



Salem City Newsletter

City Office 30 West 100 South Salem, Utah 84653 801-423-2770 www.salemcity.org March 2024

Salem Residents,

I am pleased to update you on the progress of several important projects that are enhancing our community. The new Fire/EMS building is well underway. This facility will provide our emergency responders with the modern, efficient space they need to continue their life-saving work. We are grateful for the hard work and dedication of all involved in making this project a reality.

The library addition is taking shape. This expansion will allow our library to offer even more resources and services to our community. I am excited about the possibilities this new space will bring and look forward to its completion.

Lastly, I am pleased to report that fiber internet service has met its goal of 1500 customers early. As we continue to make it available to all residents, our goal is to have it available to all Salem residents by the end of the year. Access to reliable, high-speed internet is essential in today's world, and we are committed to ensuring that all members of our community have access to this important utility.

These projects are just a few examples of our ongoing commitment to improving our community's infrastructure and services. We are grateful for your continued support and look forward to sharing more progress updates with you in the future. Mayor Kurt L Christensen

As a reminder, Salem City is able to notify residents in case of an emergency situation. Please make sure we have a good phone number, preferably a cell number so you can get text messages (we can have up to two phone numbers per account). Also a good email address. You can verify your phone numbers we have on your utility bill, if it is not correct go to our web page (salemcity.org) under Utility & Services click the link that states Update community alert contact information and submit your correct information.



Salem Youth Council

Hello, from the youth council. Thank you to everyone who came to the Senior Valentines Dinner. It's one of our favorite events and we love to visit with you all. Our next event is the Salem Easter Egg Hunt on March 30. Hope to see you all there. It's such a fun event for kids. Have a great month! The Salem Youth Council.

SENIOR CITIZENS—LUNCHES & ACTIVITIES

	Lunch	Activity
Tues. March 5	Smoked Ham & White Beans, Braised Cabbage, Apple Sauce, Roll	BINGO
Thurs. March 7	Chicken Salad Wrap, Italian Pasta Salad, Pickle Spear, Peaches	Left, Right, Center
Tues. March 12	Oven Roasted Pork, Loaded Mashed Potatoes, Diced Beets, Mandarin Oranges, Roll, Cookie Bar	Kings in the Corner
Thurs. March 14	Roast Turkey Breast, Garlic Mashed Potatoes & Turkey Gravy, Green Beans, Roll, Fruit Cocktail	Pi Day
Tues. March 19	Egg, Sausage, and Cheese Breakfast Burrito, Tater Tots, Salsa, Apple Crisp	Performance by Colten & Avonlea Simons
Thurs. March 21	Cold Cut Subs, Honey Cured Ham, Roasted Turkey w/ Provolone Cheese, Lettuce, Tomato, Potato Chips, Jell-O w/ Fruit	Garbage
Tues. March 26	Hawaiian Haystacks, Creamed Chicken over White Rice, Green Peas, Pineapple Tidbits, Coconut Flakes, Cheese, Chow Mein Noodles	BUNCO- Catch up with council
Thurs. Mar 28	Beef Taco Salad, Black Beans w/ Cheese, Green Salad, Salsa, Ranch, Apple Sauce, Tortilla Chips	BINGO

Seniors 60 and older: If you would like to join us for lunch inside the Activity Center on **Tuesdays or Thursdays at noon, please let us know the day prior by 1:00pm via phone 801-423-1035.** Suggested donation of \$3.00 per meal.

Free Senior Fitness Classes: Tuesdays @ 9:30 – Strength Training with Talia, Thursdays @ 9:30 – Strength Training with Jen. All classes are held at the Salem Activity Center, please join us!

SALEM SENIORS HAVE A SHUTTLE!!! We are offering free shuttle service to and from Senior Lunch on Tuesday's & Thursday's. This service is for Salem Seniors who need transportation to Seniors. Please call the Recreation Office to be added to our shuttle route. (801) 423-1035.

Senior Day Trips:

We host one senior day trip per month.

Day trips are announced at senior lunch as soon as the information has been finalized.

We will also post the information that same day on our website <http://www.salemcity.org/senior-citizen.htm> and our social media pages. Instagram (Salem City Recreation) and Facebook (Salem Recreation).

Information will be posted along with the date and time that registration will open.

It will be a quick turnaround; we suggest you check these sources often.

You can register in person or over the phone by calling 801-423-1035.

Due to the popularity of day trips, we do not take a waitlist prior to the date registration opens.

If you have purchased a ticket and are no longer able to attend, you are responsible for selling your ticket. We may have a list of people wanting to go, but the transaction will be between the two parties. Just give the updated info to the front desk once you have worked it out.

Once the shuttle is full, we will allow some to sign up and follow us in your own vehicle. **YOU MUST REGISTER TO DO THIS SO WE CAN PLAN ACCORDINGLY!** There may or may not be a cost for this depending on the activity.

Salem Library

Library Hours:

Monday— Thursday 10:00 a.m.-7:00 p.m. Friday 10:00 am -5:00 pm

Saturday 10:00 a.m.-2:00 p.m. Story Time is on Tuesday, Wednesday or Thursday at 10:30 a.m.

Pie Palooza. It's time for our 3rd Annual Pie Palooza. Come and enter a pie to win or taste test as a judge. We'll have both Sweet and Savory categories. Taste testing will begin at noon. Winners and prizes will be announced at 1:00. Sign up online through a web form or at the front desk with a librarian.

Seed Swap. It's our Annual Seed Swapping time! Bring garden seeds to share or pick some up from our Seed Library. We have seed donations from High Mowing Organic Seeds, Select Seeds, True Leaf Market, and Baker Creek Heirloom Seeds.

Cover to Cover Reading Program! Children (ages 4-12) who read five books, or read for 300 minutes, will earn a free hamburger or cheeseburger Achievement Award card redeemable at In-N-Out. This program runs from March 2- April 13.

Blood Pressure Self Monitoring kits. With The American Heart Association, we want you to live your best life. Self-Measured Blood Pressure (SMBP) Monitoring helps improve blood pressure control rates. Our "Libraries with Heart" initiative provides blood pressure kits for check-out, links for health and nutrition education, and links to community resources. After checking out one of our SMBP kits, you can receive a free Blood Pressure cuff while supplies last.

Free trees. Register for a free tree for your child! With the Neighborhood Forest, free trees will be provided for families to plant during Earth Week in April. The last day to register for your free tree is March 15. Ask a librarian on how to register.

We'd like to thank Larry Woodruff for the time he served on the Salem Library Board and the giving spirit he always offered, and we'd like to welcome our newest board member, Michael La Gilia.



Winter is slowly on its way **OUTTA** here hopefully!

With that comes buried fall leaves, road salts, melting snow piles and road debris. By making smart decisions during winter thaw, we can do our part to protect our streams from unnecessary stormwater pollution.

We ask that you help by cleaning leaves and yard debris, disposing of them properly. Keeping gutters, wetlands, grated catch basins and waterways clean that will greatly help with the future runoff of the seasonal rain and snow to our streams and lakes.

As Salem grows, let's work together to lessen the degree of contamination and help protect our local waters. If you have any questions or concerns, contact Dale Carter at 801.423.2770 ext. 235 or visit our site at <http://www.salemcity.org/storm-water.htm> for more information regarding Storm Water Pollution. Thank you for all you do.

30 West 100 South
P.O. Box 901

Salem, Utah 84653

City Office Hours:

Mon—Thur 7:30 a.m.—5:30 p.m.

Friday 7:30 a.m.—12:00 noon

City Office 801-423-2770

Recreation 801-423-1035

Library 801-423-2622

Police (daytime) 801-423-2312

(after hours) 801-794-3970

Emergencies 911

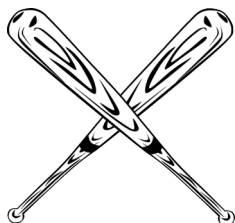
City Council

March 6th 7:00 p.m.

March 20th 7:00pm

Planning & Zoning

March 13th 7:00 p.m.



Salem Recreation

Recreation Activities/Programs:

All Summer Camps: MARK YOUR CALENDARS!! Reg. begins March 18th. Some camps fill very quickly!

Lil' Flippers: For 3-5 years old. Registration begins March 20th. Classes begin April 10th.

Spring Training Tournament: For baseball teams 8u-14u. Registration begins Jan. 1st. The tournament is April 11th – 13th.

Spring Soccer: For PreK-9th grade. Registration begins January 14th. League play begins April 11th.

Urban Fishing: For Kids 1st-6th grade. Registration begins Jan. 27th. Class begins March 29th.

Boys Pitching Clinic: Boys 3rd-8th Grade. Registration begins January 19th. Clinic held March 20th.

Softball Pitching Clinic: For girls 3rd-8th grade. Reg. opened February 18th. Clinic April 20th & 27th.

Baseball/Softball: For Kids 3rd-12th Grade. Registration Begins February 4th.

Track Club: For Kids 1st-8th Grade. Registration is February 18th to April 18th.

Adult Coed & Men's Woodbat Softball: For Adults 18+. Registration is February 9th to April 9th.

9th Grade Cheer Tryout: For Girls entering 9th Grade in the 2024-2025 school year. Registration begins February 25th. Actual tryout is April 25th & 26th.

Pre-K T-Ball: For kids entering Kindergarten fall of 2024/2025 school year. Reg. March 1st to May 1st.

Kindergarten T-Ball: For kids in Kindergarten (2023/2024 school year). Reg. March 1st to May 1st.

Coach Pitch: For boys and girls in 1st & 2nd grade during the 2023/2024 school year. Registration is March 1st to May 1st.

Bizzy Buddies: For 3-5 years old. Registration begins March 28th. Class begins May 29th. Limited Space.

Girls Grass Volleyball: For girls 3rd-8th grade. Registration begins March 16th.

Tennis: For kindergarten – 9th grade. Registration begins March 18th.

Cheer: For girls 3rd – 8th grade. Registration is March 23rd to May 23rd.

Ballroom Tryout Prep Workshop: For boys & girls 9th – 11th grade. Register now. The workshop is March 12th & 13th. For those interested in being part of the AMAZING Ballroom Dance team at SHHS.

SUVAS Animal Licensing Clinic

March 16 Sat 10am-12pm Dr. Bott

Salem Fire Station 30 W 100 S

Vaccination Prices: Rabies \$16.00

Bordetella (Kennel Cough) \$21.00 DHPPL (parvo combo) \$21.00

FVRCP (Feline Distemper) \$26.00 FeLV (Feline Leukemia) \$21.00

