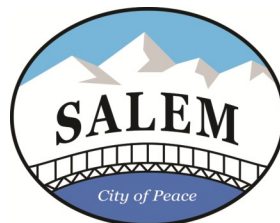




Senior Lunch Menu and Activities



Salem Activity Center
60 N 100 E
801-423-1035

Reminder

- **Meals for seniors 60+ are a \$3.00 suggested donation**
- **Visitors under 60 must pay \$6.00 to the ladies at the front desk & be served at the end of the line to ensure all the seniors are served first.**
- **Please RSVP the day before by 12:00 pm.**

Tuesday, January 9th

Lunch– Soup Potluck (If you'd like, please bring your favorite soup to share)

Activity– Soup Potluck

Tuesday, January 16th

Lunch– Cheesy Italian Sausage Pasta Bake (19), Broccoli(04), Garlic Roll(15), Pineapple Tidbits(07)

Alternate Meal– Chicken Noodle Soup w/ Turkey Sandwich

Activity–BINGO

Tuesday, January 23rd

Lunch– Beef Taco Salad(05), Black Beans with Cheese(20), Green Salad(02), Salsa(02), Ranch(02), Apple Sauce(14), Tortilla Chips(18)

Alternate Meal– Chef Salad

Activity– Volleyball

Tuesday, January 30th

Lunch– Beef and Vegetable Stew(14), Garden Salad(02), Corn Bread(33), Apple Crisp(67)

Alternate Meal– Chicken Noodle Soup w/ Turkey Sandwich

Activity– Kings in the Corner

Thursday, January 4th

Lunch– Roasted Turkey Breast(03), Garlic Mashed Potatoes & Turkey Gravy(25), Carrots(06), Roll(15), Fruit Cocktail(28)

Alternate Meal– Vegetable Beef Soup w/ Turkey Sandwich

Activity– Left, Right, Center

Thursday, January 11th

Lunch– BBQ Chicken(03), Au Gratin Potato (19), Green Beans(02), Peaches(19), Roll(16)

Alternate Meal– Chef Salad

Activity– Garbage

Thursday, January 18th

Lunch– Savory Chicken Salad Wrap(18), Italian Pasta Salad(20), Pickle Spear(00), Peaches(19)

Alternate Meal– Cream of Broccoli Soup w/ Turkey Sandwich

Activity– BUNCO

Thursday, January 25th

Lunch– Salisbury Steak(05), Garlic Mashed Potatoes & Gravy(26), Fruit Fluff w/ Cottage Cheese(28), Mixed Vegetables(12), Roll(15)

Alternate Meal– Chef Salad

Activity– BINGO