

## Fabric Needed

- Use 100% Cotton quilting fabric, either print or batik. The higher the thread-count the better (PREWASH).
- Scraps OK. (PREWASH)

¼ yd Fabric will make 3 masks

Non-Woven Interfacing (Lightweight or Medium Weight)

NOTE: If you can't find interfacing, you can use the fabric in the recyclable grocery store bags you have laying around the house! (Prewash the bags.)

## Other Supplies

*Nose Piece (for better fit at the nose)*

Disposable Aluminum Baking Pan or Pie Tin (clean, please)

Cut piece 1" x 3"

Tri-fold lengthwise and fold up ends about 1/8"

**OR**

Heavy Duty wire paper clip

Cut to 3" to 3 ½"

Use pliers to turn up ¼" at each end

*Elastic or ties to secure the mask to the face*

Elastic: 1/8" or ¼" elastic (2 pieces about 7" or so long for each mask)

OR

½" Bias tape (stitched closed 4 pieces per mask, each about 16" to 18" long)

OR

DIY fabric tape – ½" wide, finished

Cut strips 2" wide x width of fabric.

Press in half lengthwise

Fold edges to center and press

Fold in half again lengthwise and stitch closed.

Cut pieces 16" to 18" (4 per mask)

**OPTIONAL Freezer paper for the pattern.**

## Video Instructions

Watch Video instruction: actual instruction start at 13:30 minutes into the following video:

<https://www.youtube.com/watch?v=fySsaOojEVM>

I also suggest watching the 2 update videos for additional information located at:

<http://www.fabricpatch.net/face-masks-for-covid-19-relief.htm>

## INSTRUCTIONS

### *Pattern Prep*

Print the Pattern PDF: [https://media.rainpos.com/220/face\\_mask\\_pattern\\_1.pdf](https://media.rainpos.com/220/face_mask_pattern_1.pdf)

Check the printed copy by measure the 2" line on the pattern. Should measure 2".

Select the size mask you will make and ADD ¼" SEAM ALLOWANCE ALL AROUND  
(Women's or Men's size)

Cut out your pattern and trace several more copies onto any kind of paper.

### *Cutting*

Layer pairs of fabric pieces (approx. 7" x 7 ½") right sides together.

Layer pairs of interfacing pieces (approx. 7" x 7 ½") right sides together.

Pin your pattern to the pairs of fabric and interfacing pieces VERY NEAR or on THE SEAM LINE. Try not to introduce holes into the body of the mask.

NOTE: refer to the video if you are using freezer paper for the pattern.

Cut for each mask:

2 fabric pieces for mask front (right and left sides)

2 fabric pieces for mask back (right and left sides)

4 interfacing pieces (2 right and 2 left)

### *Piecing*

1. Layer each fabric piece with an interfacing piece. If using fusible interfacing, go ahead and press interfacing in place.
2. Join front pieces at the long curved center edge – right sides together, press seam to one side.
3. Join back pieces at the long curved center edge – right sides together, press in the same direction as the front.
4. Add nose piece:
  - Sew in the piece of aluminum pan as described in the video (encase in interfacing if sewing is difficult)
  - Or if using wire, place across center of either front or back about an inch from the top raw edge, and sew in place with a zig-zag stitch
5. Place the front and back mask pieces together, right sides together “nesting” that center seam, and stitch together at top and bottom using ¼" seam. Turn right side out. (Leave ends open.)
6. Fold raw ends of the mask to the inside about ¼" and press.
7. IF USING ELASTIC: Add elastic as shown in the video, but I suggest placing the ends of the elastic about ½" in from the corners for better fit.
8. IF USING TIES: Insert one end of each tie about ¼" to ½" into the open mask ends, at about ½" in from each corner. Stitch in place as you stitch the open end closed.  
Remember to stitch back and forth across each tie several times to securely attach them.

NOW PAT YOURSELF ON THE BACK AND MAKE ANOTHER ONE!