

*** Please don't save seats at lunch. We want new people to feel welcome.**

Tuesday, May 7th

Lunch– Ms. Helen's Cheesy Beef Lasagna
Seasoned Green Beans, Fresh Garlic Bread,
Homemade Brownie, Red Delicious Apple
Alternate Meal– Broccoli Soup w/ Turkey Sandwich
Activity– Cupcake Wars with Christy Lowe

Tuesday, May 14th

Lunch– Sack Lunch

(NO ALTERNATE MEAL SERVED)

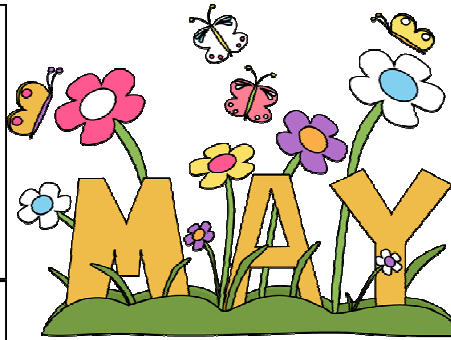
Activity– Lunch at Davis Ranch

Tuesday, May 21st

Lunch– Shepherd's Pie, Diced Seasoned Carrots,
Cottage Cheese and Mixed Fruit, Chewy Chocolate
Brownie
Alternate Meal– Chicken & Rice Soup w/ Turkey
Sandwich
Activity– BUNCO

Tuesday, May 28th

Lunch– Colt Cut Subs (Honey Cured Ham and
Roasted Turkey with Provolone Cheese, Lettuce and
Tomato) Potato Chips, Jello and Fruit Cocktail
Alternate Meal– Chef Salad
Activity– BINGO



**Senior Lunch Menu
and
Activities**



**Salem Activity Center
60 N 100 E
801-423-1035**

Reminder

- **Senior 60+ \$3.00 suggested donation**
- **Visitors under 60 must pay \$6.00 to the ladies at the front desk.**
- **Please RSVP the day before by 4:00 pm.**

Thursday, May 2nd

Lunch– Swedish Meatballs, Rice, Carrots, Mixed
Fruit Cocktail, Fresh Baked Roll
Alternate Meal– Chef Salad
Activity– Kentucky Derby Day Fun—Wear a hat!

Thursday, May 9th

Lunch– Old Fashioned Sloppy Joe, Fresh
Hamburger Bun, Mustard Potato Salad, Pork and
Beans, Naval Orange
Alternate Meal– Vegetable beef soup w/ Turkey
Sandwich
Activity– Badminton

Thursday, May 16th

Lunch– BBQ Chicken Thighs, Hot German Potato
Salad, Seasoned Green Beans, Fresh Local Apple,
Fresh Baked Roll
Alternate Meal– Chef Salad

Activity–BINGO

Thursday, May 23rd

Lunch– Cured Honey Baked Ham, Scalloped
Potatoes, Diced Beet, Fresh Baked Corn Bread,
Assorted Tropical Fruit
Alternate Meal– Minestrone Soup w/ Turkey
Sandwich
Activity– Breakfast Casserole Demo with Marilyn Atwood

Thursday, May 30th

Lunch– Malibu Chicken, Scalloped Potatoes,
Seasoned Corn, Fresh Baked Roll, Mandarin
Oranges
Alternate Meal– Chef Salad
Activity– Volleyball