



***Elastic Free, Cloth Face Masks***

***For Medical Professionals***

***Please Use Bias Binding Rather than Elastic***



***Thank you, thank you to everyone making and donating cloth face masks. We have it on good authority that the elastic ear loops don't withstand autoclave sterilization so bias ties are preferred.***

***Here are updated instructions for making durable cloth face masks using the BERNINA bias binder attachment #88 and bias binder foot #95 for 5.5 mm models, or #95C for 9 mm models. (The binder attachment and #95 feet work only on BERNINA models made after 1997.)***

## **20% Off to Support Your Donation Efforts**

**1/2" Finished Width Binder Attachment ~~\$299.99~~ \$239.99**

**#95 Foot ~~\$37.99~~ \$30.39**

**#95C Foot ~~\$49.99~~ \$39.99**

**Curb Side Pick Up**

**Or**

**Free Shipping Over \$25**



**1 Cut 2 pieces of cotton fabric 7" x 9" for the mask portion.**



**2 Cut (2) 1.5" wide, and 36" long bias strips at a true 45 degree angle.**



**3 Seaming your bias strips is just fine.**



**4 Place mask fabrics right sides together. Sew the short (7") sides using 3/8" seams.**



**5 Turn right sides out and press.**



**6 Pin 3 pleats (tucks) in the same direction along each finished short side. Keep the folds of the pleats 1" from the top and bottom raw edges. Top stitch pleats in place.**

*The previous generation BERNINA bias binder is pictured in the following instructions. The previous generation binder produces a 1/4" finished width while the new generation binder produces a 1/2" finished width. The techniques and instructions are the same for both binders.*



**7 The face mask should look like this after stitching the pleats on both finished sides.**



**8 Place a pin 18" (half way) along the bias strip. Load the bias fabric into the wide opening of the binder closest to you. Use a stylus to help pull the fabric through the binder and out the opening closest to the presser foot. Maintain the folds as the fabric comes out of the binder and trap the fabric under the presser foot to hold the folds in place. The knee lift lever is a great feature when both of your hands are busy positioning the folded binding. Begin sewing on only the bias strip to create one of the ties. Move the needle position if necessary to catch the folds. Stop sewing when the pin approaches the binder opening.**



**9 Fold the two finished edges of the mask together and place a pin at the fold to mark the middle. Match the pins only to estimate the point at which to insert the mask into the binding.**



**10** Swing the mask to the left and guide the raw edges of both layers in between the curled portions of the binder. Stitch while guiding the mask under the presser foot, allowing the folded edges of the binding to encase the raw edges.



**11** Continue to stitch off the edge of the mask. Then finish stitching on just the bias to form the tie on the other side of the mask top.



**12** Sending seams through the binder is no problem.



**13** Repeat steps 8 - 11 to finish the bottom of the mask.

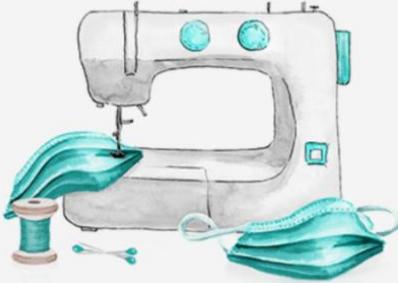


**14** Fold the unfinished ends of the ties under about 1/2" and stitch in place.



**Voila! Easy peasy bias bound face mask.**

Check Out This Generous Offer By Tieks, The Maker of Awesome Ballet Flats  
\*Donate Face Masks and Receive a Tieks Gift Card\*



**#SewTOGETHER**  
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