



Salem City Newsletter

City Office 30 West 100 South Salem, Utah 84653 801-423-2770 www.salemcity.org January 2023

Happy New Year Salem,

I hope 2023 will be a great year for Salem and your families. As a city I hope the Federal Central Utah Canal Project goes well and will continue throughout the whole year. I look forward to this benefiting Salem and it's residents with better roads, trails and more water.

We are looking forward to the Splash Pad being added to Cole Park this year. We have been working on getting the new Fire Station building plans ready. The new fire station will be built on the city property just west of Stokes.

We are excited to see the Loafer Mountain Parkway road construction has begun and when this is finished it will help lighten the load on our busy streets.

I hope your New Year's Resolutions are accomplished! Please watch out for your neighbors.

Mayor Kurt L Christensen

Salem City Offices will be closed on Monday, January 2, 2023 for New Year's Day and Monday, January 16th for Martin Luther King Jr. Day. Garbage pick up will not be affected by these holidays and will be picked up as usual on Thursday. Please have your cans curbside by 7:00am

CALENDARS: The 2023 Salem City Calendars are being mailed out the first part of the month. If you don't receive a calendar in your post office box, please stop by the city office to pick one up. We will have extra calendars for sale at \$10 each.



SALEM YOUTH COUNCIL

We had a December full of service! We had an amazing opportunity dropping off flowers to some of you lovely people, act as a Sub for Santa for a beautiful family in our community, and light up the cemetery on Christmas Eve! We can't wait for our upcoming activities this year! All my love to the City of Salem! Salem Youth Council Mayor Addy Hansen

SENIOR CITIZENS—LUNCHES & ACTIVITIES

	Lunch	Activity
Tues. Jan. 3 rd	Malibu Chicken w/ Honey Mustard Sauce, Au Gratin Potatoes, Seasoned Green Beans, Fresh Baked Roll and Fruit Cocktail.	TBA – Watch for updated calendar on the city website.
Thurs. Jan. 5 th	Roast Turkey Breast, Garlic Mashed Potatoes, Turkey Gravy, Diced Carrots, Fresh Baked Roll and Mandarin Oranges.	www.salemcity.org
Tues. Jan. 10 th	Cheesy Italian Sausage Bake, Green Beans, Fresh Garlic Roll and Apple Sauce.	
Thurs. Jan. 12 th	Egg, Sausage and Cheese Breakfast Burrito, Tater Tots, and Apple Crisp.	
Tues. Jan. 17 th	BBQ Chicken, Au Gratin Potatoes, Seasoned Green Beans, Fresh Orange, and Fresh Baked Rolls	
Thurs. Jan. 19 th	Savory Chicken Salad Wrap, Italian Pasta Salad, Kosher Pickle Spear, and Diced Peaches.	
Tues. Jan. 24 th	Rigatoni Pasta w/ Meat Sauce, Green Beans, Garden Green Salad, Apple, Garlic Roll, and a Brownie	
Thurs. Jan. 26 th	Salisbury Steak, Garlic Mashed Potatoes and Gravy, Fruit Fluff in Cottage Cheese, Mixed Vegetables, and a Fresh Baked Roll.	
Tues. Jan. 31 st	Kalua Pork, Hawaiian Rice, Black Beans, Pineapple Tidbits and Fresh Baked Roll.	

Seniors 60 and older: If you would like to join us for lunch inside the Activity Center on **Tuesdays or Thursdays at noon, please let us know the day prior by 1:00pm via phone 801-423-1035.** Suggested donation of \$3.00 per meal.

Free Senior Fitness Classes: Tuesdays @ 9:30 – Strength Training with Talia, Thursdays @ 9:30 – Strength Training with Jen. All classes are held at the Salem Activity Center, please join us!

Are you a Senior in need of help with your utility bill? We have information on The Home Energy Assistance Target (HEAT) program. Please call the Recreation Office for more information (801) 423-1035 or visit the webpage at www.mountainland.org/heat.

Yoga for Healing: January 19th @ the Activity Center 60 N 100 E. Classes are held at 7:00 pm. Free yoga class with experienced instructor, Cari Batty. This class is specifically geared to support the mental health of those who are dealing with anxiety, depressions, loss, or trauma. No prior yoga experience necessary. Bring a yoga mat as mats are not provided.

REMINDER: The winter parking ordinance went into effect on November 1st. There is no parking on the street from 11:00 p.m. to 6:00 a.m. to accommodate snow removal. This ordinance is enforced whether it is snowing or not, so please make sure all vehicles are removed from the streets. Also, if you have basketball standards or other items in the street, please remove them.

Salem Library

Library Hours:

Monday— Thursday 10:00 a.m.-7:00 p.m. Friday 10:00 am -5:00 pm

Saturday 10:00 a.m.-2:00 p.m. Story Time is on Tuesday, Wednesday or Thursday at 10:30 a.m.

Movie Making Magic! Learn what happens behind the scenes from a movie insider, Rob Au. Rob's special effects work can be seen in many movies, including, Guardians of the Galaxy 2, The Golden Compass, and Night at the Museum. He currently works as a Visual Effects Supervisor for the LDS Motion Picture Studio's post-production department. Join us on Thursday, January 19th at 5:30.

Clear up your confusion about healthy eating and finally eat right. Pauline Williams, PhD, an associate professor of Nutrition, Dietetics, and Food Science at BYU, will be here on January 24th at 7:00 PM to talk to us about .

What better way to celebrate winter than with Snowplows and Snowcones! Come and meet our snowplow drivers, see the snowplows up close, and enjoy a snowcone! Watch the library calendar for the date.

Attention all current and aspiring bibliophiles! Salem City Library is hosting a year long reading challenge for adults. Each participant can pick up a challenge bookmark and tracker from the library with a list of book categories. Complete 25 books from the suggested categories to earn your own Salem City Library Bibliophile prize and bragging rights. Bookmarks and rules are available at the library.

Ask for a FREE gunlock today. In association with Project Child Safe, the Salem City Library has gunlocks that are Free to the public, These cable-style locks can be picked up at the library.

Winter is here and with that, snow. It is still important to consider stormwater pollution. Pollutants such as soaps, fertilizers, automotive fluids, and pet waste can collect in the snowpack, accumulating until a thaw suddenly dumps them into the storm water system. Contaminants that end up in the storm drains are carried off, untreated, to streams and larger bodies of water that are used for drinking, swimming, or fishing.

Here are a few helpful habits to reduce the amount of harmful pollutants entering storm drains this winter season:

- Winterizing vehicles. Check that your car is not leaking oil or other fluids. It takes only a small amount of motor oil to pollute thousands of gallons of water. Also, dispose of drained fluids properly. Many service stations and auto parts stores will collect used motor oil and recycle it. Please do not dump these items down the storm drains.
- Washing vehicles. Using a car wash facility may cost a few dollars more, but the water will be treated before being released into the watershed. If you are tempted to break out the hose and bucket to get some of the road grime off of your car. Take a moment to see where that runoff is going. Does it wash down the driveway and into the storm drain? If so, all that salt and dirt may enter a stream and our pond.
- De-icing driveways and sidewalks. While it may be habit to stock up on salt for the winter, many people would not consider dumping a bucket of salt on their lawn in the summer. But the results are similar. Salt runs off of your sidewalk and onto the surrounding soil. Consider more environmentally friendly deicing products like Rain-Ex, Enviro-MLT, or Easy Melt found at most auto parts and home improvement stores.

By practicing healthy pollution prevention habits, campus users can keep pollutants like dirt and garbage that collect on paved areas from being washed into storm drains. **If you have concerns or witness a violation, immediately contact Dale Carter at 801.423.2770 ext. 235 or dalec@salemcity.org**

30 West 100 South
P.O. Box 901

Salem, Utah 84653

City Office Hours:

Mon—Thur 7:30 a.m.—5:30 p.m.

Friday 7:30 a.m.—12:00 noon

City Office 801-423-2770

Recreation 801-423-1035

Library 801-423-2622

Police (daytime) 801-423-2312

(after hours) 801-794-3970

Emergencies 911

City Council

January 4th 7:00 p.m.

January 18th 7:00pm

Planning & Zoning

January 11th 7:00 p.m.



Salem Recreation

Hunter Safety- For those 10+. Class begins 01/03/2023. Space is Limited!

Boys Volleyball League – Some space available in 3rd/4th gr. & 7th -9th gr. Call the Rec. Office for details.

Highschool Age Boys Volleyball- 9th-12th Grade tryout will be held Friday January 6th at Salem Junior High. Tryout fee \$10. For those who make the team there will be a \$400 participation fee.

Bizzy Buddies – Registration for the Jan./Feb. session will open on Nov. 12th. Space is limited, this program fills quickly!

Youth Basketball – Some spots may still be available. Call the Rec. Office 801-423-1035 if you missed sign ups. Games begin 01/7/23

Indoor Soccer – Some spots may still be available. Call the Rec. Office 801-423-1035 if you missed sign ups. Games begin 01/14/23

Lil' Flippers- Jan./Feb. Classes are full. Watch for the next session to open or call to get on a waitlist.

Catchers Camp- For ages 8-18. Registration open.

Concealed Weapons Class- January 14th. Registration open.

Spring Soccer- Pre-K-9th Grade. Registration opens January 16th.

Adult Ballroom- Couples interested in learning dance technique. Registration open. Classes begin January 20th.

Baseball Pitching Clinic- For boy's 3rd-8th grade. Registration opens January 21st. Clinic will be held March 22nd.

Urban Fishing- Youth 1st-6th grades. Registration opens January 24th.

Spring Training Tournament- Baseball team ages 8U-14U. Registration opens January 28th.



Salem City will once again offer Christmas tree pickup. The City crews will come through neighborhoods January 2nd —January 11th. Once they have been through your neighborhood, they will not come back. After this week, a trailer will be available at the Activity Center parking lot 60 N. 100 E. for residents to drop off their trees. This will be available January 12th– 19th.