MARCH 2024

Senior Lunch Menu and Activities

Tuesday, March 5th
Lunch– Smoked Ham & White Beans(03), Braised Cabbage(03), Apple Sauce(14), Roll(16)
__Alternate Meal–__ Chef Salad
Activity - BINGO

Tuesday, March 12th
Lunch– Oven Roasted Pork(00), Loaded Mashed Potatoes(15), Beets(06), Mandarin Oranges(19), Roll (16), Cookie Bar(18)
__Alternate Meal–__ Cream of Potato Soup w/ Turkey Sandwich
Activity– Kings in the Corner

Tuesday, March 19th
Lunch– Egg, Sausage, and Cheese Breakfast Burrito (16), Tater Tots(18), Salsa(02), Apple Crisp(67)
__Alternate Meal–__ Chef Salad
Activity– Performance by Colten & Avonlea Simons

Tuesday, March 26th
Lunch– Hawaiian Haystcks creamed chicken over white rice(30), Green Peas(11), Pineapple(07), Coconut Flakes, Cheese, Chow Mein Noodles(24)
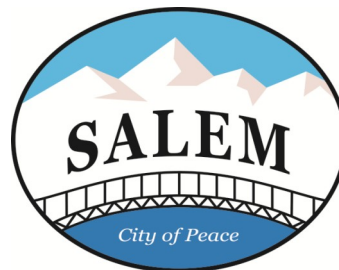*__Alternate Meal–__* Chicken Noodle Soup w/ Turkey Sandwich
Activity– Bunco - Catch up with Council

Reminder
- **Meals for seniors 60+ are a $3.00 suggested donation**
- **Visitors under 60 must pay $6.00 to the ladies at the front desk & be served at the end of the line to ensure all the seniors are served first.**
- **Please RSVP the day before by 12:00 pm.**

Salem Activity Center
60 N 100 E
801-423-1035

Thursday, March 7th
Lunch– Savory Chicken Salad Wrap(18), Italian Pasta Salad(20), Pickle Spear(00), Peaches(19)
__Alternate Meal–__ Chef Salad
Activity - Left/Right/Center

Thursday, March 14th
Lunch– Roasted Tukey Breast(03), Garlic Mashed Potatoes & Turkey Gravy(25), Green Beans(02), Roll(15), Fruit Cocktail(28)
__Alternate Meal–__ Vegetable Beef Soup w/ Turkey Sandwich
Activity– Pi Day

Thursday, March 21st
Lunch– Cold Cut Subs(Honey Cured Ham, Roasted Turkey w/ Provolone Cheese, Lettuce, Tomato(15),Potato Chips(14), Jell-O w/Fruit(13)
__Alternate Meal–__ Chef Salad
Activity– Garbage

Thursday, March 28th
Lunch– Beef Taco Salad(05), Black Beans with Cheese(20), Green Salad(02), Salsa(02), Ranch (02), Apple Sauce(14), Tortilla Chips(18)
__Alternate Meal–__ Cream of Broccoli Soup w/ Turkey Sandwich
Activity– BINGO