

Classic Tee Shirt Fitting

Session 1 will include tissue fitting the pattern and learning basic alterations to get a good fit. Bring your pattern, glued/taped together if needed. Also bring a T-shirt from your closet that fits well, if you have one. We can compare the tee to the pattern. Wear a snug tee so we can take accurate measurements.

Session 2: It's time to sew! Each step of the construction process will be explained. Some of you will finish your tee shirt in class, and some may finish at home. Everyone will have the skills needed to successfully complete the project, along with some basic principles of fit that can be used in the future.

Supplies

Pattern: Most pattern companies have a fitted tee pattern. Choose one you like. Your pattern should be a basic fit with the sleeve fitted to the top of the shoulder. Please, no raglan sleeves for this class.

Some options include Simplicity 8376, McCall's 7600, New Look 6458, or Butterick 6848. Downloadable pdf patterns include Love Notions (lovenotions.com) Classic Tee (this includes lots of sizes) or Sewing Workshop (sewingworkshop.com) eTee. Here is the method I have found to be the fastest when gluing pdf pattern pages together: <https://itch-to-stitch.com/assemble-pdf-patterns-quick-way/>

For pattern tracing: Trace your pdf pattern onto something lightweight after printing. Joann's sells Pellon 810 tracing material that has a 1" grid printed on it. I have found it stocked with interfacing on a rack near their cutting table. I believe about 1.5 yards will be enough to trace off a Tee Shirt and a couple sleeve patterns.

Fabric: Stable jersey or interlock knit. For this project a medium weight cotton knit with a bit of spandex is a good choice. Thread Play has a limited supply of pre-cut, white, cotton/spandex jersey for purchase. Convenient! Tissue thin knits or rayon or poly knits are a bit challenging, so save those for a future project.

Thread: All purpose poly thread for a sewing machine, or quality serger thread for your overlocker.

Basting Glue Stick, available at Thread Play.

Twin Needle if using a sewing machine for hemming: Schmetz Stretch Twin Needle 2.5/75 or 3.0/75 (optional, I'll provide other choices for hems as well)

To stabilize the shoulder seams: I recommend Sewkeys E brand Knit Stay Tape in 1/2" width. It's available at Thread Play.

To stabilize hems: I recommend Sewkeys E brand Double Sided Fusible in 1/2" width. It's available at Thread Play.

Basic Supplies:

- Sewing Machine or Serger **for the second class only!** I'll demonstrate methods for using either machine.
- Scotch tape
- Lead pencil
- Pencil sharpener
- Fabric marking pencil, pen or tailor's chalk
- Paper scissors
- Fabric scissors
- Fabric Tape Measure, 60" size
- Adjustable Seam Gauge
- See-through ruler marked in 1/8" grid. The best size is 18" long by 2" or 3" wide. These are often found in the quilting notions section.
- Straight pins
- Pin holder
- Seam Ripper

See you in class!