



October Birthday's

Loralee Johnson	October 7th	Connie Carter	October 21st
Lucy Reeves	October 13th	Ilean Hazel	October 23rd
Ellen Starr	October 15th	Evelyn Christian	October 29th
Annette Murphy	October 21st		

Important Information

- Remember walking 3 miles (6300 steps) each day will put you @ Victorville, California at the end of October.
- **HEAT Program**– The Home Energy Assistance Target program (HEAT) is a federally-funded energy assistance program that provides one-time per season assistance. Must meet low-income and eligibility guidelines. 801-229-3855
- October 1st we will be eating at Davis Ranch– Hopefully the weather will be awesome and we can enjoy all the fall leaves.
- **Springville Senior Center** is offering a FREE Square Dance Lesson October 19th! Adults welcome, singles or pairs, No skill needed. Come have fun learning to square dance to lively fiddlin' music. Questions call Diane 801-787-6264.
- October 22nd- wear your hunting attire and don't forget to bring pictures and be ready to share your awesome hunting stories.
- October 31st- HALLOWEEN PARTY– come dressed up and join in on all the fun!
- The 1st Thursday of each month Stokes offers 10% off your entire purchase for rewards guest 55 and older.