

1) the nose-to-chin measurement is the most important.

2) the nose-to-ear measurement will determine if you should use the Narrow, Average, or Wide pattern set as follows:

A) if the ear measurement is less than chin measurement by at least $\frac{3}{8}$ ", use the Narrow pattern for your chin measurement

B) if the ear measurement is more than chin measurement by at least $\frac{3}{8}$ ", use the Wide pattern for your chin measurement

C) if the ear measurement is within $\frac{3}{8}$ " of the chin measurement, use the Average width pattern

3) once you have selected the pattern set, find your chin measurement and print that page (make sure scaling on printer is set to 100%).