



We are collaborating with The Meridian Idaho Days for Girls Team for our activity on Saturday, July 29th, from 10am-5pm. We will be assembling Reusable Feminine Hygiene Kits that will be sent worldwide to areas where women do not have access to these products. In order to complete the kits, there are items that can be donated as well as supplies that we will need to bring. Please see the list below for items you can bring with you to help complete kits:

### ***Supply Donations Needed:***

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- Bright Colored **100% cotton** normal cut underwear (Girls size 10, 12 or 14 or Women's size 5 ONLY) No animal, words, or face prints. No boy shorts, brief cut is best. It is very hard to find all colored packs and we can dye white pairs but please choose packs with the fewest white possible (including white in the print).
- ZIPLOC brand GALLON size FREEZER bags
- Donations of feminine hygiene supplies (tampons, pads etc) that can be donated locally
- There will be a donation jar available for those wishing to donate funds to purchase fabric and supplies to help the chapter get more kits into the hands of women and girls around the world. Each kit costs about \$10.

### ***Things to Bring when Volunteering:***

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- Sewing machines loaded with 100% dark colored polyester thread
- Scissors



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