

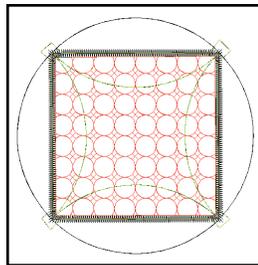
## Cathedral Window

Single Block Center Fill, page 2 and 3  
 Single Block Appliqué Fill, page 4 and 5  
 Refer to pages 3 or 9 in the Fabric Requirements document to determine the number of blocks to stitch.

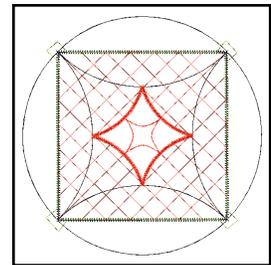
For ease of use, the block sizes are rounded to the nearest number. The actual finished block sizes are:  
 4 inch - 3.25 x 3.25, 5 inch - 4.75 x 4.75, 6 inch - 5.5 x 5.5

4 inch blocks require a minimum hoop size of 5 x 7  
 5 inch blocks require a minimum hoop size of 7 x 7  
 6 inch blocks require a minimum hoop size of 9 x 9

Single Block Center Fill  
 File name: SBCF



Single Block Appliqué Fill  
 File name: SBAF



Window Frame Fabric  
 4 inch - 5 1/2 x 5 1/2  
 5 inch - 7 1/2 x 7 1/2  
 6 inch - 9 1/2 x 9 1/2

Window Fabric  
 4 inch - 4 x 4  
 5 inch - 5 3/4 x 5 3/4  
 6 inch - 7 x 7

Appliqué Fill Block only  
 4 inch - 2 x 2  
 5 inch - 2 1/2 x 2 1/2  
 6 inch - 3 x 3

Battilizer  
 4 inch - 3 1/2 x 3 1/2  
 5 inch - 5 x 5  
 6 inch - 6 x 6

Thread #1  
 Match Window OR  
 Window Frame fabric

Thread Key

WS—Water Soluble  
 Thread

Fabric like water soluble stabilizer cut large enough to fit your hoop

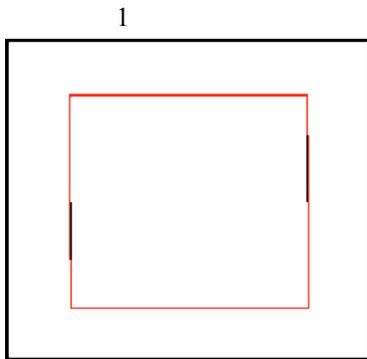
Place as many blocks in your hoop as you can, leaving at least a 1/4 inch between blocks for trimming.

If your machine has a combine feature, combine your designs to speed up the sewing process. See your dealer or owners manual for your specific machines features.

For more embroidablocks, please visit:  
[www.hoopsisters.com](http://www.hoopsisters.com)

## Cathedral Window

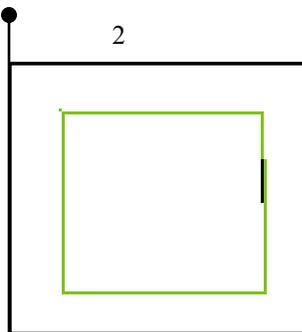
Single Block—Center Fill



Hoop fabric like water soluble stabilizer.

Use thread 1 in the needle, embroidery bobbin thread in the bobbin.

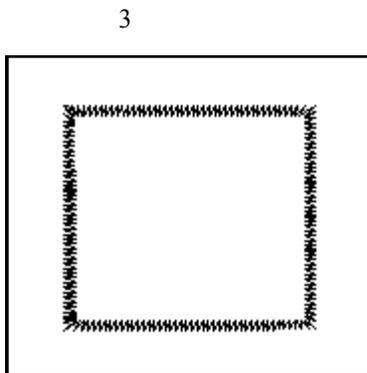
Stitch the placement stitch.



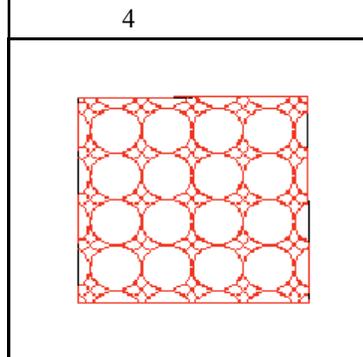
Use Temporary Spray Adhesive on one side of the Battilizer™ square, and on the wrong side of the Window Fabric. Place both inside the placement stitch.

Stitch the tack down. Trim close as if for appliqué on all edges.

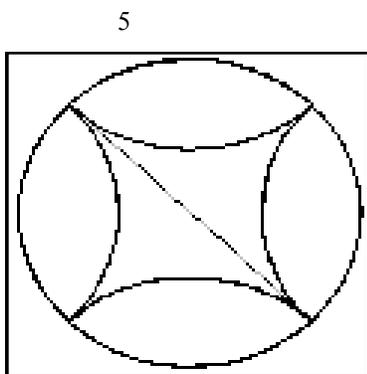
Make a small cut along one edge about 1 inch long thru the water soluble stabilizer. This will aid in turning the block later.



Stitch the zigzag tack down stitch.

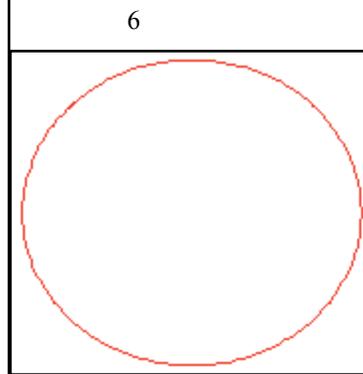


Stitch the quilting stitches.



Change to WS in the needle only.

Stitch the placement stitch.



Change to thread 1 in the needle only.

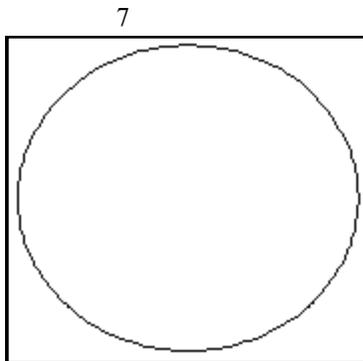
Place the Window Frame fabric right side down, centering over the placement stitch.

Stitch the tack down.

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## Cathedral Window

Single Block—Center Fill



Stitch the seam.

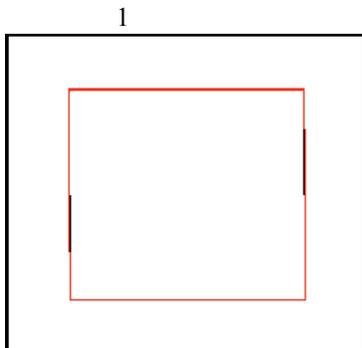
### Trimming the “blocks”

- Trim the “block” to a scant 1/4 inch all the way around
- Make opening in stabilizer large enough to turn the “block”.
- Turn the block right side out.
- Finger press the seam. DO NOT use a hot iron to press the blocks. They WILL shrink.

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## Cathedral Window

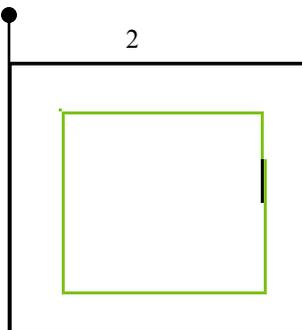
Single Block—Appliqué Fill



Hoop fabric like water soluble stabilizer.

Use thread 1 in the needle, embroidery bobbin thread in the bobbin.

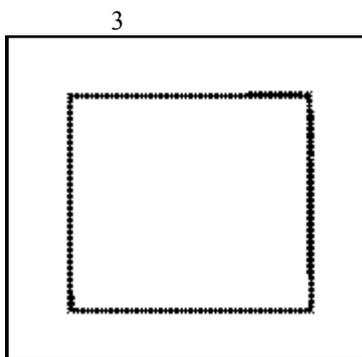
Stitch the placement stitch.



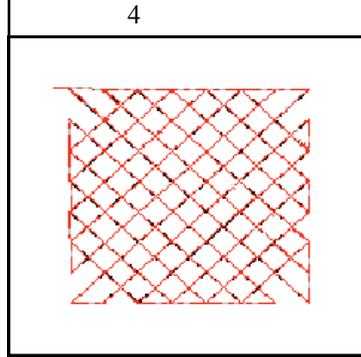
Use Temporary Spray Adhesive on one side of the Battilizer™ square, and on the wrong side of the Window Fabric. Place both inside the placement stitch.

Stitch the tack down. Trim close as if for appliqué on all edges.

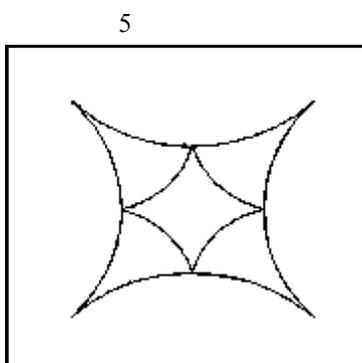
Make a small cut along one zigzag edge about 1 inch long thru the water soluble stabilizer. This will aid in turning the block later.



Stitch the zigzag tack down stitch.

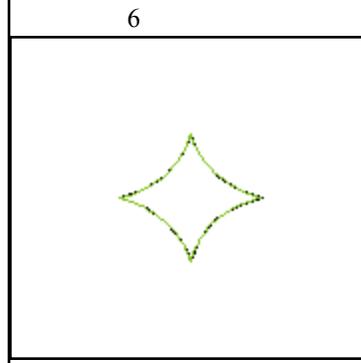


Stitch the quilting stitches.



Change to WS in the needle only.

Stitch the placement line.



Change to thread 1 in the needle only.

Place the center Appliqué fabric over the center placement stitch.

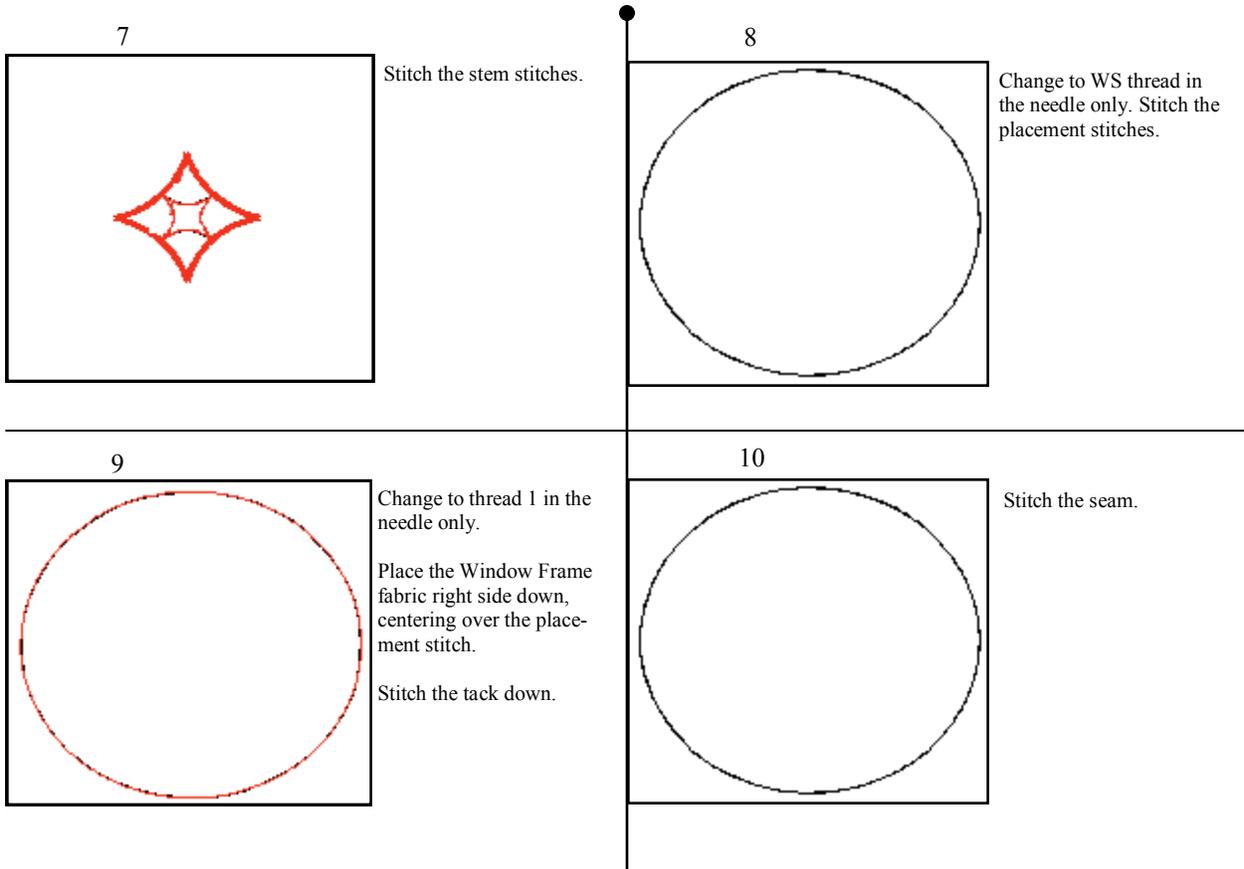
Stitch the tack down.

Trim very close as if for Appliqué on all sides.

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## Cathedral Window

Single Block—Appliqué Fill



### Trimming the “blocks”

- Trim the “block” to a scant 1/4 inch all the way around
- Make opening in stabilizer large enough to turn the “block”.
- Turn the block right side out.
- Finger press the seam. DO NOT use a hot iron to press the blocks. They WILL shrink.

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