



Summer Garden Retreat

June 10th, 11th, 12th and 13th 2021

This will be our fourth year for our mid June Retreat. Our schedule is relaxed, with only three floral quilt design classes so you can learn three new techniques... pick your favorite... and leave with your quilt completed, or start several small flower projects to perfect the techniques in a lovely trio! You will also have the freedom to finish up anything you have been wanting to get done if you'd like to bring it with you. The highlight of this retreat is our dinner out at the exclusive Westmont Rose Garden, where our hosts take us on a grand tour of their luscious commercial rose garden while being serenaded by a local guitarist and enjoying a gourmet meal. This is our most popular retreat. No pressure, just fun and friends (oh... and a massage therapist...). This retreat is taught by Cindi and Brianna.



Your paid registration includes three days of instruction, three small class kits and personal assistance with your project; all meals, snacks and lodging at our retreat center; your welcome gift bag and admission/dinner to the Rose Garden. Your only "extras" will be shopping trips at the Fabric Patch and the massage therapist.

Two of the three floral quilt options do not use a sewing machine until the very end.

You are welcome to borrow a machine from us (we only have four... you may have to share... bring your own thread...), or pack your own machine if your travel arrangements allow it.

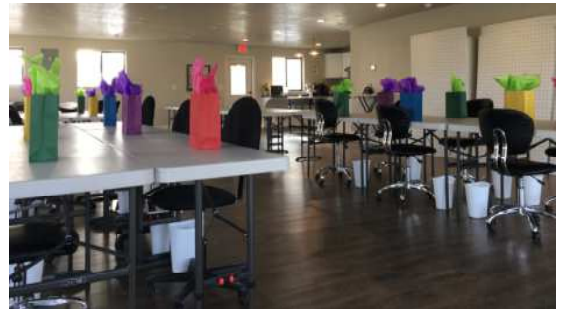
Accommodations:

There are some fairly good pictures on our website. You will share a room and a bathroom with a new (or joining) friend. All rooms have two twin beds, all bedding, pillows and extra quilts. We have free WiFi and adjustable air-conditioning in every room.

We set up the work space with two 4' tables and a design wall per participant. The room has 56 100 watt day light bulbs in the work room, but you will have power at your table if you would still like to bring a table lamp and/or assistive magnification for your work. The chairs are armless rolling chairs. Very comfortable.

All of your food, snacks and basic beverages will be provided. We have a wine fridge, a Keurig, and a barista bar. A menu will be finalized soon, if you have any food allergies or intolerances, please let us know in advance and we will accommodate your needs. We provide mostly healthy options and all breakfast and lunches are "build-your-own" (salad bar, taco bar, omelet bar, etc.).

If you are bringing a spouse, we are planning on them for meals, they also have their own gift bag (different from yours) and they have access to our kayaks, fishing poles, bicycles and hiking map to the Lake Lenore caves and other fun daytime excursions we can suggest.. They will not have a table/chair in the sewing center unless they are planning on quilting with us.



Necessary Supplies*:

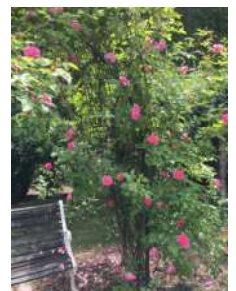
1. See page two for fabric and special notion needs.
2. Bring a UFO project or two you would like to work on in case you find you have extra time.
3. Rotary cutter with a new blade. Very sharp pointed-tip titanium scissors. Shape cut if you have one.

*all notions and books are available at The Fabric Patch for 15% off with paid registration.

**Cindi will have all of these notions available to borrow or purchase at the retreat center if you are not sure you have the suggested supplies.

Retreat Cancellation policy: Full refund until May 10th, 50% refunded after May 10th.

We currently have a waiting list for this retreat, but they will need a month to be able to fully make preparations to attend. We would like to suggest that you are fully vaccinated, but we are not requiring it. All of us at the shop will be fully vaccinated by the time of the retreat. We will not be requiring masks, but we will be set up 6' apart for sewing and meals.



Our class techniques, supplies and fabrics:

Some of you will be able to bring a bin of fabric, some of you will be flying. You can bring as much fabric as you would like, or we will have lots of options for you as kits or yardage you may find while shopping. Below is a reasonable description of what we will be working on and supplies you may need. We will have extra supplies to borrow if you forget anything. We also offer a substantial retreat discount on notions, patterns and books while you are here.

Appliqué is often known as the “A word” and not always popular. However, if your desire is a realistic flower... this will be your favorite. Cindi will show you how to use freezer paper, soft glue and the perfect needle/thread combo for an invisible stitch and a gorgeous flower. Your kit to try this technique is a simple flower but if you would like to make a full quilt or wallhanging for your weekend project, Cindi has several patterns, or, she will help you draft your own design from inspiration found at the rose garden! Your kit will include pattern, fabric, freezer paper template, needle and thread to create your 10” block.

Notions: Hand sewing kit that includes: sharp scissors, needle threader, appliqué pins, friction pen, glue stick, comfortable hand needles (I suggest #10 milliners), thimble if desired, and any magnification notions needed or desired. Any 60wt or smaller appliqué thread you may have is perfect. Suggested colors: soft yellow, pale gray.

Fabrics: watercolor textures in a variety of flower and leaf colors.

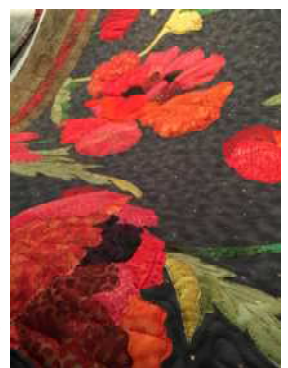
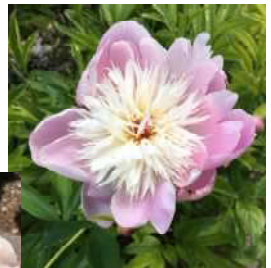
Pixilated Watercolor is an older technique, but still very dramatic for the person that would rather follow a pattern than rely on independent design decisions. We will have your kit that includes the fusible grid and all fabric to create a darling wreath that can be finished a variety of ways. We have multiple free patterns and options if this is the creation you want to work on for the weekend. You can make a stunning Christmas Wreath, a Floral Heart or fall projects that are similar to puzzles. Easy, striking and addicting!

Notions: rotary cutter, shape cut, fusible grid. Fabrics: Both dense and open scale fabrics in a variety of colors. We have many of these perfect options in the shop.

Collage has been around for a long time and is actually one of our oldest quilting techniques (in the form of broderie perse). This is so addicting it should come with a warning label. We simply cut out images, arrange them on our outline and fuse them down. Your kit comes with a small flower and all of the fabrics to create your unique piece of art. Cindi has several of her own patterns for this technique and can help you draft your own pattern. Or, Laura Heine and Emily Taylor also have a variety of patterns we carry at the shop at a substantial savings for you. It is not just flowers, you can select moose, dogs, maps and more.

Notions: very sharp pointed Teflon scissors, fusible web and a large scale clear image fabrics (appropriate for “cut outs”).

As you pack and prepare, please call or email if you have any questions at all. Remember, if you forget anything or need anything... we have it. No worries. Worry about your clothing and toiletries, everything else is no big deal.



fu-
in



full quilt pattern by Cindi



variety of



Retreat Schedule:

We would like to encourage you to arrive Wednesday late afternoon if you are traveling from out of town. It will give you the opportunity to get settled in, get your work station set up, and get a good nights rest before we begin. You are welcome to check in anytime after 2pm at no additional charge. If you are coming early or on Tuesday, that is also a possibility, but there is a \$50 fee per person. There are no meals provided until Thursday morning breakfast, but we can recommend some great local restaurants.

Collage, Pixilated Watercolor and layered Appliqué are the three classes for creating our one-of-a-kind floral wallhangings and quilts. These can be everyday bed quilts or wallhangings All works of art depending on how you choose to finish them. Thread play and machine quilting is a fourth class on Saturday.

Thursday will be a **very full day** with three classes to learn the three techniques. Each class will include a kit with all of the supplies to make your small project top. After completing each of the three flowers, we will have dinner, you will have to make a decision, and we'll head to the quilt shop for an after-hours shopping trip to add any supplies you may need for your weekend personal floral project. If you need wine first... we got you.

Thursday, June 10th:

8am - 8:30: continental breakfast (husbands always welcome)
8:45: Welcome and weekend info (husbands will still be welcome)
9:30 - noon: **Rose Appliqué**
12 - 1pm: lunch (husbands can come back)
1 - 2:45: **Pixilated Floral Wreath**
2:45 - 3:00: afternoon protein and caffeine
3:00 - 5:00pm: **Collage Blossom**
5:00 - 6:30: Shopping at the Fabric Patch, evening walk, swim, bike ride.
6:30 - 7:30: dinner on the patio (of course... husbands can join us to tell us

their day)

7:30 - ?: Shopping at the Fabric Patch, evening walk, swim, bike ride. Fire and wine on the patio, massages, sewing, reading, relaxing.

Friday, June 11th:

7:45 - 8:30: Yoga in the park with Tracy and Lizzie
8:30 - 9: breakfast
9am - noon: Creative construction and overthinking
12 - 1pm: lunch
1 - 4: Continued work on our project, may have to break out the wine early....
4:30 - 7:30: evening at the Rose Garden
7:30 - ?: Patio firepit, wine, walks, kayaking, biking, massages, shopping, sewing.

Saturday, June 12th:

7:45 - 8:30: Yoga in the park with Tracy and Lizzie
8:30 - 9: breakfast
9am - 11: Renewed enthusiasm as project is coming to life!
11 - 12: Machine thread play lesson (lecture/demo).
12 - 1pm: lunch
1 - 4: Sewing on our projects, or, we will be taking an afternoon group hike for those that are interested.
6:30 - 7:30: BBQ on the patio with the Fabric Patch Staff
7:30 - ?: After hours shopping trip, Patio wine and fire pit, more walks, kayaking, biking, massages, sewing and general relaxation and reflection.

Sunday, June 13th:

I hate goodbyes... we'll hang out, finish up, eat. Prepare for post-pandemically inappropriate hugs.

1 - 2: pack up
2pm: check out

We will provide:

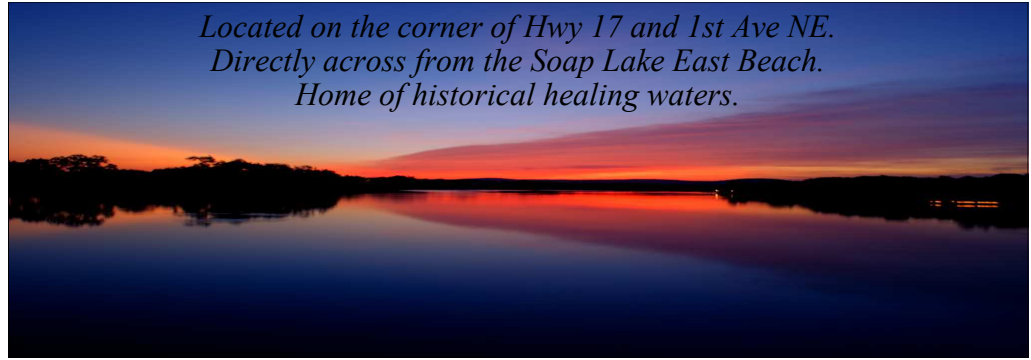


about



GATE 17

RETREATS, EVENTS,
REUNIONS



We are looking forward to having you at our retreat! If you've not been to our retreat center before, it is on the corner of Hwy 17 and 1st Ave NE. There is no signage because we don't want people knocking on the door asking for an unscheduled tour. Once you find us, there is ample, safe parking in the front and in the back. We are right across the street from the lake, with picturesque views.

Your room and roommate will be assigned. If you are traveling with a friend - make sure we know who it is or she may find herself with a new friend! We do have accommodations for couples with a few options to keep the mister occupied while we are sewing. If he fishes... he is coming to the right place. We have some supplies, but maybe not what he is used to. Call or email if you have questions.

The quilts in your rooms are all described in your "room welcome". There are extra quilts available in every room, with a quilt show of 66 quilts on the grounds. Three are over 100 years old, two are hand crocheted and one is a satin wedding dress quilt that is breathtakingly beautiful.

If you are unfamiliar with Soap Lake, it is a very eclectic little town. The lake has healing properties (particularly for psoriasis and arthritic issues) and was the historical site for the Pow Wows of the Samish Nation tribes (now known as the Colville Indian tribes). The water is similar to the Dead Sea, full of minerals, but no fish. The town hosts many events during the year including the Annual Pow Wow, Canoe Races, Smokiam (real name of the lake) Days, Moonlight Madness Kayaking and more. All of these events can be watched from the sunny patio off of the front doors of the event center. You can find event information on a good local website: soaplakeforlocals.com and a great video on YouTube. The town is small, so everything is within walking distance. There is a wonderful live theater, The Masquer's Theater, one block from the Retreat House, Akin's Grocery and Deli is two blocks away, and the quilt shop is only 4 miles down the highway. There are a few local restaurants and bars, and of course our fabulous Fire on Main Art Gallery with well known (worldwide) glass artist, Debra Noah.

Patrice Wentz, our local massage therapist with 25 years of experience will be at the facility (we have a private massage suite for her) on Friday night and Saturday night. She is \$65 for one hour and \$40 for 30 minutes. She is fantastic! After you arrive we will have a schedule posted, you can sign up as desired. She can do both therapeutic, for those of you with issues, or relaxing massages if you just want a treat.

If you have any questions before you come, please call us, or you can email me at cindi@fabricpatch.net. If you are coming from out of the area, you are welcome to come the day before for only \$50/person. We will get you all checked in and set up, but meals will be on your own. You can visit the sites, sew or just relax... all are great options!

One last important thing... the mineral rich mud in the lake is black. Don't buy a new swimming suit.... bring your oldest one! You won't get stains if you are just swimming, but the therapeutic effect comes from the mud bath.

Owned/Operated by:

The Fabric Patch

220 Tenth Ave SW
Ephrata, WA 98823
www.fabricpatch.net
(509) 754-8280