotton threads.

## Required –

😊 Kit comes with printed linen for pillow top, stitch guide – placement of stitches, silk fibers, and full color photo.

😊 #8 pearl cotton threads in various colors. **Additional pearl cotton thread required to complete project.** It will be your choice of what additional threads are used to complete the pillow top. (I used Sue Spargo pearl cotton #8 threads. See my list of threads used below 😊!)

😊 #18 or #20 Chenille needle (this was the only needle I used)

😊 Small embroidery scissors

😊 Embroidery Hoop

😊 Knowledge of basic embroidery stitches (see list of stitches). A reference guide - a basic embroidery stitch book or access to internet will be helpful for review.

\*More advanced stitches with a “😊” will be taught in class. Other stitches will be reviewed and instruction given on how best to use them on this project.

Stitches used in pattern:

Back Stitch

Chain stitch

Closed Herringbone 😊

Colonial Knot 😊

Cross Stitch

3 cross stitch

Fly Stitch

Lazy Daisy

Loop Chain stitch

Palestrina Knot stitch 😊

Running Stitch

Stem Stitch

Whip Stitch (straight stitch)

Zig Zag stitch

😊 stitches to be taught in class – guaranteed!

**You will need additional threads (#8 pearl cotton recommended) to complete the embroidery of the pillow top.**

These are the threads I used on the store's model. Pick whatever ones you want to use (match to your silk fibers included in your kit. Dye lots may vary). Those with the \* are what I used the most.

All threads listed below are Sue Spargo threads #8 - EZ and EZM. (Except for EZM 1050, another brand)

EZ09  
EZ10\*  
EZ15\*  
EZ23\*  
EZ26  
EZ28\*  
EZ44\*

EZM04\*  
EZM08  
EZM14\*  
EZM16 or use EZM1050  
EZM17\*  
EZM18  
EZM19  
EZM31 (Instead try EZM29 – Darker)  
EZM27\*  
EZM29  
EZM36\*  
EZM42 (Or use EZM1050 – See Picture)  
EZM52 (Or use EZM1050 – See Picture)  
EZM67  
EZM78 White-shaded  
EZM79\*  
EZM82  
EZM86\*  
EZM95  
EMZ1050 - Wonderfill varigated pastel colored spool – (I love this color combo!)