



City Office 30 West 100 South Salem, Utah 84653 801-423-2770 www.salemcity.org February 2023

Residents, 2022 has come to a close and as we look forward to 2023 I would like to highlight a few items that took place in 2022 and those planned for 2023.

#### 2022-In Review

- -Opened Cole Park on 300 West with pickleball courts and a farm theme playground.
- -Opened Loafer View Complex pickleball courts
- -Planning took place for the New Fire Station which will be located on city property just west of Stokes
- -We issued 143 new building permits which is down from 256 issued in 2021.
- -Began the Federal Central Utah Water Project through the middle of town. This will be a short-term hardship for all, but will be a great thing in the end with trails, streets, and storm drain improvements
- -Salem Fiber has connected 901 customers to the internet service. This a great service and addition to our city!

### 2023-Plans

- -We obtained a 2.5-million-dollar grant on January 19, 2023 for our secondary water metering project.
- -Loafer Mountain Parkway Road will be built by the County and will help relieve traffic in Salem.
- -We will begin building the New Fire Station.
- -We will be adding an addition to the existing library.
- -Adding a splash pad to Cole Park
- -Making improvements to 600 South road by widening the road for children to safely travel to and from school and help with the traffic flow.

These are a few of my highlights of past and future for Salem. I want to thank all those who make Salem a better place to live. You have a great City Council and employees.

I love Salem and be sure to watch out for your neighbor. Mayor Kurt L Christensen

The Salem Youth Council Senior Citizen Valentine's Dinner will be held on Thursday, February 9th at 6:00pm It will be held at the Salem City Community Center, 151 W. 300 S. Come and Join us for a fun filled evening. No reservation needed.



Salem City Offices will be closed on Monday, February 20, 2023 for President's Day. Garbage pick up will <u>not</u> be affected by the holiday and will be picked up as usual on Thursday. Please have your cans curbside by 7:00am



## Salem City

### SALEM YOUTH COUNCIL

Happy New Year Salem City! We're excited for our upcoming Senior Citizen Valentines Dinner in February and future events throughout the year. Don't forget that now is a great time to serve and lift a friend in need! Salem Youth Council Mayor Addy Hansen

#### SENIOR CITIZENS—LUNCHES & ACTIVITIES

	Lunch	Activity
Thurs. Feb. 2 <sup>nd</sup>	Country Fried Steak, Mashed Potatoes & Gravy, Mixed Vegetables, Fresh Baked Roll, Orange	Garbage
Tues. Feb. 7 <sup>th</sup>	Roasted Turkey Breast, Garlic Mashed Potatoes & Turkey Gravy, Green Beans, Fresh Baked Roll, Mandarin Oranges	Volleyball
Thurs. Feb. 9 <sup>th</sup>	Kalua Pork, Hawaiian Rice, Black Beans, Pineapple Tidbits, Fresh Roll, Chocolate Brownie	BINGO
Tues. Feb. 14 <sup>th</sup>	Cheesy Italian Sausage Pasta Bake, Green Beans, Apple Sauce, Fresh Garlic Roll, Cookie Bar	Valentine's Day Party
Thurs. Feb. 16 <sup>th</sup>	Savory Chicken Salad Wrap, Italian Pasta Salad, Kosher Pickle Spears, Diced Peaches	BUNCO
Tues. Feb. 21 <sup>st</sup>	Cured Honey Baked Ham, Loaded Mashed Potatoes, Diced Beets, Fresh corn Bread, Apple Sauce	Fun and Games with Salem Hills FFA
Thurs. Feb. 23 <sup>rd</sup>	Homemade Meatloaf, Garlic Mashed Potatoes & Gravy, Roasted Corn, Fresh Baked Roll, Navel Orange	Left, Right, Center
Tues. Feb. 28 <sup>th</sup>	BBQ Pulled Pork, Loaded Mashed Potatoes, Seasoned Corn, Fresh Local Apple, Fresh Baked Roll	BINGO

**Seniors 60 and older:** If you would like to join us for lunch inside the Activity Center on **Tuesdays or Thursdays at noon, please let us know the day prior by 1:00pm via phone 801-423-1035**. Suggested donation of \$3.00 per meal.

Free Senior Fitness Classes: Tuesdays @ 9:30 – Strength Training with Talia, Thursdays @ 9:30 – Strength Training with Jen. All classes are held at the Salem Activity Center, please join us!

Are you a Senior in need of help with your utility bill? We have information on The Home Energy Assistance Target (HEAT) program. Please call the Recreation Office for more information (801) 423-1035 or visit the webpage at www.mountainland.org/heat.

Yoga for Healing: February 6<sup>th</sup> @ the Activity Center 60 N 100 E. Classes are held at 7:00 pm. Free yoga class with experienced instructor, Cari Batty. This class is specifically geared to support the mental health of those who are dealing with anxiety, depressions, loss, or trauma. No prior yoga experience necessary. Bring a yoga mat as mats are not provided.

### Sign Up for Paperless Billing

<u>Already have an Xpress Bill Pay account?</u> 1) Go to <u>www.xpressbillpay.com</u> and log in. 2) Click "View Bill" under the account you would like to be paperless. 3) Locate the "Paperless (Off)" button. 4) Click the button to turn "Paperless (On)."

Register and sign up for paperless: 1) Go to <a href="www.xpressbillpay.com">www.xpressbillpay.com</a>. 2) Click "Sign Up" on the top of the screen. 3) Fill in your email and password, then click in the "I'm not a robot" box and follow prompts. 4) Complete the short registration form and click "Next." 5) Go to your inbox and open the verification email, click "Verify Email" and "Continue" to log in. 6) Select Salem City. 7) Enter your account number and last name, then click in the box to opt in for paperless and select "Locate Bill" and select "Locate Account."

### Salem City



Page 3

### Salem Library

Library Hours:

Monday— Thursday 10:00 a.m.-7:00 p.m. Friday 10:00 am -5:00 pm Saturday 10:00 a.m.-2:00 p.m. Story Time is on Tuesday, Wednesday or Thursday at 10:30 a.m.

Cookies With Shellie! Come learn how to decorate fun and delicious sugar cookies. You will learn different consistencies of royal icing and how to use various techniques to produce cookies that will impress your friend and family! Space is limited, so come into the library and ages 18+ can get signed up. We will see you Friday, February 10th from 6-7:70 PM

The library is hosting **A Proper Party** with regency romance author Esther Hatch. Join us for a Q&A with the author, early bird prizes, and treats. For ladies and teens 12+ on Thursday, February 16th at 6:30 PM.

It's time for our 12<sup>th</sup> annual **Take Your Child to the Library Day** on February 25th starting at 11:00 AM. We will have A Day at the Zoo! Come dressed up like an animal or bring your favorite stuffed animal to this fun event! Enjoy a self-guided tour of the "zoo", learn about and pet some real-life critters, and get your face painted!

**Attention all aspiring Bibliophiles!!** Join our year-long adult reading challenge. We challenge you to read 25 books in 50 weeks to earn a prize and bragging rights as an official member of the Salem Library Bibliophiles. Once you have read 25 books, you will be awarded your prize.

**Salem Seed Sowers Society?** Yes. Our first meeting will be at the library on Thursday the 16<sup>th</sup> at 7:00 PM. All levels of gardeners are invited to come to talk about seeding and gardening. We will have a surprise guest speaker to talk and answer questions about gardening.

### What is Storm Water Runoff and Why Should You Care?

When it rains, Storm Water runs off roads, parking lots, driveways, roofs, and yards. As it flows across these surfaces, Storm Water picks up contaminants such as oils, salts, sediments, fertilizers, pesticides and household chemicals.

Contaminated Storm Water flows into storm drains, ditches and gutters and eventually into streams and wetlands. Those contaminants in the Storm Water runoff impair water quality in streams and wetlands that can lead to fish kills, loss of wildlife habitat and public health risks.

Uncontrolled Storm Water runoff is one of the largest remaining sources of water quality impairments in the United States. As communities grow and develop, more land is covered with impervious pavement. This means more water reaches streams more quickly and is potentially more contaminated.

As Salem grows, lets work together to lesson the degree of contamination and help protect our local waters.

Please contact Dale Carter at 801.423.2770 ext. 235 or visit our site at <a href="http://www.salemcity.org/storm-water.htm">http://www.salemcity.org/storm-water.htm</a> for more information regarding Storm Water Pollution.

30 West 100 South P.O. Box 901 Salem, Utah 84653 City Office Hours:

Mon—Thur 7:30 a.m.—5:30 p.m. Friday 7:30 a.m.—12:00 noon

 City Office
 801-423-2770

 Recreation
 801-423-1035

 Library
 801-423-2622

 Police (daytime)
 801-423-2312

 (after hours)
 801-794-3970

 Emergencies
 911

City Council February 1st 7:00 p.m. February 15th 7:00pm

Planning & Zoning February 8th 7:00 p.m.



# Salem Recreation

**<u>Lil' Flippers-</u>** Feb./Mar. Registration opens February Ist.

<u>Catchers Camp</u>- For ages 8-18. Camp date: February 11th

**Spring Soccer**- Pre-K-9<sup>th</sup> Grade. Registration opens January 16<sup>th</sup>.

**Baseball Pitching Clinic**- For boy's 3<sup>rd</sup>-8<sup>th</sup> grade. Registration opens January 21<sup>st</sup>. Clinic will be held March 22<sup>nd</sup>.

**Urban Fishing**- For youth 1<sup>st</sup>-6<sup>th</sup> grades. Registration opens January 24<sup>th</sup>.

**Spring Training Tournament**- Baseball team ages 8U-14U. Registration opens January 28<sup>th</sup>.

Softball/Baseball 3<sup>rd</sup>-12<sup>th</sup> Grade- For girls or boys 3<sup>rd</sup>-12<sup>th</sup> grade. Registration opens February 6<sup>th</sup>.

Adult Coed Softball/Men's Wood Bat Softball- For adult teams wanting to play softball. Registration opens February 11<sup>th</sup>. Track Club- For kid's 1<sup>st</sup> – 8<sup>th</sup> grade. Registration opens February 20<sup>th</sup>.

<u>Cheer Tryout Prep Clinic</u> – March 16<sup>th</sup> & 17<sup>th</sup> from 3:00-4:30 for those girls entering 9<sup>th</sup>, 10<sup>th</sup> or 11<sup>th</sup> grade. \$25.00 – Register at the Rec. Office

**9<sup>th</sup> Grade Cheer Tryout-** For girls entering 9<sup>th</sup> grade in the 2023/2024 school year. Registration opens February 27<sup>th</sup>.

On January 7th one of Salem's own young ladies brought home the state title of Miss Utah's Beehive Volunteer Princess. Rowan competed in the pageant representing our town as Salem's Beehive Princess. This pageant is part of the Miss Utah Volunteer program, and the current Miss Volunteer America is Alexa Knutzen, from Springville. You can follow Rowan's journey as the new Beehive Princess on Instagram @beehivevolprincess

We would like to wish our very own Miss Salem's Outstanding Teen, Sammie Webber, GOOD LUCK as she competes for the title of Miss Utah's Outstanding Teen on February 18<sup>th</sup> at the Covey Center in Provo. Sammie has been serving Salem this past year promoting her literacy service project and working with our library. You can follow Sammie @mutoeen.salem on Instagram.

# Herbal Remedies, Beginner's Class

Come and learn what you can make from native plants that grow all around us in the Intermountain West. We will cover how herbalism can be applied for health, preparedness, and money savings. We will discuss collecting, growing, and harvesting herbs, followed by a range of methods of extracting herbs to make useful products. We will then finish up with some actual hands-on experience in making a few basic remedies for you to take home!

\*Each participant must bring two clean 8oz. jars with tight-fitting lids and a separate container with at least 8 oz. of good-quality olive oil. A notebook and pencil are recommended.

Please call Salem Recreation to register by Monday, March 6<sup>th</sup>. There is a \$10.00 fee (cash only) for materials which needs to be paid to the instructor the night of the class.

Class will be held Thursday, March 9<sup>th</sup> at the Salem Activity Center, 60 N 100 E from 6:30pm-8:30pm.