

Tuesday, April 2nd

Lunch– Meat Loaf, Mashed Potatoes and Gravy, Roasted Corn , Roll, Apple Crisp

Alternate Meal– Chef Salad

Activity– Celebrate Birthdays, Mindy Presents on DR Trip

Tuesday, April 9th

Lunch– Ground Beef Tacos, Lettuce, Tomatos, Cheese, Refried Beans, Taco Sauce, Sour Cream, Mandarin Oranges

Alternate Meal– Broccoli Soup w/ Turkey Sandwich

Activity– Central Valley Medical Center & Visiting W/ Friends

Tuesday, April 16th

Lunch– Malibu Chicken w/ Honey Mustard Sauce, Au Fratin Potatoes, Corn Mandarin Oranges, Roll

Alternate Meal– Chef Salad

Activity– Bunco

Tuesday, April 23rd

Lunch– Chicken Wrap, Italian Pasta Salad, Pickle, Peaches, Brownie

Alternate Meal– Chicken & Rice Soup w/ Turkey Sanwich

Activity– Group Challenge Presentation

Tuesday, April 30th

Lunch– Country Fried Steak, Mashed Potatoes, Country Gravy, Vegetables, Pears, Roll

Alternate Meal– Chef Salad

Activity– BINGO sponsored by A-Plus Home Health



**Senior Lunch Menu
and
Activities**



**Salem Activity Center
60 N 100 E
801-423-1035**

Reminder

- Senior 60+ \$3.00 suggested donation
- Visitors under 60 must pay \$6.00 to the ladies at the front desk.
- Please RSVP the day before by 4:00 pm.

Thursday, April 4th

Lunch– Rigatoni Pasta w/ Meat Sauce, Green Beans, Green Salad, Garlic Bread, Applesauce

Alternate Meal– Chef Salad

Activity– Make a Free Craft

Thursday, April 11th

Lunch– Ms. Helen’s Cheesy Beef Lasagna, Green Beans, Garlic Bread, Jello w/ Fruit

Alternate Meal– Vegetable beef soup w/ Turkey Sandwich

Activity– BINGO sponsored by A-Plus Home Health

Thursday, April 18th

Lunch– Hawaiian Haystacks w/ all the fixin’s, White Rice, California Blend Vegetables

Alternate Meal– Chef Salad

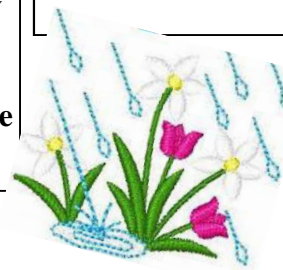
Activity–Easter Service Project

Thursday, April 25th

Lunch– Shepherd’s Pie, Carrots, Cottage Cheese, Mixed Fruit, Brownie

Alternate Meal– Minestrone Soup w/ Turkey Sandwich

Activity– Our very own Heidi Cloward Presents



*** Please don’t save seats at lunch. We want new people to feel welcome.**