The Salem City Office will be closed on Monday, February 18, 2019 for President’s Day. Garbage service will not be affected by this holiday and will be picked up on Tuesday, February 19th as usual. Please have your garbage can out by 7:00 a.m.

Mayor’s Message

This month I would like to spotlight a member of our community, Erman Stone:

Even though Ambulance Captain Erman Stone has an impressive resume and 46 years of selfless service to Salem; We, as a community, will never appreciate how much his service has affected the lives of our citizens and their families.

One such account happened to my family. Without the service of Erman Stone and SEMA (Salem Emergency Medical Association), my family would have been changed forever.

Being medically trained myself, I understand that my brother, who suffered an acute witnessed stroke which left him unresponsive and unable to move or respond, had minutes to spare before these changes would become permanent or deadly. Time was not on his side as he was rushed to Payson Hospital and given streptokinase to break the clot and thin his blood. He was given little hope at first, but he actually made a full recovery which was ONLY possible because of the well-trained and quick responders of the Salem Emergency Medical Association. This is only one example of the many lives and families which have been touched by you!

Thank you Captain Erman Stone & SEMA!!

Your service is much appreciated!

Sincerely,

Mayor Kurt Christensen

We love our Pond Town Christmas! It’s one of our community events that makes Salem a special place to live and visit. It is our goal to make new and exciting additions to Pond Town Christmas each year as finances allow. If you are interested in contributing towards the future enhancement of Pond Town Christmas, you can donate year-round by calling the City Office, mailing donations or dropping a donation by the City Office. We appreciate your support!
Our **Senior Valentines Dinner** will be on February 7 at 6:00 pm. This dinner will be at the Community Center and it’s free for all seniors. We are excited to serve you and we hope you can make it! Thanks for all the support we’ve received from the community. We love serving our community!

-Salem Youth Council Mayor Kyla Bingham

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### SENIOR CITIZENS—LUNCHES & ACTIVITIES

<table>
<thead>
<tr>
<th>DATE</th>
<th>LUNCH</th>
<th>ACTIVITY</th>
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<tbody>
<tr>
<td>Tues Feb 5th</td>
<td>Sweet &amp; Sour Chicken, Steamed White Rice, Stir Fry Vegetables or Cream of Broccoli Soup w/ a Turkey Sandwich</td>
<td>Wellness Checks with A-Plus Home Health</td>
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<td>Celebrate February Birthdays</td>
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<tr>
<td>Thurs. Feb 7th</td>
<td>Homemade Chicken Pot Pie, Fresh Baked Biscuit or Vegetable Beef Soup w/ a Turkey Sandwich</td>
<td>BINGO</td>
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<tr>
<td>Tues. Feb 12th</td>
<td>Three Cheese Tortellini w/ Basil Marinara Sauce, Green Salad or a Chef Salad</td>
<td>Phil Anderson’s Juke Box Jamboree Pre-Valentine Edition Music from the 50’s &amp; 60”s by way of Vinyl Records</td>
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<tr>
<td>Thurs. Feb 14th</td>
<td>Homemade Meat Loaf, Garlic Mashed Potatoes and Gravy, Valentine Cookie Or a Chef Salad</td>
<td>Valentine’s Day Party</td>
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<tr>
<td>Tues. Feb 19th</td>
<td>Savory Chicken Salad Wrap, Italian Pasta Salad or Chicken &amp; Rice Soup w/ a Turkey Salad</td>
<td>BINGO</td>
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<tr>
<td>Thurs. Feb 21st</td>
<td>Three Bean Beef Chili, California Blend Vegetables or Minestrone Soup w/ a Turkey Sandwich</td>
<td>BUNCO</td>
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<tr>
<td>Tues. Feb 26th</td>
<td>Kalua Pork, Hawiian Rice, Corn, Pineapple Tidbits or a Chef Salad</td>
<td>National Kalua Day Wendell Elder &amp; the Midnight Strangers</td>
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<tr>
<td>Thurs. Feb 28th</td>
<td>Malibu Chicken w/ honey Mustard Sauce, Au Gratin Potatoes, or a Chef Salad</td>
<td>* Show &amp; Tell * Please bring something to share, but this will be on a volunteer basis</td>
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** Please RSVP the day before by 4:00 p.m.

*** All lunches and activities for Senior Citizens are held on the main level of the Activity Center, 60 N. 100 E. There are ramps and handicap accessible sidewalks to enter the building. Please come and join us
Winter is certainly here, and with it comes road salts, piles of snow and uninvited house guests (the furry kind). By making smart decisions while battling winter, we can prevent additional stormwater pollution. Why not do your part this winter season to protect our streams from unnecessary stormwater pollution? Dispose of shoveled snow in vegetated areas. The more water can be absorbed by plants or sink into the ground, the less water will run off, carrying pollutants into streams. Use safe and effective alternatives to salt for ice, and follow the application rate on the label. Salt is damaging to plants, animals, concrete and water quality. Instead of focusing on melting the snow on your driveway, use sand to help gain traction or a salt-free de-icer. Use natural and non-toxic alternatives to chemical pesticides, and reduce indoor and outdoor chemical use. Boric acid is a low-toxicity mineral that is highly effective over time, and bait boxes are another great alternative. There are also many herbal pest deterrents; for example, mint detracts mice. Salt piles should always be stored under a roof.

Have a safe and happy winter, and thank you for keeping the health of the watershed in mind.

Your efforts can make a difference!

Troy Tischner Storm Water Coordinator
Salem Youth Gymnastics - LIL' FLIPPERS - For Preschool and Kindergarten Kids - Next Session will be: February 9th - March 27th (6 weeks) - $45 (A $10 non-resident fee does apply) Registration begins February 6th. Classes will be held on Wednesday's @ Salem Activity Center 60 N. 100 E.

KinderKids (Introduction Class) 5 & 6 yrs – Wed. 9:15 am
KinderKids (Level 1 & 2) 5 & 6 yrs – Wed. 10:00 am
Flippers (Introduction) 3 & 4 yr. olds – Wed. 10:45 am
Flippers (Level 1) 3 & 4 yr. olds – Wed. 11:30 am
KinderKids (Introduction Class) 5 & 6 yrs – Wed. 1:00-1:45 pm
KinderKids (Level 1 & 2) 5 & 6 yrs – Wed. 1:45-2:30 pm
*must complete an Intro class before signing up for Level 1/2*

Spring Soccer will begin April 9th (weather pending) & go for 5 weeks, ending in May. Teams will play 2 games per week. **Registration ends March 14th.**

Pre-K = Tues. & Thurs. evenings
Kindergarten - 6th grade = Wed. & Fri. evenings
7th-9th (Boys) = Tues. & Thurs.
7th-9th (Girls) = Wed. & Sat.

Leagues
Pre K & 5 year olds $25.00
Kindergarten & 1st/2nd $25.00
3rd/4th, 5th/6th Grade $30.00
7th-9th Grade $40.00

Girls Dance Class - Salem Recreation’s basic dance class for girls Pre-K to 6th grade. *Pre-K – (4:30-5:30), Kindergarten/1st gr. (5:30-6:30), 2nd/3rd gr. (6:30-7:30) 4th-6th gr. (7:30-8:30) *Dates: February 5th, 12th, 19th, 26th, March 5th, 12th, 19th & 26th.

Salem's Urban Fishing - 1st-6th Graders. Cost $15.00 (No-Non Resident Fee for this program). Register by March 27th to be guaranteed a shirt. This program is a joint venture between Salem Recreation and the Division of Wildlife Resource. The program focuses on educating youth about fishing and aquatic resources. The first class will be held at the Veterans Memorial Ball park (downtown). The rest of the classes will be held at Salem Pond. Classes will be every Wednesday night for 6 weeks from 6:00pm-8:00pm (or until the sun goes down). The first date will be Wednesday, April 3rd.