

**AAA: Sewing Made Simple Series**  
**Quilted Table Runner - Supply Sheet**  
**Instructor: Louise Sakihama**

*In this two (2) session class*, students will apply their essential sewing skills to basic quilting processes while developing accuracy and confidence. Students will be introduced to tools and skills need to make a pieced quilted table runner from a 5” Charm Pack of fabric. Students will practice basic construction techniques to successfully complete the fun project.

***Session One:*** (1) Reading the pattern and understanding sewing and quilting terminology; (2) measuring and cutting fabric, (3) construction skills for creating quilt blocks, sewing straight seams and keeping a consistent seam width; (4) putting it all together: laying out blocks and sewing it together.

***Session Two:*** Returning to class with the completed table runner, batting, backing and binding fabrics. (1) Creating the quilt “sandwich”; (2) sewing the quilting lines; (3) attaching the binding.

**Pattern:** Mini Brick Road – Atkinson Designs

**Fabric:** Main Fabric: 5” Charm Pack

Backing Fabric: ½ yard

Batting: Fusible Fleece – ½ yard

Binding Fabric: ¼ yard

**Supplies: Notions and Tools**

- Mettler polyester thread or Superior Threads So Fine polyester thread.
- Sewing machine needles: Microtek or Sharps in size 80/12 or 90/14
- Awl or Stiletto tool
- Fabric Marker/ Erasable marking pen: Chalk, Mark-B-Gone, or Frixion
- Rotary cutter, and ruler (6” x 24” or 6” x 12”)
- Seam Wand or Seam Roller
- Measuring Tape
- Scissors: Fabric
- Wonder Clips
- Sewing Pins
- ¼” foot with guide
- Quilting safety pins (for Session 2)
- Walking Foot (for Session 2 – quilting)

**Sewing Machine and Power Cord:** Cleaned and oiled ready to sew

- Sewing machine accessories provided by your machine’s manufacturer
- All-purpose Foot
- Bobbins wound with the Mettler or So Fine polyester thread.

**All the supplies listed are available at AAA Sewing and Fabric.**  
**We thank you for your support.**