



Sunny Days Retreat

July 22nd, 23rd and 24th 2021

This is a great “technique” retreat. We will complete a queen sized quilt, but it is a culmination of a panel class, a rapid strip piecing class and a bonus color confidence workshop; all while working on the Star Stepping Quilt. You will also have the freedom to finish up anything you have been wanting to get done if you’d like to bring it with you. The highlight of this retreat is our dinner out at the exclusive Westmont Rose Garden, where our hosts take us on a grand tour of their luscious commercial rose garden while being serenaded by a local guitarist and enjoying a gourmet meal. This is a “treat” retreat. No pressure, just fun and friends (oh... and a massage therapist...). This retreat is taught by Cindi and Brianna.

Your paid registration includes three days of instruction and personal assistance with your project; all meals, snacks and lodging at our retreat center; retreat pattern, color wheel kit, your welcome gift bag and admission/dinner to the Rose Garden. You will need your fabrics for your quilt (see page 2).

Your only “extras” will be shopping trips at the Fabric Patch and the massage therapist.

You are welcome to borrow a machine from us or pack your own machine if your travel arrangements allow it.

Accommodations:

There are some fairly good pictures on our website. You will share a condo with a new (or joining) friend. All rooms have two twin beds, all bedding, pillows and extra quilts. We have free WiFi and adjustable air-conditioning in every room.

We set up the work space with two 4’ tables and a design wall per participant. The room has 56 100 watt day light bulbs in the work room, but you will have power at your table if you would still like to bring a table lamp and/or assistive magnification for your work. The chairs are armless rolling chairs. Very comfortable.

All of your food, snacks and basic beverages will be provided. We have a wine fridge, a Keurig, and a barista bar. A menu will be finalized soon, if you have any food allergies or intolerances, please let us know in advance and we will accommodate your needs. We provide mostly healthy options and all breakfast and lunches are “build-your-own” (salad bar, taco bar, omelet bar, etc.).

If you are bringing a spouse, we are planning on them for meals, they also have their own gift bag (different from yours) and they have access to our kayaks, fishing poles, bicycles and hiking map to the Lake Lenore caves, golf suggestions and other fun daytime excursions we can suggest. They will not have a table/chair in the sewing center unless they are planning on quilting with us.

Necessary Supplies*:

1. See pattern for fabric and special notion needs.
2. Bring a UFO project or two you would like to work on in case you find you have extra time.
3. Rotary cutter with a new blade. Shape cut if you have one.

*all demonstrated notions and books are available at The Fabric Patch for 15% off with paid registration.

**Cindi will have all of these notions available to borrow or purchase at the retreat center if you are not sure you have the suggested supplies.

Retreat Cancellation policy: Full refund until June 15th, 50% refunded after June 16th unless we have a waiting list and can replace you.

We would like to ask you to be vaccinated so we can sew mask free. All of us at the shop are vaccinated. We will not be requiring masks, but we will be set up 6’ apart for sewing and meals and will maintain proper social distancing. We will be taking temperatures every morning.



Retreat Schedule:

We would like to encourage you to arrive Wednesday late afternoon if you are traveling from out of town. It will give you the opportunity to get settled in, get your work station set up, and get a good nights rest before we begin. You are welcome to check in anytime after 2pm at no additional charge. If you are coming early or on Tuesday, that is also a possibility, but there is a \$50 fee per person. There are no meals provided until Thursday morning breakfast, but we can recommend some great local restaurants.

Color Confidence, Rapid Strip piecing and Focal Block Options are the three classes for creating our one-of-a-kind star stepping quilt. This can be a bed quilt in any size or wallhanging.

Thursday will be a **very full day** with two big classes: Color Confidence in the morning and focal block options in the afternoon. This will give us Thursday evening for sewing, kayaking, massage appointments or a walk to the top of the hill. After dinner we'll offer an after-hours shopping trip to add any supplies you may need for your weekend project. If you need wine first... we got you. Friday morning is our strip piecing class with a full day of sewing, so we can be ready to get our quilt together on Saturday!

Thursday, June 10th:

8am - 8:30: continental breakfast (husbands always welcome)

8:45: Welcome and weekend info (husbands will still be welcome)

9:30 - noon: **Color Confidence**

12 - 1pm: lunch (husbands can come back)

1 - 2:45: **Focal Block Design Options**

2:45 - 3:00: afternoon protein and caffeine

3:00 - 5:00pm: Sewing, or indulge in early evening activities

6:30 - 7:30: dinner on the patio (of course... husbands can join us to tell us about their day)

7:30 - ?: Shopping at the Fabric Patch, evening walk, swim, bike ride, wine on the patio, massages, sewing, reading, relaxing.

Friday, June 11th:

7:45 - 8:30: Yoga in the park with Tracy and Lizzie

8:30 - 9: breakfast

9 - 11:30: **Rapid Strip Pieced Courthouse Steps**

11:30 - 1pm: lunch at the Westmont Rose Garden

1 - 5: Continued work on our project, may have to break out the wine early....

6:30 - 7:30: Dinner

7:30 - ?: Patio firepit, wine, walks, kayaking, biking, massages, shopping, sewing.

Saturday, June 12th:

7:45 - 8:30: Yoga in the park with Tracy and Lizzie

8:30 - 9: breakfast

9am - 12: Extreme enthusiasm as project is coming to life!

12 - 1pm: lunch

1 - 5: Sewing on our projects; afternoon snacks

6:30 - 7:30: BBQ on the patio with the Fabric Patch Staff

7:30 - ?: After hours shopping trip, Patio wine and fire pit, more walks, kayaking, biking, massages, sewing and general relaxation and reflection.

Sunday, June 13th:

I hate goodbyes... we'll hang out, finish up, eat. Prepare for post-pandemically inappropriate hugs.

1 - 2: pack up

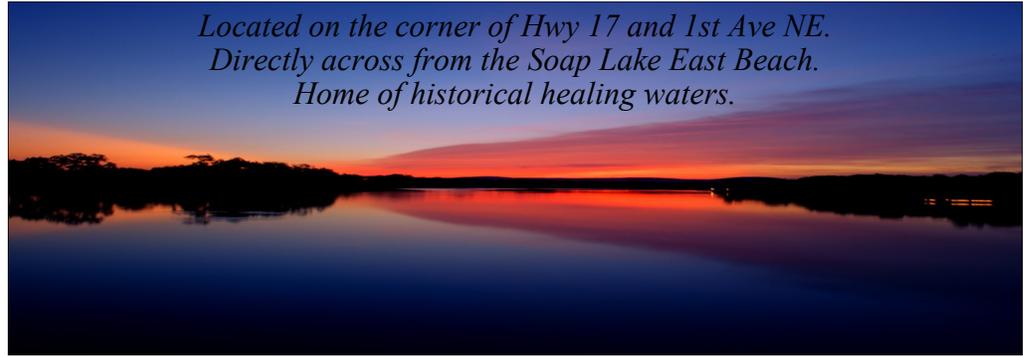
2pm: check out



As you pack and prepare, please call or email if you have any questions at all. Remember, if you forget anything or need anything... we have it. No worries. Worry about your clothing and toiletries, everything else is no big deal.

GATE 17

RETREATS, EVENTS,
REUNIONS



We are looking forward to having you at our retreat! If you've not been to our retreat center before, it is on the corner of Hwy 17 and 1st Ave NE. There is no signage because we don't want people knocking on the door asking for an unscheduled tour. Once you find us, there is ample, safe parking in the front and in the back. We are right across the street from the lake, with picturesque views.

Your room and roommate will be assigned. If you are traveling with a friend - make sure we know who it is or she may find herself with a new friend! We do have accommodations for couples with a few options to keep the mister occupied while we are sewing. If he fishes ... he is coming to the right place. We have some supplies, but maybe not what he is used to. Call or email if you have questions.

The quilts in your rooms are all described in your "room welcome". There are extra quilts available in every room, with a quilt show of 66 quilts on the grounds. Three are over 100 years old, two are hand crocheted and one is a satin wedding dress quilt that is breathtakingly beautiful.

If you are unfamiliar with Soap Lake, it is a very eclectic little town. The lake has healing properties (particularly for psoriasis and arthritic issues) and was the historical site for the Pow Wows of the Samish Nation tribes (now known as the Colville Indian tribes). The water is similar to the Dead Sea, full of minerals, but no fish. The town hosts many events during the year including the Annual Pow Wow, Canoe Races, Smokiam (real name of the lake) Days, Moonlight Madness Kayaking and more. All of these events can be watched from the sunny patio off of the front doors of the event center. You can find event information on a good local website: soaplakeforlocals.com and a great video on YouTube. The town is small, so everything is within walking distance. There is a wonderful live theater, The Masquer's Theater, one block from the Retreat House, Akin's Grocery and Deli is two blocks away, and the quilt shop is only 4 miles down the highway. There are a few local restaurants and bars, and of course our fabulous Fire on Main Art Gallery with well known (worldwide) glass artist, Debra Noah.

Patrice Wentz, our local massage therapist with 25 years of experience will be at the facility (we have a private massage suite for her) on Friday night and Saturday night. She is \$65 for one hour and \$40 for 30 minutes. She is fantastic! After you arrive we will have a schedule posted, you can sign up as desired. She can do both therapeutic, for those of you with issues, or relaxing massages if you just want a treat.

If you have any questions before you come, please call us, or you can email me at cindi@fabricpatch.net. If you are coming from out of the area, you are welcome to come the day before for only \$50/person. We will get you all checked in and set up, but meals will be on your own. You can visit the sites, sew or just relax... all are great options!

One last important thing... the mineral rich mud in the lake is black. Don't buy a new swimming suit.... bring your oldest one! You won't get stains if you are just swimming, but the therapeutic effect comes from the mud bath.

Owned/Operated by:

The Fabric Patch

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