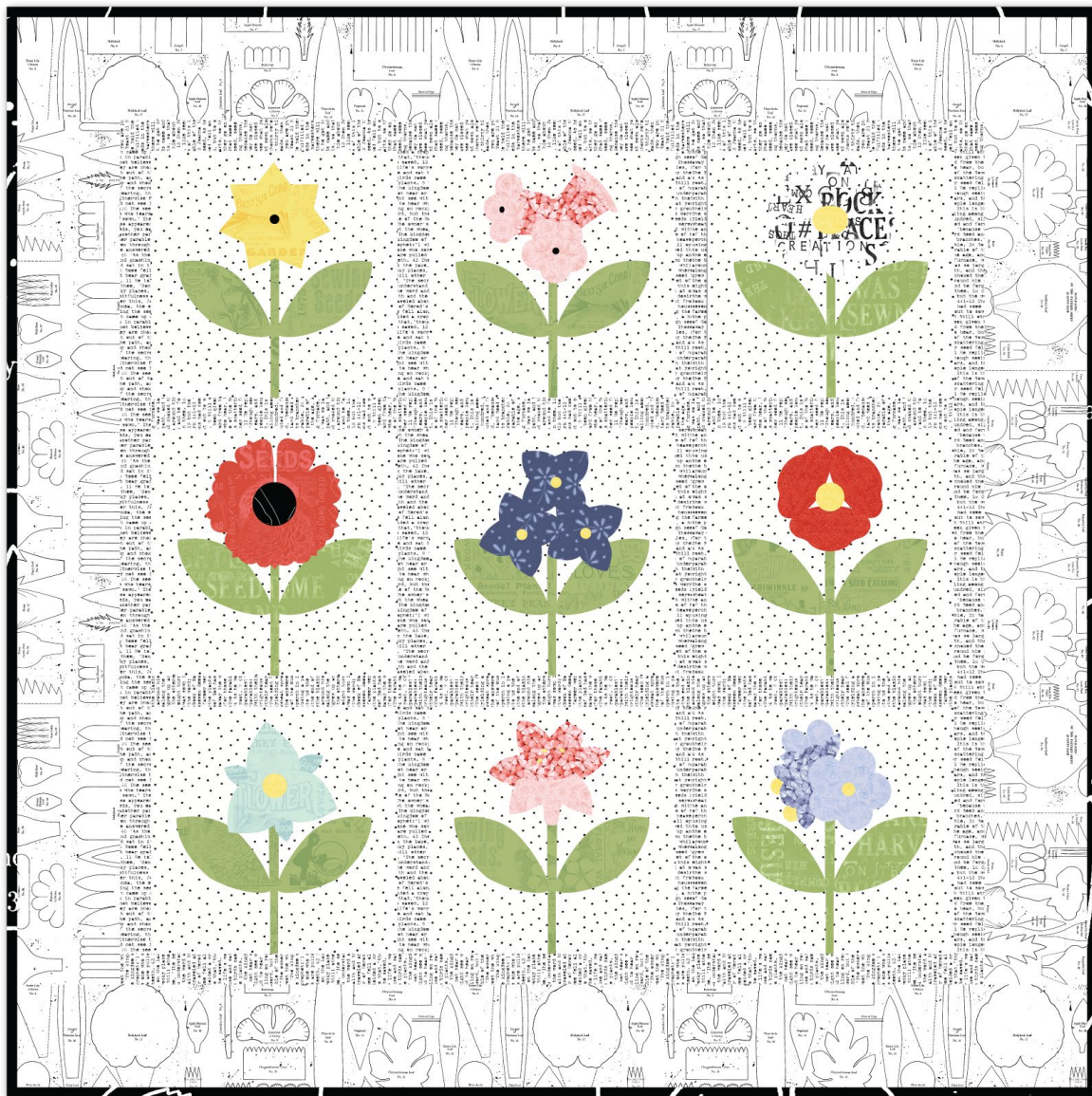


SEWING SEEDS FLOWER QUILT


Riley Blake
DESIGNS®



52 1/2" x 52 1/2"

Sewing Seeds III.



02/01/2025

SEWING SEEDS FLOWER QUILT

FINISHED QUILT SIZE 52 ½" × 52 ½"

Please read all instructions before beginning this project.
Yardage calculated using a 42" usable width of fabric.

Pattern designed by J. Wecker Frisch.

GENERAL INSTRUCTIONS

Please check www.rileyblakedesigns.com/pattern-updates or scan the QR Code for any revisions before starting this project. This pattern requires a basic knowledge of quilting and appliqué techniques and terminology. The quilt and block diagrams portrayed are virtual images. The layout and look of your project may differ when using actual fabric. It is not recommended to prewash fabric before cutting and assembling.



WOF = Width of Fabric

RST = Right Sides Together

FABRIC REQUIREMENTS

All fabrics from the Sewing Seeds III collection unless stated otherwise.

⅓ Yard of Each:

C15685-RED Stipple
C15689-BLUE Daisy Eyelet Toss
C15691-WHITE Parable Stamps
C15692-PERIWINKLE Porcelain Petals
C15692-PINK Porcelain Petals
C15694-PERIWINKLE Phlox Petals
C15694-PINK Phlox Petals

¼ Yard of Each:

C15690-AQUA Garden Blender
C15690-RED Garden Blender
C15690-YELLOW Garden Blender
C15691-GREEN Parable Stamps

Additional Fabrics:

½ yard C15690-GREEN Garden Blender
⅝ yard C15695-WHITE Seed Sower
⅞ yard C15688-WHITE Posie Patterns
1 ¼ yards C15686-WHITE Seed Dots
½ yard C15688-BLACK Posie Patterns (includes binding)

OTHER SUPPLIES

Basic Sewing Supplies

1 ⅝ yards WB13870-WHITE Sew Text (wide back backing)

Batting

1 ½ yards of 17"-wide Paper-Backed Fusible Web

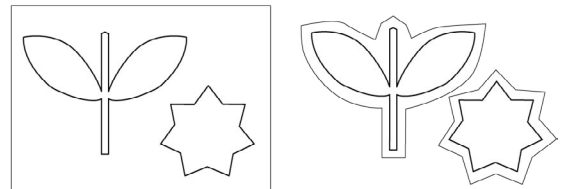
(1) Skein of 6-strand Embroidery Floss

Buttons: (3) ⅜", (3) ½", and (1) ⅝" (optional)

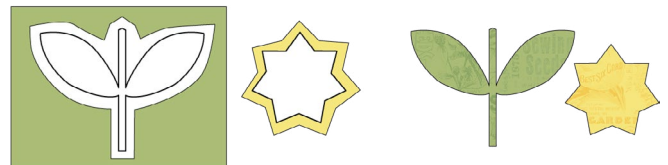
APPLIQUÉ PREPARATION

Instructions are provided for raw edge fusible appliqué. Seam allowances are not included on the Templates; add them if using another appliqué technique.

To prepare and cut the appliqué pieces, place the templates right side up on a light table or window. Note: The templates are already reversed for ease of use. Trace the shapes onto the paper side of the fusible web. Roughly cut outside the drawn lines of the shapes, leaving at least ¼" of fusible web. Transfer the Template numbers to the fusible paper as well. The pieces for each block are numbered in the order they are layered, i.e. B-2 will tuck behind the pieces next to it. When tracing B-2 add the extra to the sides with dotted lines. Note: For softer finished appliqué, also remove the interior of the drawn shapes, leaving at least ½" of fusible web inside of the drawn line.



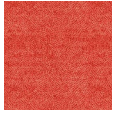
Fuse the traced shapes to the WRONG side of the specified fabric following the manufacturer's instructions. Discard or reuse any excess for any smaller shapes. Once cool, cut out the shapes exactly on the drawn line. Do NOT remove the paper backings until ready to fuse in place.



SEWING SEEDS FLOWER QUILT

CUTTING INSTRUCTIONS

When cutting fabrics, use a straight edge ruler and rotary cutter. Measurements include ¼" seam allowance. Label, allocate, and organize all cuts as noted.



Red Stipple

Cut Template pieces F-2, F-3, and F-4.



Blue Daisy Eyelet Toss

Cut Template pieces E-2, E-3, and E-4.



White Parable Stamps

Cut Template pieces C-2, C-3, C-4, C-5, and C-6.



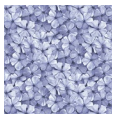
Periwinkle Porcelain Petals

Cut Template pieces I-2 and I-6.



Pink Porcelain Petals

Cut Template pieces B-4, B-5, and B-6.
Cut Template piece H-3.



Periwinkle Phlox Petals

Cut Template piece I-5.



Periwinkle Phlox Petals

Cut Template pieces B-2 and B-3.
Cut Template pieces H-2.



Aqua Garden Blender

Cut Template pieces G-2, G-3, G-4, and G-5.



Red Garden Blender

Cut Template piece D-2.



Yellow Garden Blender

Cut Template piece A-2.
Cut Template piece C-7.
Cut Template piece F-5.
Cut Template piece G-6.
Cut Template pieces I-3 and I-4.



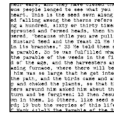
Green Parable Stamps

Cut Template piece C-1.
Cut Template piece D-1.
Cut Template piece I-1.



Green Garden Blender

Cut Template piece A-1.
Cut Template piece B-1.
Cut Template piece E-1.
Cut Template piece F-1.
Cut Template piece G-1.
Cut Template piece H-1.



White Seed Sower

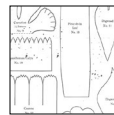
Cut (9) 2" x WOF strips. Piece (3) together end-to-end; subcut:

(2) 2" x 42 ½" strips. Label as J.

From remaining strips, subcut:

(4) 2" x 39 ½" rectangles. Label as K.

(6) 2" x 12 ½" rectangles. Label as L.

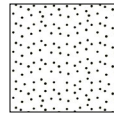


White Posie Patterns

Cut (5) 5 ½" x WOF strips. Piece together end-to-end; subcut:

(2) 5 ½" x 52 ½" strips. Label as M.

(2) 5 ½" x 42 ½" strips. Label as N.



White Seeds Dots

Cut (3) 13" x WOF strips. Subcut:

(9) 13" x 13" squares. Label as O.



Black Posie Patterns

Cut Template piece D-3.
Cut (6) 2 ½" x WOF strips. Set aside for binding.

SEWING TECHNIQUES

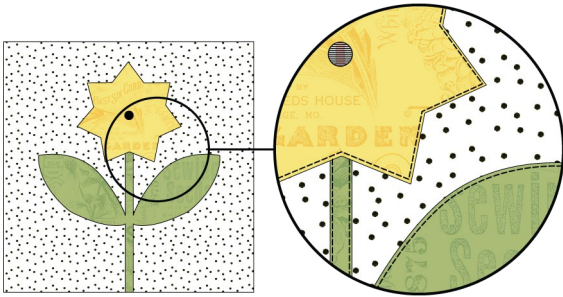
Sew all seams RST and with a ¼" seam allowance unless stated otherwise. Refer to the Quilt Layout Diagram for placement of the prints. Press seams as desired unless stated otherwise. Dimensions listed in steps are unfinished sizes. Please refer to the following general appliqué and embroidery techniques as these methods are referenced throughout the pattern.

SEWING SEEDS FLOWER QUILT

RAW-EDGE APPLIQUÉ METHOD

Fold each background square in half vertically and press to mark the centerline. Remove the paper backing from the appliqué shapes. Use the templates to help position the shapes as instructed on the background fabric. Use tape or pins to temporarily hold fabric shapes in place. Continue to place shapes until each piece is placed for that block. Fuse all the appliqué shapes in place following the manufacturer's instructions.

Sew around the raw edges of each shape using a straight stitch or small zigzag stitch using matching or contrasting thread of your choice.



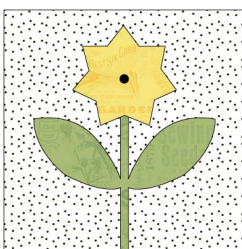
EMBROIDERY METHOD

Place the corresponding Embroidery Guide on the light source. Using a chalk pencil or erasable marker, trace any accent lines. Use a backstitch to embroider thin accent lines with (2) strands of embroidery floss. Use a satin stitch to fill in flower centers using (6) strands of embroidery floss. If using optional buttons for flower centers, do not satin stitch and add the buttons noted until after quilting.

BLOCK ASSEMBLY

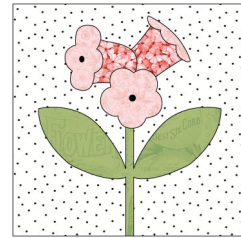
BLOCK A

1. Gather (1) **O**-square, A-1, and A-2.
2. Use Block A Template Guide. Follow the Appliqué Directions to fuse the appliqué to the square.
3. Follow Block A Embroidery Guide for the flower center or add a $\frac{3}{8}$ " button after quilting.



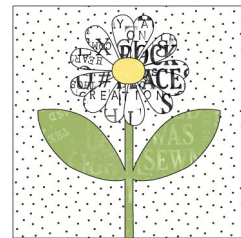
BLOCK B

4. Gather (1) **O**-square, B-1, B-2, B-3, B-4, B-5, and B-6.
5. Follow the Appliqué Directions using Block B Template Guide to fuse the appliqué to the square.
6. Use Block B Embroidery Guide for the accents and the flower centers or add (2) $\frac{3}{8}$ " buttons after quilting.



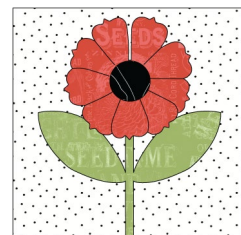
BLOCK C

7. Gather (1) **O**-square, C-1, C-2, C-3, C-4, C-5, C-6, and C-7.
8. Follow the Appliqué Directions using Block C Template Guide to fuse the appliqué to the square.
9. Use Block C Embroidery Guide for the accents.



BLOCK D

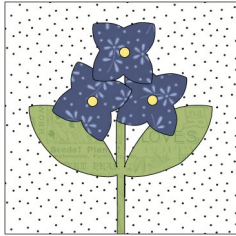
10. Gather (1) **O**-square, D-1, D-2, and D-3.
11. Follow the Appliqué Directions using Block D Template Guide to fuse the appliqué to the square.
12. Use Block D Embroidery Guide for the accents.



SEWING SEEDS FLOWER QUILT

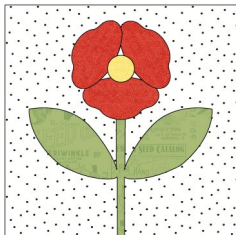
BLOCK E

13. Gather (1) **O**-square, E-1, E-2, E-3, and E-4.
14. Follow the Appliqué Directions using Block E Template Guide to fuse the appliqué to the square.
15. Use Block E Embroidery Guide for the flower centers or add (3) ½" buttons after quilting.



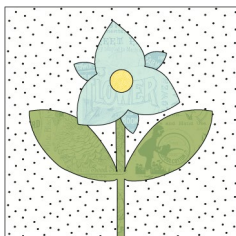
BLOCK F

16. Gather (1) **O**-square, F-1, F-2, F-3, F-4, and F-5.
17. Follow the Appliqué Directions using Block F Template Guide to fuse the appliqué to the square. Note: There is no embroidery for Block F.



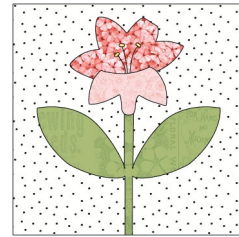
BLOCK G

18. Gather (1) **O**-square, G-1, G-2, G-3, G-4, G-5, and G-6.
19. Follow the Appliqué Directions using Block G Template Guide to fuse the appliqué to the square. Note: There is no embroidery for Block G.



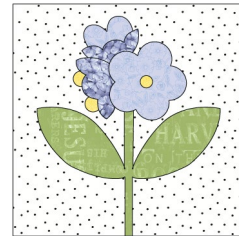
BLOCK H

20. Gather (1) **O**-square, H-1, H-2, and H-3.
21. Follow the Appliqué Directions using Block H Template Guide to fuse the appliqué to the square.
22. Use Block H Embroidery Guide for the accents.



BLOCK I

23. Gather (1) **O**-square, I-1, I-2, I-3, I-4, I-5, and I-6.
24. Follow the Appliqué Directions using Block I Template Guide to fuse the appliqué to the square.
25. Follow Block I Embroidery Guide for the accents and flower center or add (1) ⅝" button after quilting.

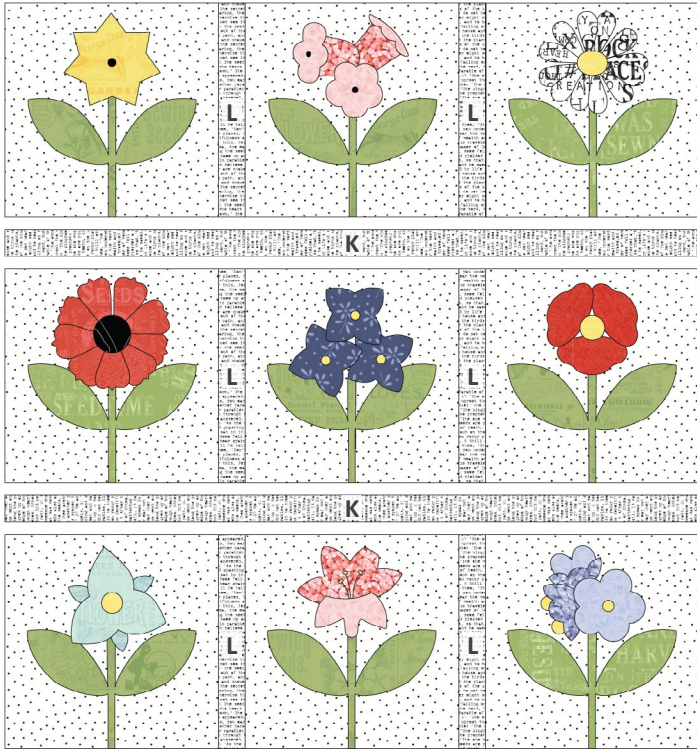


26. Trim each block to measure 12 ½" × 12 ½".

SEWING SEEDS FLOWER QUILT

QUILT ASSEMBLY

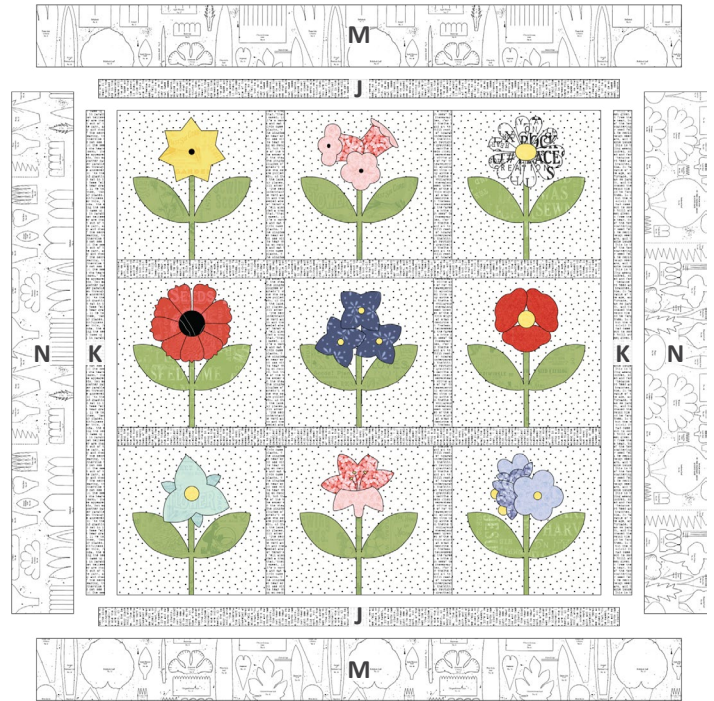
27. Arrange Blocks A-I, (6) **L**-rectangles, and (2) **K**-rectangles as shown below. Sew the blocks and pieces together into rows. Next, sew the rows together to make the quilt center.



39 1/2" x 39 1/2"

28. Sew (1) **K**-rectangle to each side of the quilt center as shown in the Quilt Layout Diagram. Next, sew (1) **J**-strip to the top and bottom. In the same manner, sew **N**-strips to the sides and **M**-strips to the top and bottom to complete the quilt top.

QUILT LAYOUT DIAGRAM



52 1/2" x 52 1/2"

FINISHING INSTRUCTIONS

29. Layer the quilt top, batting, and backing. Baste the quilt layers together and quilt as desired. Sew the Black Posie Patterns binding strips together end-to-end. Then bind the trimmed, finished quilt using your favorite binding method.

Enjoy and share your quilt using the hashtags:

[#sewingseedsllfabric](#), [#sewingseedsflowerquilt](#), [#rileyblakedesigns](#), and [#iloverileyblake](#).

Sewing Seeds Flower Quilt

Stem Bottom Template

by Janet Wecker Frisch

1" x 1"
measure
to
ensure
accuracy

Join here using Blocks A-I Templates.

A-1 B-1 C-1
D-1 E-1 F-1
G-1 H-1 I-1

KEY

Template Outline

Template Cutting Line

Center Placement Line

Backstitch Embroidery

Satin Stitch Embroidery
(or Button Placement)

Template Edge

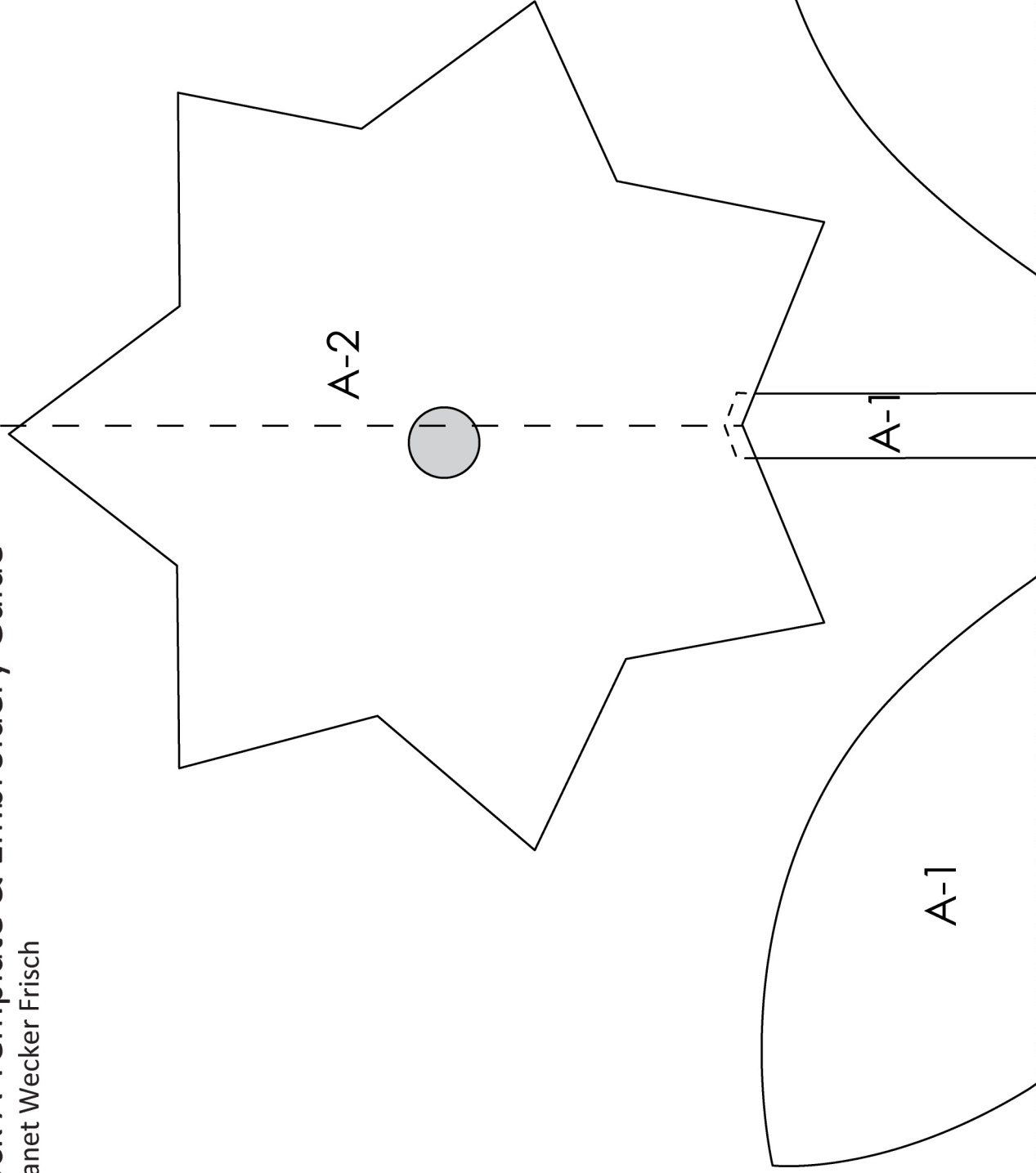
For placement, align the bottom of
the stem with the bottom edge of a
13" background square.

Sewing Seeds Flower Quilt

Block A Template & Embroidery Guide

by Janet Wecker Frisch

1" x 1"
measure
to
ensure
accuracy

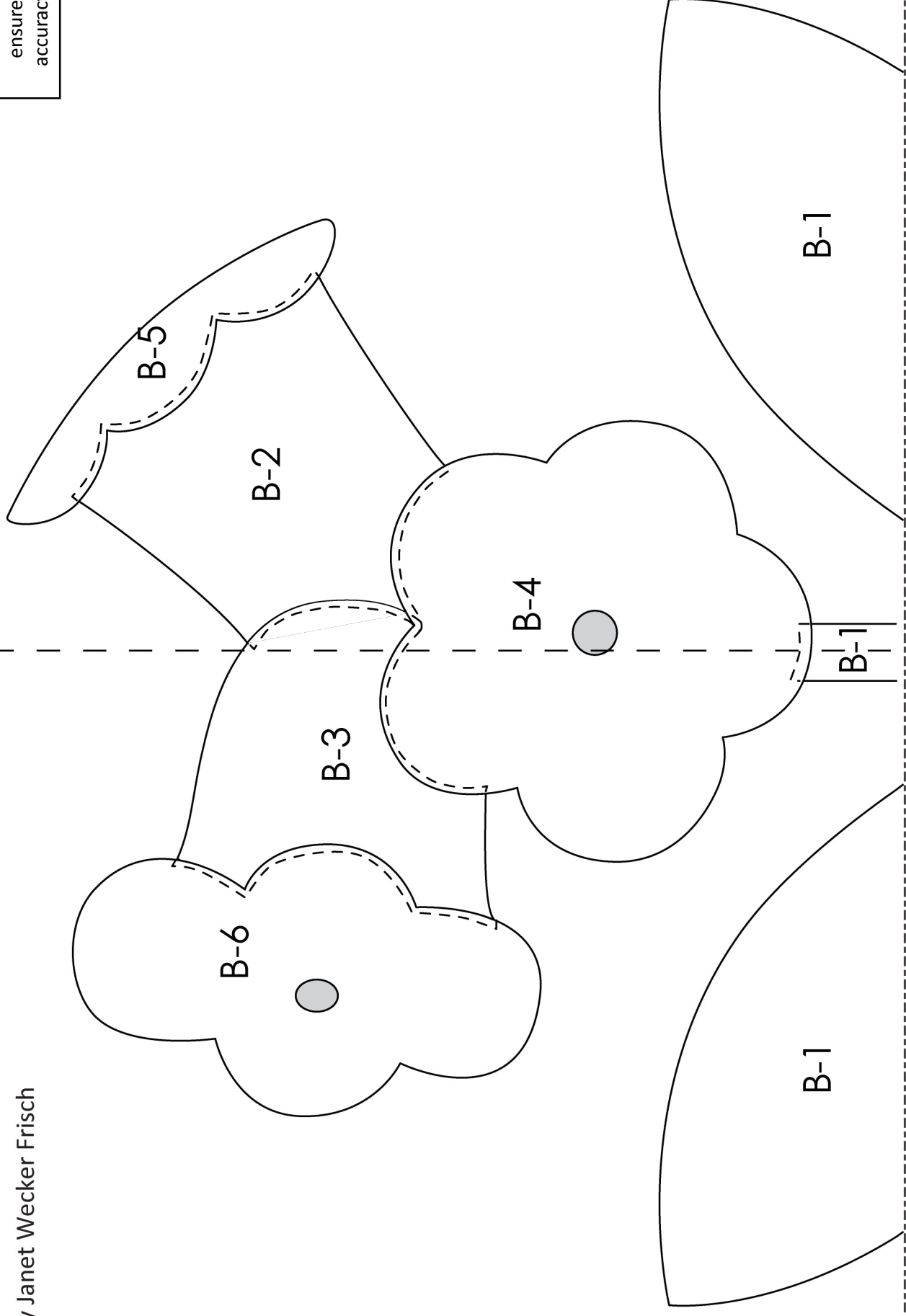


Sewing Seeds Flower Quilt

Block B Template & Embroidery Guide

by Janet Wecker Frisch

1" x 1"
measure
to
ensure
accuracy

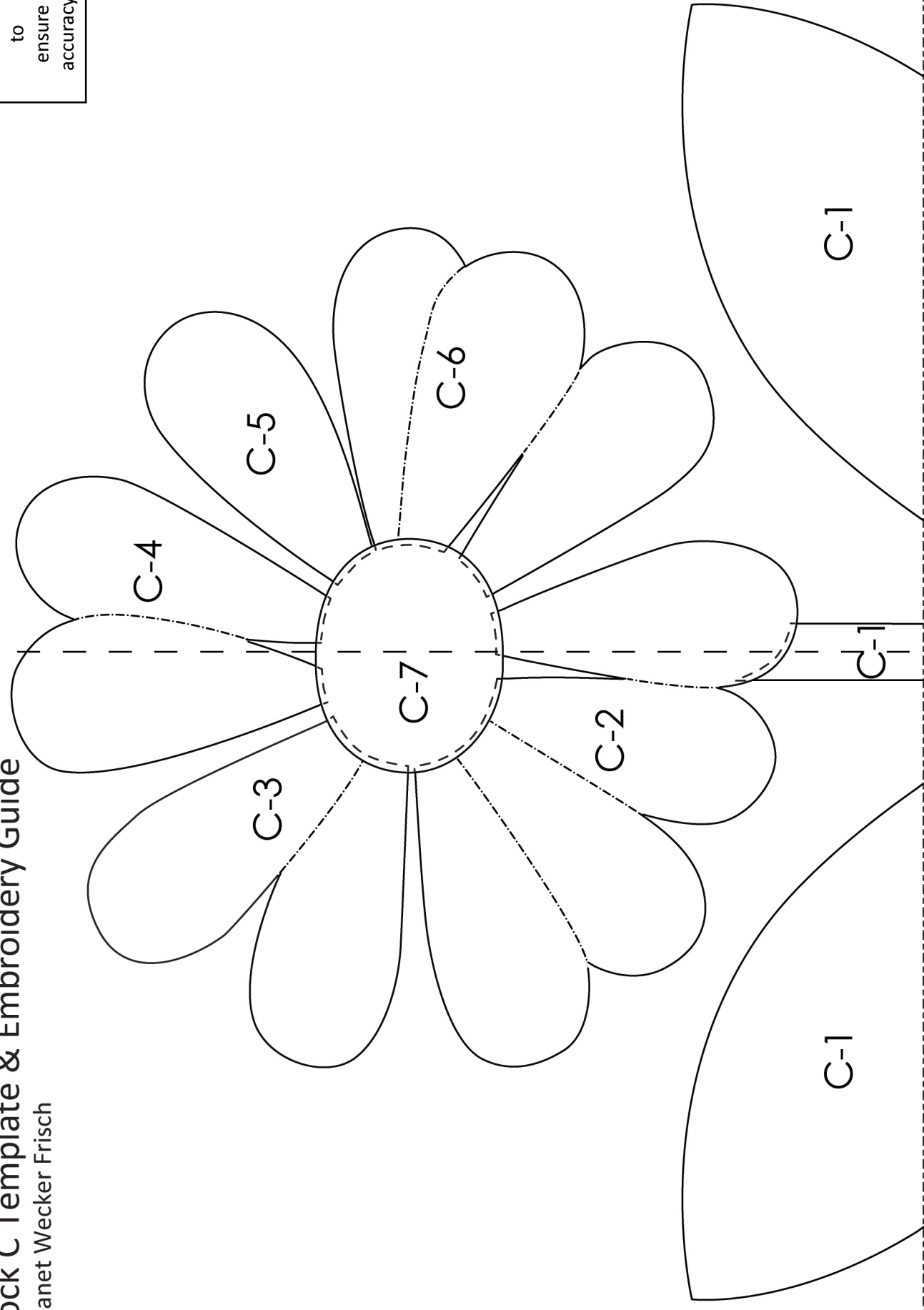


Sewing Seeds Flower Quilt

Block C Template & Embroidery Guide

by Janet Wecker Frisch

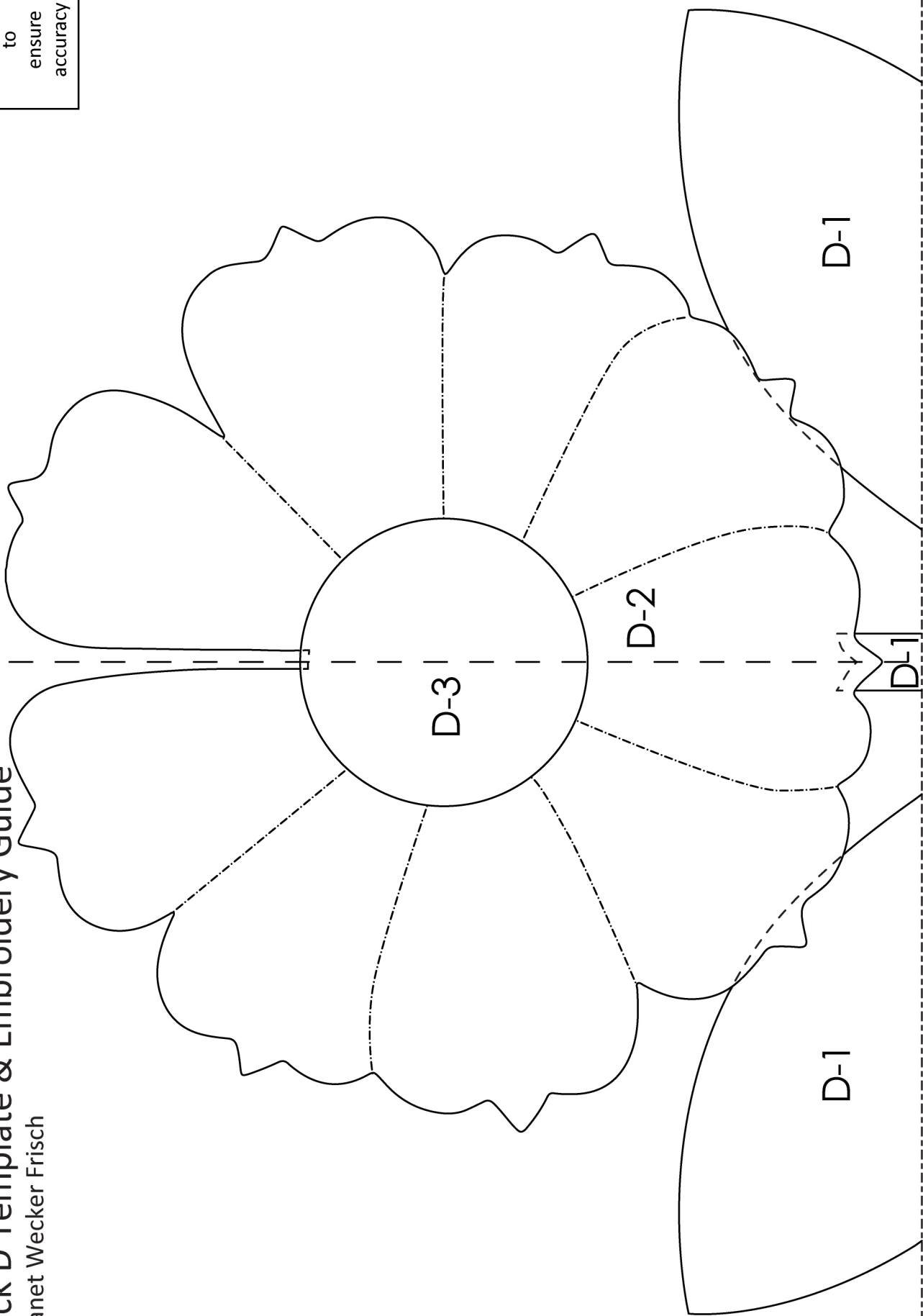
1" x 1"
measure
to
ensure
accuracy



Join here using C-1 Stem Bottom Template.

Sewing Seeds Flower Quilt
Block D Template & Embroidery Guide
by Janet Wecker Frisch

1" x 1"
measure
to
ensure
accuracy



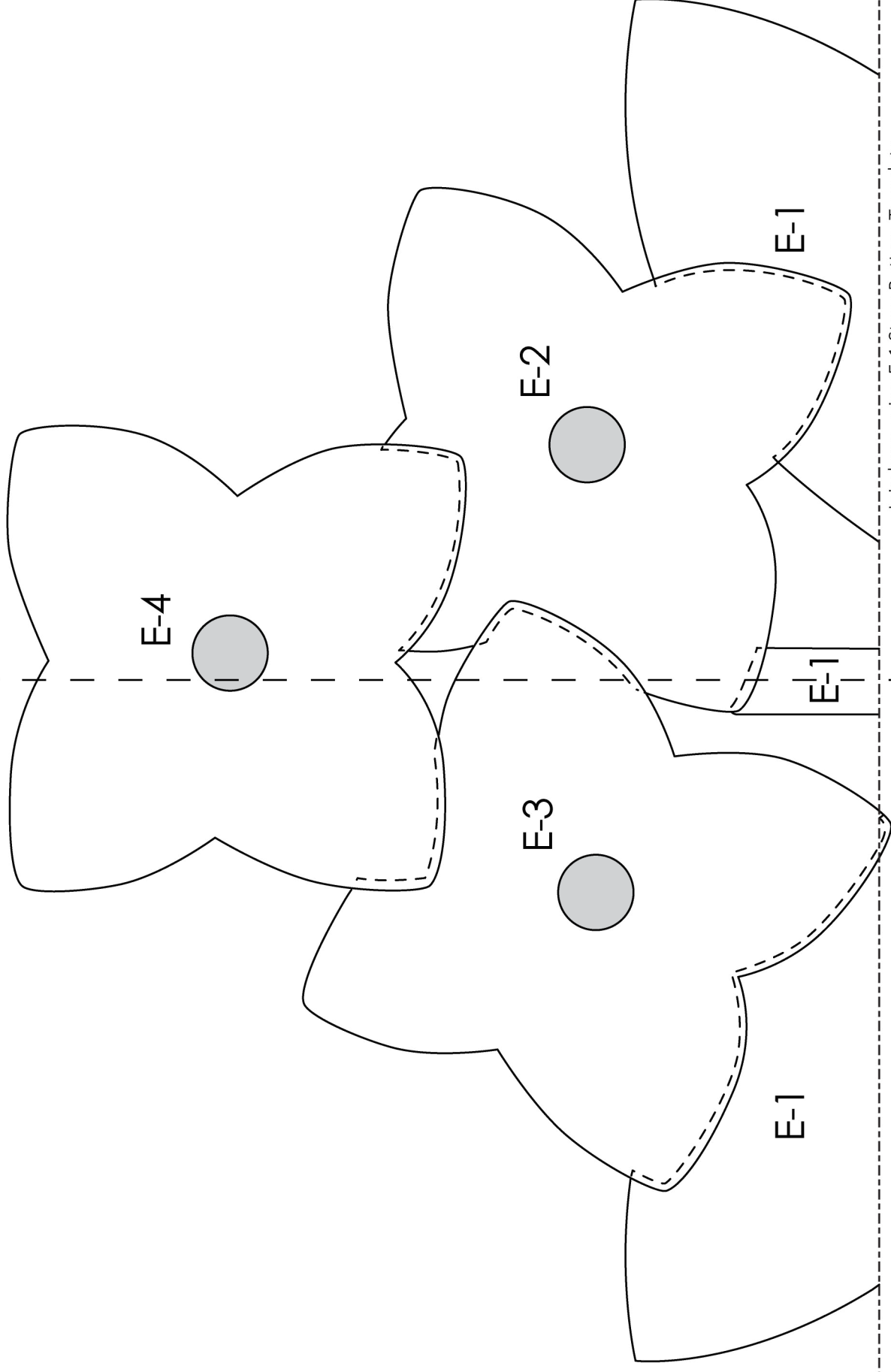
Join here using D-1 Stem Bottom Template.

Sewing Seeds Flower Quilt

Block E Template & Embroidery Guide

by Janet Wecker Frisch

1" x 1"
measure
to
ensure
accuracy

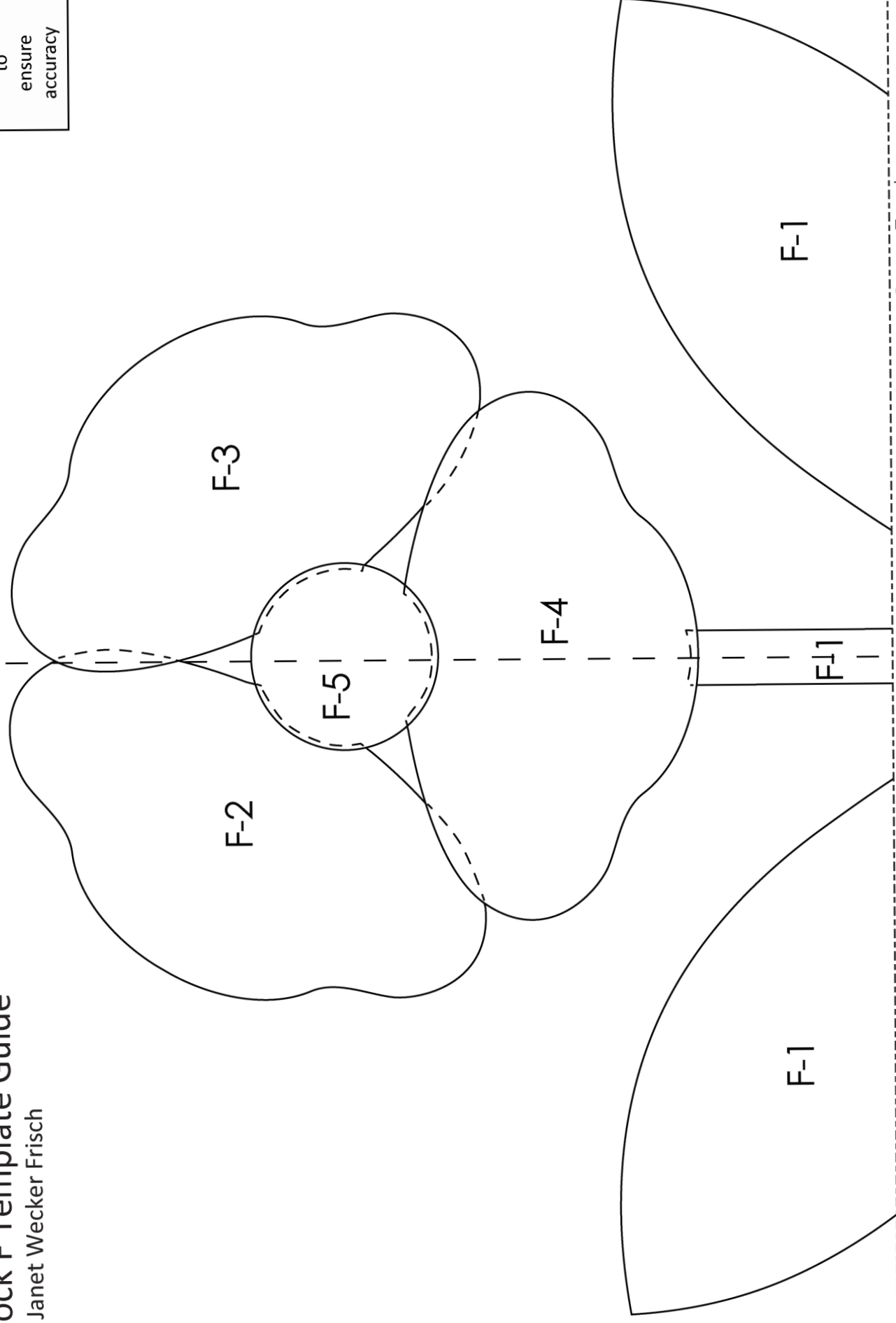


Sewing Seeds Flower Quilt

Block F Template Guide

by Janet Wecker Frisch

1" x 1"
measure
to
ensure
accuracy



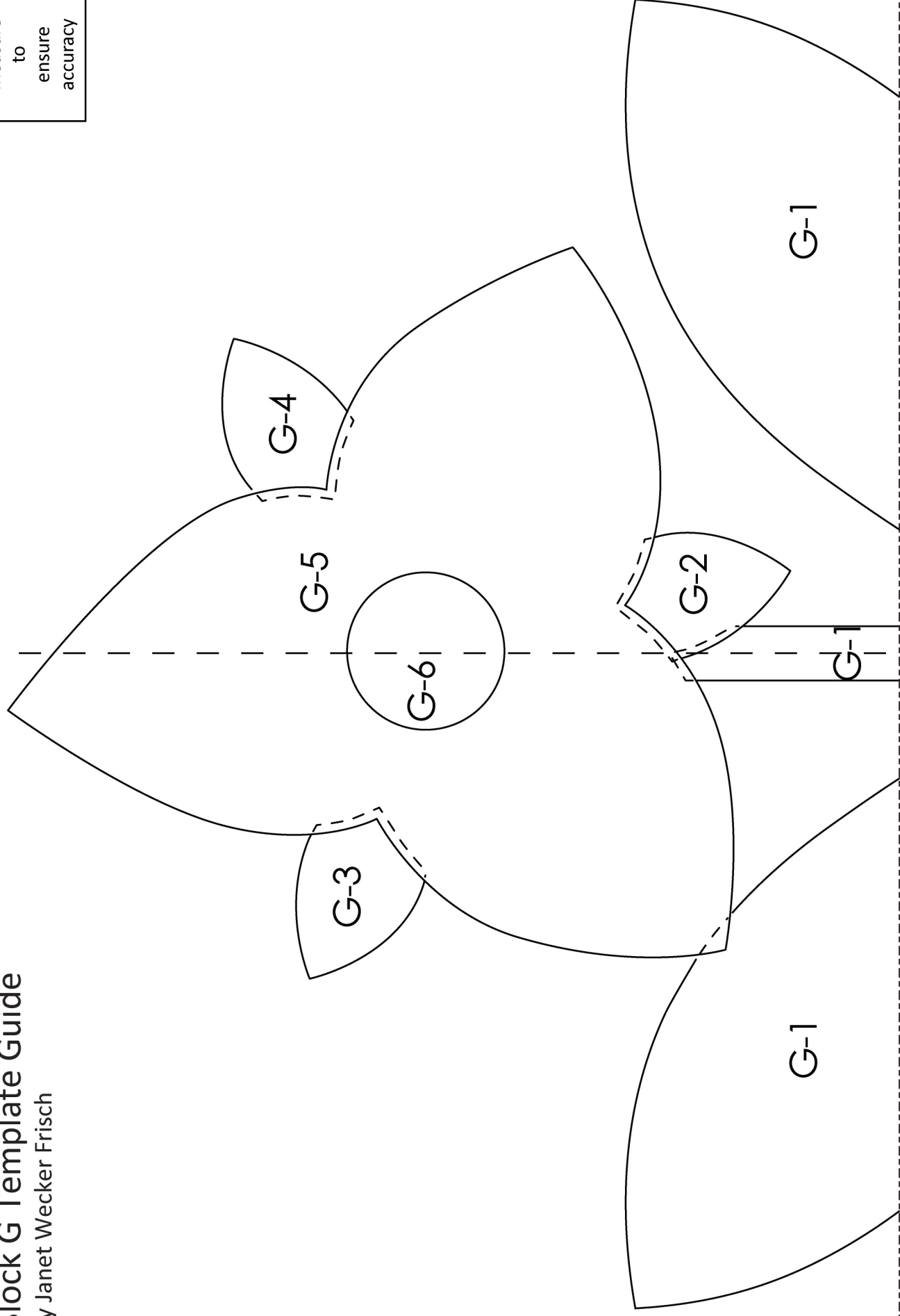
Join here using F-1 Stem Bottom Template.

Sewing Seeds Flower Quilt

Block G Template Guide

by Janet Wecker Frisch

1" x 1"
measure
to
ensure
accuracy

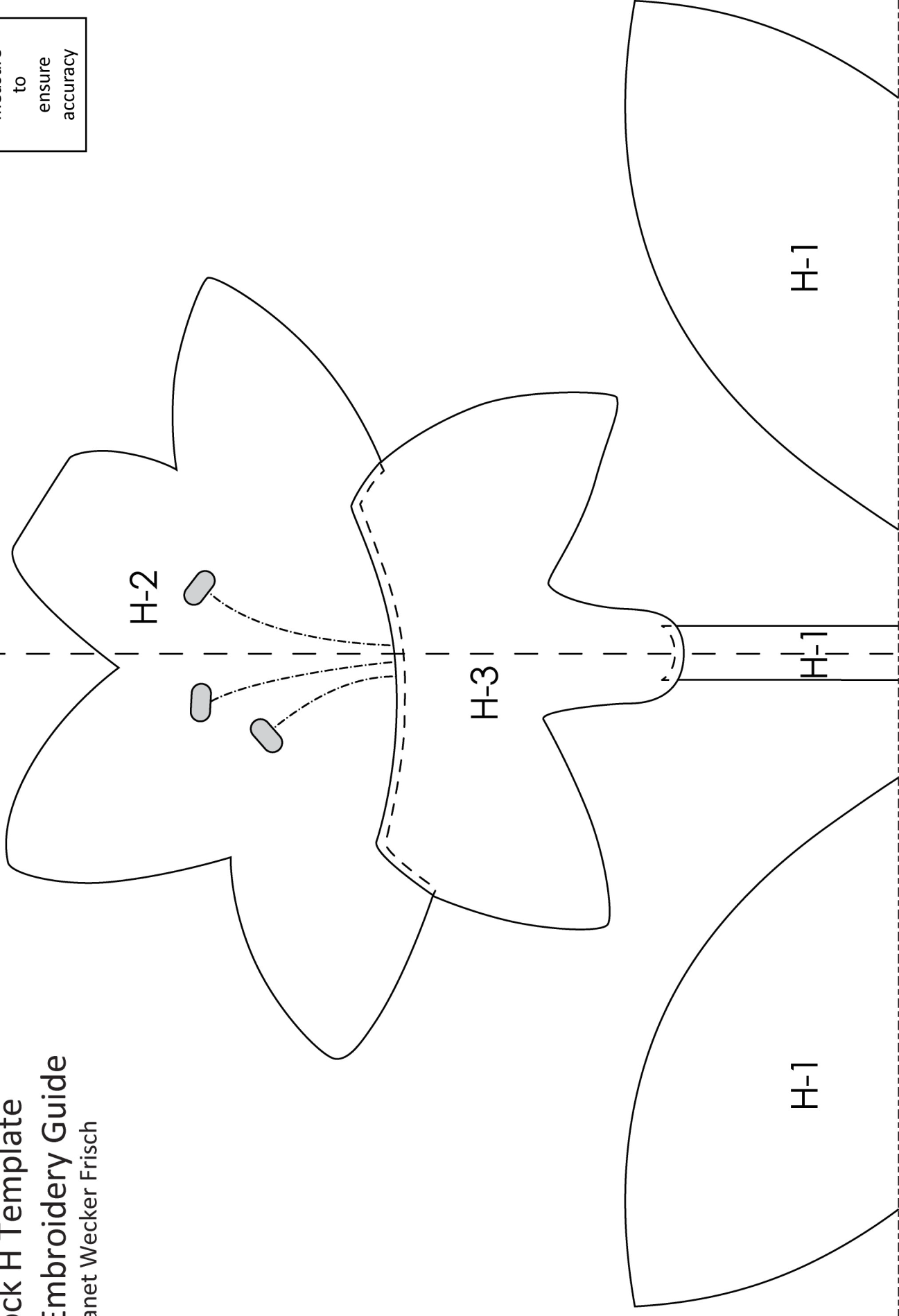


Sewing Seeds Flower Quilt

Block H Template & Embroidery Guide

by Janet Wecker Frisch

1" x 1"
measure
to
ensure
accuracy



Join here using H-1 Stem Bottom Template.

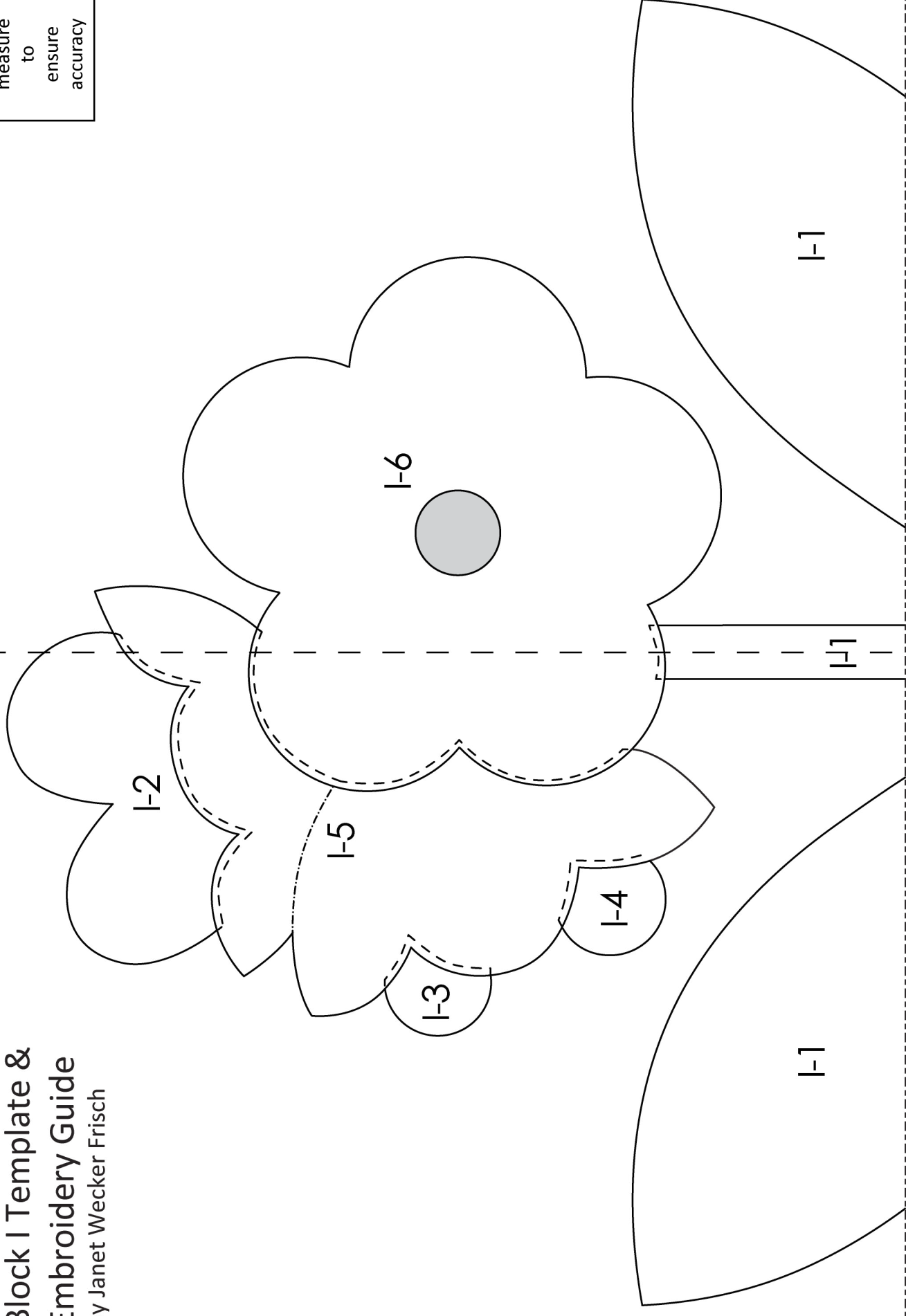
Sewing Seeds Flower Quilt

Block I Template &

Embroidery Guide

by Janet Wecker Frisch

1" x 1"
measure
to
ensure
accuracy



Join here using I-1 Stem Bottom Template.