...
Fabric C:
-Cut 6 strips 2 " x wof. Sew Cut into 8 strips $2 " \times 171 / 2^{\prime \prime}$ and 8 strips $2 " \times 81 / 2 "$ (frames around Fabric D rectangles).
...
Page 2
-Using the Flying Geese units just made,
Fabric C squares, make 4 Star blocks with Fabric H F centers and 8 Star blocks with Fabric E centers.

make 8 blocks

make 4 blocks

